

1 **Variable Stoichiometry Effects on Glacial/Interglacial Ocean Model**
2 **Biogeochemical Cycles and Carbon Storage**

3 **Nathaniel J. Fillman^{1*}, Andreas Schmittner^{1†}, and Karin F. Kvale^{2‡}**

4 ¹College of Earth, Ocean, and Atmospheric Sciences, Oregon State University, Corvallis, OR, USA.

5 ²Environmental Processes and Modelling, GNS Science, Lower Hutt, New Zealand.

6 Corresponding author: Nathaniel Fillman (FillmanN@oregonstate.edu)

7 * <https://orcid.org/0000-0002-5380-7495>

8 † <https://orcid.org/0000-0002-8376-0843>

9 ‡ <https://orcid.org/0000-0001-8043-5431>

10 **Key Points:**

- 11 • Variable C:P allows more physiological and ecological interactivity in plankton thereby
12 increasing the biological carbon pump.
13 • Variable Si:N affects ocean carbon cycling little but better constrains diatom and Si
14 simulations.
15 • Changes in glacial-interglacial phytoplankton C:P enhances ocean C sequestration and
16 reduces atmospheric CO₂ by 13 – 14 ppm.

17 **Abstract**

18 Realistic model representation of ocean phytoplankton is important for simulating
19 nutrient cycles and the biological carbon pump, which affects atmospheric carbon dioxide
20 ($p\text{CO}_2$) concentrations and, thus, climate. Until recently, most models assumed constant ratios
21 (or stoichiometry) of phosphorous (P), nitrogen (N), silicon (Si), and carbon (C) in
22 phytoplankton, despite observations indicating systematic variations. Here, we investigate the
23 effects of variable stoichiometry on simulated nutrient distributions, plankton community
24 compositions, and the C cycle in the preindustrial (PI) and glacial oceans. Using a
25 biogeochemical model, a linearly increasing P:N relation to increasing PO_4 is implemented for
26 ordinary phytoplankton (P_O), and a nonlinearly decreasing Si:N relation to increasing Fe is
27 applied to diatoms (P_{Diat}). C:N remains fixed. Variable P:N affects modeled community
28 composition through enhanced PO_4 availability, which increases N-fixers in the oligotrophic
29 ocean, consistent with previous research. This increases the NO_3 fertilization of P_O , the NO_3
30 inventory, and the total plankton biomass. Surface nutrients are not significantly altered.
31 Conversely, variable Si:N shifts south the Southern Ocean's meridional surface silicate gradient,
32 which aligns better with observations, but depresses P_{Diat} growth globally. In Last Glacial
33 Maximum simulations, P_O respond to more oligotrophic conditions by increasing their C:P. This
34 strengthens the biologically mediated C storage such that dissolved organic (inorganic) C
35 inventories increase by 34-40 (38-50) Pg C and 0.7-1.2 Pg yr⁻¹ more particulate C is exported
36 into the interior ocean. Thus, an additional 13-14 ppm of $p\text{CO}_2$ difference from PI levels results,
37 improving model agreement with glacial observations.

38 **1. Introduction**

39 Surface ocean plankton redistribute nitrogen (N), phosphorus (P), and carbon (C) to the
40 deep ocean via incomplete respiration of sinking organic matter. Thereafter, respiration
41 continues but remineralized nutrients assume the long residence times of deep ocean water
42 masses, effectively sequestering them from the climate system. This process, known as the
43 biological pump, increases the influx of atmospheric CO_2 ($p\text{CO}_2$) thereby influencing the global
44 climate (McKinley et al., 2017; Sarmiento & Gruber, 2006; Sigman et al., 2010; Volk & Hoffert,
45 1985). Some C remains bound in the structures of dissolved organic molecules, termed dissolved
46 organic carbon (DOC), but is not significantly chemically reactive to the air-sea exchange
47 (Lønborg et al., 2020). DOC is then an additional long-lasting, depth-independent sink in the

48 inorganic ocean C cycle that allows further ocean C uptake (Jiao et al., 2010; Lønborg et al.,
49 2020). For simplicity, we include the DOC cycle in the definition of “biological C pump.” The
50 oceanic biological carbon pump’s influence on the global climate has long been documented
51 (Bisson et al., 2020; Falkowski, 2012; Field et al., 1998; Houghton, 2007; Nowicki et al., 2022).
52 Briefly, oceanic primary producers are estimated to export $\sim 5\text{--}12 \text{ Pg C yr}^{-1}$ and account for
53 $\sim 50\%$ of the global annual net primary production (NPP), in carbon, matching the terrestrial C-
54 fixation rates (Field et al., 1998; Nowicki et al., 2022). Thus, the biological carbon pump can
55 notably influence climate and must be simulated properly in global climate models.

56 In 1934, a close correlation between inorganic nutrient and carbon concentrations in the
57 ocean was observed by A. Redfield, leading him to suggest that, on average, plankton have
58 approximately constant C:N:P (Redfield, 1934) and that this ratio controls the relative quantities
59 of biogeochemical elements in ambient seawater (Redfield, 1958). This work has since strongly
60 influenced oceanography including the construction of global models with constant elemental
61 compositions (stoichiometry), which have been the norm until relatively recently (Martiny et al.,
62 2013). Overturning this paradigm is the well-documented adaptability of phytoplankton to
63 nutrient availability variations and recently discovered systematic variations from Redfield’s
64 stoichiometry (C. Garcia et al., 2018; N. Garcia et al., 2018; Geider & LaRoche, 2002;
65 Klausmeier et al., 2004; Martiny et al., 2013; Weber & Deutsch, 2010). Phytoplankton, thus, can
66 lower their cellular quota for scarce nutrients while continuing to fix carbon, which is typically
67 more abundant (Galbraith & Martiny, 2015; Klausmeier et al., 2004; Martiny et al., 2013;
68 Moreno & Martiny, 2018).

69 While computationally inexpensive, the fixed stoichiometry simplification limits realism
70 (Flynn, 2010). The canonical fixed C:N:P of phytoplankton, in addition to fixed Si:N, may be
71 representative of the whole ocean average but its usage in global climate models smooths the
72 spatial variability of the carbon pump. As shown in this study and others, fixed ratios can impede
73 accurate simulations of primary producers, their population dynamics, ocean nutrient
74 distributions, and the biological pump (Galbraith & Skinner, 2020; Matsumoto et al., 2020;
75 Ödalen et al., 2020; Tanioka & Matsumoto, 2017). Model performance is thereby limited in
76 simulating realistic ocean carbon cycling under various climate states. The ocean modeling
77 community has started to include variable stoichiometric ratios in their simulations but few

78 capture any variability between the three primary macronutrients (C, N, and P) (Séférián et al.,
79 2020). Most of the CMIP 5 and 6 models have fixed ratios or only carry some form of
80 micronutrient to macronutrient variability, e.g., Fe:P (Pahlow et al., 2020; Séférián et al., 2020).
81 Otherwise, only a handful of fully coupled earth systems models use variable macronutrient
82 ratios, of which, three have studied the glacial C cycle implications: MESMO2 (Matsumoto et
83 al., 2020), cGENIE (Ödalen et al., 2020), and CSIRO Mk3L-COAL (Buchanan et al., 2019b).
84 Although, several simple box models have demonstrated the implications of variable
85 stoichiometry (Galbraith & Martiny, 2015; Moreno et al., 2018; Weber & Deutsch, 2010).

86 Here, we implement variable stoichiometry schemes in an intermediate complexity
87 climate/ocean model to allow a more interactive and responsive ocean carbon cycle. The C:P and
88 Si:N schemes are incrementally applied to individual plankton functional types (PFT) to
89 precisely highlight the full implications of capturing realistic biogeochemical interactions. We
90 also tune the new model slightly in a third experiment. These three configurations will be
91 collectively referred to as the variable stoichiometry models (VSMs).

92 The ordinary phytoplankton (P_O) C:P increases as ambient PO_4 concentrations decrease,
93 as observed in collected particulate organic matter (POM) (Galbraith & Martiny, 2015; Martiny
94 et al., 2013). The C:P variability can be induced by changes in the relative amounts of organic
95 molecules, e.g., proteins versus RNA, changes in nutrient resource storage, or taxonomic shifts
96 within a community (Geider & La Roche, 2002; Inomura et al., 2022; Liefer et al., 2019). C:N
97 was observed as mostly constant with planktonic heterotrophs exhibiting stable C:N:P (Ho et al.,
98 2020).

99 Diatoms (P_{Diat}) are phytoplankton that construct siliceous cell walls (or frustules) and
100 contribute to biological C storage not only through comprising a substantial portion ($\sim 1/5$) of
101 global primary production but also through their frustules-enabled efficient sinking of organic C
102 to the deep ocean (Hildebrand & Lerch, 2015; Lafond et al., 2020; Zúñiga et al., 2021). P_{Diat}
103 continue to consume silicic acid, referred to simply as Si hereafter, from ambient seawater even
104 as other nutrients become scarce. Both in situ observations and culture experiments have shown
105 that the Si:N of P_{Diat} increases as Fe concentration decreases (Franck et al., 2000; Hutchins &
106 Bruland, 1998; Takeda, 1998). It is hypothesized that the formation rate of soft organic P_{Diat}

107 tissue slows faster with Fe limitations than the formation of hard siliceous tissue (Franck et al.,
108 2000; Meyerink et al., 2017).

109 The biological carbon pump may thus respond to different environmental and climatic
110 settings through changes in the stoichiometry of phytoplankton (Moreno et al., 2018). The
111 implications of these C:P and Si:N observations on our mechanistic understanding of biosphere-
112 climate interactions are not well understood (Galbraith & Martiny, 2015; Lafond et al., 2020;
113 Moreno et al., 2018; Moreno & Martiny, 2018; Séférian et al., 2020). We attempt, here, to
114 illuminate some of those mechanisms and better understand the Last Glacial Maximum (LGM)
115 to Preindustrial (PI) climate shift which promotes understanding of future climate evolution
116 (Tierney et al., 2020).

117 Variable stoichiometry may have played a significant role in carbon cycling during past
118 climate states such as the LGM when $p\text{CO}_2$ was 90-100 ppm lower than PI levels (Barnola et al.,
119 1987; Bouttes et al., 2011; Du et al., 2020; Galbraith & Martiny, 2015; Lüthi et al., 2008;
120 Marcott et al., 2014; Petit et al., 1999). The biological carbon pump has been suggested to be
121 partially responsible for this $p\text{CO}_2$ drawdown, but most previous modeling studies used fixed
122 stoichiometric ratios and can only explain a portion of this reduction (Brovkin et al., 2007;
123 Buchanan et al., 2019b; Khatiwala et al., 2019; Kohfeld et al., 2005). Two prior studies that have
124 used flexible stoichiometry (C:P and C:N) noted an additional 11-20 ppm reduction driven by an
125 enhanced ocean biological C storage (Matsumoto et al., 2020; Ödalen et al., 2020).

126 Here we confirm those results, but we identify additional mechanisms that increase C
127 storage. Larger primary producer biomasses are supported through improved cohabitation
128 between PFTs. We also identify and quantify the DOC component of biological C storage, which
129 responds similarly to variable stoichiometry as the dissolved inorganic C (DIC) inventory. The
130 resulting LGM climate simulations are closer to reconstruction estimates from observed $p\text{CO}_2$
131 data than simulations without flexible stoichiometry (Bereiter et al., 2015; Ivanovic et al., 2016;
132 Kageyama et al., 2017). Our results suggest that the LGM biological carbon storage was stronger
133 than previous fixed-stoichiometry simulations suggested and likely contributed to the ocean's
134 LGM $p\text{CO}_2$ sequestration (Galbraith & Martiny, 2015; Galbraith & Skinner, 2020; Sigman &
135 Boyle, 2000).

136 2. Materials and Methods

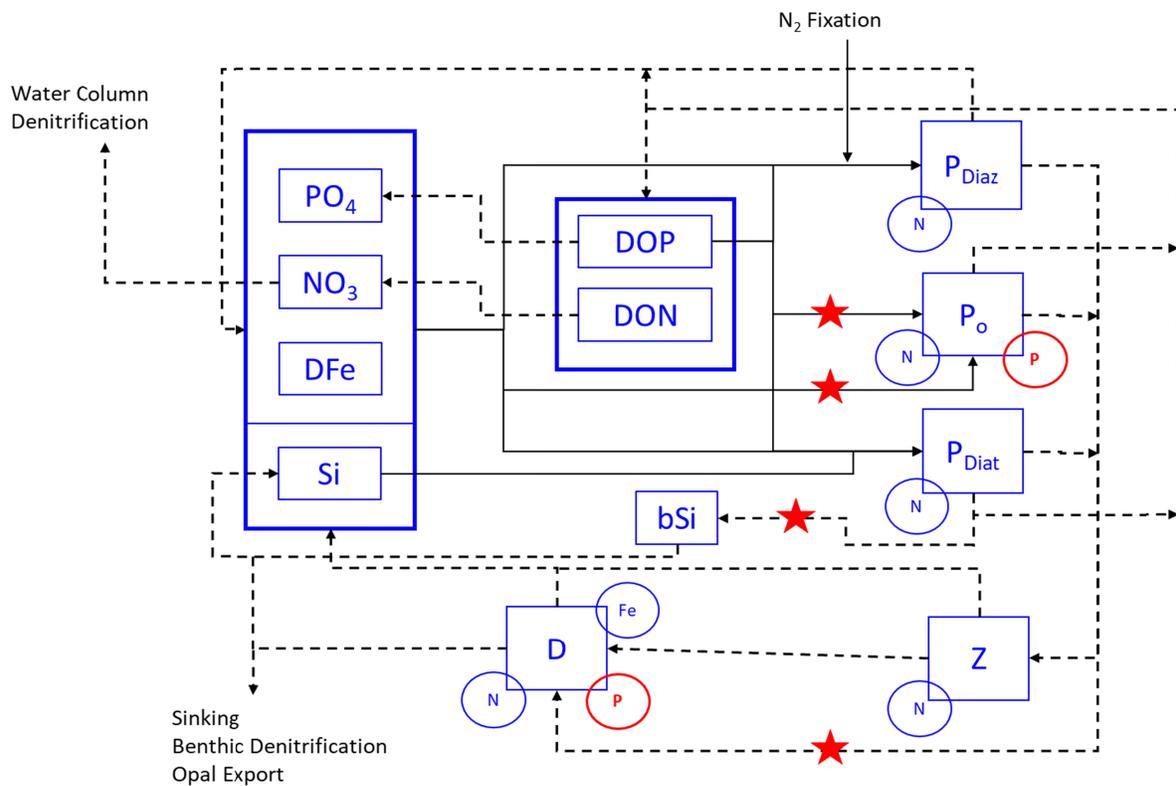
137 2.1. Model Description

138 This study uses the University of Victoria Earth System Climate Model (UVic-ESCM)
139 version 2.9, a three-dimensional ocean general circulation model (GCM) coupled to single-layer
140 atmospheric energy-moisture balance, land surface with dynamic vegetation, and dynamic-
141 thermodynamic sea ice modules (Meissner et al., 2003; Mengis et al., 2020; Weaver et al., 2001).
142 The ocean has a coarse resolution of $3.6^\circ \times 1.8^\circ$ horizontally with 19 vertical levels. Coupled to
143 UVic-ESCM is the Model of Ocean Biogeochemistry and Isotopes (MOBI) version 2.1_08
144 which simulates interactive nutrient cycles (phosphate (PO_4), nitrate (NO_3), iron (Fe), and silicon
145 (Si)), their associated particulate and dissolved organic phases, oxygen, carbon, detritus, and four
146 PFTs: P_O , diazotrophs (P_{Diaz}) as our N-fixers, P_{Diat} , and zooplankton (P_Z) (Figure 1) (Muglia et
147 al., 2017; Somes et al., 2010; Somes & Oschlies, 2015). Plankton growth rates are Monod
148 functions of nutrients, temperature, and light (Sarmiento & Gruber, 2006). They are structured to
149 consume dissolved organic P (DOP) when it is more plentiful than PO_4 ; this is not so for DON
150 and NO_3 (Somes & Oschlies, 2015). C:N is 7:1 for all biological variables. In the fixed
151 stoichiometry (*Control*) model, N:P is 16:1 for all plankton except for P_{Diaz} for which it is 40:1.
152 For P_{Diat} , a C:Si of 7.7:1 is used.

153 While whole ocean P and Si are conserved, the N inventory responds interactively to
154 imbalances between N fixation and denitrification (Kvale et al., 2021). Water column and
155 benthic denitrification schemes, which respire organic matter in suboxic environments ($\text{O}_2 < 5$
156 μM), are described by Somes & Oschlies (2015). N isotopes are traced through the model and
157 are sensitive to biological processes (Schmittner et al., 2013; Somes et al., 2010). Because
158 portions of the ocean C cycling depend on the N cycling, C and Alkalinity are not strictly
159 conserved. Calcium carbonate (CaCO_3) and silicon cycling are based on modified models of
160 (Kvale et al., 2015) and (Kvale et al., 2021), respectively. Where applicable, modeled nutrient
161 fields were initialized from World Ocean Atlas, 2013 datasets (H. Garcia et al., 2013; Letscher et
162 al., 2013; Mather et al., 2008).

163 Upon mortality, plankton's particulate organic matter (POM) is divided into labile, semi-
164 labile, and semi-recalcitrant categories for the mass exchange between various inventories. The

165 labile POM fraction quickly recycles into inorganic nutrients, the semi-labile into dissolved
 166 organic matter (DOM), and the semi-recalcitrant fraction is retained as detrital POM. Particulate
 167 organic C (POC) and DOC are implicitly calculated and traced, using C:N, from PON and DON
 168 which can remineralize into the explicitly traced DIC. Thus, POC is a source to DOC and DIC,
 169 and DOC is a source to DIC. Surface ocean DIC is also regulated by the air-sea gas exchange
 170 and is reduced during autotrophy and calcite production. The simulated DOC represents the
 171 semi-labile fraction of the observed DOC inventory. We do not simulate the fully recalcitrant
 172 DOC fraction described in Lønborg et al. (2020; Somes & Oschlies, 2015).



173

174 **Figure 1.** Schematic of MOBI's PFTs and biogeochemical cycles relevant to this study. The red
 175 stars indicate where variable stoichiometric schemes were applied. VarP:N is applied at nutrient
 176 uptake, while VarSi:N is applied during the implicit computation of biogenic silica. The star on
 177 the pathway to the detritus (D) indicates that the VarP:N scheme is communicated to this
 178 inventory. The red circled "P" indicates the new prognostic tracers added to MOBI to enable
 179 computation of phosphorus content. Solid black lines indicate the flow of nutrients to each

180 plankton group, while the dashed lines show the flow back into the organic and inorganic
 181 inventories.

182 **2.1.1. Variable P:N**

183 Because N is the basic currency for the biological variables in this model, we converted
 184 the variable P:C model of Galbraith and Martiny (2015) (hereafter GM15) to a variable P:N
 185 model using the constant C:N (Figure 2 and equation 1). For analysis purposes, we use the more
 186 intuitive reciprocal (N:P) and the C:P multiple. Tanioka and Matsumoto's (2017) C:P model is
 187 neglected here due to its bias toward observed high C:P values at low PO₄. Our P_O, to which
 188 variable N:P is applied, inhabit and are the predominant PFT in the low PO₄ domain.

$$189 \quad P:N (\text{‰}) = 42\text{‰} + 48.3\text{‰} \text{ m}^3 \text{ mmol}^{-1} \times [PO_4(\text{mmol m}^{-3})] \quad (1)$$

190 The observations analyzed by GM15 indicate stable C:N ratios over a broad range of
 191 surface nutrient concentrations, except for the most oligotrophic waters where little primary
 192 production occurs. A variable C:N scheme would thus have little effect on our simulations.
 193 Intracellular resource allocation models coupled to GCMs show conflicting results on the
 194 stability of C:N, however, their C:P still varies substantially (Inomura et al., 2022; Pahlow et al.,
 195 2020). For this reason, and to keep the model computationally efficient, we assume constant C:N
 196 throughout every simulation.

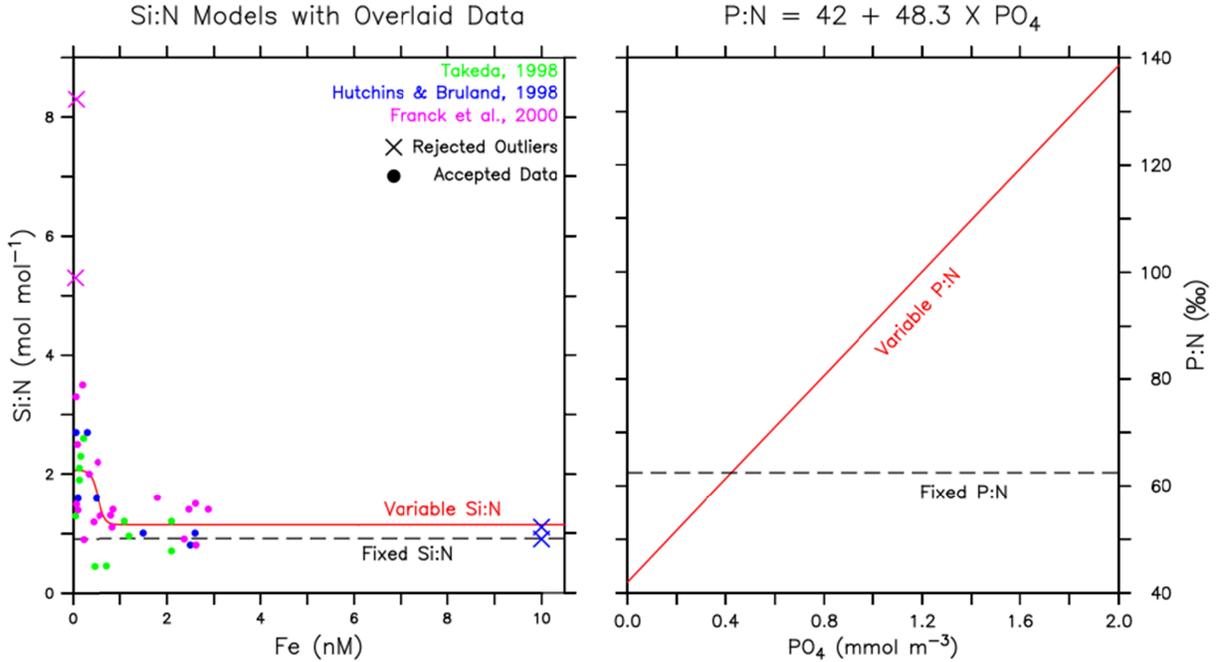
197 Our variable N:P model is only applied to MOBI's P_O. While we recognize the diversity
 198 in particle types (e.g., living and nonliving) in the data collected by Martiny et al. (2013) and
 199 used to develop the GM15 P:C equation, we also recognize it as a broad, first-order estimation.
 200 We then apply it only to the P_O, which is intended to be a representation of unspecialized surface
 201 autotrophic plankton, for the following reasons. The P:C observations are biased towards
 202 oligotrophic (low PO₄) waters except for the Bering Sea (Martiny et al., 2013). Consequently, the
 203 observations preferentially occurred in low silicate environments, implying that siliceous
 204 phytoplankton may not be a significant constituent in the collected material (Gregg & Casey,
 205 2007). Thus, the variable N:P model is not extended to our P_{Diat}. Eutrophic (high PO₄) P:C
 206 observations are generally at higher latitudes and may then carry a seasonal bias. MOBI also uses
 207 the N:P of the well-studied *Trichodesmium* for the simulated P_{Diaz} N:P (P:C of 3.57‰) (Sañudo-
 208 Wilhelmy et al., 2004; White et al., 2006). This species inhabits oligotrophic waters and thus

209 could constitute some of GM15's P:C data. However, there is substantial variability in the
210 observed P:C values at low PO_4 concentrations, and only a minority of these data points are
211 similar to the P_{Diaz} 3.57‰ value. Further, the binned log-transformed means of the data are also
212 substantially higher than this value. Thus, it is unlikely that P_{Diaz} make up any significant portion
213 of the data analyzed by Martiny et al. (2013).

214 Oceanic heterotroph stoichiometry has been found to be generally more constant and so
215 we do not apply any variability to our P_Z simulations (Galbraith & Martiny, 2015; Ho et al.,
216 2020). Because the P_Z N:P remains fixed, grazing on P_O or detritus is turned off when they have
217 a higher N:P (i.e., a low P content) at low PO_4 concentrations (equation S14). Conversely, in
218 eutrophic waters when P_O or detritus N:P is lower, P_Z only uptake enough P biomass to remain at
219 the constant ratio (N:P = 16:1) with the uptake of the N biomass. The excess P biomass, from
220 this process, is directly routed to the detritus P inventory through “sloppy feeding”, a similar
221 convention as used for P_{Diaz} (Somes & Oschlies, 2015).

222 Two new prognostic equations were implemented in MOBI to explicitly calculate the
223 phosphorus content of both the P_O and the resulting detritus (Figure 1, equations S10 and S12).
224 The latter allows the scheme to affect the biological carbon pump. The variable N:P alters
225 nutrient uptake ratios by proportionally utilizing PO_4 or DOP with respect to the NO_3 according
226 to equation 1 (equations S7 and S8). Two new diagnostic equations were then added to calculate
227 the N:P of P_O (N: P_{PO}) and detritus (N: P_{Detr}) at every timestep (equation S13), which are
228 subsequently used to calculate the P loss from them (e.g., predation, mortality, remineralization,
229 etc.) (J. Moore et al., 2004).

230

2.1.2. Variable Si:N

231

232 **Figure 2.** The variable Si:N and P:N models. Left, the variable Si:N was developed from the
 233 overlaid data points collected from Franck et al., (2000); Hutchins & Bruland,(1998); and
 234 Takeda, (1998). The dashed line is the fixed Si:N from Aumont et al. (2003). The rejected pink
 235 outliers were removed as they would increase the maximum Si:N asymptote at low Fe above the
 236 majority of the other data points, leading to increased Si consumption and further reducing the
 237 accuracy of simulated Si concentrations. The blue outliers were discarded because they do not
 238 significantly impact the minimum Si:N asymptote and were only achieved with artificial Fe
 239 additions during P_{Diat} culture experiments. Further, Fe at these concentrations is rare in our
 240 simulations and is not present in the observed data used to initialize and validate the model.
 241 Right, the variable P:N model adapted from Galbraith and Martiny (2015) in red, overlaid with
 242 the fixed ratio in the Control simulation.

243 P_{Diat} Si:N data, in relation to Fe availability, was compiled from three studies to develop a
 244 predictive variable Si:N model (Franck et al., 2000; Hutchins & Bruland, 1998; Takeda, 1998).
 245 A hyperbolic tangent was fit to the data where the mean Si:N was determined at low Fe
 246 concentrations (<0.5 nM) and at high Fe concentrations (≥ 0.5 nM) to define the upper and

247 lower asymptotes, respectively. Other parameters were determined to achieve the most
 248 statistically accurate model possible. The resulting variable Si:N model (Figure 2) is:

$$249 \quad Si:N \left(\frac{mol}{mol} \right) = -0.46 \times \tanh (6.9 \text{ nM}^{-1} \times [Fe \text{ (nM)}] - 3.7) + 1.6 \quad (2)$$

250 Equation 2 exhibits similar Si:N values at high Fe as other variable models, except for
 251 Holzer et al.'s HYPR experiment (2019; Matsumoto et al., 2013; Matsumoto et al., 2020). While
 252 we did not test these exponential models, our Si:N model does allow silica leakage,
 253 complimenting their EXP1 and EXP2 findings. Conversely, because we address the large data
 254 scatter at low Fe through averaging and outlier rejection, our Si:N model predicts a significantly
 255 lower maximum Si:N value than those studies. The variable Si:N scheme serves to regulate the
 256 P_{Diat} consumption of Si in addition to the model's preexisting nutrient limitation framework.
 257 Biogenic Si is implicitly calculated from the N biomass of P_{Diat} and is only used subsequently in
 258 the calculations of opal production and dissolution.

259 **2.2. General Experiment Design**

260 The effects of the VSMS on ocean biogeochemistry were isolated through four different
 261 model versions. In *Control*, all stoichiometric ratios are held constant for all PFTs. Note, the N:P
 262 of P_{Diaz} differs from that of other plankton but remains constant. Model *VarP:N* applies equation
 263 1 to the P_O and allows this variability to affect the N:P of detritus. The detritus N:P is different
 264 from that of the P_O because detritus receives input from all PFTs. Model *VarSi:N* retains *VarP:N*
 265 and applies equation 2 to the P_{Diat} . The fourth model, *Tuned*, is identical to *VarSi:N*, except that
 266 DOP and DON, referred to collectively as DOM, remineralization rates were accelerated five-
 267 fold. This model is an initial attempt at tuning and results in more realistic DOM distributions.
 268 Extensive model tuning has not been attempted here and is beyond the scope of this study.

269 PI and LGM simulations are performed with each model version. The PI simulations
 270 were ran for 4,000 model years to reach a climatic and biogeochemical steady state solution.
 271 Throughout this spin-up, pCO_2 was fixed at a preindustrial value of 277 ppm (Bauska et al.,
 272 2015). Subsequently, each simulation was ran for an additional 1,000 years with prognostic
 273 variable pCO_2 enabled, though these remained close to PI values. LGM boundary conditions
 274 were then identically applied and each model ran for an additional 5,000 years with prognostic

275 $p\text{CO}_2$ (Matsumoto et al., 2020), thus allowing the quantification of variable stoichiometry effects
276 on $p\text{CO}_2$ and climate. Analyses were performed on the PI and LGM variable $p\text{CO}_2$ simulations.

277 **2.2.1. Last Glacial Maximum Simulation**

278 LGM boundary conditions are the same as those set forth, and described in detail, by
279 Muglia et al. (2018) except for enabling prognostic $p\text{CO}_2$, which can moderate the simulated
280 climate, and neglecting the reduced sedimentary Fe flux along continental boundaries that was
281 driven by the lower LGM sea levels (Muglia et al., 2017). Tangential simulations exploring the
282 effect of these reduced sedimentary Fe fluxes, in relation to variable stoichiometry, are discussed
283 in section S4. Briefly, the LGM boundary conditions applied identically to all model
284 configurations are: elevated Fe fertilization from increased dust fluxes (south of 35°S these are
285 increased ten-fold), one salinity unit is added to every ocean grid box to account for lower LGM
286 sea levels but the ocean volume remains unchanged, wind stress fields from the PMIP multi-
287 model mean anomaly, decreased southern hemisphere moisture diffusion to increase Antarctic
288 Bottom Water production and meridional extent (Muglia et al., 2018; Muglia & Schmittner,
289 2015), orbital parameters for 21kya (Kageyama et al., 2017), prescribed ICE-6G ice sheets
290 (Peltier et al., 2015), and reduced radiative forcing at the top-of-atmosphere energy budget due to
291 lower atmospheric methane concentrations (Ramaswamy et al., 2001).

292 **2.3. Caveats**

293 There are several important caveats with the model results and the subsequent
294 experiments presented here. Firstly, the terrestrial carbon cycle does not include interactive
295 permafrost, peat, and lithologic weathering. Additionally, a portion (402 Pg) of the land C
296 inventory is instantaneously removed from the earth system with the implementation of the LGM
297 ice sheet mask (Cox, 2001; Meissner et al., 2003). This C is assumed to be buried under the ice
298 and the magnitude is consistent with prior research (Jeltsch-Thommes et al., 2019; Zeng, 2003).
299 The Atlantic Meridional Overturning Circulation (AMOC) strength in the LGM remains
300 uncertain (Muglia et al., 2018). While model results closely match some proxy reconstructions,
301 we cannot assume that the AMOC configuration is correct. We also note that the variable
302 stoichiometry effects on accurately simulating different climate states does depend, sometimes
303 strongly, on how other biologically relevant processes are simulated (section S4).

304 Several additional simplifications exist in MOBI that may affect our results. P_{Diaz} do not
305 contribute their higher C:N:P to the exported POM and are instead remineralized (J. Moore et al.,
306 2004; Somes & Oschlies, 2015). While our P_{Diaz} have a significantly different C:N:P of
307 280:40:1, their biomass, relative to other PFTs, is not large. Allowing the excess P_{Diaz} N (and
308 thereby C) to be captured in the detritus inventory increased the global weighted average N:P by
309 1.2:1 and the export $\sim 0.5 \text{ Pg C year}^{-1}$ more. The rerouting of this N to the detritus degraded the
310 accuracy of simulated surface PO_4 and NO_3 when compared to observations and so was
311 neglected. Additionally, the ocean model lacks interactive ocean sediments; organic matter is
312 instantly remineralized at the benthic interface and returned to the water column.

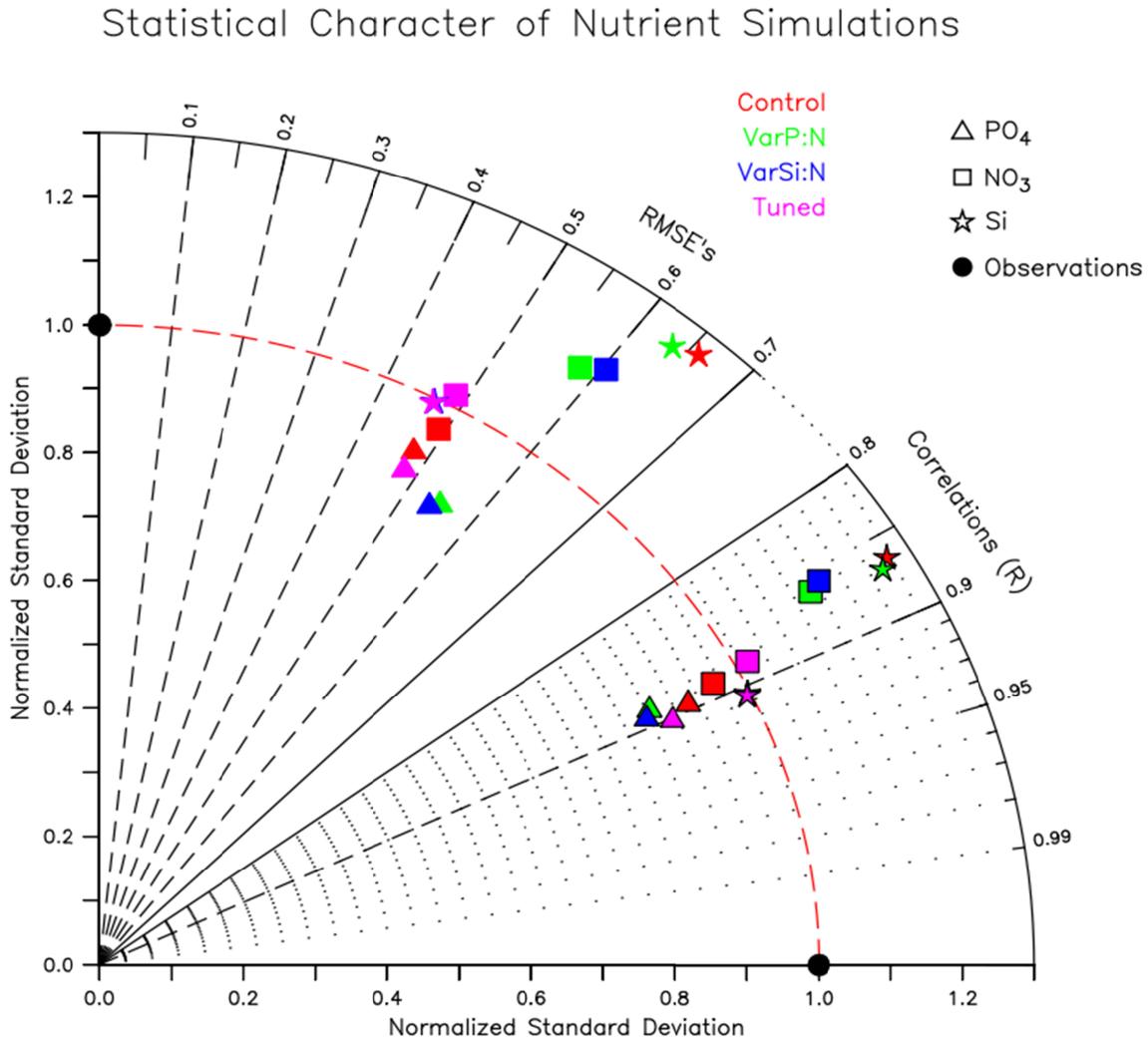
313 There is a significant amount of uncertainty in our DOC quantifications due to the
314 extreme complexity and variability that exists in its sources and heterotrophic processing
315 (Lønborg et al., 2020; Wagner et al., 2020). In MOBI, DOM is simply a parameterized fraction
316 of POM and its recycling varies by temperature. This may explain why the PI DOC is too low
317 compared to prior estimates in *Control*, *VarP:N*, and *VarSi:N* (Williams & Druffel, 1987).
318 Alternatively, Somes and Oschlies (2015) suggest the underestimation may be driven by DOM
319 stoichiometry variations. Thus, to achieve the observed quantities, a C:N of 11 is needed to
320 accurately convert DON to DOC. While *Tuned* better matches DON and DOP observations, its
321 DOC is significantly lower than the other simulations and would then require a C:N of 74.
322 Revising the model's DOM cycling is beyond this study's scope; we continue to use a C:N of 7
323 for DOC computations.

324 **3. Model Validation**

325 **3.1 Surface Nutrients**

326 On a global average, *VarP:N* leads to a deterioration of simulated PO_4 and NO_3
327 distributions, however, most of the error is confined to the Arctic and Southern Oceans (SO).
328 Tuning reverts most of those changes and demonstrates that a model with variable stoichiometry
329 can perform as well as a model with fixed stoichiometry. Introducing *VarSi:N*, conversely,
330 improves simulated Si distributions substantially. Thus, the *Tuned* simulation performs the best,
331 comprehensively. The Taylor diagram (Figure 3) provides a statistical synopsis by plotting the
332 normalized standard deviation (σ) (normalized by the σ of the observations) of a given nutrient

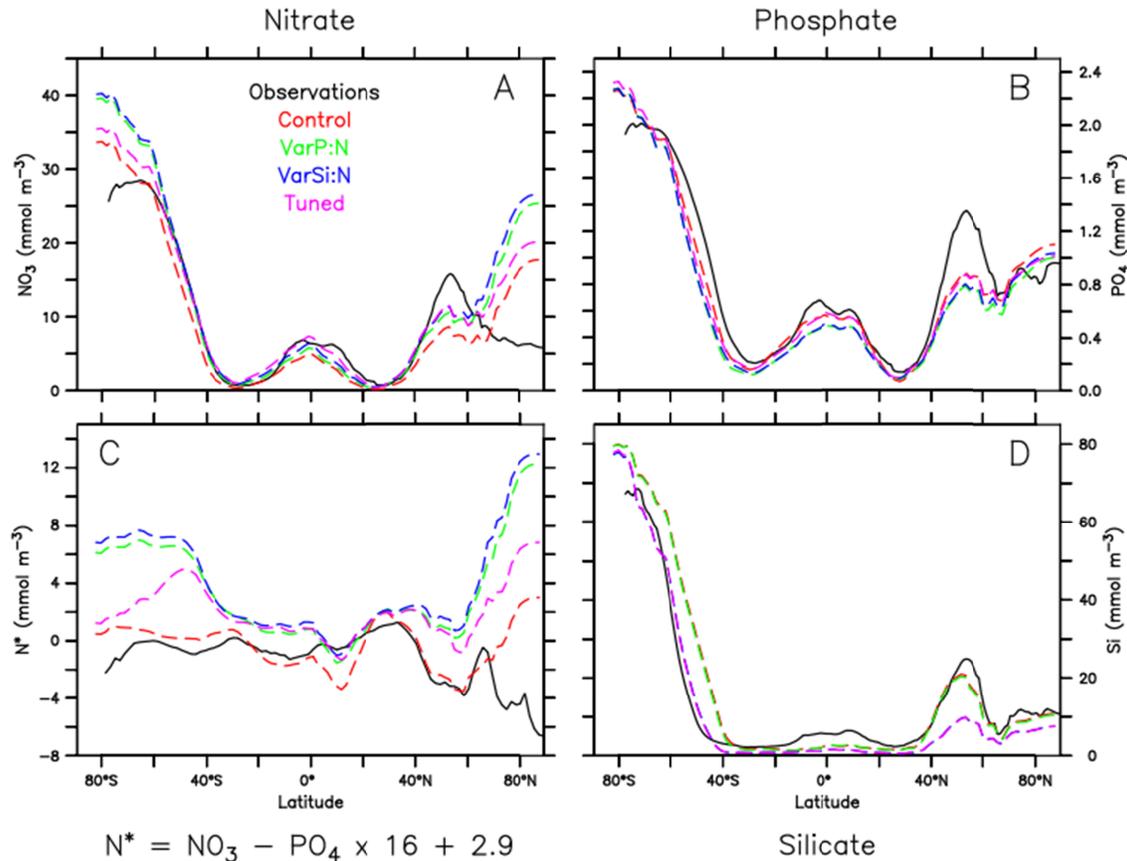
333 on the radial axis against a simulation's correlation (R) and the uncertainty-corrected root mean
 334 square error (RMSE) on the azimuthal axis (Muglia et al., 2018; Taylor, 2001). A perfect
 335 simulation would then have a σ and R equal to one, a RMSE of zero, and be collocated with the
 336 black dots on the plot. Table S1 details the statistical metrics of the simulated nutrient
 337 distributions relative to observed data from the World Ocean Atlas, 2013 (H. Garcia et al., 2013).



339 **Figure 3.** Taylor plot of surface simulated nutrient statistical performance. Perfect performance
 340 is indicated by both black circles, thus the proximity to the respective circle can be used to assess
 341 a model data point's performance. The dashed red arc indicates a model's nutrient standard
 342 deviation matching that of the observed. Symbols with a black outline are plotted against the
 343 correlation azimuthal axis, while those without outlines are plotted against the RMSE axis. The

344 statistical performance of surface Si simulations in VarSi:N and the Tuned models are extremely
345 similar and visual distinction here is difficult.

346 Contrary to the global perspective, the VSMs had both improving and degrading effects
347 on simulating nutrient spatial distributions, Figure 4 (H. Garcia et al., 2013; Letscher et al., 2013;
348 Mather et al., 2008). Surface NO_3 concentrations improved from the *Control* simulation due to
349 *VarP:N* almost everywhere except at high latitudes. Primary production increases cause more
350 particulate organic N (PON) export to the deep ocean, resulting in waters upwelling with higher
351 NO_3 (Figure S7). Thus, Southern Ocean NO_3 , between 30°S and 60°S , now better matches the
352 observations but is still too high closer to the Antarctic margin. Increased simulated NO_3 in the
353 Pacific equatorial and Benguela upwelling currents also improve representations (Figure S1).
354 However, these areas, in addition to the Northwest Pacific, Bering Sea, and the northern Indian
355 Ocean, are still underestimated by *VarP:N* as compared to observations. In the Northeast
356 Atlantic and the Arctic, NO_3 is overestimated by the model. Model resolution and isolation of the
357 Arctic Ocean from the Pacific leads to unrealistically high nutrient concentrations there.
358 However, model-observation differences in ice-covered polar oceans may also be due to seasonal
359 biases in the observations, which lack winter data. The North Atlantic NO_3 overestimation, an
360 increase from the *Control* experiment, is caused by *VarP:N* reducing the PO_4 limitation there and
361 allowing more N-fixation, discussed later.



362

363 **Figure 4.** Zonally averaged surface nutrient concentration comparison. Observations are from the
 364 World Ocean Atlas, 2013 (H. Garcia et al., 2013). N^* expresses the deviation of the ambient
 365 $\text{NO}_3:\text{PO}_4$ from the fixed plankton N:P based on the assumption that these ratios are coupled
 366 (Redfield, 1934, 1958).

367 The *Tuned* model increased the extent of the elevated NO_3 concentrations, compared to
 368 the *Control*, in the tropical Pacific equatorial upwelling region. However, this area still
 369 underestimates in the East Pacific. The tuning decreased NO_3 in the Southern and Arctic Oceans,
 370 which improves the agreement with observations there, but had little effect on the NO_3
 371 concentrations in the Bering Sea. Briefly, *VarP:N* degraded $\delta^{15}\text{N}$ simulations in the PI and LGM
 372 due to the increased export of organic matter, which upon microbial respiration depleted O_2
 373 concentrations, thus increasing denitrification in the interior ocean and inciting more N isotope
 374 fractionation (section S5 and Figure S7). The *Tuned* model reduced the $\delta^{15}\text{N}$ inaccuracies,
 375 compared to the *Control*, in the surface ocean and only slightly degraded representations in the
 376 interior.

377 In contrast to NO_3 , PO_4 concentrations were slightly reduced across all latitudes (Figure
 378 4B) in response to *VarP:N*, amplifying the biases from the *Control* (Figure S2). Although P_O are
 379 now more P frugal in oligotrophic environments, their increased P use in eutrophic regions and
 380 the improved cohabitation with P_{Diaz} overcame this effect, leading to reduced ambient
 381 concentrations. Model tuning returns simulation accuracy to approximately that of the *Control*.
 382 Regardless, when considering the global C-fixation perspective, the simulated PO_4
 383 underestimation is a lesser concern since PO_4 is only a limiting nutrient after Fe and NO_3
 384 (discussed later), indicating that our primary producers and associated carbon pump are
 385 predominantly controlled by other nutrient availabilities.

386 **3.2 Deviations from Fixed Stoichiometry (N^*)**

387 Deviations from constant stoichiometry may be captured through $\text{N}^* = \text{NO}_3 - 16 \times \text{PO}_4 +$
 388 2.9 (mmol m^{-3}), but N^* is controlled by many processes in addition to stoichiometry (Gruber &
 389 Sarmiento, 1997; Monteiro & Follows, 2012; Sarmiento & Gruber, 2006; Weber & Deutsch,
 390 2010). Figure 4C shows N^* only in the surface ocean to avoid denitrification influences but
 391 upwelling sites may still imprint interior denitrification errors on N^* . Surface N^* is susceptible
 392 to N-fixation which is confined between 40°S and 40°N . All model versions have preferential
 393 DOP remineralization but it lacks the spatial variability seen in observations (Clark et al., 1998;
 394 Monteiro & Follows, 2012). The cause, whether it be PO_4 or NO_3 inaccuracies (section S1.3), of
 395 model departures from observed N^* alternate by latitude and regionally. In all model versions,
 396 there is a relative excess of NO_3 at the high latitudes ($>60^\circ$), in the northwest North Pacific and
 397 the North Atlantic, along with relatively too little PO_4 in the midlatitudes and tropics (Figures S5
 398 – S6).

399 The *Control* simulation reproduces the meridional distribution of N^* most accurately
 400 overall. N^* errors in the VSMs mostly stem from inaccuracies in N cycling outside of the
 401 euphotic zone, as indicated by relatively high NO_3 at upwelling sites (Figure S5). The excess N
 402 stimulates P_{Diat} growth, increasing the P consumption across the SO nutrient gradient ($\sim 65 -$
 403 35°S), and yields excess N^* there (Figure 4C and S11). Under *VarP:N*, P_O are only a majority of
 404 the population at PO_4 concentrations lower than $\sim 0.1 \text{ mmol m}^{-3}$ and are less than 20% of the
 405 population at concentrations greater than $\sim 0.55 \text{ mmol m}^{-3}$ (Figure 5). Thus, the areas where P_O
 406 are most prevalent, generally between 10 and 40°N and $^\circ\text{S}$ (Figure 4C and Figure S13),

422 the relative abundance of the PFT and they are overlaid to sum to one. See Figure S12 for the
423 Control.

424 *VarSi:N* improved the simulated surface Si distributions by moving the Si gradient in the
425 SO further south. However, north of 40°S, surface Si concentrations were slightly decreased
426 compared to the *Control*, enhancing the model's widespread underestimation. The largely Fe-
427 limited PI ocean drives higher Si uptake in *VarSi:N*. Notably, areas of *VarSi:N*'s Si
428 underestimation are generally not inhabited with P_{Diat} , and no other simulated PFTs use Si
429 (Gregg & Casey, 2007). The areas of important underestimation are the northwest North Pacific
430 and the Bering Sea, in which P_{Diat} do reside (Figure S3). The persistent nutrient error in this
431 region is attributed to a well-known modeled circulation discrepancy (Kvale et al., 2021; Some
432 et al., 2017; Weaver et al., 2001).

433 **3.3 Implications of Model Tuning**

434 Preliminary model tuning was performed after *VarP:N* and *VarSi:N* with the intent of
435 improving the accuracy of PI nutrient distributions. Since DOM was overestimated in all
436 experiments, remineralization rates were increased 5-fold (Figure S4). While we note that
437 observations of DOM are spatially limited and carry uncertainty, the increased remineralization
438 rates did reduce the overestimation of the *Control* run to more reasonable values (Figure S4)
439 (Letscher et al., 2013; Mather et al., 2008). After tuning, simulated DOP is slightly
440 underestimated ($\sim 0.1 \text{ mmol m}^{-3}$) in the mid-latitude North and South Atlantic, to which the
441 available observations are restricted. DON observations include more data transects in the Indian
442 and Pacific Oceans. DON generally overestimates ($\sim 5 \text{ mmol m}^{-3}$) observations slightly in all
443 three ocean basins, except for the SO, where observations are slightly underestimated ($\sim 1 \text{ mmol}$
444 m^{-3}). These DON errors should then be considered in our DOC quantifications. These are
445 improvements, nonetheless, to the overestimated DOM values of the *Control*.

446 Additionally, the preliminary tuning drove slight improvements in inorganic nutrient
447 simulations, making the *Tuned* simulation the most accurate comprehensively (Figures S1 – S3).
448 While tuning does cause a remarkable improvement in simulated O_2 concentrations due to less
449 interior microbial respiration (Figure S7), the simulated interior ocean NO_3 is still too high,
450 although it is reduced relative to *VarP:N* and *VarSi:N*. The upwelling of NO_3 in the SO then

451 remains elevated above observations (Figure 4B). Tuning restored the PO₄ simulation accuracy
 452 to approximately that of the *Control* while retaining the *VarP:N* and *VarSi:N* schemes. There are
 453 a few areas of slight PO₄ improvement over the *Control* in the mid-latitudes and the tropics
 454 (Figure S2). However, the *Tuned* model did not improve the strength or location of the SO PO₄
 455 gradient. It underestimates the concentrations and places the gradient too far south. The *Control*
 456 simulation remains the most accurate in this area.

457 4. Results

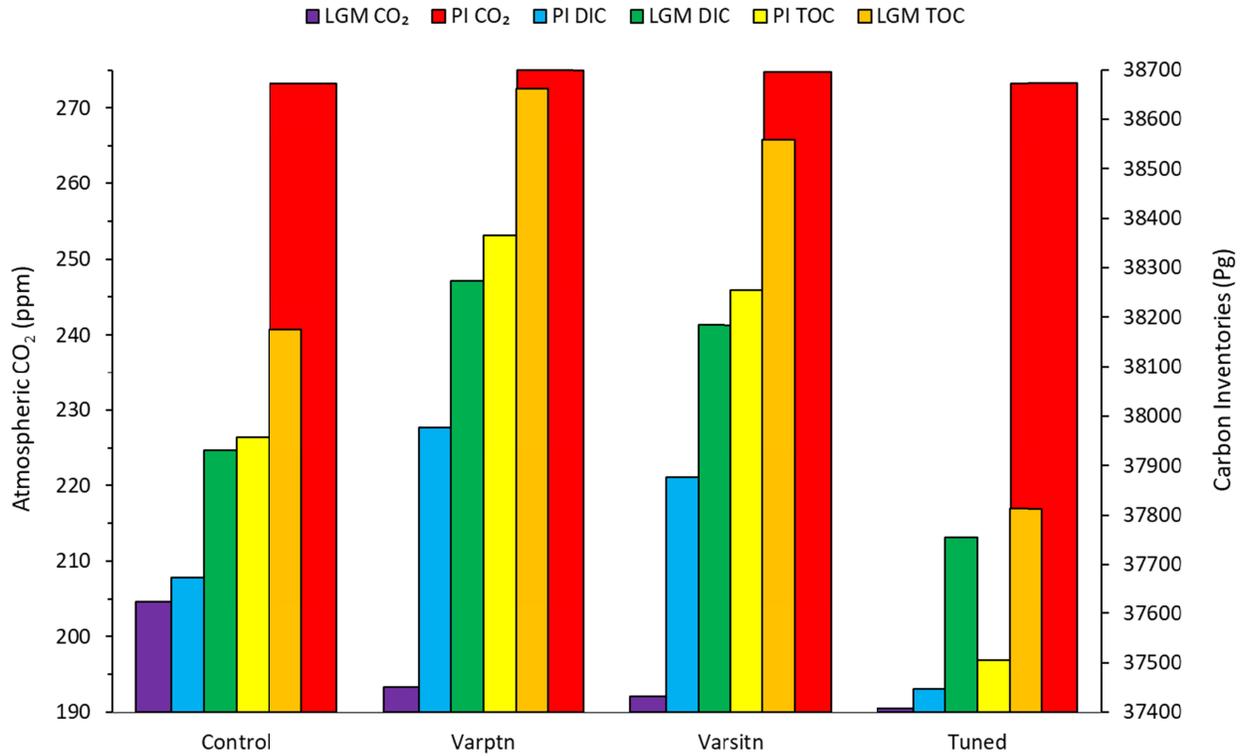
458 4.1. Changes in Ocean C Storage

459 Because of more C-laden organic matter and larger total primary producer biomass, the C
 460 export out of the euphotic zone into the deep ocean is increased by the VSMs (Table 1, S2, and
 461 S3). While each experiment has slightly different global C budgets, a symptom of the PI model
 462 spin-up, C inventory differences between them are almost entirely realized within the ocean
 463 (Table 2). Thus, our simulated oceans have larger C inventories in PI *VarP:N* and *VarSi:N*, than
 464 the *Control*. The *Tuned* model has a slightly smaller inventory caused by the rapid processing of
 465 DOC into DIC which then limits ocean C uptake from the PI atmosphere during the spin-up
 466 (Figure 6).

467 **Table 1.** Global Quantifications.

PI	P _O C:N:P	Export production C:N:P	Carbon export (Pg/yr)	PO ₄ export (Pg/yr)
Control	112 : 16 : 1	112 : 16 : 1	8.8	0.62
VarP:N	141 : 20 : 1	130 : 19 : 1	9.4	0.60
VarSi:N	138 : 19 : 1	133 : 19 : 1	9.4	0.60
Tuned	134 : 19 : 1	128 : 18 : 1	9.6	0.64
LGM				
Control	112 : 16 : 1	112 : 16 : 1	7.1	0.50
VarP:N	155 : 22 : 1	141 : 21 : 1	7.7	0.45
VarSi:N	151 : 22 : 1	148 : 21 : 1	8.0	0.44
Tuned	149 : 21 : 1	146 : 21 : 1	8.3	0.46

468 *Note.* P_O and EP C:N:P is the globally weighted average. EP C:N:P, C, and P export are
 469 calculated from detritus at the base of the euphotic zone (120 m).



470

471 **Figure 6.** Comparison of pCO₂, DIC, and Total Ocean Carbon inventories in the PI and LGM.

472 The two pCO₂ variables use the left vertical axis, while all others use the right axis. TOC is the

473 sum of DIC, DOC, and POC.

474 **Table 2.** Differences in C inventories between models.

	pCO ₂ (ppm)	Ocean total carbon (Pg)	Ocean DIC (Pg)	Ocean DOC (Pg)	DOC:DIC (%)	Land carbon (Pg)
PI:						
VarP:N – Control	2	410	304	106	2.72	4
VarSi:N – Control	1	299	203	96	2.50	3
Tuned – Control	0	-451	-227	-223	-5.91	0
LGM:						
VarP:N – Control	-11	488	342	146	3.75	-47
VarSi:N – Control	-13	384	253	130	3.37	-52
Tuned – Control	-14	-361	-177	-185	-4.86	-58
LMG-PI:						
Control ^a	-69	218	257	-38	-1.05	-73
VarP:N ^a	-82	296	295	2	-0.02	-122
VarSi:N ^a	-83	303	307	-4	-0.18	-127
Tuned ^a	-83	308	307	1	0.00	-130
VarP:N – Control ^b	-13	78	38	40	1.03	-49
VarSi:N – Control ^b	-14	85	50	34	0.88	-54
Tuned – Control ^b	-14	90	50	39	1.06	-57

475 *Note.* The PI is the top section and the LGM is the middle section. The top of the bottom
476 section (^a) shows how a variable changes between climate states, while below that (^b) shows the
477 relative difference of those changes. E.g., $\text{VarP:N} - \text{Control} = (\text{VarP:N, LGM} - \text{PI}) - (\text{Control,}$
478 $\text{LGM} - \text{PI})$. Notable here is that the VSMs manifested their increased LGM C storage through
479 relatively larger increases in their DIC and DOC inventories. See Table S3.

480 The LGM ocean is more oligotrophic than the preindustrial. This is largely due to slower
481 respiration, driven by cooler temperatures, and a weaker thermohaline circulation, which reduces
482 the nutrient replenishment from upwelling waters (Buchanan et al., 2016; Galbraith & Skinner,
483 2020; Matsumoto, 2007; Toggweiler, 1999; Yvon-Durocher et al., 2010). Conversely, higher
484 LGM atmospheric dust fluxes yielded more Fe fertilization to primary producers and furthered
485 nutrient consumption (Muglia et al., 2018). Our LGM configuration captures these
486 characteristics which affect stoichiometry, net primary production (NPP), and carbon cycling
487 (Muglia et al., 2018; Somes & Oschlies, 2015). Thus, our VSMs respond interactively to the
488 LGM conditions, producing substantial differences in the C inventories, compared to *Control*,
489 between the LGM and PI (Table 2). The global C budget for each experiment is approximately
490 conserved between the PI and LGM climate states.

491 The modeled total ocean carbon (TOC) inventory is the summation of DIC, POC, and
492 DOC. Carbon storage increases in the LGM ocean, relative to the PI, are largely realized in the
493 DIC inventories. In the *Control*, the global ocean DIC inventory increases by 257 Pg C (Figure
494 6, Table 2, and S3), with all other experiments seeing larger (307-295 Pg C) increases. POC
495 decreased in the LGM ocean by 13% in the *Control* and 7% in the VSMs. The smaller POC
496 reductions in the VSMs lead to LGM *VarP:N* boasting 26% more POC over the *Control*. The
497 depression of P_{Diat} in *VarSi:N* weakens this difference to 24% with similar values for the *Tuned*
498 model. Finally, DOC reduced by 13% in the *Control*, but the VSMs are approximately
499 unchanged. The LGM DOC is larger in *VarP:N* (and *VarSi:N*) by 60% (54%) than the *Control*.
500 The *Tuned* model DOC inventory is much smaller than the other models due to the accelerated
501 DOM remineralization, but this is compensated for by having the largest DIC increase from the
502 PI of any experiment.

503 The DOC invariance in the VSMs is driven by their larger LGM biomasses which
504 increase DOC sourcing via mortality (Table S2). By linearizing the DOC source and sink terms,
505 it is shown that the LGM-PI mortality changes (in particular, the P_O mortalities) are positive in
506 these experiments, whereas they are negative in the *Control* (Table S4). This contradicts the
507 temperature influence, wherein, the VSMs have greater LGM-PI temperature reductions and are
508 colder than the *Control* which slows plankton mortality and DOC recycling (sink term) rates.
509 However, the difference in VSM biomass-induced mortality changes compared to the *Control*'s
510 changes is larger than the comparative difference in the temperature influences on mortality
511 (Table S4). Further, while the VSMs' recycling rates do decrease and decrease more than the
512 *Control*, their larger DOC inventories, driven by larger biomasses, overwhelm the temperature-
513 reducing effect. Lastly, the VSMs' DOC:DIC show that DOC increases relatively more than
514 DIC, wherein the *Control* DOC:DIC is 7.4‰ (Table 2). While the ratio decreases for all models
515 in the LGM, from the PI, the VSMs reduce much less than the *Control*, denoting the remarkable
516 importance of DOC change between climate states.

517 Ultimately, the VSMs increase the ocean C storage from the LGM – PI *Control* model
518 with 38 - 50 Pg more DIC and 34 - 40 Pg more DOC (Table 2). Thus, we identify the DOC
519 response as an important, but thus far overlooked in variable stoichiometry modeling studies,
520 biological C storage mechanism. Figure S17 exemplifies these C changes with zonal averaged
521 cross-sections, wherein *VarP:N* DOC increases from the *Control* in the surface layers. Surplus
522 DOC is subsequently transported into the interior at downwelling sites but remains in the upper
523 cell of the overturning circulation while eventually degrading into DIC. Conversely, DIC is
524 relatively increased by *VarP:N* in the deep layers due to increased POC export. SO upwelling
525 draws the increased DIC to the surface where enhanced outgassing can occur, but this is
526 outweighed by the DIC reduction across all other latitudes leading to a net pCO_2 intake. Some
527 relatively reduced DIC is physically transported into the interior with deep water formation, but
528 additions from POC remineralization throughout the water column soon reverse the deficit into a
529 surplus of DIC.

530 The additional surface ocean C fixation and subsequent sequestration aided in further
531 ocean C uptake from the atmospheric and land inventories. *VarP:N* reduced the LGM pCO_2 from
532 204.7 ppm in the *Control* to 193.3 ppm. The reduction was continued by *VarSi:N* and *Tuned* to

533 192.1 and 190.5 ppm, respectively. From this and the discussed C inventory changes, the
534 variable Si:N scheme and model tuning have notably smaller C cycle impacts than *VarP:N*.
535 Each simulation did not have the same $p\text{CO}_2$ at the end of the respective PI simulation but the
536 *Tuned* model has the largest $p\text{CO}_2$ decrease of 82.8 ppm (see Figure 6 and Table 2). *VarP:N* and
537 *VarSi:N* have 81.6 and 82.6 respectively, while the *Control* has only a 69 ppm reduction. The
538 LGM $p\text{CO}_2$ in the VSMs are notably more consistent with ice core data than in the *Control*
539 (Bereiter et al., 2015; Ivanovic et al., 2016).

540 Beyond surface C sequestration, the VSMs reduce surface alkalinity slightly through
541 increases in CaCO_3 production, via P_O , and N-fixation. Changes in the ocean's pH buffer
542 capacity, as indicated by DIC:alkalinity, may then be partially responsible for the increased
543 drawdown (Egleston et al., 2010). The ratio changes little in the PI between each experiment, but
544 does more so, albeit still meagerly, in the LGM experiments (Table S3). While DIC and
545 alkalinity both slightly reduce in the surface ocean (not shown), surface DIC change is the
546 dominant effect and increases ocean CO_2 ingassing. We do not focus our analysis on this small
547 effect any further though.

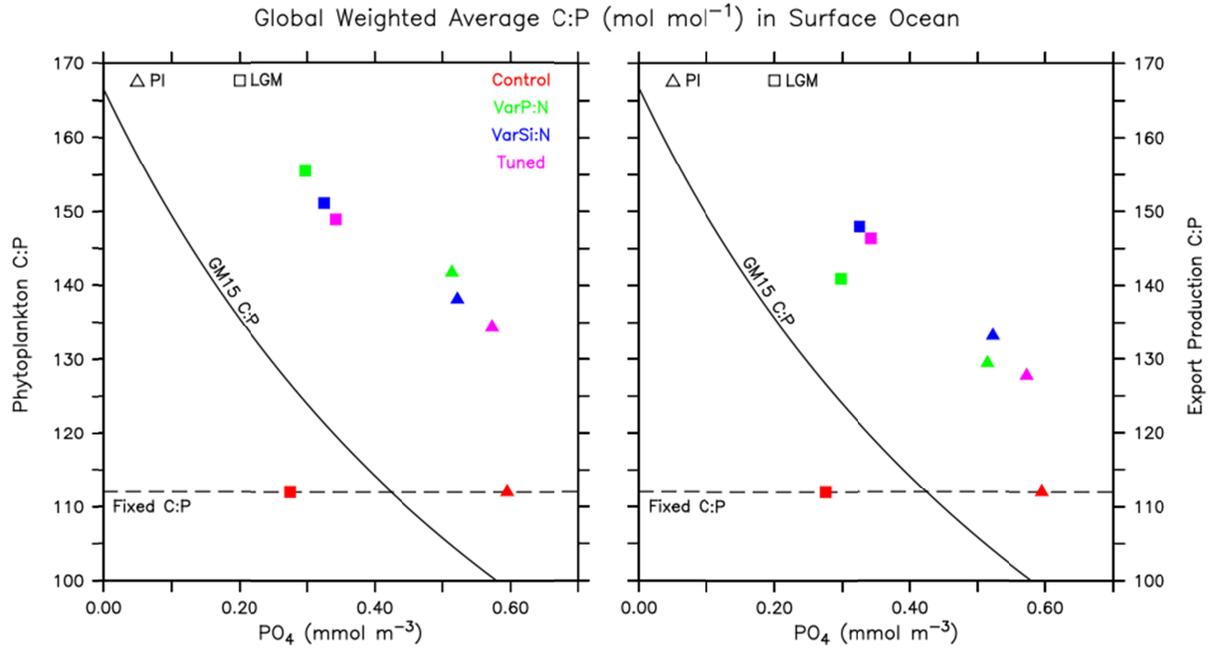
548 The VSMs also restrict the land carbon inventories further than the *Control*. The lower
549 $p\text{CO}_2$ increased the C limitation for terrestrial primary producers and lowered global
550 temperatures (Ciais et al., 2012; Gerhart & Ward, 2010; Harrison & Prentice, 2003; Ödalen et
551 al., 2020; Prentice et al., 2011). The LGM *Control* sees a 73 Pg reduction in the terrestrial carbon
552 inventory, ignoring the ice sheet burial (Table 2 and S3). The VSMs substantially restrict it by a
553 further 67% (i.e., 49 Pg) for the *VarP:N*, 74% for *VarSi:N*, and 78% for the *Tuned* model. These
554 reductions are still smaller than prior estimates and could be caused by UVic's incomplete
555 terrestrial C cycle (Ciais et al., 2012). The TOC inventory increases are then summations of
556 carbon losses in the atmospheric and terrestrial inventories (Figure 6 and Table S3). Although
557 the model's global carbon inventory is not strictly conserved, there is only 1 - 4 Pg of
558 unaccounted for C gain during the LGM simulations, which is four orders of magnitude smaller
559 than the global C inventory.

560 **4.2. Export Production**

561 The variable N:P scheme creates regions of relatively enhanced or degraded carbon
 562 fixation by primary producers, which then redefines the spatial distribution of carbon export to
 563 the deep ocean. The obvious caveat to this is that the highest primary producer biomasses are
 564 generally in the eutrophic regions where the C and N content of P_O is not as large relative to P. In
 565 oligotrophic areas, which cover a larger ocean fraction, biomasses are low, although P_O carry
 566 more C and N relative to P (Figures S1 and S2). The total effect on global export production
 567 (EP) is then determined by the competing effects of these regions (Figure S14). Note that the P_O
 568 ratio is different from the C:N:P of EP, which also depends on the stoichiometry of other PFTs
 569 (Figures 7 and 8). The efficiency of the global biological C pump, represented by the weighted
 570 C:P of EP (equation 3), increases due to $PI\ VarP:N$ by ~ 18 C units, with small additions from
 571 $VarSi:N$, and slight weakening from *Tuned* model due to the eutrophication caused by increased
 572 DOM remineralization (Figure 7).

$$573 \quad C:P|_{global\ EP|_{-120m}} = \left[\frac{1}{\int (EP|_{-120m}) dA} \times \int (N:P_{EP|_{-120m}} \times EP|_{-120m}) dA \right] \times C:N \quad (3)$$

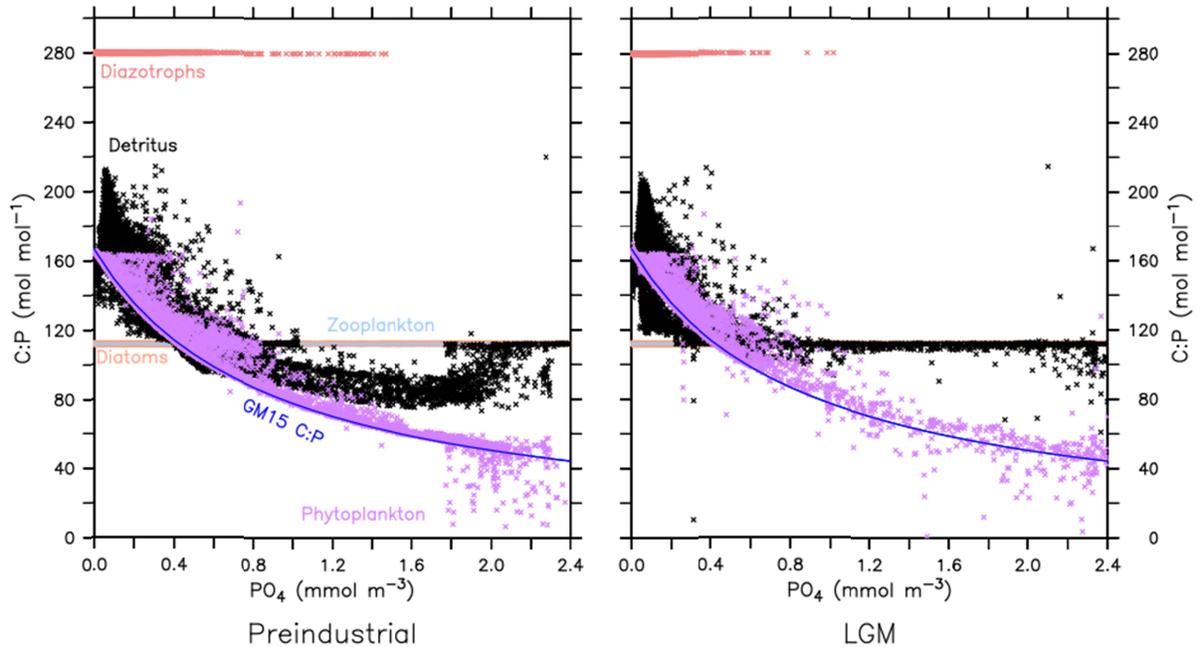
574 The increase in the C pump's efficiency drives more net C export in the VSMS than in the fixed
 575 model (Table 1). Even though the *Tuned* C:P indicates a lower efficiency compared to $VarP:N$
 576 and $VarSi:N$, the higher nutrient availability supports a larger primary producer biomass (Table
 577 S2) and thus a larger C export.



578

579 **Figure 7.** Global weighted average C:P of P_O in the surface ocean (0 – 120 m), left, and EP (at
 580 120 m) which is the weighted C:P contribution of each PFT via the detritus, right. These follow
 581 equation 3 methods. The horizontal axis is the unweighted surface average PO_4 that varies
 582 slightly between each model due to the perturbations each scheme has on the simulated nutrient
 583 cycles.

584 The VSMs export downward more C per unit P (higher C:N:P) in the relatively
 585 oligotrophic LGM ocean than in the PI (Figure 7). Thus, the ocean C inventory increases relative
 586 to the LGM *Control*, through larger C EP (Tables 1 and 2). Notably, the P EP is slightly lower in
 587 *VarP:N*, in contrast to the C EP, but this does not indicate reduced biology as the P NPP and
 588 total biomass increase (Table 3 and S2). *VarP:N* caused a 26% increase in the LGM export C:P
 589 relative to the *Control*; *VarSi:N* an additional 5%, with the *Tuned* simulation decreasing it
 590 slightly by 1%. While the amount of C exported ($Pg\ year^{-1}$) to the deep ocean decreases in all
 591 LGM experiments, relative to their PI states, the VSMs show a smaller C export reduction than
 592 the LGM-PI *Control* because of the higher C:P's (Table 1). The sluggish ocean overturning
 593 counteracts the effects of reduced LGM C exports and increases deep ocean carbon storage
 594 (Galbraith & Skinner, 2020; Muglia et al., 2018; Toggweiler, 1999).

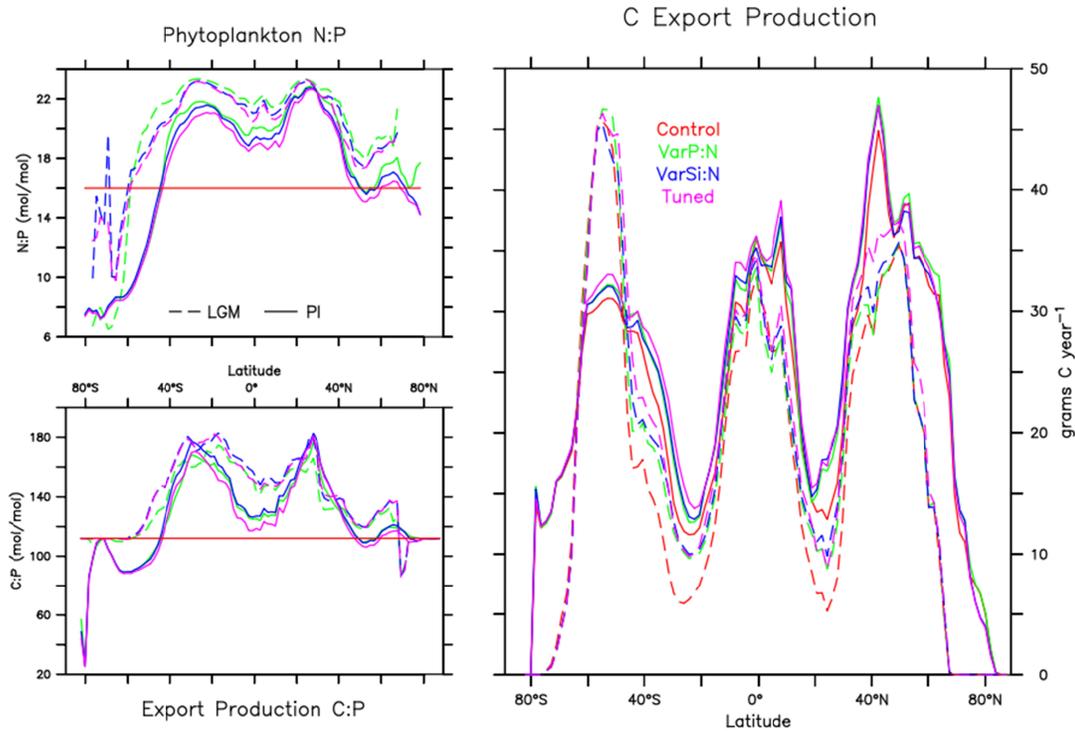
C:P of Plankton Functional Types by PO₄ Concentration, VarP:N

595

596 **Figure 8.** C:P of each PFT across simulated PO₄ concentrations. The detritus relationship is the
 597 weighted contribution of each PFT to it. The detritus C:P returns to nearly the Control ratio at
 598 high LGM PO₄ due to the significantly lower P_O and P_{Diaz} relative abundance there, Figure 5.

599 In PI *VarP:N*, zonal weighted average EP C:P, following equation 3, distributions match
 600 the configuration of the north and south oligotrophic subtropical gyres with the highest C:N:P
 601 between 177–168 : 25–24 : 1 (Figure 9). These ratios are not directly comparable to the weighted
 602 P_O C:N:P which is computed over different depths. In the tropics, EP C:N:P in *VarP:N* is
 603 depressed to about 124:18:1 by the eutrophic eastern Pacific equatorial upwelling waters. As
 604 expected, in the nutrient replete SO, the C:N:P ratios of EP fall below the *Control* value to
 605 ~98:14:1 mol/mol (Figure 9). Here, our results are consistent with those of Weber and Deutsch
 606 (2010) showing very similar values but *VarP:N*'s latitudinal gradients are slightly sharper
 607 (Figure 9). *VarSi:N* and *Tuned* closely match *VarP:N* except for the tropics where the *Tuned*
 608 model's greater eutrophy reduces P_O C:N:P as indicated by increases in P_O NPP (Figures 7, 9,
 609 and S9). In the LGM ocean, these patterns generally continue, but ratios tend to be higher due to
 610 enhanced oligotrophy. Additionally, with the LGM weaker upwelling in the eastern tropical
 611 Pacific and the Southern Ocean, the southern subtropical gyre broadens with peak EP C:P values

612 shifting north. Thus, a spatial expansion of efficient C export occurs there while the northern
 613 gyre largely remains unchanged.



614
 615 **Figure 9.** Zonal average P_O N:P weighted by biomass in the surface ocean (0 - 120 m), top left.
 616 The bottom left is the same but for EP C:P computed at 120 m. Average C EP is on the right
 617 computed at the same level.

618 **Table 3.** Globally integrated annual NPP for PI and LGM oceans.

PI	NO_3 NPP (Tmol yr ⁻¹)	PO_4 NPP (Tmol yr ⁻¹)	P_O N NPP (Tmol yr ⁻¹)	P_O P NPP (Tmol yr ⁻¹)	P_{Diat} N NPP (Tmol yr ⁻¹)	P_{Diaz} N NPP (Tmol yr ⁻¹)
Control	754.3	46.5	433.3	27.1	302.5	18.4
VarP:N	853.1	47.3	521.6	27.7	301.6	29.7
VarSi:N	854.9	47.1	642.4	34.9	183.0	29.6
Tuned	873.6	49.8	664.8	37.6	185.5	23.0
LGM						
Control	471.2	29.1	261.7	16.4	199.1	10.4
VarP:N	575.2	29.5	361.1	17.0	191.9	22.4
VarSi:N	583.7	29.5	438.4	21.3	122.8	22.7
Tuned	594.8	30.7	455.4	22.5	123.5	16.0

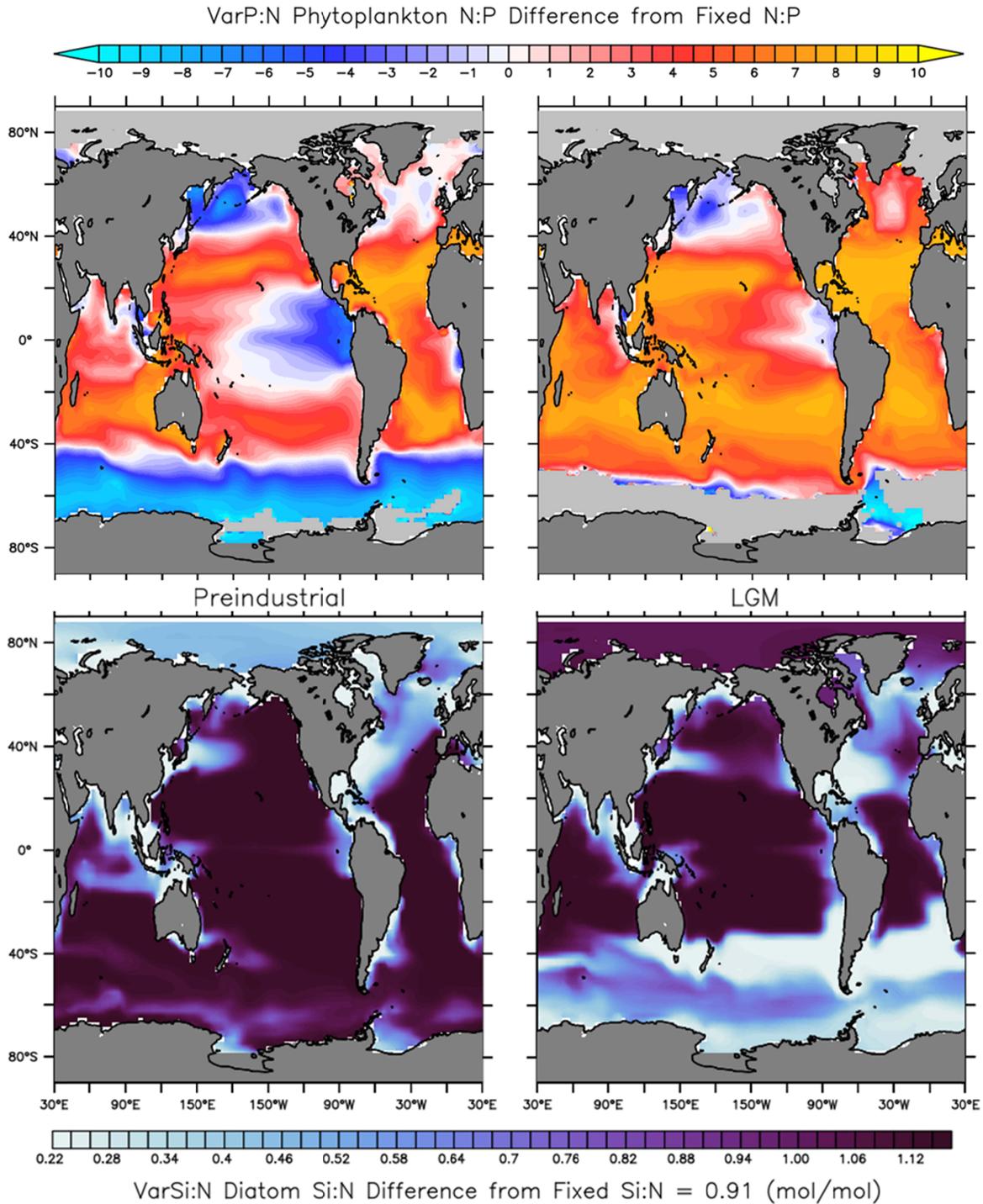
619 *Note.* The P NPP for P_{Diat} and P_{Diaz} are the same as the provided values multiplied by their
 620 corresponding fixed P:N (1/16 and 1/40, respectively).

621 **4.3. Primary Producers**

622 Two effects of the VSMSs on phytoplankton communities can be distinguished as
623 physiological and taxonomical changes (Matsumoto et al., 2020). Physiological effects arise
624 directly from alterations in the elemental composition of the phytoplankton. However, this also
625 changes the nutrient consumption ratios, which, in the presence of particular nutrient limitations,
626 can alter the competition between the different PFTs. This leads to two PFT, here P_O and P_{Diaz} ,
627 cohabitating more harmoniously. Such shifts in the phytoplankton communities are referred to as
628 taxonomic effects. Each of these effects tends to increase the biological C storage. Below, the
629 VSMSs' effects are compared to the *Control*, whether PI or LGM, unless explicitly stated
630 otherwise.

631 **4.3.1. Variable P:N Physiological Changes**

632 Due to the plasticity of the P cellular quota in *VarP:N*, P_O inhabiting PO_4 depleted
633 regions are more enriched with N, and thus C, compared to P (Figure 2). Conversely, in PO_4
634 replete regions, they are less enriched. The global weighted average C:P of P_O , following
635 equation 3, in PI *VarP:N* increased to 141:1 from the *Control*'s 112:1 (Table 1, Figures 7 - 8).
636 This slightly underestimates the global observed mean of 146:1, but it may be due to the model
637 capturing high-latitude eutrophic regions where observations are absent (Martiny et al., 2013).
638 The new C:Ps indicate the larger influence of oligotrophic regions in the global average, which
639 supports a net 7% C export increase. P export, conversely, decreases slightly by 3%. The more
640 oligotrophic LGM exacerbates the N enrichment increasing P_O ratios to 155:1. The depression of
641 P_{Diat} prevalence caused by *VarSi:N* makes more P available and reduces the ratios by 8 and 4
642 units in the PI and LGM, respectively, but the net C export remained unchanged as P_O grew in
643 their place. Model tuning had a similar effect in the PI and LGM climates where increased
644 retention of N and P in the surface ocean drove slightly reduced C:Ps of 134:1 and 149:1,
645 respectively (Table 1). However, the tuning also supported more total NPP and so the PI and
646 LGM C export increased by an additional 2% and 9 %, respectively, from *VarP:N* (Table 3).



647

648 **Figure 10.** Stoichiometric ratio comparison. Top panels: Difference of P_O N:P under VarP:N as
 649 compared to the fixed (Control) ratio (16:1) for the PI (left) and LGM (right) simulations. The
 650 light grey colors are erroneous values caused by near-zero P_O concentrations. Bottom panels:
 651 Variable P_{Diat} Si:N in the surface ocean (0-120 m) differenced by the fixed Si:N. Light colors

652 also indicate Fe replete waters nearby the Fe source regions. The dustier LGM climate state is
 653 also reflected, bottom right, with more Fe intrusion into the interior basins and the enhanced Fe
 654 fertilization occurring in the SO south of 35°S.

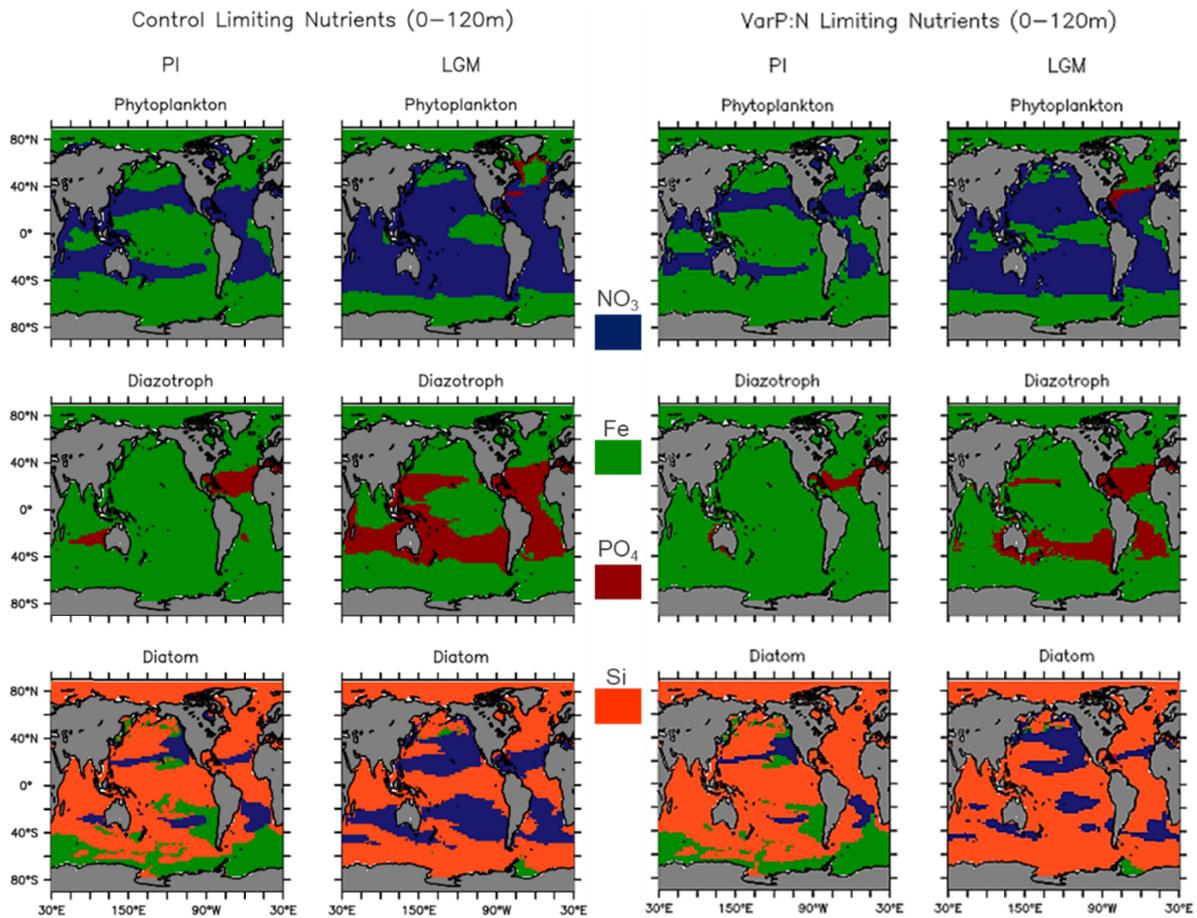
655 P_O N:P in *VarP:N* displays more positive values in the oligotrophic regions and more
 656 negative values in eutrophic regions (Figure 10). Via the fixed C:N = 7 relation, the higher N:P
 657 regions indicate areas of more efficient carbon fixation, which is communicated to the deep
 658 ocean through EP. Zonally averaging these ratios provides a simpler comparison of each
 659 experiment. The weighted average N:P of P_O , following equation 3, in the PI surface oligotrophic
 660 subtropical gyres display a value of ~ 23-21:1 (C:P = ~ 161-147:1). In the SO eutrophic waters,
 661 N:P values fall far below the fixed N:P, as low as 7:1 adjacent to Antarctica (Figure 9).

662 Most of the PI zonal pattern is carried into the LGM, although south of 20°N the
 663 magnitudes increase by 1-6 units in the LGM. The bimodal-like shape is also depressed in LGM
 664 *VarP:N* as compared to the PI (Figure 9). The eutrophic upwelling region in the Eastern tropical
 665 Pacific is the main cause of the bimodal feature in the PI, driving N:P ratios down. With weaker
 666 ocean overturning in the LGM, less PO_4 is upwelled in the eastern tropical Pacific resulting in
 667 higher N:P than the PI. In a small region near the most intense LGM upwelling, *VarP:N* ratios
 668 still fall below the fixed N:P (Figure 10) but this feature is counterbalanced by higher N:P in the
 669 western Pacific and the eastern Atlantic boundary at approximately the same latitudes. The
 670 weaker upwelling has the effect of expanding the oligotrophy in the LGM Pacific, thereby
 671 expanding the efficiency of the C pump there (i.e., higher C:P), particularly with the subtropical
 672 gyres (Figures 9, S15, and S16). The bimodal-like N:P pattern is slightly returned in the *VarSi:N*
 673 and *Tuned* experiments. In these runs, slightly more nutritious waters are upwelled in the eastern
 674 Pacific driving lower N:P in this latitudinal band (Figure 9).

675 **4.3.2. Variable P:N Taxonomic Shifts**

676 Because P_O are almost never P limited, their new P frugality does little to increase their
 677 NPP. Their growth is predominantly limited by NO_3 and Fe (Figure 11). P_{Diaz} , however, are
 678 generally P limited after Fe and never NO_3 limited. In *VarP:N*, the excess P left behind by P_O
 679 fertilizes P_{Diaz} , whose NPP increases by 61% in the PI and 115% in the LGM, consistent with
 680 prior research (Table 3) (C. Moore et al., 2013). Notably, the models overestimates prior global

681 C NPP estimations by $\sim 24 - 14 \text{ Pg year}^{-1}$ (Field et al., 1998). The P_o abundance is much larger
 682 than P_{Diaz} , which also has a low P requirement (N:P = 40:1) (Figure 5 and S13). Thus, the P
 683 transfer to P_{Diaz} is relatively substantial. In turn, P_{Diaz} fix more N_2 , if not Fe limited, and over the
 684 timescales of biological cycling fertilize the N-limited P_o (Figure 11) (Buchanan et al., 2019a;
 685 Capone et al., 2005; Mills & Arrigo, 2010; Wu et al., 2000). P competition between the two still
 686 exists, it is simply reduced here, and they still compete for Fe (Somes et al., 2010). The improved
 687 P_o - P_{Diaz} cohabitation then supports a larger biomass and biological C pump (Table 1 and S2).

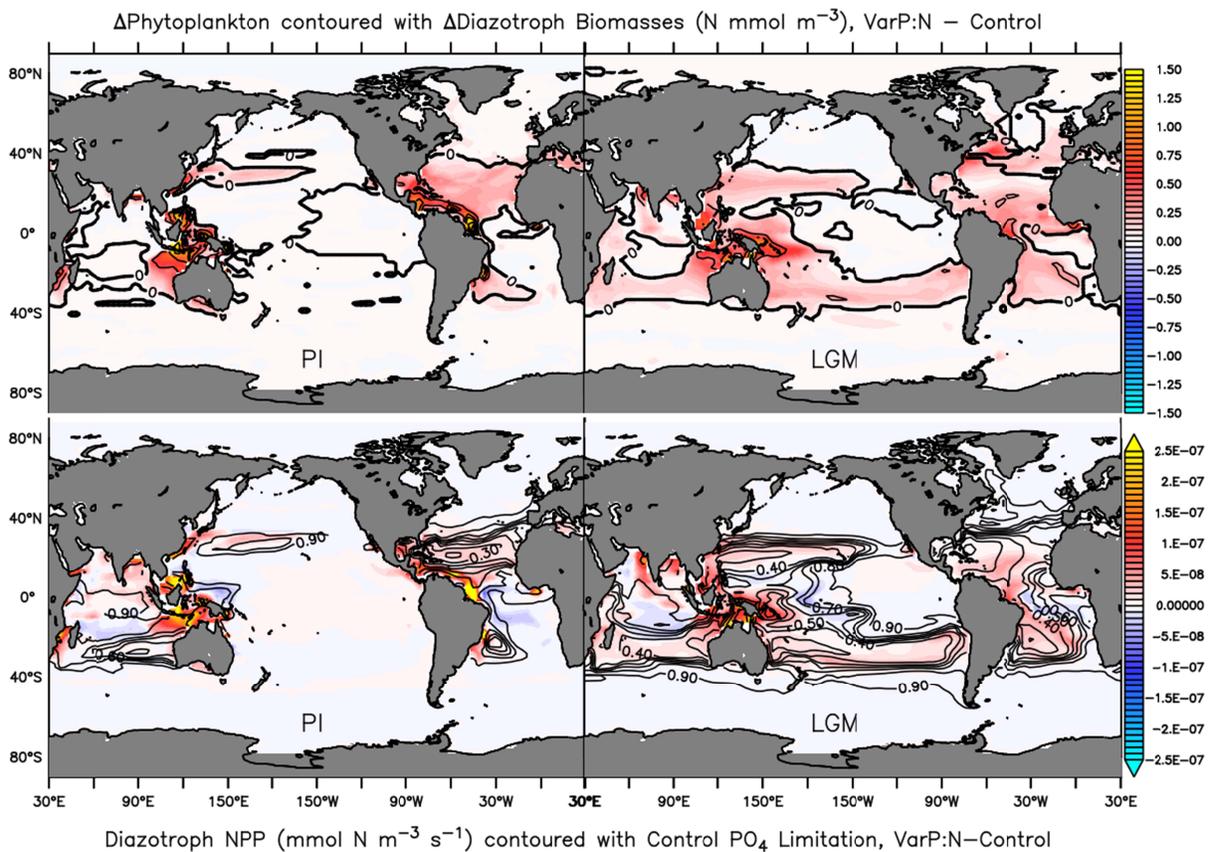


688

689 **Figure 11.** Primary limiting nutrients for each PFT in the surface ocean (0 – 120m). The P_{Diaz} P
 690 limitation decreases due to VarP:N while the N limitation decreases for P_o and P_{Diat} . The dustier
 691 LGM decreases the Fe limitation for all between the PI and LGM simulations.

692 Spatially P_{Diaz} NPP/biomass increases correlate well with P_o N NPP/biomass increases
 693 which are in the Indonesian archipelago and the tropical/midlatitude western Atlantic (Figure

694 12). The cohabitation is also visualized with collocated increases in NO_3 and DON (Figures S1
 695 and S4). Finally, the increases in P_{Diaz} NPP, in VarP:N , correlate very well with their P limitation
 696 from the *Control* (Figure 12) indicating that their P limitation is relieved with VarP:N . The
 697 exception to this is in the North Atlantic at $\sim 20^\circ\text{N}$ (J. Moore et al., 2004). Here, the P_{Diaz} are still
 698 strongly limited by P even after VarP:N , consistent with observations (Figure 11) (Wu et al.,
 699 2000). In the increased $P_{\text{O}}\text{-}P_{\text{Diaz}}$ cohabitation regions, there is a mixture of P_{Diat} NPP changes, but
 700 these are exceedingly smaller than the increases seen in P_{O} and P_{Diaz} (Figure 12, S9, and S11).
 701 P_{Diat} population size is similar to P_{O} so the increases in P_{O} and P_{Diaz} productivity are not likely
 702 driven by P_{Diat} population decreases. The reduced P competition between the two PFT is then the
 703 most likely driver of the simultaneous growth increases. Additionally, the P_{Diat} N limitation is
 704 slightly reduced in $P_{\text{O}}\text{-}P_{\text{Diaz}}$ improved cohabitation areas (Figure 11). While the N limitation is
 705 replaced with a Si limitation, mitigating P_{Diat} growth, the relief still evidences increased P_{Diaz} N-
 706 fixation induced by more P availability.



708 **Figure 12.** Biomass and growth changes in the surface ocean (0 – 120 m). The left column is PI
 709 simulations, and the right is LGM. Top row: The change in P_O biomass between VarP:N and the
 710 Control in the surface ocean. Contours of P_{Diaz} biomass changes are overlaid on the same scale,
 711 where solid lines indicate positive values. Bottom row: Change in P_{Diaz} NPP between VarP:N
 712 and the Control. Contoured lines are P_{Diaz} PO_4 limitation (from 0, meaning complete nutrient
 713 limitation, to 1, meaning no nutrient limitation) from the Control. Thus, increases in P_{Diaz} NPP
 714 occurring in areas that were previously PO_4 limited indicate where the VarP:N model relieved
 715 the PO_4 limitation.

716 Of course, P_O and P_{Diaz} cohabitate in other regions but the nutrient collaboration may not
 717 occur because either the P_{Diaz} are not sufficiently P limited or there is too strong of a Fe
 718 limitation for either PFT. E.g., several areas of changing P_O P NPP do not coincide with changes
 719 in N NPP, namely the tropical eastern Pacific cold tongue and the Indian Ocean, (Figure S9). In
 720 these areas, the P NPP changes in response to equation 1, however, the N NPP remains nearly
 721 unchanged because P_O and P_{Diaz} are predominantly limited by Fe (Figures 10 and 11) (Wu et al.,
 722 2000). P_O consume Fe faster than the P_{Diaz} , which grow slower, leaving them Fe limited and
 723 suppressing the usual cohabitation (Großkopf and LaRoche, 2012; Meyer et al., 2016; Tyrrell,
 724 1999; Ward et al., 2013). Similar behavior continues in the *VarSi:N* and *Tuned* experiments.

725 The LGM *VarP:N* also incited regions of improved cohabitation, increasing NPP totals
 726 (Table 3). In the more oligotrophic LGM ocean, lower PO_4 concentrations initially made P_{Diaz}
 727 more P limited than in the PI *Control* but the frugal P_O P consumption in *VarP:N* still
 728 substantially relieved the limitation (Figure 11). The response is also aided by the increased
 729 LGM Fe fertilization (Buchanan et al., 2019a). The spatial extent of the LGM cohabitation
 730 exceeds that seen in the PI ocean but is generally bound to regions where P_{Diaz} are not Fe limited
 731 (Figures 11 and 12). Compared to the PI, LGM P_O and P_{Diaz} NPP increases extend far into the
 732 Pacific subtropical gyres and dominate most of the Atlantic (Figure 12).

733 The *VarP:N* model, then, prevents the N NPP reductions seen in the *Control* simulation
 734 between the LGM and PI climate states. The higher LGM Fe dust fluxes relieve P_{Diaz} Fe
 735 limitation (Figure 11), increasing N-fixation to nearly PI values (Table 4) (Buchanan et al.,
 736 2019a). N NPP is then reduced (LGM to PI) by only 32-33% for the VSMS, compared to the

737 *Control*'s 38% reduction. The LGM-PI P NPP reduction was approximately equal across all
 738 experiments, indicating more C-laden organic material.

739 **Table 4.** Global N and P inventories and fluxes.

PI:	Surface NO ₃ (×10 ⁴ Tg)	Total NO ₃ (×10 ⁶ Tg)	Surface PO ₄ (×10 ⁴ Tg)	N-fixation (Tg yr ⁻¹)	Water column denitrification (Tg yr ⁻¹)	Benthic denitrification (Tg yr ⁻¹)
Control	1.6	2.7	0.2	256.6	149.9	102.8
VarP:N	2.0	3.1	0.2	414.7	279.3	129.4
VarSi:N	2.2	3.2	0.2	412.7	275.2	130.7
Tuned	2.1	2.8	0.2	320.7	195.9	121.5
LGM:						
Control	0.9	2.6	0.1	145.9	92.6	66.5
VarP:N	1.1	2.6	0.1	313.6	267.6	86.8
VarSi:N	1.2	2.7	0.1	318.2	271.9	89.6
Tuned	1.3	2.9	0.1	224.3	155.4	86.3

740 The accelerated DON remineralization in the *Tuned* model, which causes higher net P_O P
 741 consumption, tempers the improved P_O-P_{Diaz} cohabitation but it is mainly at the expense of P_{Diaz}
 742 whose original growth is reduced by ~36 and 61% in the PI and LGM, respectively (Table 3).
 743 The surface *Tuned* DOP inventory is smaller with little change to the PO₄ inventory, leading to a
 744 P_{Diaz} NPP reduction from an increased P limitation and returning it to near *Control* values (Table
 745 4 and Figure S8). Conversely, P_O N and P NPP increases between 33 and 36% in both *Tuned*
 746 climate states.

747 4.3.3. Variable P:N N Cycle Changes

748 The improved P_O-P_{Diaz} cohabitation strongly impacted the global N cycle. Increased P_{Diaz}
 749 in *VarP:N* accelerates PI N-fixation by 62% which increased total N NPP and primary producer
 750 biomass by 13% and 16%, respectively (Table 4, S2, and S3). The resulting increase in export
 751 and remineralization of organic matter causes more deoxygenation and increased water column
 752 denitrification by 86%, mainly in the Pacific and Indian Oceans (Table 4 and Figure S22).
 753 Smaller increases (26%) occurred in benthic denitrification. While these lead to only a 15%
 754 increase in the global NO₃ inventory, the NO₃ of the euphotic zone increased by 25%, thus
 755 providing N limitation relief. P_{Diat}'s Si limitation largely limits their response to the excess N and
 756 so mainly P_O N NPP increases by 20% globally, with little change in their P NPP (Table 3). This
 757 cohabitation-induced N-fixation thus supports more P_O with flexible stoichiometry and enhances
 758 C EP.

759 The increased P_{Diaz} activity induced by *VarP:N* altered the LGM NO_3 budget even more
 760 than the PI. Globally, N-fixation increased by $\sim 115\%$ compared to the *Control* (Table 4). The
 761 resulting NPP and EP increase caused further depletion of oxygen at depth where organic
 762 material is respired (Figure S7). The lower O_2 levels are particularly important in the North
 763 Pacific, where they crossed the denitrification threshold. *VarP:N*, consequently, causes an
 764 increase in denitrification in the LGM (Figure S25) which counteracts the N-fixation increase
 765 (Somes et al., 2010). Water column denitrification increased by 189% from the LGM *Control*,
 766 much more than in the PI (Table 4 and Figure S22). Benthic denitrification showed a similar
 767 increase as the PI of 30%. Even with the widespread expansion of P_{Diaz} and their N-fixation, the
 768 global LGM *VarP:N* inventory slightly decreased by $\sim 0.7\%$ from the LGM *Control*. In the
 769 euphotic zone, however, the NO_3 inventory increased by 27%, slightly higher than the PI
 770 changes.

771 The *Tuned* model reduced N-fixation and denitrification from the *VarP:N* by the
 772 accelerated remineralization of DON, which fertilizes the P_{O} further than P_{Diaz} -sourced N alone.
 773 The increased P_{O} growth in *Tuned* reduces PO_4 availability for P_{Diaz} , whose NPP and N-fixation
 774 drop by 22% in the PI. However, the *Tuned* simulation still has 25, 31, and 18% larger N
 775 fixation, water column, and benthic denitrification, respectively, compared to the *Control*
 776 simulation (Table 4). Thus, the global and surface ocean NO_3 inventories are larger than the
 777 *Control* and similar to *VarP:N*. This pattern continues into the LGM but the above numbers are
 778 roughly doubled. The *Tuned* LGM NO_3 budget is then slightly larger (12%) than in LGM
 779 *VarP:N*, while in the PI it was slightly smaller. The *Tuned* model slightly reduces the total
 780 primary producer biomass but it increases the prevalence of flexible stoichiometry P_{O} , which
 781 ultimately yields more C EP. While NPP generally decreased during the LGM relative to the PI
 782 (Table 3), variable N:P allows phytoplankton communities to better adapt to the oligotrophic
 783 LGM conditions.

784 **4.3.4. Variable Si:N**

785 In *VarSi:N*, P_{Diat} are enriched in Si relative to N in Fe-limited areas and depleted in Si in
 786 high-Fe areas, per equation 2. This relation is especially important in the largely Fe-limited PI
 787 ocean, Figure 10. *VarSi:N* increases P_{Diat} Si limitation and decreases their global NPP and
 788 biomass by about 39% (Table 3, S2, and Figure 11 versus S8). In the LGM, *VarSi:N* causes a

789 36% reduction despite the increased LGM dust fertilization supplying additional Fe to the
 790 surface ocean and lessening the P_{Diat} Si requirement (Conway et al., 2015; Lambert et al., 2015;
 791 Muglia et al., 2017, 2018). Note, even at the highest Fe concentrations, *VarSi:N* dictates a higher
 792 Si:N than the fixed Si:N scheme (Figures 2 and 12).

793 With P_{Diat} as a smaller component of the global plankton community, P_{O} grow in their
 794 place. The P_{O} thus see an increase of ~12% in relative abundance, and a 23% (26%) increase in
 795 N (P) NPP, whereas P_{Diaz} changes are small (Table 3 and Table S2). LGM *VarSi:N* leads to a
 796 similar 21% (25%) increase in P_{O} N (P) NPP. The increased PO_4 availability from the reduced
 797 P_{Diat} presence decreases the P_{O} C:P by 8 in the PI and 4 in the LGM, but this has a small effect
 798 on the C EP in either climate state (Table 1 and S2). The C:P of EP changes little in the PI, but in
 799 the LGM it increases by 7 due to *VarSi:N*. This occurs, counter to the C:P of P_{O} , because less
 800 P_{Diat} , which have C:P of 112:1, exist to be exported. Instead, more P_{O} with flexible C:P are
 801 exported and their ratios are generally higher than 112:1. The primary advantage of the variable
 802 Si:N scheme is in constraining the Si and P_{Diat} simulations, but does not have as large of a C
 803 cycle influence as *VarP:N*.

804 Fe-replete waters are generally along the continental margins and P_{Diat} Si:N values are
 805 low and approach the fixed Si:N prescribed in the *Control* and *VarP:N* simulations (Figure 10).
 806 However, most of the PI ocean is Fe limited, driving high Si:N values and causing enhanced Si
 807 consumption of the already limited Si (Figures 11 and S8). Thus, P_{Diat} growth is inhibited, and
 808 only P_{O} grow in their place since P_{Diaz} is slower growing than P_{O} (Table S2, Figures S11 and
 809 S13). The trade-off between P_{Diat} and P_{O} is clearly seen in zonal plots of each PFTs relative
 810 abundance in the plankton community. I.e., where P_{Diat} prevalence decreases, P_{O} increase. These
 811 are also areas of PO_4 concentrations below 1 mmol m^{-3} , indicating that *VarSi:N* has a larger
 812 influence on communities in oligotrophic regions (Figures 4 and 5). The more available nutrients
 813 induced by *VarSi:N* are not reflected in the nutrient plots due to immediate P_{O} consumption but
 814 they cause a decrease in the P_{O} C:N:P ratios between 20° and 40°S in the PI and LGM oceans.
 815 This is the northernmost extent of the surface Si gradient in the *Control*, which, after *VarSi:N*, is
 816 moved south.

817 With the exception of the higher southern latitudes, $P_{\text{Diat}} \text{ Si:N}$ values are mostly
818 unchanged between the PI and LGM. South of 35°S , enhanced dust Fe fluxes decrease Si:N
819 values to a minimum, which should allow more P_{Diat} NPP than is seen in the PI (Figure S11)
820 (Conway et al., 2015; Muglia et al., 2018). However, the reduced surface Si in the LGM (Table
821 S5), paired with more extensive sea ice, which encroaches into the primary P_{Diat} habitat (Figure
822 S13, PI versus LGM for the green P_{Diat} curve), reduces SO P_{Diat} and negates the effects of a
823 reduced LGM Si requirement caused by higher Fe fluxes. Thus, in the PI P_{Diat} NPP remains
824 largely unaffected by VarSi:N in the SO but in the LGM it decreases.

825 VarSi:N and *Tuned* support the Silicic Acid Leakage Hypothesis (SALH) where during
826 the LGM excess Si escapes the SO via surface waters, subducts into mode waters, and resurfaces
827 in the equatorial East Pacific (Brzezinski et al., 2002; Holzer et al., 2019; Matsumoto et al.,
828 2002, 2014). Figure S18 (A and B) accordingly, show VarSi:N 's transport of this relatively
829 increased Si, compared to VarP:N . The SALH postulates that, in response, more siliceous
830 phytoplankton grow in the Pacific, displacing other PFT (Figure S18, D). Decreases in the
831 $\text{CaCO}_3\text{:POC}$ export denote the taxonomic shift there from calcifiers (included in P_{O}) to P_{Diat}
832 (Figure S18, C) (Holzer et al., 2019; Matsumoto et al., 2014). Globally, VarSi:N shows relatively
833 lower P_{O} biomass in the LGM and relatively more P_{Diat} biomass. Thus, the leakage presumably
834 enhances ocean C uptake and storage by limiting CaCO_3 production which increases alkalinity.
835 Our results support this but find that the SALH has a smaller global effect on the LGM ocean C
836 storage than our variable N:P model. $p\text{CO}_2$ further reduces by only 1 ppm relative to VarP:N 's
837 13 ppm reduction and TOC increases by 7 Pg compared to VarP:N 's 78 Pg relative increase
838 (Table 2). VarSi:N 's global C export change, 0.3 Pg year^{-1} , is larger though compared to
839 VarP:N 's zero change (Table 1).

840 Matsumoto et al. (2014) presented three possible mechanisms to induce the Si leak. They
841 are enhanced SO Fe fertilization decreasing Si:N, more expansive sea ice that limits P_{Diat} growth,
842 and weaker SO overturning that removes SO trapping. Our model includes the enhanced Fe flux
843 and the increased sea ice in the LGM. The SO westerly wind stress is effectively unchanged
844 from the PI, however, confirming their conclusion that it may not be a required trigger
845 (Matsumoto et al., 2014). A detailed investigation of the SALH is beyond this research and we
846 do not investigate the sensitivities or causes therein.

847 **5. Discussion**

848 The ubiquitous fixed phytoplankton stoichiometry assumption has been shown to limit
849 model performance, predominantly through the spatial smoothing of the biological C pump
850 (Matsumoto et al., 2020; Ödalen et al., 2020). The results presented here, among other studies,
851 suggest that the implementation of variable stoichiometry can not only affect the simulations of
852 the biological pump but also the structure of phytoplankton communities through taxonomic
853 shifts and changes in nutrient limitations. Thus, the inclusion of variable stoichiometry in global
854 climate models can enhance ocean C storage through larger DIC and DOC inventories causing a
855 further 13 – 14 ppm drawdown of $p\text{CO}_2$ between the LGM and PI climate states. Per our results,
856 we stress the importance of the DOC inventory response to variable stoichiometry, which has
857 been overlooked previously. While the DOC inventory is much smaller than the DIC, it responds
858 by a similar magnitude as DIC to the GM15 model. In the following section, we compare our
859 results to prior research and find that they are consistent, suggesting that our quantifications of C
860 inventories, fluxes, and changes are reasonable.

861 From the PI climate state to the LGM, Matsumoto et al.'s (2020) $p\text{CO}_2$ reduced by 34
862 ppm under fixed C:N:P whereas our results show a 69 ppm reduction that is closely matched by
863 Ödalen et al.'s (2020) 64 ppm reduction. These $p\text{CO}_2$ reductions strongly depend on the
864 configuration of forcing conditions implemented in a given model for LGM simulations (as
865 suggested in section S4). However, the effects of variable stoichiometry on $p\text{CO}_2$ are similar
866 across these studies. Matsumoto et al.'s (2020) GM15 framework was responsible for an
867 additional 11 ppm drawdown and their power law model a 20 ppm drawdown. Ödalen et al.'s
868 GM15 scheme was responsible for a slightly higher reduction of 16 ppm while our schemes vary
869 between 13 and 14 ppm.

870 The differences in $p\text{CO}_2$ response may partly stem from different biogeochemical
871 simulation methods. For example, MOBI normally, though unrealistically, instantaneously
872 disassociates the P_{Diat} 's soft tissue from their silica frustules and routes it to the detritus
873 inventory, which has a slower sinking velocity (~3 times) than the simulated biogenic silica
874 (Zúñiga et al., 2021). The accelerated sinking of P_{Diat} POM, via silica ballasting, could add ~3.7
875 to 1.3 Pg C year⁻¹ to the deep ocean inventory (section S3.1 and Table S5), and presumably cause

876 a further 3-6 ppm $p\text{CO}_2$ reduction, putting our model roughly between the power law and GM15
877 quantifications (Matsumoto et al., 2020; Ödalen et al., 2020, respectively).

878 **5.1. Carbon Export and Ocean Storage**

879 At the PI steady state, the VSMs have higher export C:N:P (Figure 7 and Table 1) than
880 Ödalen et al.'s (2020) C:P of 121:1, who uses GM15 in the model cGENIE. Tanioka &
881 Matsumoto (2017), using a stoichiometric power law for C:P in the MESMO2 model, found a
882 notably lower PI ratio of 103:15:1. In subsequent studies, these authors substantially revised the
883 power law scheme and also tested the GM15 relation in MESMO2 (Matsumoto et al., 2020;
884 Tanioka & Matsumoto, 2020). The new power law produced 113:16:1 and the GM15 scheme
885 107:16:1.

886 While Matsumoto et al. (2020) suggest that low export C:N:P in their findings, is driven
887 by the lack of preferential nutrient remineralization, the cGENIE model also carries this
888 simplification but better matches our model, which does include it. Although, the cGENIE and
889 MOBI similarity could be induced by cGENIE only having one PFT, and thus a more expansive
890 application of GM15's variable C:P, which may overcome the lack of preferential nutrient
891 remineralization. Another possibility for the C:P difference between these studies is likely a
892 symptom of GM15 implementation methods, in which Matsumoto et al. (2020) applied it to all
893 PFTs, thus inciting nutrient frugality everywhere, creating an excess of PO_4 , and lowering ratios.
894 Finally, the performance of stoichiometric schemes could be sensitive to the differences in
895 simulated biogeochemical processes and inventories between the models. For example, we have
896 shown that the increased $\text{P}_\text{O}-\text{P}_\text{Diaz}$ cohabitation partly explains the increases in ocean C
897 sequestration in VarP:N . However, this process is partly controlled by Fe availability. Thus,
898 when a different LGM sub-grid bathymetry mask adjusts sedimentary Fe fluxes and reduces both
899 the global and euphotic zone Fe inventories, the implications of our VSMs are not as profound
900 (section S4 and Table S6). The biogeochemistry in MESMO2 and cGENIE could be different
901 from MOBI's and so cause the differences in the variable stoichiometry effects. Further testing is
902 needed to discover the sensitivities of any given stoichiometry model to variations in simulated
903 biogeochemical processes and inventories.

904 The LGM climate state, with oligotrophic surface waters, increases the stoichiometric
905 ratios across these studies. *VarP:N* EP C:P increases by 11 C units in the LGM, which is smaller
906 than expected, per equation 1, based on the PO₄ change but is caused by the increased prevalence
907 of fixed stoichiometry PFTs (Figures 5, 7 and Table 1). Matsumoto et al.'s (2020) LGM GM15
908 C:P is substantially lower than ours at 120:1 but their C:P ratios increase by approximately the
909 same magnitude between the PI and LGM as our simulations. Conversely, their power law model
910 induces a 27-unit C:P increase, bringing it to about the same ratio as *VarP:N*. Ödalen et al.'s
911 (2020) LGM GM15 experiment sees a similar increase to *VarP:N* at 13 units. The *VarSi:N* and
912 *Tuned* experiments show increases of 15 and 18 C units, respectively.

913 The EP C:P change consequently alters the POC and POP export. The power law model
914 causes a smaller impact on C export (Matsumoto et al., 2020; Tanioka & Matsumoto, 2017,
915 2020). They found a 0.04 Pg C year⁻¹ increase in the PI while our *VarP:N* shows a 0.59 Pg C
916 year⁻¹ increase (Table 1) (Tanioka & Matsumoto, 2017). Subsequently, Matsumoto et al.'s (2020)
917 PI C export shows a 0.4 Pg C year⁻¹ power law increase and 0.1 Pg C year⁻¹ decrease under
918 GM15. The 2020 power law revision brings the two models into much better agreement with
919 respect to absolute numbers, but their usage of GM15 produces a carbon export change, relative
920 to the fixed-ratio simulations, that is of opposite sign to our results. All our simulations are
921 consistent with observation-derived estimations though the range is broad (Boyd & Trull, 2007).
922 Buchanan et al., (2019b) briefly report an increase of 0.4 Pg yr⁻¹ in PI C EP due to GM15 in the
923 CSIRO model.

924 From the PI to LGM, the *Control* POC and POP reduce by the same 19% (Table 1).
925 However, in *VarP:N*, the POP export reduced by 26% while the POC export only reduced by
926 17.6%. Thus, sinking organic particles are more carbon-laden and the biological C pump is more
927 efficient under *VarP:N* than the *Control*. Our remaining experiments, *VarSi:N* and *Tuned*, do not
928 substantially alter these results. Ödalen et al.'s (2020) GM15 scheme reports a similar LGM POC
929 export decrease, relative to the PI, of 5% less than their fixed stoichiometry simulation and 2%
930 larger of a POP decrease. Matsumoto et al.'s (2020) GM15 showed the same POC export
931 reduction but with a 5% larger POP reduction. Alternatively, under the power law, the POP
932 reduced by a further 6%, compared to a fixed ratio simulation, and the POC export reduction was
933 12% less. Thus, the biological pump responds similarly across three different climate models if

934 the GM15 scheme is implemented contrary to the notably different C:Ps. Matsumoto et al.'s
935 (2020) annual C export decreases (LGM - PI) between 0.5 (power law), 1.1 (GM15), and 1.6 Pg
936 C yr⁻¹ (fixed), compared to 1.4 Pg C yr⁻¹ in our *Tuned* model and 1.7 Pg C yr⁻¹ in our *Control*
937 experiment. Their GM15 LGM C EP quantification is very similar to our results, yet their power
938 law model changes little and is closer to our PI C EP (Table 1). Ödalen et al. (2020) did not
939 report any C export quantifications.

940 With the similarities of our findings to other studies which use unique ocean
941 biogeochemical and climate models, the quantifications of the biological carbon pump and the
942 effects of including realistic variable stoichiometry presented here are reasonable and likely good
943 approximations in the LGM climate. While our model carries some limitations and
944 approximations, we have exemplified how the configuration of a model's biogeochemistry may
945 influence these quantifications of the biological C pump and the effects variable stoichiometric
946 schemes may have on it. Further research on the sensitivities of variable stoichiometry schemes
947 to various biogeochemical processes is needed.

948 **6. Conclusions**

949 Variable stoichiometry schemes allow simulated primary producers to adapt to a variety
950 of nutrient environments consistent with observations. The variable N:P scheme implemented in
951 our ocean biogeochemistry model allowed P_O to exhibit P flexibility as the ambient PO₄
952 concentration varies. The P flexibility has two important consequences. First, the P_O P limitation
953 is reduced, allowing them to grow more in low-PO₄ environments, fix more C there, and become
954 relatively more C-laden. Second, the P_O PO₄ frugality stokes an ecological response via
955 increased PO₄ availability for P_{Diaz}, leading to an improved cohabitation between P_O and P_{Diaz},
956 more net N and C fixation, and higher net C EP. The first consequence describes how N:P
957 flexibility enhances the biological C pump's efficiency (i.e., more C export per P), and the
958 second, how it can strengthen of the biological C pump by supporting a larger primary producer
959 biomass. While the variable Si:N scheme did not show the same strong influence over the C
960 pump, it does showcase how realistic modeling of nutrient quota ratios may improve
961 representations of biogeochemical cycles.

962 The LGM experiments suggest that the new nutrient flexibility allows the formation of
963 diverse phytoplankton communities, more responsive and interactive ocean biogeochemical
964 cycles, and increased ocean carbon storage with lower $p\text{CO}_2$. Our results, in addition to other
965 studies, then suggest that the robustness of model performance in various climate states may
966 depend, at least in part, on capturing the variability of ocean primary producers and their
967 community structures. We find that capturing these attributes leads to 78 – 90 Pg more ocean
968 carbon storage, realized through both the DIC and DOC inventories, in the LGM ocean as
969 compared to fixed stoichiometry. We identify the DOC response as a significant but previously
970 overlooked C storage mechanism in this context. Increased ocean C storage, thus, causes $p\text{CO}_2$
971 to be 13 – 14 ppm lower in the VSMs. Variable stoichiometry may then explain a notable portion
972 of the $p\text{CO}_2$ difference between the PI and LGM climates while unveiling important mechanisms
973 within primary producer communities and biogeochemical cycles that partly define the ocean
974 carbon cycle.

975 **Acknowledgments**

976 This work was supported by the National Science Foundation (grant #1924215). Model data
977 processing, analysis, imaging, and computational actions were performed using NOAA's Pacific
978 Marine Environmental Laboratory products Ferret and PyFerret software
979 (<http://ferret.pmel.noaa.gov/Ferret/>). Microsoft PowerPoint was also used in some imaging
980 (Microsoft Corporation, 2018). Nate Fillman is appreciative of Burke Hales, Samar Khatiwala,
981 and Alan Mix for their helpful comments and discussions throughout this work.

982 **Open Research**

983 Model code is publicly accessible at <https://github.com/fillmann/variable-stoichiometry>. Model
984 output, initialization and forcing data, simulation control, and restart files are publicly available
985 at <https://doi.org/10.5281/zenodo.8161356>.

986 **References**

- 987 Aumont, O., Maier-Reimer, E., Blain, S., & Monfray, P. (2003). An ecosystem model of the
988 global ocean including Fe, Si, P colimitations: An ecosystem model of the world ocean.
989 *Global Biogeochemical Cycles*, 17(2). <https://doi.org/10.1029/2001GB001745>
990 Barnola, J. M., Raynaud, D., Korotkevicht, Y. S., & Lorius, C. (1987). Vostok ice core provides
991 160,000-year record of atmospheric CO_2 . *Nature*, 329(6138), 408–408.

- 992 Bauska, T. K., Joos, F., Mix, A. C., Roth, R., Ahn, J., & Brook, E. J. (2015). Links between
993 atmospheric carbon dioxide, the land carbon reservoir and climate over the past
994 millennium. *Nature Geoscience*, 8(5), 383–387. <https://doi.org/10.1038/ngeo2422>
- 995 Bereiter, B., Eggleston, S., Schmitt, J., Nehrbass-Ahles, C., Stocker, T. F., Fischer, H., et al.
996 (2015). Revision of the EPICA Dome C CO₂ record from 800 to 600 kyr before present:
997 Analytical bias in the EDC CO₂ record. *Geophysical Research Letters*, 42(2), 542–549.
998 <https://doi.org/10.1002/2014GL061957>
- 999 Bisson, K., Siegel, D. A., & DeVries, T. (2020). Diagnosing Mechanisms of Ocean Carbon
1000 Export in a Satellite-Based Food Web Model. *Frontiers in Marine Science*, 7, 505.
1001 <https://doi.org/10.3389/fmars.2020.00505>
- 1002 Bouttes, N., Paillard, D., Roche, D. M., Brovkin, V., & Bopp, L. (2011). Last Glacial Maximum
1003 CO₂ and $\delta^{13}\text{C}$ successfully reconciled. *Geophysical Research Letters*, 38.
1004 <https://doi.org/10.1029/2010GL044499>
- 1005 Boyd, P. W., & Trull, T. W. (2007). Understanding the export of biogenic particles in oceanic
1006 waters: Is there consensus? *Progress in Oceanography*, 72(4), 276–312.
1007 <https://doi.org/10.1016/j.pocean.2006.10.007>
- 1008 Brovkin, V., Ganopolski, A., Archer, D., & Rahmstorf, S. (2007). Lowering of glacial
1009 atmospheric CO₂ in response to changes in oceanic circulation and marine
1010 biogeochemistry. *Paleoceanography*, 22(4). <https://doi.org/10.1029/2006PA001380>
- 1011 Brzezinski, M.A., Pride, C. J., Franck, V. M., Sigman, D. M., Sarmiento, J. L., Matsumoto, K., et
1012 al. (2002). A switch from Si(OH)₄ to NO₃⁻ depletion in the glacial Southern Ocean.
1013 *Geophysical Research Letters*, 29(12), 5–1–5–4. <https://doi.org/10.1029/2001GL014349>
- 1014 Buchanan, P. J., Chase, Z., Matear, R. J., Phipps, S. J., & Bindoff, N. L. (2019a). Marine
1015 nitrogen fixers mediate a low latitude pathway for atmospheric CO₂ drawdown. *Nature*
1016 *Communications*, 10(1), 4611. <https://doi.org/10.1038/s41467-019-12549-z>
- 1017 Buchanan, P. J., Matear, R. J., Chase, Z., Phipps, S. J., & Bindoff, N. L. (2019b). Ocean carbon
1018 and nitrogen isotopes in CSIRO Mk3L-COAL version 1.0: A tool for palaeoceanographic
1019 research. *Geoscientific Model Development*, 12(4), 1491–1523.
1020 <https://doi.org/10.5194/gmd-12-1491-2019>
- 1021 Buchanan, P. J., Matear, R. J., Lenton, A., Phipps, S. J., Chase, Z., & Etheridge, D. M. (2016).
1022 The simulated climate of the Last Glacial Maximum and insights into the global marine
1023 carbon cycle. *Climate of the Past*, 12(12), 2271–2295. <https://doi.org/10.5194/cp-12-2271-2016>
- 1025 Capone, D. G., Burns, J. A., Montoya, J. P., Subramaniam, A., Mahaffey, C., Gunderson, T., et
1026 al. (2005). Nitrogen fixation by *Trichodesmium* spp.: An important source of new
1027 nitrogen to the tropical and subtropical North Atlantic Ocean *Global Biogeochemical*
1028 *Cycles*, 19(2). <https://doi.org/10.1029/2004GB002331>
- 1029 Ciais, P., Tagliabue, A., Cuntz, M., Bopp, L., Scholze, M., Hoffmann, et al. (2012). Large inert
1030 carbon pool in the terrestrial biosphere during the Last Glacial Maximum. *Nature*
1031 *Geoscience*, 5(1), 74–79. <https://doi.org/10.1038/ngeo1324>
- 1032 Clark, L. L., Ingall, E. D., & Benner, R. (1998). Marine phosphorus is selectively remineralized.
1033 *Nature*, 393(6684), 426–426. <https://doi.org/10.1038/30881>
- 1034 Conway, T. M., Wolff, E. W., Röthlisberger, R., Mulvaney, R., & Elderfield, H. E. (2015).
1035 Constraints on soluble aerosol iron flux to the Southern Ocean at the Last Glacial
1036 Maximum. *Nature Communications*, 6(1), 7850. <https://doi.org/10.1038/ncomms8850>

- 1037 Cox, P.M. (2001). Description of the “TRIFFID” dynamic global vegetation model. Hadley
1038 Centre, Met Office, UK. https://jules.jchmr.org/sites/default/files/HCTN_24.pdf
- 1039 Du, J., Haley, B. A., & Mix, A. C. (2020). Evolution of the Global Overturning Circulation since
1040 the Last Glacial Maximum based on marine authigenic neodymium isotopes. *Quaternary*
1041 *Science Reviews*, 241, 106396. <https://doi.org/10.1016/j.quascirev.2020.106396>
- 1042 Egleston, E. S., Sabine, C. L., & Morel, F. M. M. (2010). Revelle revisited: Buffer factors that
1043 quantify the response of ocean chemistry to changes in DIC and alkalinity. *Global*
1044 *Biogeochemical Cycles*, 24(1). <https://doi.org/10.1029/2008GB003407>
- 1045 Falkowski, P. (2012). The power of plankton. *Nature*, 483(7387), S17-S20
- 1046 Field, C. B., Behrenfeld, M. J., Randerson, J. T., & Falkowski, P. (1998). Primary Production of
1047 the Biosphere: Integrating Terrestrial and Oceanic Components. *Science*, 281(5374),
1048 237–240. <https://doi.org/10.1126/science.281.5374.237>
- 1049 Flynn, K. J. (2010). Ecological modelling in a sea of variable stoichiometry: Dysfunctionality
1050 and the legacy of Redfield and Monod. *Progress in Oceanography*, 84(1–2), 52–65.
1051 <https://doi.org/10.1016/j.pocean.2009.09.006>
- 1052 Franck, V. M., Brzezinski, M. A., Coale, K. H., & Nelson, D. M. (2000). Iron and silicic acid
1053 concentrations regulate Si uptake north and south of the Polar Frontal Zone in the Pacific
1054 Sector of the Southern Ocean. *Deep-Sea Research II*, 47(15-16), 3315-3338.
1055 [https://doi.org/10.1016/S0967-0645\(00\)00070-9](https://doi.org/10.1016/S0967-0645(00)00070-9)
- 1056 Galbraith, E. D., Gnanadesikan, A., Dunne, J. P., & Hiscock, M. R. (2010). Regional impacts of
1057 iron-light colimitation in a global biogeochemical model. *Biogeosciences*, 7(3), 1043-
1058 1064. <https://doi.org/10.5194/bg-7-1043-2010>
- 1059 Galbraith, E. D., Kienast, M., & The NICOPP working group members. (2013). The acceleration
1060 of oceanic denitrification during deglacial warming. *Nature Geoscience*, 6(7), 579–584.
1061 <https://doi.org/10.1038/ngeo1832>
- 1062 Galbraith, E. D., & Martiny, A. C. (2015). A simple nutrient-dependence mechanism for
1063 predicting the stoichiometry of marine ecosystems. *Proceedings of the National Academy*
1064 *of Sciences*, 112(27), 8199–8204. <https://doi.org/10.1073/pnas.1423917112>
- 1065 Galbraith, E. D., & Skinner, L. C. (2020). The Biological Pump During the Last Glacial
1066 Maximum. *Annual Review of Marine Science*, 12(1), 559–586.
1067 <https://doi.org/10.1146/annurev-marine-010419-010906>
- 1068 Garcia, C. A., Baer, S. E., Garcia, N. S., Rauschenberg, S., Twining, B. S., Lomas, M. W., &
1069 Martiny, A. C. (2018). Nutrient supply controls particulate elemental concentrations and
1070 ratios in the low latitude eastern Indian Ocean. *Nature Communications*, 9(1), 4868.
1071 <https://doi.org/10.1038/s41467-018-06892-w>
- 1072 Garcia, H. E., Locarnini, R. A., Boyer, T. P., Antonov, J. I., Baranova, O. K., Zweng, M. M., et
1073 al. (2013). World Ocean Atlas 2013. Volume 4, Dissolved inorganic nutrients (phosphate,
1074 nitrate, silicate). *NOAA Atlas NESDIS 76*, <https://doi.org/10.7289/V5J67DWD>
- 1075 Garcia, N. S., Sexton, J., Riggins, T., Brown, J., Lomas, M. W., & Martiny, A. C. (2018). High
1076 Variability in Cellular Stoichiometry of Carbon, Nitrogen, and Phosphorus Within
1077 Classes of Marine Eukaryotic Phytoplankton Under Sufficient Nutrient Conditions.
1078 *Frontiers in Microbiology*, 9, 543. <https://doi.org/10.3389/fmicb.2018.00543>
- 1079 Geider, R., & La Roche, J. (2002). Redfield revisited: Variability of C:N:P in marine microalgae
1080 and its biochemical basis. *European Journal of Phycology*, 37(1), 1–17.
1081 <https://doi.org/10.1017/S0967026201003456>

- 1082 Gerhart, L. M., & Ward, J. K. (2010). Plant responses to low [CO₂] of the past. *New Phytologist*,
1083 188(3), 674–695. <https://doi.org/10.1111/j.1469-8137.2010.03441.x>
- 1084 Gregg, W. W., & Casey, N. W. (2007). Modeling coccolithophores in the global oceans. *Deep*
1085 *Sea Research Part II: Topical Studies in Oceanography*, 54(5–7), 447–477.
1086 <https://doi.org/10.1016/j.dsr2.2006.12.007>
- 1087 Großkopf, T., & LaRoche, J. (2012). Direct and indirect costs of dinitrogen fixation in
1088 *Crocospaera watsonii* WH8501 and possible implications for the nitrogen cycle.
1089 *Frontiers in Microbiology*, 3. <https://doi.org/10.3389/fmicb.2012.00236>
- 1090 Gruber, N., & Sarmiento, J. L. (1997). Global patterns of marine nitrogen fixation and
1091 denitrification. *Global Biogeochemical Cycles*, 11(2), 235–266.
1092 <https://doi.org/10.1029/97GB00077>
- 1093 Harrison, S. P., & Prentice, C. I. (2003). Climate and CO₂ controls on global vegetation
1094 distribution at the last glacial maximum: Analysis based on palaeovegetation data, biome
1095 modelling and palaeoclimate simulations. *Global Change Biology*, 9(7), 983–1004.
1096 <https://doi.org/10.1046/j.1365-2486.2003.00640.x>
- 1097 Hildebrand, M., & Lerch, S. J. L. (2015). Diatom silica biomineralization: Parallel development
1098 of approaches and understanding. *Seminars in Cell & Developmental Biology*, 46, 27–35.
1099 <https://doi.org/10.1016/j.semcd.2015.06.007>
- 1100 Ho, P., Chang, C., Shiah, F., Wang, P., Hsieh, C., & Andersen, K. H. (2020). Body Size, Light
1101 Intensity, and Nutrient Supply Determine Plankton Stoichiometry in Mixotrophic
1102 Plankton Food Webs. *The American Naturalist*, 195(4), E100–E111.
1103 <https://doi.org/10.1086/707394>
- 1104 Holzer, M., Pasquier, B., DeVries, T., & Brzezinski, M. A. (2019). Diatom physiology controls
1105 silicic acid leakage in response to iron fertilization. *Global Biogeochemical Cycles*,
1106 33(12), 1631–1653. <https://doi.org/10.1029/2019GB006460>
- 1107 Houghton, R. A. (2007). Balancing the Global Carbon Budget. *Annual Review of Earth and*
1108 *Planetary Sciences*, 35(1), 313–347.
1109 <https://doi.org/10.1146/annurev.earth.35.031306.140057>
- 1110 Hutchins, D. A., & Bruland, K. W. (1998). Iron-limited diatom growth and Si:N uptake ratios in
1111 a coastal upwelling regime. *Nature*, 393(6685), 561–564. <https://doi.org/10.1038/31203>
- 1112 Inomura, K., Deutsch, C., Jahn, O., Dutkiewicz, S., & Follows, M. J. (2022). Global patterns in
1113 marine organic matter stoichiometry driven by phytoplankton ecophysiology. *Nature*
1114 *Geoscience*, 15(12), 1034–1040. <https://doi.org/10.1038/s41561-022-01066-2>
- 1115 Ivanovic, R. F., Gregoire, L. J., Kageyama, M., Roche, D. M., Valdes, P. J., Burke, A., et al.
1116 (2016). Transient climate simulations of the deglaciation 21–9 thousand years before
1117 present (version 1) – PMIP4 Core experiment design and boundary conditions.
1118 *Geoscientific Model Development*, 9(7), 2563–2587. [https://doi.org/10.5194/gmd-9-2563-](https://doi.org/10.5194/gmd-9-2563-2016)
1119 2016
- 1120 Jaccard, S. L., & Galbraith, E. D. (2012). Large climate-driven changes of oceanic oxygen
1121 concentrations during the last deglaciation. *Nature Geoscience*, 5(2), 151–156.
1122 <https://doi.org/10.1038/ngeo1352>
- 1123 Jeltsch-Thommes, A., Battaglia, G., Cartapanis, O., Jaccard, S. L., & Joos, F. (2019). Low
1124 terrestrial carbon storage at the Last Glacial Maximum: constraints from multi-proxy
1125 data. *Climate of the Past*, 15(2), 849–879. <https://doi.org/10.5194/cp-15-849-2019>
- 1126 Jiao, N., Herndl, G. J., Hansell, D. A., Benner, R., Kattner, G., Wilhelm, S. W., et al. (2010).
1127 Microbial production of recalcitrant dissolved organic matter: Long-term carbon storage

- 1128 in the global ocean. *Nature Reviews Microbiology*, 8(8), 593–599.
1129 <https://doi.org/10.1038/nrmicro2386>
- 1130 Kageyama, M., Albani, S., Braconnot, P., Harrison, S. P., Hopcroft, P. O., Ivanovic, R. F., et al.
1131 (2017). The PMIP4 contribution to CMIP6 – Part 4: Scientific objectives and
1132 experimental design of the PMIP4-CMIP6 Last Glacial Maximum experiments and
1133 PMIP4 sensitivity experiments. *Geoscientific Model Development*, 10(11), 4035–4055.
1134 <https://doi.org/10.5194/gmd-10-4035-2017>
- 1135 Khatiwala, S., Schmittner, A., & Muglia, J. (2019). Air-sea disequilibrium enhances ocean
1136 carbon storage during glacial periods. *Science Advances*, 5(6), eaaw4981.
1137 <https://doi.org/10.1126/sciadv.aaw4981>
- 1138 Klausmeier, C. A., Litchman, E., & Levin, S. A. (2004). Phytoplankton growth and
1139 stoichiometry under multiple nutrient limitation. *Limnology and Oceanography*, 49(4,
1140 part2), 1463–1470. https://doi.org/10.4319/lo.2004.49.4_part_2.1463
- 1141 Kohfeld, K. E., Quéré, C. L., Harrison, S. P., & Anderson, R. F. (2005). Role of Marine Biology
1142 in Glacial-Interglacial CO₂ Cycles. *Science*, 308(5718), 74–78.
1143 <https://doi.org/10.1126/science.1105375>
- 1144 Kvale, K. F., Meissner, K. J., Keller, D. P., Eby, M., & Schmittner, A. (2015). Explicit Planktic
1145 Calcifiers in the University of Victoria Earth System Climate Model, Version 2.9.
1146 *Atmosphere-Ocean*, 53(3), 332–350. <https://doi.org/10.1080/07055900.2015.1049112>
- 1147 Kvale, K., Keller, D. P., Koeve, W., Meissner, K. J., Somes, C. J., Yao, W., & Oschlies, A.
1148 (2021). Explicit silicate cycling in the Kiel Marine Biogeochemistry Model version 3
1149 (KMBM3) embedded in the UVic ESCM version 2.9. *Geoscientific Model Development*,
1150 14(12), 7255–7285. <https://doi.org/10.5194/gmd-14-7255-2021>
- 1151 Lafond, A., Leblanc, K., Legras, J., Cornet, V., & Quéguiner, B. (2020). The structure of diatom
1152 communities constrains biogeochemical properties in surface waters of the Southern
1153 Ocean (Kerguelen Plateau). *Journal of Marine Systems*, 212, 103458.
1154 <https://doi.org/10.1016/j.jmarsys.2020.103458>
- 1155 Lambeck, K., Rouby, H., Purcell, A., Sun, Y., & Sambridge, M. (2014). Sea level and global ice
1156 volumes from the Last Glacial Maximum to the Holocene. *Proceedings of the National
1157 Academy of Sciences*, 111(43), 15296–15303. <https://doi.org/10.1073/pnas.1411762111>
- 1158 Lambert, F., Tagliabue, A., Shaffer, G., Lamy, F., Winckler, G., Farias, L., et al. (2015). Dust
1159 fluxes and iron fertilization in Holocene and Last Glacial Maximum climates.
1160 *Geophysical Research Letters*, 42(14), 6014–6023.
1161 <https://doi.org/10.1002/2015GL064250>
- 1162 Letscher, R. T., Hansell, D. A., Carlson, C. A., Lumpkin, R., & Knapp, A. N. (2013). Dissolved
1163 organic nitrogen in the global surface ocean: Distribution and fate. *Global
1164 Biogeochemical Cycles*, 27(1), 141–153. <https://doi.org/10.1029/2012GB004449>
- 1165 Liefer, J. D., Garg, A., Fyfe, M. H., Irwin, A. J., Benner, I., Brown, C. M., et al. (2019). The
1166 macromolecular basis of phytoplankton C:N:P under nitrogen starvation. *Frontiers in
1167 Microbiology*, 10, 763. <https://doi.org/10.3389/fmicb.2019.00763>
- 1168 Lønborg, C., Carreira, C., Jickells, T., & Álvarez-Salgado, X. A. (2020). Impacts of global
1169 change on ocean dissolved organic carbon (DOC) cycling. *Frontiers in Marine Science*,
1170 7, 466. <https://doi.org/10.3389/fmars.2020.00466>
- 1171 Lüthi, D., Le Floch, M., Bereiter, B., Blunier, T., Barnola, J.-M., Siegenthaler, U., et al. (2008).
1172 High-resolution carbon dioxide concentration record 650,000–800,000 years before
1173 present. *Nature*, 453(7193), 379–382. <https://doi.org/10.1038/nature06949>

- 1174 Marcott, S. A., Bauska, T. K., Buizert, C., Steig, E. J., Rosen, J. L., Cuffey, K. M., et al. (2014).
1175 Centennial-scale changes in the global carbon cycle during the last deglaciation. *Nature*,
1176 *514*(7524), 616–619. <https://doi.org/10.1038/nature13799>
- 1177 Martiny, A. C., Pham, C. T. A., Primeau, F. W., Vrugt, J. A., Moore, J. K., Levin, S. A., &
1178 Lomas, M. W. (2013). Strong latitudinal patterns in the elemental ratios of marine
1179 plankton and organic matter. *Nature Geoscience*, *6*(4), 279–283.
1180 <https://doi.org/10.1038/ngeo1757>
- 1181 Mather, R. L., Reynolds, S. E., Wolff, G. A., Williams, R. G., Torres-Valdes, S., Woodward, E.
1182 M. S., et al. (2008). Phosphorus cycling in the North and South Atlantic Ocean
1183 subtropical gyres. *Nature Geoscience*, *1*(7), 439–443. <https://doi.org/10.1038/ngeo232>
- 1184 Matsumoto, K. (2007). Biology-mediated temperature control on atmospheric $p\text{CO}_2$ and ocean
1185 biogeochemistry. *Geophysical Research Letters*, *34*(20), L20605.
1186 <https://doi.org/10.1029/2007GL031301>
- 1187 Matsumoto, K., Chase, Z., & Kohfeld, K. (2014). Different mechanisms of silicic acid leakage
1188 and their biogeochemical consequences. *Paleoceanography*, *29*(3), 238–254.
1189 <https://doi.org/10.1002/2013PA002588>
- 1190 Matsumoto, K., Rickaby, R., & Tanioka, T. (2020). Carbon export buffering and CO_2 drawdown
1191 by flexible phytoplankton C:N:P under glacial conditions. *Paleoceanography and*
1192 *Paleoclimatology*, *35*(7). <https://doi.org/10.1029/2019PA003823>
- 1193 Matsumoto, K., Tokos, K., Huston, A., & Joy-Warren, H. (2013). MESMO 2: a mechanistic
1194 marine silica cycle and coupling to a simple terrestrial scheme. *Geoscientific Model*
1195 *Development*, *6*(2), 477–494. <https://doi.org/10.5194/gmd-6-477-2013>
- 1196 McKinley, G. A., Fay, A. R., Lovenduski, N. S., & Pilcher, D. J. (2017). Natural variability and
1197 anthropogenic trends in the ocean carbon sink. *Annual Review of Marine Science*, *9*(1),
1198 125–150. <https://doi.org/10.1146/annurev-marine-010816-060529>
- 1199 Meissner, K. J., Weaver, A. J., Matthews, H. D., & Cox, P. M. (2003). The role of land surface
1200 dynamics in glacial inception: A study with the UVic Earth System Model. *Climate*
1201 *Dynamics*, *21*(7–8), 515–537. <https://doi.org/10.1007/s00382-003-0352-2>
- 1202 Mengis, N., Keller, D. P., MacDougall, A. H., Eby, M., Wright, N., Meissner, K. J., et al. (2020).
1203 Evaluation of the University of Victoria Earth System Climate Model version 2.10 (UVic
1204 ESCM 2.10). *Geoscientific Model Development*, *13*(9), 4183–4204.
1205 <https://doi.org/10.5194/gmd-13-4183-2020>
- 1206 Meyer, J., Löscher, C. R., Neulinger, S. C., Reichel, A. F., Loginova, A., Borchard, C., et al.
1207 (2016). Changing nutrient stoichiometry affects phytoplankton production, DOP
1208 accumulation and dinitrogen fixation – a mesocosm experiment in the eastern tropical
1209 North Atlantic. *Biogeosciences*, *13*(3), 781–794. <https://doi.org/10.5194/bg-13-781-2016>
- 1210 Meyerink, S. W., Ellwood, M. J., Maher, W. A., Dean Price, G., & Strzepak, R. F. (2017).
1211 Effects of iron limitation on silicon uptake kinetics and elemental stoichiometry in two
1212 Southern Ocean diatoms, *Eucampia antarctica* and *Proboscia inermis*, and the temperate
1213 diatom *Thalassiosira pseudonana*. *Limnology and Oceanography*, *62*(6), 2445–2462.
1214 <https://doi.org/10.1002/lno.10578>
- 1215 Microsoft Corporation. (2018). Microsoft Powerpoint. Retrieved from
1216 <https://office.microsoft.com/powerpoint>
- 1217 Mills, M. M., & Arrigo, K. R. (2010). Magnitude of oceanic nitrogen fixation influenced by the
1218 nutrient uptake ratio of phytoplankton. *Nature Geoscience*, *3*(6), 412–416.
1219 <https://doi.org/10.1038/ngeo856>

- 1220 Monteiro, F. M., & Follows, M. J. (2012). On nitrogen fixation and preferential remineralization
1221 of phosphorus. *Geophysical Research Letters*, 39(6), L06607.
1222 <https://doi.org/10.1029/2012GL050897>
- 1223 Moore, C. M., Mills, M. M., Arrigo, K. R., Berman-Frank, I., Bopp, L., Boyd, P. W., et al.
1224 (2013). Processes and patterns of oceanic nutrient limitation. *Nature Geoscience*, 6(9),
1225 701–710. <https://doi.org/10.1038/ngeo1765>
- 1226 Moore, J. K., Doney, S. C., & Lindsay, K. (2004). Upper ocean ecosystem dynamics and iron
1227 cycling in a global three-dimensional model. *Global Biogeochemical Cycles*, 18(4),
1228 GB4028. <https://doi.org/10.1029/2004GB002220>
- 1229 Moreno, A. R., Hagstrom, G. I., Primeau, F. W., Levin, S. A., & Martiny, A. C. (2018). Marine
1230 phytoplankton stoichiometry mediates nonlinear interactions between nutrient supply,
1231 temperature, and atmospheric CO₂; *Biogeosciences*, 15(9), 2761–2779.
1232 <https://doi.org/10.5194/bg-15-2761-2018>
- 1233 Moreno, A. R., & Martiny, A. C. (2018). Ecological stoichiometry of ocean plankton. *Annual*
1234 *Review of Marine Science*, 10(1), 43–69. [https://doi.org/10.1146/annurev-marine-](https://doi.org/10.1146/annurev-marine-121916-063126)
1235 [121916-063126](https://doi.org/10.1146/annurev-marine-121916-063126)
- 1236 Muglia, J., & Schmittner, A. (2015). Glacial atlantic overturning increased by wind stress in
1237 climate models. *Geophysical Research Letters*, 42(22), 9862–9868.
1238 <https://doi.org/10.1002/2015GL064583>
- 1239 Muglia, J., Skinner, L. C., & Schmittner, A. (2018). Weak overturning circulation and high
1240 Southern Ocean nutrient utilization maximized glacial ocean carbon. *Earth and Planetary*
1241 *Science Letters*, 496, 47–56. <https://doi.org/10.1016/j.epsl.2018.05.038>
- 1242 Muglia, J., Somes, C. J., Nickelsen, L., & Schmittner, A. (2017). Combined effects of
1243 atmospheric and seafloor iron fluxes to the glacial ocean. *Paleoceanography*, 32(11),
1244 1204–1218. <https://doi.org/10.1002/2016PA003077>
- 1245 Nowicki, M., DeVries, T., & Siegel, D. A. (2022). Quantifying the carbon export and
1246 sequestration pathways of the ocean’s biological carbon pump. *Global Biogeochemical*
1247 *Cycles*, 36(3). <https://doi.org/10.1029/2021GB007083>
- 1248 Ödalen, M., Nycander, J., Ridgwell, A., Oliver, K. I. C., Peterson, C. D., & Nilsson, J. (2020).
1249 Variable C/P composition of organic production and its effect on ocean carbon storage in
1250 glacial-like model simulations. *Biogeosciences*, 17(8), 2219–2244.
1251 <https://doi.org/10.5194/bg-17-2219-2020>
- 1252 Pahlow, M., Chien, C.-T., Arteaga, L. A., & Oschlies, A. (2020). Optimality-based non-Redfield
1253 plankton–ecosystem model (OPEM v1.1) in UVic-ESCM 2.9 – Part 1: Implementation
1254 and model behaviour. *Geoscientific Model Development*, 13(10), 4663–4690.
1255 <https://doi.org/10.5194/gmd-13-4663-2020>
- 1256 Peltier, W. R., Argus, D. F., & Drummond, R. (2015). Space geodesy constrains ice age terminal
1257 deglaciation: The global ICE-6G_C (VM5a) model. *Journal of Geophysical Research:*
1258 *Solid Earth*, 120(1), 450–487. <https://doi.org/10.1002/2014JB011176>
- 1259 Petit, J. R., Jouzel, J., Raynaud, D., Barkov, N. I., Delaygue, G., Delmotte, M., et al. (1999).
1260 Climate and atmospheric history of the past 420,000 years from the Vostok ice core,
1261 Antarctica. *Nature*, 399, 429–436.
- 1262 Prentice, I. C., Harrison, S. P., & Bartlein, P. J. (2011). Global vegetation and terrestrial carbon
1263 cycle changes after the last ice age. *New Phytologist*, 189(4), 988–998.
1264 <https://doi.org/10.1111/j.1469-8137.2010.03620.x>

- 1265 Ramaswamy, V., Chanin, M.-L., Angell, J., Barnett, J., Gaffen, D., Gelman, M., et al. (2001).
1266 Stratospheric temperature trends: Observations and model simulations. *Reviews of*
1267 *Geophysics*, 39(1), 71–122. <https://doi.org/10.1029/1999RG000065>
- 1268 Redfield, A.C. (1934) On the Proportions of Organic Derivatives in Sea Water and Their
1269 Relation to the Composition of Plankton. *James Johnstone Memorial Volume, University*
1270 *Press of Liverpool*, 176-192.
- 1271 Redfield, A.C. (1958) The Biological Control of Chemical Factors in the Environment. *American*
1272 *Scientist*, 46, 205-221.
- 1273 Sañudo-Wilhelmy, S. A., Tovar-Sanchez, A., Fu, F.X., Capone, D. G., Carpenter, E. J., &
1274 Hutchins, D. A. (2004). The impact of surface-adsorbed phosphorus on phytoplankton
1275 Redfield stoichiometry. *Nature*, 432(7019), 897–901.
1276 <https://doi.org/10.1038/nature03125>
- 1277 Sarmiento, J. L., & Gruber, N. (2006). *Ocean Biogeochemical Dynamics*. Princeton University
1278 Press.
- 1279 Schmittner, A., Gruber, N., Mix, A. C., Key, R. M., Tagliabue, A., & Westberry, T. K. (2013).
1280 Biology and air–sea gas exchange controls on the distribution of carbon isotope ratios
1281 ($\delta^{13}\text{C}$) in the ocean. *Biogeosciences*, 10(9), 5793–5816. [https://doi.org/10.5194/bg-10-](https://doi.org/10.5194/bg-10-5793-2013)
1282 [5793-2013](https://doi.org/10.5194/bg-10-5793-2013)
- 1283 Schmittner, A., & Somes, C. J. (2016). Complementary constraints from carbon (^{13}C) and
1284 nitrogen (^{15}N) isotopes on the glacial ocean’s soft-tissue biological pump.
1285 *Paleoceanography*, 31(6), 669–693. <https://doi.org/10.1002/2015PA002905>
- 1286 Séférian, R., Berthet, S., Yool, A., Palmiéri, J., Bopp, L., Tagliabue, A., et al. (2020). Tracking
1287 improvement in simulated marine biogeochemistry between CMIP5 and CMIP6. *Current*
1288 *Climate Change Reports*, 6(3), 95–119. <https://doi.org/10.1007/s40641-020-00160-0>
- 1289 Sigman, D. M., Hain, M. P., & Haug, G. H. (2010). The polar ocean and glacial cycles in
1290 atmospheric CO₂ concentration. *Nature*, 466(7302), 47–55.
1291 <https://doi.org/10.1038/nature09149>
- 1292 Somes, C. J., & Oschlies, A. (2015). On the influence of “non-Redfield” dissolved organic
1293 nutrient dynamics on the spatial distribution of N₂ fixation and the size of the marine
1294 fixed nitrogen inventory. *Global Biogeochemical Cycles*, 29(7), 973–993.
1295 <https://doi.org/10.1002/2014GB005050>
- 1296 Somes, C. J., Schmittner, A., Galbraith, E. D., Lehmann, M. F., Altabet, M. A., Montoya, J. P., et
1297 al. (2010). Simulating the global distribution of nitrogen isotopes in the ocean. *Global*
1298 *Biogeochemical Cycles*, 24(4), GB4019. <https://doi.org/10.1029/2009GB003767>
- 1299 Somes, C. J., Schmittner, A., Muglia, J., & Oschlies, A. (2017). A Three-Dimensional Model of
1300 the Marine Nitrogen Cycle during the Last Glacial Maximum Constrained by
1301 Sedimentary Isotopes. *Frontiers in Marine Science*, 4.
1302 <https://doi.org/10.3389/fmars.2017.00108>
- 1303 Tagliabue, A., Bopp, L., Roche, D. M., Bouttes, N., & Paillard, D. (2009). Quantifying the roles
1304 of ocean circulation and biogeochemistry in governing ocean carbon-13 and atmospheric
1305 carbon dioxide at the last glacial maximum. *Clim. Past*, 5, 695 - 706,
1306 <https://doi.org/10.5194/cp-5-695-2009>
- 1307 Takeda, S. (1998). Influence of iron availability on nutrient consumption ratio of diatoms in
1308 oceanic waters. *Nature*, 393(6687), 774–777. <https://doi.org/10.1038/31674>

- 1309 Tanioka, T., & Matsumoto, K. (2017). Buffering of ocean export production by flexible
1310 elemental stoichiometry of particulate organic matter. *Global Biogeochemical Cycles*,
1311 *31*(10), 1528–1542. <https://doi.org/10.1002/2017GB005670>
- 1312 Tanioka, T., & Matsumoto, K. (2020). A meta-analysis on environmental drivers of marine
1313 phytoplankton C:N:P. *Biogeosciences*, *17*(11), 2939–2954. <https://doi.org/10.5194/bg-17-2939-2020>
- 1315 Taylor, K.E. (2001). Summarizing multiple aspects of model performance in a single diagram.
1316 *Journal of Geophysical Research. D. Atmospheres*, *106*(D7), 7183–7192.
1317 <https://doi.org/10.1029/2000JD900719>
- 1318 Tesdal, Galbraith, E. D., & Kienast, M. (2013). Nitrogen isotopes in bulk marine sediment:
1319 linking seafloor observations with subseafloor records. *Biogeosciences*, *10*(1), 101–118.
1320 <https://doi.org/10.5194/bg-10-101-2013>
- 1321 Tierney, J. E., Poulsen, C. J., Montañez, I. P., Bhattacharya, T., Feng, R., Ford, H. L., et al.
1322 (2020). Past climates inform our future. *Science*, *370*(6517), aay3701.
1323 <https://doi.org/10.1126/science.aay3701>
- 1324 Toggweiler, J. R. (1999). Variation of atmospheric CO₂ by ventilation of the ocean's deepest
1325 water. *Paleoceanography*, *14*(5), 571–588. <https://doi.org/10.1029/1999PA900033>
- 1326 Tyrrell, T. (1999). The relative influences of nitrogen and phosphorus on oceanic primary
1327 production. *Nature*, *400*, 525–531.
- 1328 Volk, T., & Hoffert, M. I. (1985). Ocean carbon pumps: analysis of relative strengths and
1329 efficiencies in ocean-driven atmospheric CO₂ changes. In E. T. Sundquist & W. S.
1330 Broecker (Eds.), *Geophysical Monograph Series* (pp. 99–110). American Geophysical
1331 Union. <https://doi.org/10.1029/GM032p0099>
- 1332 Wagner, S., Schubotz, F., Kaiser, K., Hallmann, C., Waska, H., Rossel., et al. (2020).
1333 Soothsaying DOM: A current perspective on the future of oceanic dissolved organic
1334 carbon. *Frontiers in Marine Science*, *7*, 341. <https://doi.org/10.3389/fmars.2020.00341>
- 1335 Ward, B. A., Dutkiewicz, S., Moore, C. M., & Follows, M. J. (2013). Iron, phosphorus, and
1336 nitrogen supply ratios define the biogeography of nitrogen fixation. *Limnology and
1337 Oceanography*, *58*(6), 2059–2075. <https://doi.org/10.4319/lo.2013.58.6.2059>
- 1338 Weaver, A. J., Eby, M., Wiebe, E. C., Bitz, C. M., Duffy, P. B., Ewen, T. L., et al. (2001). The
1339 UVic earth system climate model: Model description, climatology, and applications to
1340 past, present and future climates. *Atmosphere-Ocean*, *39*(4), 361–428.
1341 <https://doi.org/10.1080/07055900.2001.9649686>
- 1342 Weber, T. S., & Deutsch, C. (2010). Ocean nutrient ratios governed by plankton biogeography.
1343 *Nature*, *467*(7315), 550–554. <https://doi.org/10.1038/nature09403>
- 1344 White, A. E., Spitz, Y. H., Karl, D. M., & Letelier, R. M. (2006). Flexible elemental
1345 stoichiometry in *Trichodesmium* spp. and its ecological implications. *Limnology and
1346 Oceanography*, *51*(4), 1777–1790. <https://doi.org/10.4319/lo.2006.51.4.1777>
- 1347 Williams, P. M., & Druffel, E. R. M. (1987). Radiocarbon in dissolved organic matter in the
1348 central North Pacific Ocean. *Nature*, *330*(6145), 246–248.
1349 <https://doi.org/10.1038/330246a0>
- 1350 Wu, J., Sunda, W., Boyle, E. A., & Karl, D. M. (2000). Phosphate depletion in the western North
1351 Atlantic Ocean. *Science*, *289*(5480), 759–762.
1352 <https://doi.org/10.1126/science.289.5480.759>

- 1353 Yvon-Durocher, G., Jones, J. I., Trimmer, M., Woodward, G., & Montoya, J. M. (2010).
 1354 Warming alters the metabolic balance of ecosystems. *Phil. Trans. R. Soc. B*, 365(1549),
 1355 2117–2126. <https://doi.org/10.1098/rstb.2010.0038>
 1356 Zeng, N. (2003). Glacial-interglacial atmospheric CO₂ change—The glacial burial hypothesis.
 1357 *Advances in Atmospheric Sciences*, 20(5), 677–693. <https://doi.org/10.1007/BF02915395>
 1358 Zúñiga, D., Sanchez-Vidal, A., Flexas, M. M., Carroll, D., Rufino, M. M., Spreen, G., et al.
 1359 (2021). Sinking diatom assemblages as a key driver for deep carbon and silicon export in
 1360 the Scotia Sea (Southern Ocean). *Front. Earth Sci.*, 9, 579198.
 1361 <https://doi.org/10.3389/feart.2021.579198>

1362 **References from the Supporting Information**

- 1363 Buchanan, P. J., Matear, R. J., Chase, Z., Phipps, S. J., & Bindoff, N. L. (2019). Ocean carbon
 1364 and nitrogen isotopes in CSIRO Mk3L-COAL version 1.0: A tool for palaeoceanographic
 1365 research. *Geoscientific Model Development*, 12(4), 1491–1523.
 1366 <https://doi.org/10.5194/gmd-12-1491-2019>
 1367 Galbraith, E. D., Gnanadesikan, A., Dunne, J. P., & Hiscock, M. R. (2010). Regional impacts of
 1368 iron-light colimitation in a global biogeochemical model. *Biogeosciences*, 7(3), 1043-
 1369 1064. <https://doi.org/10.5194/bg-7-1043-2010>
 1370 Galbraith, E. D., Kienast, M., & The NICOPP working group members. (2013). The acceleration
 1371 of oceanic denitrification during deglacial warming. *Nature Geoscience*, 6(7), 579–584.
 1372 <https://doi.org/10.1038/ngeo1832>
 1373 Galbraith, E. D., & Martiny, A. C. (2015). A simple nutrient-dependence mechanism for
 1374 predicting the stoichiometry of marine ecosystems. *Proceedings of the National Academy*
 1375 *of Sciences*, 112(27), 8199–8204. <https://doi.org/10.1073/pnas.1423917112>
 1376 Garcia, H. E., Locarnini, R. A., Boyer, T. P., Antonov, J. I., Baranova, O. K., Zweng, M. M., et
 1377 al. (2013). World ocean atlas 2013. Volume 4, Dissolved inorganic nutrients (phosphate,
 1378 nitrate, silicate). *NOAA Atlas NESDIS 76* <https://doi.org/10.7289/V5J67DWD>
 1379 Gruber, N., & Sarmiento, J. L. (1997). Global patterns of marine nitrogen fixation and
 1380 denitrification. *Global Biogeochemical Cycles*, 11(2), 235–266.
 1381 <https://doi.org/10.1029/97GB00077>
 1382 Lambeck, K., Rouby, H., Purcell, A., Sun, Y., & Sambridge, M. (2014). Sea level and global ice
 1383 volumes from the Last Glacial Maximum to the Holocene. *Proceedings of the National*
 1384 *Academy of Sciences*, 111(43), 15296–15303. <https://doi.org/10.1073/pnas.1411762111>
 1385 Letscher, R. T., Hansell, D. A., Carlson, C. A., Lumpkin, R., & Knapp, A. N. (2013). Dissolved
 1386 organic nitrogen in the global surface ocean: Distribution and fate. *Global*
 1387 *Biogeochemical Cycles*, 27(1), 141–153. <https://doi.org/10.1029/2012GB004449>
 1388 Mather, R. L., Reynolds, S. E., Wolff, G. A., Williams, R. G., Torres-Valdes, S., Woodward, E.
 1389 M. S., et al. (2008). Phosphorus cycling in the North and South Atlantic Ocean
 1390 subtropical gyres. *Nature Geoscience*, 1(7), 439–443. <https://doi.org/10.1038/ngeo232>
 1391 Muglia, J., Skinner, L. C., & Schmittner, A. (2018). Weak overturning circulation and high
 1392 Southern Ocean nutrient utilization maximized glacial ocean carbon. *Earth and Planetary*
 1393 *Science Letters*, 496, 47–56. <https://doi.org/10.1016/j.epsl.2018.05.038>
 1394 Muglia, J., Somes, C. J., Nickelsen, L., & Schmittner, A. (2017). Combined Effects of
 1395 Atmospheric and Seafloor Iron Fluxes to the Glacial Ocean. *Paleoceanography*, 32(11),
 1396 1204–1218. <https://doi.org/10.1002/2016PA003077>

- 1397 Sarmiento, J. L., & Gruber, N. (2006). *Ocean biogeochemical dynamics*. Princeton University
1398 Press.
- 1399 Schmittner, A., & Somes, C. J. (2016). Complementary constraints from carbon (^{13}C) and
1400 nitrogen (^{15}N) isotopes on the glacial ocean's soft-tissue biological pump.
1401 *Paleoceanography*, 31(6), 669–693. <https://doi.org/10.1002/2015PA002905>
- 1402 Somes, C. J., & Oschlies, A. (2015). On the influence of “non-Redfield” dissolved organic
1403 nutrient dynamics on the spatial distribution of N_2 fixation and the size of the marine
1404 fixed nitrogen inventory. *Global Biogeochemical Cycles*, 29(7), 973–993.
1405 <https://doi.org/10.1002/2014GB005050>
- 1406 Somes, C. J., Schmittner, A., Galbraith, E. D., Lehmann, M. F., Altabet, M. A., Montoya, J. P., et
1407 al. (2010). Simulating the global distribution of nitrogen isotopes in the ocean. *Global*
1408 *Biogeochemical Cycles*, 24(4). <https://doi.org/10.1029/2009GB003767>
- 1409 Tagliabue, A., Bopp, L., Roche, D. M., Bouttes, N., & Paillard, D. (2009). Quantifying the roles
1410 of ocean circulation and biogeochemistry in governing ocean carbon-13 and atmospheric
1411 carbon dioxide at the last glacial maximum. *Clim. Past*, 5, 695 - 706,
1412 <https://doi.org/10.5194/cp-5-695-2009>
- 1413 Tesdal, Galbraith, E. D., & Kienast, M. (2013). Nitrogen isotopes in bulk marine sediment:
1414 linking seafloor observations with subseafloor records. *Biogeosciences*, 10(1), 101–118.
1415 <https://doi.org/10.5194/bg-10-101-2013>