

1 **Observed variability of the North Atlantic Current in the Rockall Trough from four years of**  
2 **mooring measurements**

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11 **Key Points**

- 12 • Around half of the northward transport of the warm North Atlantic Current (NAC),  
13 flows through the Rockall Trough
- 14 • The first continuous observations of Rockall Trough transport show that 6.6 Sv is  
15 carried northward in the NAC.
- 16 • High northward transport is characterised by a strong NAC jet in the Rockall  
17 Trough; weak transport by mesoscale eddy activity

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**24 Abstract**

25           The Rockall Trough is one of the main conduits for warm Atlantic Water to the  
26 Nordic Seas. Ocean heat anomalies, originating from the eastern subpolar gyre, are  
27 known to influence Arctic sea ice extent, marine ecosystems, and continental climate.  
28 Knowledge of the transport through this basin has previously been limited to estimates  
29 from hydrographic sections which cannot characterise the intra-annual and multi-annual  
30 variability. As part of the Overturning in the Subpolar North Atlantic Programme  
31 (OSNAP), a mooring array was deployed in the Rockall Trough in order to obtain the  
32 first continuous measurements of transport. Results show a 4-year mean northward  
33 transport of 6.6 Sv ( $1 \text{ Sv} = 10^6 \text{ m}^3/\text{s}$ ) by the North Atlantic Current (NAC) in the east and  
34 interior of the Rockall Trough (2014-2018). A mean transport of -2.0 Sv (southward) is  
35 observed in the west of the basin, which could be part of a recirculation around the  
36 Rockall Plateau. The 90-day low-pass filtered transport shows large sub-annual and  
37 inter-annual variability (-1.6 Sv to 9.1 Sv), mostly resulting from changes in the  
38 mid-basin geostrophic transport. Satellite altimetry reveals the periods of low and high  
39 transport are associated with significant changes in the large-scale NAC circulation.  
40 There is a detectable seasonal signal, with the greatest transport in spring and autumn.

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**43 Plain Language Summary**

44 There is mounting evidence that the North Atlantic Current (eastward extension of the  
45 Gulf Stream) heavily influences the European and Arctic climate. To adequately  
46 measure this current and understand its dynamics, an array of underwater instruments  
47 was deployed in the Rockall Trough, a remote region of the eastern North Atlantic. Over  
48 a four-year period, these instruments continuously collected measurements of  
49 temperature, salinity, pressure and velocity data. Analysis of these data provides a new  
50 and more accurate description of the North Atlantic Current in this region. This study  
51 reveals a surprisingly large variability in the circulation of the subpolar North Atlantic.  
52 The combined analysis of satellite data indicates that this variability is due to large scale  
53 changes of the North Atlantic Current system.

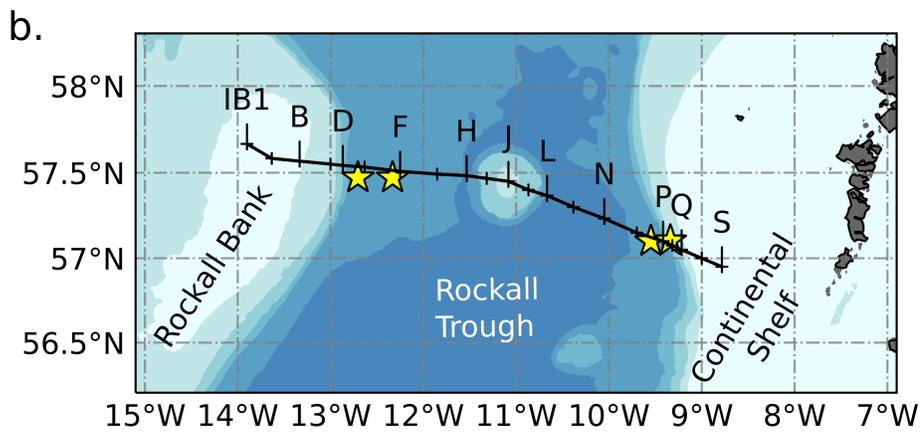
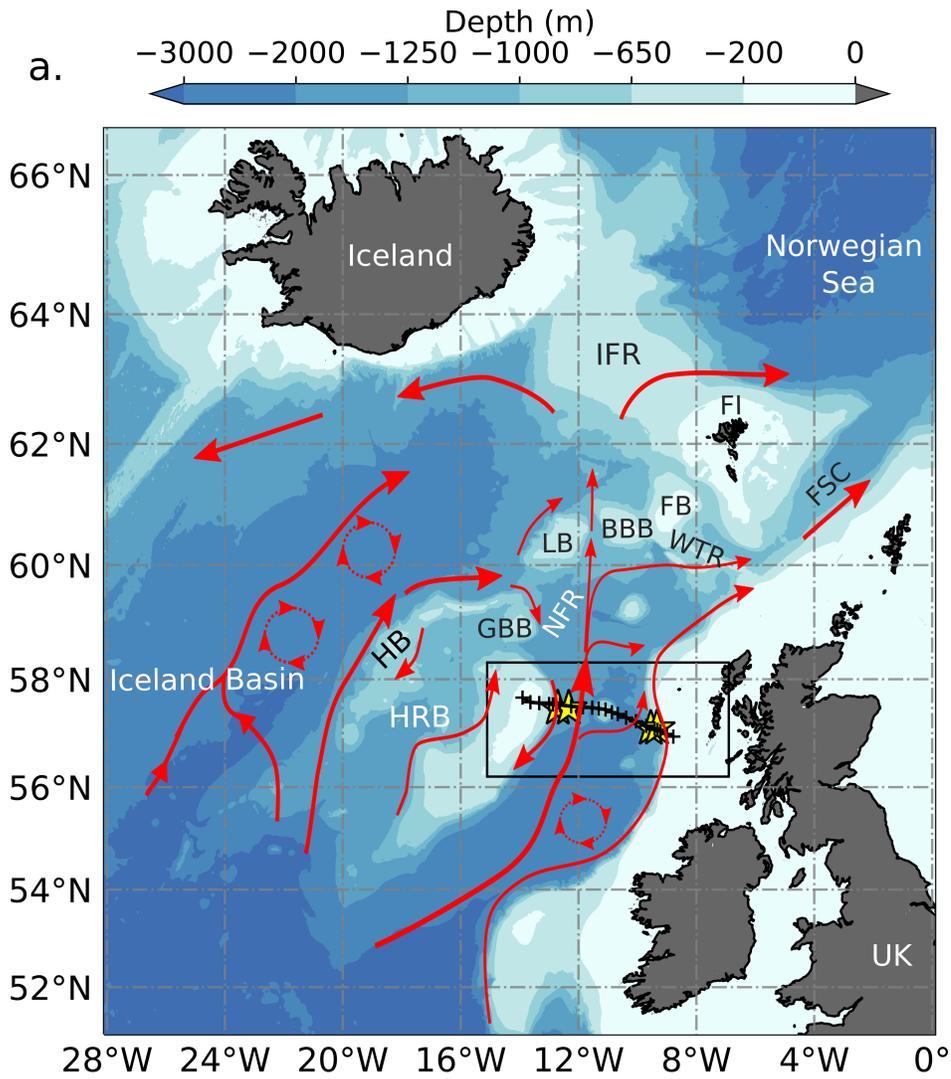
## 54 **1 Introduction**

55 In 2014, the Overturning in the Subpolar North Atlantic Programme (OSNAP)  
56 established an array of more than fifty moorings across the subpolar North Atlantic, with  
57 the objective of continuously measuring the strength, structure and variability of the  
58 circulation. The array is able to diagnose both the horizontal and overturning circulations  
59 and their associated fluxes of heat and fresh-water. The programme combines  
60 measurements of the temperature, salinity and directly measured currents, with salinity  
61 and temperature fields derived from purposefully deployed ocean gliders, Argo floats  
62 and hydrographic cruises, with satellite altimetry and mass balance constraints.

63 Results from the first 21 months of the array (August 2014 to April 2016) were  
64 reported in Lozier et al. (2019) and provide remarkable evidence that the majority of the  
65 overturning occurs north of the OSNAP<sub>east</sub> section between East Greenland and  
66 Scotland. The Atlantic Meridional Overturning Circulation (AMOC) strength at  
67 OSNAP<sub>east</sub> is  $15.6 \pm 0.8$  Sv ( $1 \text{ Sv} = 10^6 \text{ m}^3/\text{s}$ ) compared to only  $2.1 \pm 0.3$  Sv in the  
68 Labrador Sea north of OSNAP<sub>west</sub>. The zonally-integrated meridional volume fluxes  
69 along OSNAP<sub>east</sub> show that there is 12.2 Sv of upper-limb transport associated with the  
70 North Atlantic Current (NAC, defined as water with potential density  $\sigma_0 < 27.66 \text{ kg/m}^3$ ).  
71 Of this 12.2 Sv, OSNAP data show that 43% (5.2 Sv) of the flow is east of  $13.0^\circ\text{W}$ ,  
72 through the Rockall Trough. From this 12.2 Sv of NAC transport, 58 to 69% is carried  
73 poleward over the Greenland-Scotland Ridge (7.1-8.4 Sv) via the Iceland-Faroe Ridge,  
74 the Faroe-Shetland slope current and the European Shelf (Berx et al., 2013; Hansen et  
75 al., 2015; Østerhus et al., 2019; Rossby & Flagg, 2012; Figure 1).

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79 Figure 1: Bathymetry and schematic of the North Atlantic upper-ocean circulation (a)  
80 and bathymetry of the Rockall Trough (b). Circulation schematic is based on absolute  
81 geostrophic current from altimetry averaged over the 2014-2018 (Figure S1), Houpert  
82 et al. (2018) for the Hatton-Rockall Basin circulation, and the new results presented in  
83 this study. The black box indicates the region shown on (b). UK-OSNAP moorings are  
84 indicated by yellow stars and the Extend Ellet Line hydrographic stations used in this  
85 study are indicated by black crosses and labelled on (b). Acronyms: IFR =  
86 Iceland-Faroe Ridge, FI = Faroe Islands, FB = Faroe Bank, FSC = Faroe-Shetland  
87 Channel, LB = Lousy Bank, BBB = Bill Bailey Bank, WTR = Wyville-Thomson Ridge, HB  
88 = Hatton Bank, GBB = George Bligh Bank, NFR= North Feni Ridge, HRB =  
89 Hatton-Rockall Basin

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92 The OSNAP Rockall Trough mooring array (Figure 2a) is designed to quantify the  
93 transport of northward-flowing warm and saline water, and the magnitude of the  
94 southward-flowing cold overflow water across the Wyville-Thomson Ridge (Johnson et  
95 al., 2017). The location is determined by the long-established Ellett Line (EEL) section  
96 (62 occupations since 1975), which provides a multi-decadal context. The array is  
97 complemented by UK glider measurements across the Hatton-Rockall Basin (Houpert et  
98 al., 2018).

99 The Rockall Trough NAC branch is warmer and more saline than Iceland Basin NAC  
100 branches, and dominates the freshwater budgets and heat supply to the Nordic Seas.  
101 Observations and models broadly agree but the NAC's variability and branching  
102 structure is poorly understood (Hansen et al., 2008). The variability of the strength and  
103 properties of the NAC are thought to be driven by the horizontal expansion and  
104 contraction of the subpolar gyre due to multi-annual thermohaline forcing (Häkkinen &  
105 Rhines, 2004; Hátún et al., 2005). When the subpolar front retreats to the west, the  
106 temperature and salinity of upper waters in the Rockall Trough increase, with these  
107 changes propagating into the Nordic Seas (Holliday et al., 2008). Estimates of net  
108 northward transport through the Rockall Trough show that it is contained in two main  
109 currents: a shelf edge current and a current in the interior of the basin. The shelf edge  
110 current, found at depths <1000 m, is driven by the large-scale density distribution of the  
111 north-eastern Atlantic (Huthnance, 1984; Marsh et al., 2017). Variability of the shelf  
112 edge current on inter-annual timescales is likely due to changes to the large-scale

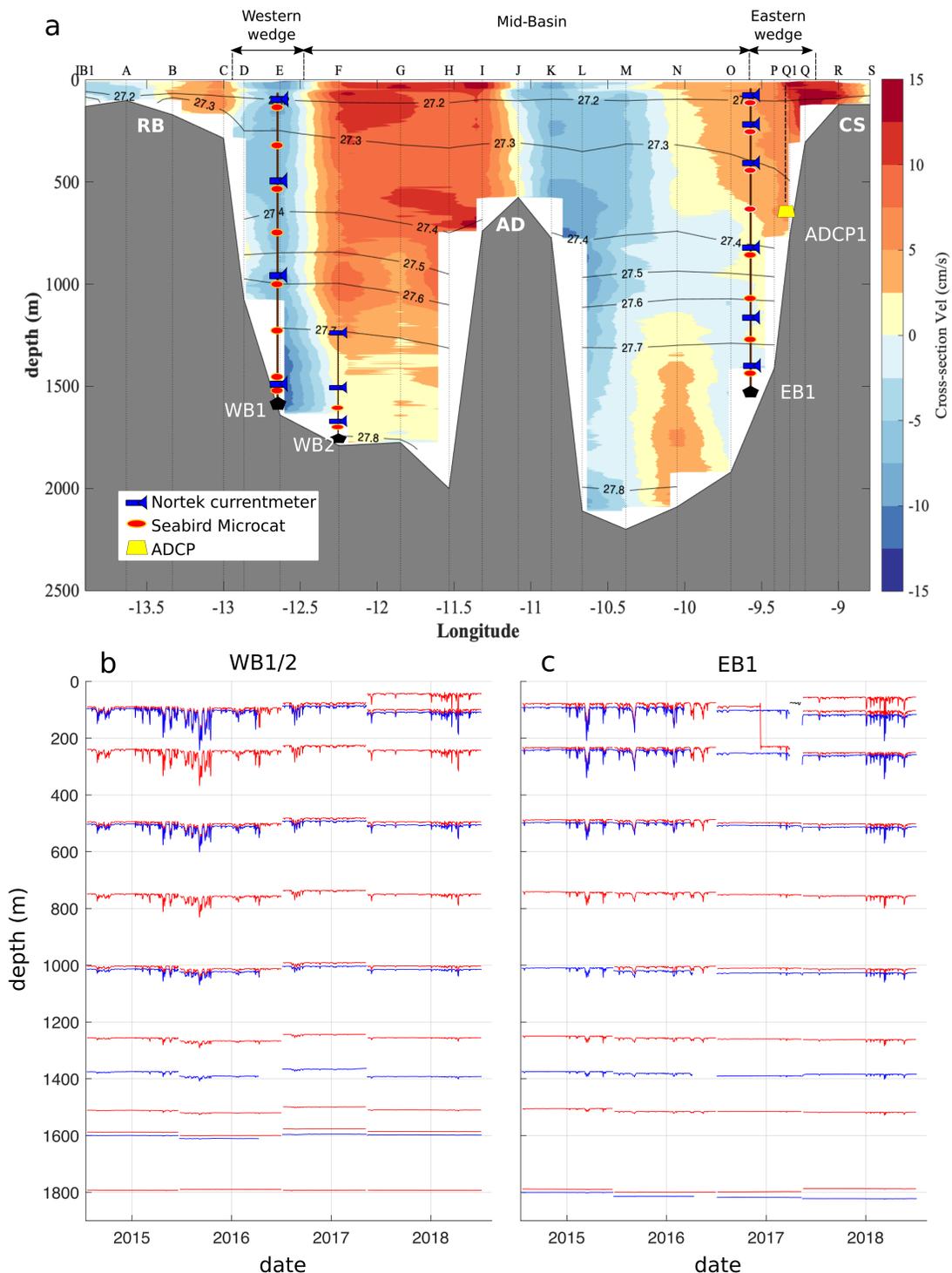
113 density distribution, particularly at the entrance to the Rockall Trough (Holliday, 2003).  
114 On shorter timescales (seasonal and sub-seasonal), variations in wind forcing are  
115 thought to dominate (Souza et al., 2001). A larger proportion of warm NAC water flows  
116 northward through the basin interior. Estimates of transport from the EEL sections are  
117  $3.7 \pm 2.4$  Sv (mean  $\pm$  standard deviation) between 1975 and 1998, and  $3.0 \pm 3.7$  Sv  
118 between 1997 and 2014 (Holliday et al., 2000, 2015). Gary et al. (2018) showed it is  
119 difficult to detect a seasonal cycle in the volume transport from hydrographic  
120 observations because of high mesoscale variability. Thus, little is known about the  
121 intra- and inter-annual variability associated with transport through the Rockall Trough.

122 The Rockall Trough is separated from the Faroe-Shetland Channel by the Wyville  
123 Thomson Ridge, limiting northward transport to depths  $<650$  m (Figure 1). A net  
124 southward transport of  $-0.3$  Sv of Wyville-Thomson Overflow Water has been detected  
125 at the location of the EEL and mooring array (Johnson et al., 2010, 2017; Sherwin et al.,  
126 2008).

127 In this paper we analyse four years of data (July 2014-July 2018) from the OSNAP  
128 Rockall Trough mooring array, quantifying, for the first-time, the variability at  
129 sub-seasonal, seasonal and interannual timescales. Firstly, we present the data which  
130 is collected from instruments on the Rockall Trough moorings (Section 2), before  
131 describing the methodology used to calculate the volume transports (Section 3). Next,  
132 we make comprehensive estimates of the uncertainties that arise from our sampling  
133 scheme, instrumental factors, processing methodologies and missing data (Section 4).  
134 In Section 5 we describe and discuss the results in the context of historical  
135 understanding of the circulation. The key issues are discussed in Section 6.

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138 Figure 2: (a) Mean cross-section velocity from the 16 (summer) Extended Ellett Line  
 139 LADCP sections (1996-2017) with the potential density anomalies shown as black  
 140 contour lines. The design of the UK-OSNAP mooring array deployed since 2014 in the

141 Rockall Trough is superimposed. The different sub-regions used in the calculation of the  
142 volume flux are indicated on top. Acronyms: RB : Rockall Bank, AD: Anton-Dohrn  
143 Seamount, CS: Continental Shelf. (b) and (c) are the pressure time-series from the  
144 Rockall Trough WB and EB mooring instruments used in this study (Sea-Bird SBE37  
145 MicroCAT CTDs in red, Nortek Aquadopp current meters in blue and reconstructed  
146 near-surface instrument at EB1 from March to May 2017 in black). In December 2016,  
147 the 100 m CTD on EB1 slid down the wire to 240 m. In March 2017, the top 400 m of  
148 the EB1 mooring broke due to fishing activities. Although the CTD and current meter  
149 deployed at 100 m were later recovered from a Scottish Island, the CTD deployed at  
150 250 m was lost. Data from the CTD at 100 m was used until the point at which the  
151 mooring broke. After this (March 2017-May 2017), we reconstructed the temperature  
152 and salinity using linear regressions with the time-series from 100 m at WB1 (correlation  
153 coefficients of 0.93 for temperature and 0.85 for salinity over 2014-2016). The pressure  
154 time-series associated with this reconstructed temperature and salinity at 100 m depth  
155 on EB1 is shown in black.'

156

## 157 **2 Data**

### 158 **2.1 The Rockall Trough mooring array**

159 The array (Figure 2a) consists of three sub-surface taught wire moorings (WB1,  
160 WB2 and EB1), and one Acoustic Doppler Current Profiler (ADCP) within a trawl  
161 resistant frame (ADCP1). All moorings were first deployed in July 2014, except ADCP1  
162 which was deployed in October 2014. The WB1, WB2 and EB1 moorings consist of  
163 Sea-Bird SBE37 MicroCAT CTDs (measuring conductivity, temperature and pressure)  
164 and Nortek Aquadopp current meters (measuring pressure and velocity). The pressure  
165 time-series of the instruments are indicated in Figure 2b. All moorings were recovered  
166 and redeployed in June 2015, July 2016, May 2017, and July 2018.

167 The two boundary currents in the west and east of the Rockall Trough are  
168 measured directly using current meters. The sub-surface WB1 mooring (57.5 °N,  
169 12.7 °W, water depth of 1600 m) was deployed to capture the narrow southward  
170 boundary current seen in repeated Lowered Acoustic Doppler Current Profiler (LADCP)  
171 sections (Figure 2a). This jet extends from 13.0 °W (EEL station C) to 12.5 °W (mid-way  
172 between EEL stations E and F, Figure 2a). The EB1 sub-surface mooring (57.1 °N,  
173 9.6 °W, water depth of 1800 m), and the ADCP mounted on trawl resistant frame  
174 (57.1 °N, 9.3 °W, water depth of 750 m), were deployed in the eastern Rockall Trough

175 (Figure 1) to capture the shelf edge current extending from 9.6 °W to 9.2 °W (water  
176 depth of 250 m) as seen on Figure 2a. The CTDs on WB1/WB2 and EB1 are used to  
177 compute dynamic height profiles at the western and eastern boundary of the Rockall  
178 Trough in order to compute the mid-basin geostrophic transport.

179 Data were processed using the methods developed for the RAPID array  
180 (McCarthy et al., 2015; Rayner et al., 2011). Sea-Bird CTDs were calibrated pre and  
181 post deployment by lowering on a CTD cast. Velocity data were corrected for magnetic  
182 deviations and speed of sound. Velocity and CTD data were interpolated to a common  
183 timebase and filtered using a 40 hour Butterworth filter to remove signals from tides and  
184 inertial oscillations. At each timestep, we linearly interpolated the relatively sparse  
185 moored instrument data onto a high resolution vertical grid (20 dbar grid). The surface  
186 gaps were filled by linearly extrapolating the velocity profiles and the dynamic height  
187 profiles to the surface.

188 Data return from the CTDs and current meters is very high as can be seen in  
189 Figure 2b. Small losses have occurred due to battery failures and fishing damage to the  
190 top of mooring EB1 between March and May 2017 (Figure 2c, more details in Text S1).  
191 Unfortunately, data return from ADCP1 is limited to one 8-month deployment in 2014.  
192 All other deployments failed, most likely due to bottom trawling. Several units have been  
193 recovered with evidence of trawling damage, either at the mooring site, or much later  
194 from islands ranging from Scotland to Norway. One unit was located and filmed on the  
195 seabed by a deep diving autonomous submersible in July 2019. The lander was seen to  
196 be ploughed deeply into the mud and extensively damaged, with the ADCP torn from  
197 the lander frame gimbal mount and lying on the seabed. This lander was washed  
198 ashore in the Outer Hebrides in March 2020. From 2020 the shelf edge current will be  
199 monitored using ocean gliders.

200

## 201 **2.2 Ancillary Data**

202 LADCPs measure full-depth currents on CTD casts and have been deployed on  
203 EEL hydrographic sections since 1996. Between 1996 and 2004 the instruments used

204 were 150 kHz broadband ADCPs and data were processed using software developed  
205 by Eric Firing at the University of Hawaii. From 2005 onwards, 300 kHz broadband  
206 ADCPs were used and their data were processed using the IX Lamont- Doherty Earth  
207 Observatory software (Thurnherr 2014). LADCP absolute velocities from both methods  
208 have an uncertainty of 0.02-0.03 m/s (Holliday et al., 2009; Thurnherr, 2014). Data were  
209 de-tided using barotropic tides at the time of each cast, obtained from the Oregon State  
210 University Tidal Inversion Software (Egbert & Erofeeva, 2002; <https://www.tpxo.net/>).

211 We use gridded and along-track delayed mode data of daily global sea-level  
212 anomalies, absolute sea-surface dynamic topography, surface absolute geostrophic  
213 velocities and velocity anomalies at a spatial resolution of  $0.25^\circ$ . Data were obtained  
214 from the SSALTO/DUACS (Segment Sol multi-missions dALTimetrie, d'orbitographie et  
215 de localisation précise / Data Unification and Altimeter Combination System) system  
216 (Pujol et al., 2016), distributed through the Copernicus Marine and Environment  
217 Monitoring Service  
218 (<http://marine.copernicus.eu/documents/QUID/CMEMS-SL-QUID-008-032-051.pdf>).

219 The data were analysed from 1 July 2014 to 1 July 2018. We used the gridded surface  
220 geostrophic velocity anomalies derived from the Sea Level Anomaly gradients to  
221 calculate the eddy kinetic energy (EKE), as one half of the sum of the squared eddy  
222 velocity components.

223 Surface wind stress data were extracted from the European Centre for  
224 Medium-Range Weather Forecasts reanalysis, ERA5  
225 (<https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>). ERA5 has a  
226 horizontal resolution of 30 km and provides hourly estimates of atmospheric, land and  
227 oceanic climate variables. In this study, we use 6h-output covering July 2014 to July  
228 2018. The meridional wind-driven Ekman transport is computed as a function of the  
229 zonal component of the wind-stress following Gary et al. (2018).

230 Daily time-series of horizontal velocity from the GLORYS12V1 product are  
231 extracted at the location of ADCP1. GLORYS12V1 is the Copernicus Marine and  
232 Environment Monitoring Service global ocean eddy-resolving reanalysis covering the  
233 altimetry era from 1993 ( $1/12^\circ$  horizontal resolution and 50 vertical levels,

234 <http://resources.marine.copernicus.eu/documents/PUM/CMEMS-GLO-PUM-001-030.pdf>  
 235 f). The model component is the NEMO platform driven at the surface by European  
 236 Centre for Medium-Range Weather Forecasts ERA-Interim reanalysis.

237 Climatological upper-ocean temperature and salinity were extracted from the  
 238 Monthly Isopycnal / Mixed-layer Ocean Climatology, MIMOC (Schmidtke et al., 2013).  
 239 MIMOC has a 0.5° lateral resolution and 81 standard pressure levels between 0-  
 240 1950 dbar.

241

### 242 3. Transport Calculation

243 The total transport ( $T_{TOT}$ ) through the Rockall Trough is calculated as the sum of  
 244 the transport in the western wedge ( $T_{WW}$ ), the mid-basin ( $T_{MB}$ ), and the eastern wedge  
 245 ( $T_{EW}$ ) (Eq.1, Figure2a).

$$\begin{aligned}
 246 \quad T_{TOT} &= \iint_{RT \text{ section}} v(x, z) dx dz \\
 247 \quad &= \iint_{WW} v dx dz + \iint_{MB} v dx dz + \iint_{EW} v dx dz \quad (\text{Eq. 1}) \\
 248 \quad &= T_{WW} + T_{MB} + T_{EW}
 \end{aligned}$$

249

250 Mid-basin transport is estimated from dynamic height moorings WB1 and WB2 in  
 251 the west, and EB1 in the east. Transport in the western wedge is calculated from  
 252 current meter data from mooring WB1. Eastern wedge transport is calculated from  
 253 current meter data from the EB1 and ADCP1 moorings and ocean reanalysis.

254

#### 255 3.1 Mid-basin transport

256 We compute the mid-basin geostrophic shear from the surface to 1760 m depth.  
 257 In the east, the bathymetry enables mooring EB1 to be deployed at 1760 m depth.  
 258 However, in the west the North Feni Ridge interrupts the steep bathymetry at 1600 m,

259 with mooring WB1 placed on the top of this feature. Thus, to extend the depth of the  
 260 geostrophic shear calculations, we also rely on mooring WB2, which is located further  
 261 east at 1800 m depth. We merge the data from WB1 and WB2 following the RAPID  
 262 methodology to create temperature and salinity profiles that extend to 1760 m  
 263 (McCarthy et al., 2015). We set the location of this merged dynamic height mooring to  
 264 half way between WB1 and WB2.

265 The mid-basin calculation requires a known velocity at one depth level.  
 266 Referencing the geostrophic transports to satellite altimetry would introduce large  
 267 uncertainties associated with the gridded sea level anomaly (Appendix A). Instead we  
 268 use a single level of no motion. Previous work set a constant level of no motion across  
 269 the Rockall Trough (Ellett & Martin, 1973; Holliday et al., 2000, 2015). However, the  
 270 mooring array shows barotropic flow at both the eastern and western boundaries, so we  
 271 use the deepest depth level of the dynamic height moorings (1760 m) as the level of no  
 272 motion. This gives a basin-wide transport below 1250 m of approximately -0.3 Sv. As  
 273 only the southern entrance of the Rockall Trough is deeper than 1250 m, water below  
 274 this depth is forced to recirculate (Holliday et al., 2000) with a small net southward  
 275 transport of dense Wyville-Thomson Overflow Water (-0.3 Sv, Johnson et al., 2017). By  
 276 integrating the dynamic height difference from an assumed level of no motion at  
 277 1760 m, the time-varying geostrophic velocity between the two dynamic height  
 278 moorings WB and EB1,  $v_{MB}$  can be expressed as:

$$280 \quad v_{MB}(z) = v(z = 1760) - \frac{1}{f} \int_{z=1760}^z \frac{\Delta\Phi_{EB1}(z) - \Delta\Phi_{WB}(z)}{L} dz$$

$$279 \quad v_{MB}(z) = v_{ref} - v_{BC}(z) \quad (\text{Eq. 2})$$

281 where  $\Delta\Phi$  is the dynamic height anomaly relative to 1760 m at the western and  
 282 eastern boundaries, calculated as the integral of the specific volume anomaly from  
 283 1760 m to depth  $z$ .  $L$  is the distance between the western and eastern moorings and  $f$  is  
 284 the Coriolis frequency. Following the level of no motion approximation, the reference  
 285 velocity at 1760 m,  $v_{ref}$ , is equal to zero.

286 The mid-basin transport  $T_{MB}$  is obtained by integrating Eq. 2 over the mid-basin  
 287 area as:

288  $T_{MB} = \iint_{MB} v_{MB} dx dz$  (Eq.3)

289

### 290 **3.2 Western wedge transport**

291 Transport in the western wedge is calculated by extrapolating the profile of  
292 currents measured at WB1 across the western wedge. This region, extending from  
293 13.0 °W (EEL station C) to 12.5 °W (mid-way between WB1 and WB2), is characterised  
294 by a spatially uniform mean southward current (Figure 2a). The WB1 velocities were  
295 extended eastward to 12.5 °W; whilst west of WB1, velocities were linearly interpolated  
296 between those at WB1 to zero, either at the eastern boundary of the wedge (13.0 °W) or  
297 the seabed if this was intercepted. On Rockall Bank (between 13.5 °W and 12.9 °W),  
298 the mean velocities from 11 LADCP sections show evidence of a northward jet  
299 (Figure 2a) in the upper 250 m, also indicated by a v-shape in the isopycnals. This small  
300 northward flow seems to recirculate around Rockall Bank and therefore is excluded  
301 from our calculation. Instead, the upper 250 m of the western wedge is filled by linearly  
302 interpolating velocities from WB1 to zero at 12.9 °W, instead of 13.0 °W.

303

### 304 **3.3 Eastern wedge transport**

305 It was planned that the transport in the eastern wedge would be calculated using  
306 velocities measured at EB1 and ADCP1. However, due to repeated losses of ADCP1,  
307 we used the GLORYS12v1 ocean reanalysis to recreate velocity time-series at the  
308 location of ADCP1. The time-series of ADCP1 depth-average meridional velocity  
309 compare well with GLORYS during the 8-month period of available observations ( $r=0.5$ ,  
310  $p$ -value=0.07, Figure S2). As the mean difference between the observations and  
311 reanalysis is 7.6 cm/s (standard deviation of 8.9 cm/s), the GLORYS velocity  
312 time-series was offset by 7.6 cm/s in order to have the same mean velocity as the  
313 ADCP1 deployment (Figure S2). The eastern wedge above 750 m is filled by linearly  
314 interpolating the velocities from the EB1 mooring (9.6 °W) and GLORYS-ADCP (the  
315 time-series of adjusted velocities extracted from GLORYS at the ADCP1 location at  
316 9.3 °W). East of ADCP1, the eastern wedge is filled with velocities from

317 GLORYS-ADCP by linearly decreasing them to zero at the edge of the continental shelf  
318 (9.2 °W). The transport below 750 m is calculated by uniformly extrapolating the vertical  
319 profile of velocity at EB1 to the eastern wedge area.

320

#### 321 **4 Accuracy of the estimated transport**

322 The accuracy of the estimated transports is impacted by two types of error:  
323 instrumental and methodological (surface extrapolation of mooring data, vertical  
324 gridding, and horizontal interpolation of the flow field in the boundary currents). Our aim  
325 is to provide a realistic estimate of errors associated with each of these sources, and  
326 their net impact on the total flux. In this section we briefly describe the methods and  
327 results, with a more detailed description given in Text S1. Instrumental errors were  
328 evaluated by error propagation using the pressure, temperature, salinity and velocity  
329 accuracies provided by the instrument manufacturers. We evaluate methodological  
330 errors using repeat LADCP and CTD data from EEL hydrographic sections and a  
331 seasonal climatology of temperature and salinity. We calculate the transports in the  
332 boundaries and mid-basin using the full horizontal and vertical resolution of the  
333 LADCP/CTD data (method M1) and using a subsampled version of the same dataset  
334 (method M2). Method M2 simulates the discrete measurement levels of the moored  
335 instruments and reproduces the method used to calculate the mooring array transport  
336 (as described in section 3). For each region (western wedge, mid-basin, and eastern  
337 wedge), the mean bias error is defined as the mean of the differences in transport  
338 between methods M2 and M1, whilst the RMS (root mean square) error is defined as  
339 the standard deviation of the transport differences. The total mean bias error is  
340 calculated as the sum of the regional bias errors, while the total RMS error is calculated  
341 as the square root of the sum of the squared regional RMS errors.

342 An overall estimate of the error for the total Rockall Trough transport is given by  
343 combining the errors associated with the gridding, calibration and vertical extrapolation  
344 of the mid-basin dynamic height moorings, with the errors in the western wedge  
345 (horizontal extrapolation and instrument accuracy) and eastern wedge (horizontal  
346 extrapolation and use of ocean reanalysis). For an optimal instrument data return (i.e.

347 no instrument failure), such as in 2015-2016 and 2017-2018, the RMS error is 0.93 Sv  
348 and the mean bias error is 0.03 Sv. Instrument failures and losses can affect both the  
349 bias and RMS error, such as in 2014-2015 when the CTD deployed at 1000 m on EB1  
350 failed, or in 2016-2017 with the loss of the CTD deployed at 250 m on EB1. In these  
351 cases, the mean bias errors were -0.39 Sv and 0.38 Sv respectively, and the RMS  
352 errors were 1.10 Sv and 0.93 Sv (Text S1).

353

## 354 **5 Results**

### 355 **5.1 Circulation and transport variability**

#### 356 **5.1.1 Mean circulation features**

357 The mean cross-section velocity from EEL LADCP data (1996-2017) shows a  
358 southward flow in the western wedge, a northward flow between Rockall Bank and the  
359 Anton-Dohrn seamount superimposed onto an anticyclonic recirculation around the  
360 seamount, and a northward flow at the eastern boundary along the continental shelf  
361 associated with the shelf edge current (Figure 2a). The 2014-2018 mean of the  
362 observed velocity profiles from moorings WB1, WB2, EB1 and ADCP1 (Figure 3) reflect  
363 the same flow distribution across the section.

364 At WB1, there is a mean top-to-bottom southward flow of -8.0 cm/s, with a  
365 maximum velocity of -10 cm/s near 1350 m corresponding to the depth of the core of  
366 the Wyville-Thomson Overflow Water (Johnson et al., 2017). The standard deviation  
367 varies from 14.5 cm/s at 100 m depth to 5.8 cm/s at 1420 m depth. At WB2, the  
368 mean  $\pm$  one standard deviation is  $0.3 \pm 4.0$  cm/s highlighting the eastern limit of this  
369 top-to-bottom mean southward flow found in the western wedge.

370 In the mid-basin, the mean geostrophic current is northward (vertical average of  
371 1.7 cm/s) and surface intensified: the mean current at 100 m depth is  $3.5 \pm 1.8$  cm/s.

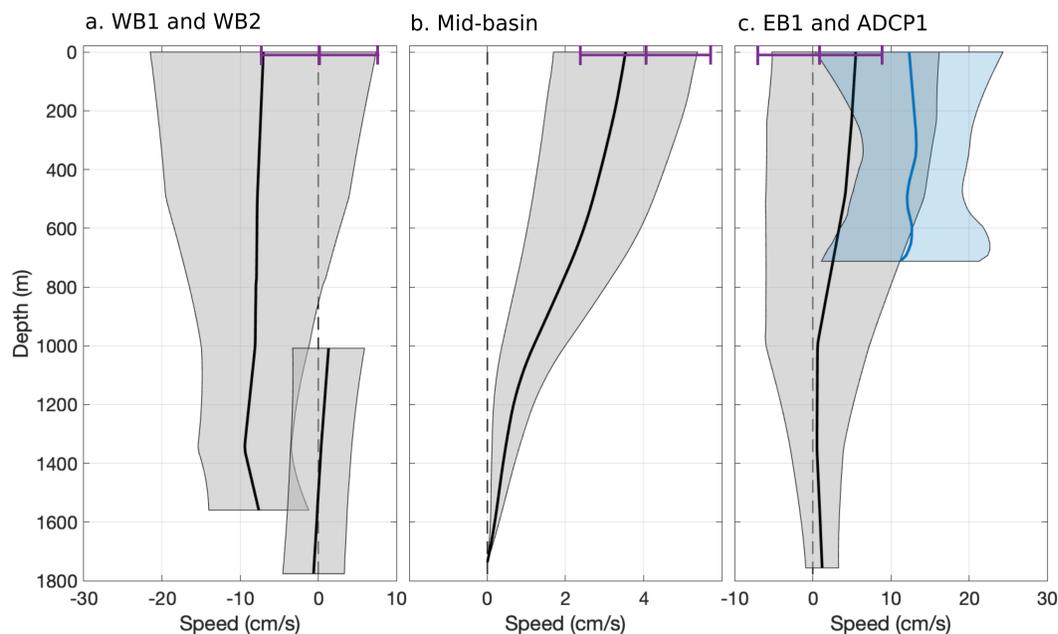
372 At EB1, the current varies from  $5.5 \pm 10.7$  cm/s near the surface to  $1.2 \pm 2.1$  cm/s  
373 at 1760 m depth, with a vertical average of 2.5 cm/s. Over the continental slope, the  
374 8-month record from ADCP1 (Nov. 2014 – Jun. 2015) indicates a mean northward flow

375 which is relatively homogenous with depth. The vertical average of the mean northward  
 376 current is 12.6 cm/s and the standard deviation is 0.4 cm/s.

377 In the mid-basin and the eastern wedge, most of the northward flow is found in  
 378 the upper 1000 m, which is consistent with the bathymetry of this region: the deepest  
 379 exit pathways found north of this section are shallower than 1250 m depth.

380

381



382

383 Figure 3: Four-year mean ( $\pm$  one standard deviation) of the 25-day low-pass northward  
 384 currents for (a) WB1 and WB2, (b) the dynamic height moorings and (c) EB1 with  
 385 ADCP1. The 8-month mean northward current from ADCP1 is indicated in blue (Nov.  
 386 2014 – Jun. 2015). The horizontal purple line in each panel indicates the mean  $\pm$  one  
 387 standard deviation of the northward surface absolute geostrophic current from altimetry  
 388 (L4 gridded product), calculated over the same time-period (Text S2).

389

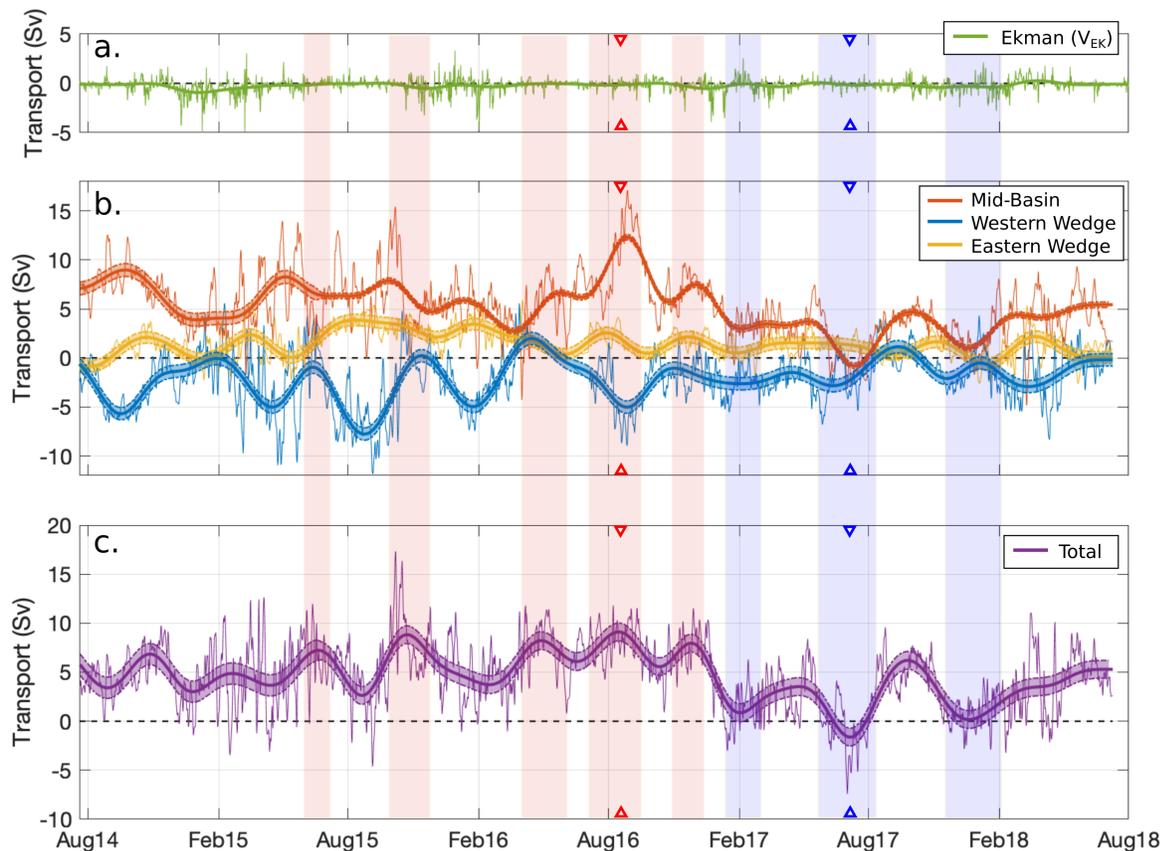
### 390 **5.1.2 Mean transports and variability**

391 A surprising feature revealed by the Rockall Trough mooring array is the large  
 392 range of the total transport (24.7 Sv), spanning from -7.4 Sv to 17.3 Sv in the 40h  
 393 low-pass filtered time-series. The total transport variability is dominated by the  
 394 mid-basin and western wedge transport time-series (Figure 4). To focus attention on

395 sub-annual and inter-annual time-scales, we used a third-order Butterworth filter with a  
 396 cutoff period of 90 days to filter the transport time-series following (Bower & von Appen  
 397 2008). For the rest of this study, we focus on the 90-day low-pass filtered transport  
 398 time-series, which has a range of 10.7 Sv (-1.6 Sv to 9.1 Sv).

399 The total transport across the section is mainly northward, with a  
 400 mean  $\pm$  one standard deviation of  $4.5 \pm 2.3$  Sv and a standard error on the mean (SE)  
 401 of 0.8 Sv. The Ekman transport calculated along the section varies from -0.93 Sv to  
 402 0.25 Sv, with a mean  $\pm$  one standard deviation of  $-0.20 \pm 0.21$  Sv. This is an order of  
 403 magnitude smaller than the total transport (Figure 4a), and therefore the Ekman  
 404 transport is considered as a negligible contribution to the net meridional transport and is  
 405 not included.

406 On average, the flow is southward in the western wedge ( $-2.0 \pm 1.9$  Sv, SE:  
 407 0.4 Sv), northward in the mid-basin ( $5.2 \pm 2.4$  Sv, SE: 0.7 Sv) and northward in the  
 408 eastern wedge ( $1.4 \pm 1.1$  Sv, SE: 0.3 Sv) (Figure 4b,4c, Table 1).



409

410 Figure 4: Time-series of 40-hour (thin lines) and 90-day (thick lines) low-pass filtered  
411 transport for: (a) the meridional component of the Ekman transport, (b) the eastern  
412 wedge, western wedge and mid-basin, and (c) for the whole section. Shaded areas  
413 correspond to the accuracy of the different time-series ( $\pm$  one RMS error, see section 4  
414 for more details). Extrema in transport are indicated by triangle markers on top of the  
415 subpanels (the maximum on 15 August 2016 is in red, and the minimum on 06 July  
416 2017 is in blue). The blue/red shaded areas indicate periods of low/high transport,  
417 defined as when the total transport is inferior/superior to the mean  
418 transport  $\pm$  one standard deviation.

419

420 The transport maximum in the Rockall Trough is in August 2016 (9.1 Sv), due to  
421 an extreme northward transport in the mid-basin (12.3 Sv) (Figure 4b, Figure S3). The  
422 total transport minimum is in July 2017 (-1.6 Sv), associated with the lowest mid-basin  
423 transport recorded during the 4-years of measurement (-0.8 Sv, Figure 4b, Figure S3).

424 In order to characterize the vertical and horizontal structure of the transport  
425 during periods of high or low northward transport in the Rockall Trough, we define two  
426 composites-states. For the high transport composite, we average together all the  
427 periods when the total transport was greater than the mean plus one standard deviation  
428 (red shaded areas on Figure 4). For the low transport composite, we average together  
429 all the periods where the total transport was lower than the mean minus one standard  
430 deviation (blue shaded areas on Figure 4). Each composite-period represents 15% of  
431 the 4-year record. The total transport (mean  $\pm$  one standard deviation) is  $7.8 \pm 1.0$  Sv  
432 for the high transport period and  $0.6 \pm 0.6$  Sv for the low transport composite (Table 1).  
433 The high transport composite is associated with a higher northward transport in the  
434 mid-basin (7.3 Sv) and in the eastern wedge (2.0 Sv), as seen on Figure 5. The low  
435 transport state is associated with a weaker northward transport in the mid-basin (1.8 Sv)  
436 and in the eastern wedge (0.6 Sv). The western wedge transport (mean  $\pm$  one standard  
437 deviation) is not different during the periods of high and low transport,  $-1.5 \pm 0.7$  Sv  
438 and  $-1.8 \pm 0.3$  Sv respectively.

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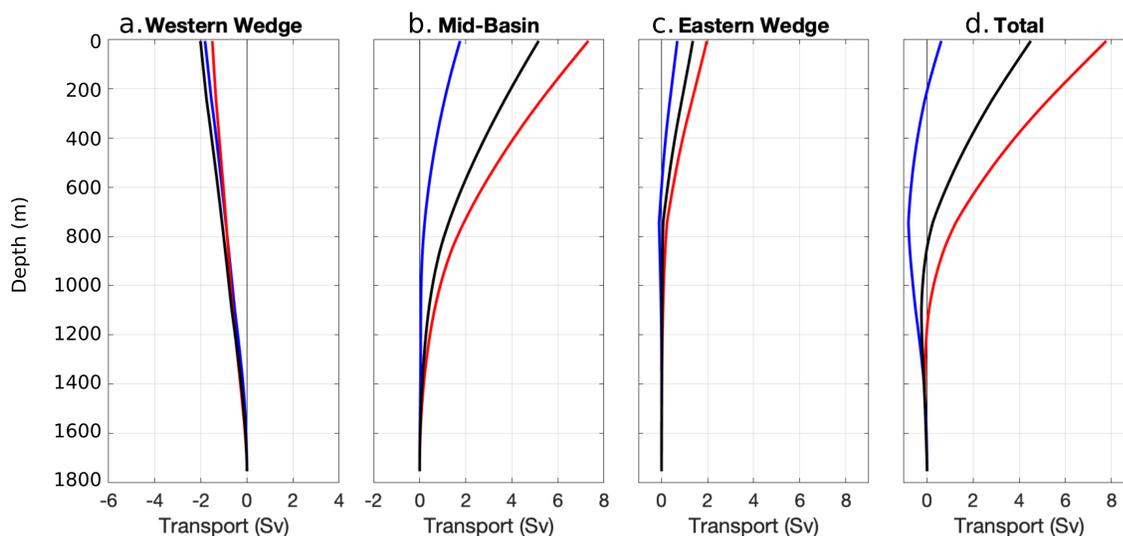
441 Table 1: Statistics of the 90-day low-pass filtered transport time-series for the  
 442 2014-2018 period: SD: standard deviation, SE: Standard error; ITS: Integral Time Scale  
 443 (measure of the correlation length), EDOF: Effective Degree Of Freedom calculated  
 444 from the ITS (for 90-day low-pass filtered time-series). ITS is calculated as twice the  
 445 area of the positive autocorrelation function from zero to the first zero crossing. Mean  
 446 and standard deviation for the high [HI] and low [LO] transport-composite states are  
 447 also indicated.

448

	Mean	SD	SE	Min	Max	Range	ITS	EDOF	[HI]		[LO]	
									Mean	SD	Mean	SD
	(Sv)	(Sv)	(Sv)	(Sv)	(Sv)	(Sv)	(days)		(Sv)	(Sv)	(Sv)	(Sv)
<b>Total</b>	<b>4.5</b>	<b>2.3</b>	<b>0.8</b>	<b>-1.6</b>	<b>9.1</b>	<b>10.7</b>	<b>150.1</b>	<b>9.7</b>	<b>7.8</b>	<b>1.0</b>	<b>0.6</b>	<b>0.6</b>
WW	-2.0	1.9	0.4	-7.8	2.0	9.8	61.6	24.4	-1.5	0.7	-1.8	0.3
MB	5.2	2.4	0.7	-0.8	12.3	13.1	138.1	10.5	7.3	0.7	1.8	0.4
EW	1.4	1.1	0.3	-0.9	3.9	4.8	146.7	10.2	2.0	0.3	0.6	0.2

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452 Figure 5: Cumulative transport integrated from 1760 m to the surface for: (a) the  
 453 western wedge, (b) the mid-basin, (c) the eastern wedge and (d) the whole section. The  
 454 black line corresponds to the 4-year mean, whilst the coloured lines show the mean for  
 455 the period of low transport (inferior to the mean - one standard deviation, blue) and the  
 456 period of high transport (superior to the mean + one standard deviation, red).  
 457 Cumulative transport at the time of the maximum and minimum Rockall Trough  
 458 transports are shown on Figure S3.

459

460 **5.1.3 Trends and Seasonal Cycles**

461 For the 2014-2018 period, the mid-basin component has a significant downward  
462 trend in transport of -1.0 Sv/year (95% confidence interval of [-2.0,0.0] Sv/year, see  
463 Table 2), explaining 23% of the variance in the transport time-series. No significant  
464 linear trends were detected in the western or eastern wedge transport time-series.

465 Seasonal cycles were calculated for each component of the array as the monthly  
466 average of the detrended data. The ranges of the seasonal cycle are 2.4 Sv in the  
467 western wedge, 3.5 Sv in the mid-basin and 1.2 Sv in the eastern wedge (Table 2) and  
468 account for, respectively, 24%, 27%, and 25% of the range of variability observed in the  
469 90-day low-pass filtered time-series (Table 1). There is a detectable seasonal signal for  
470 the western wedge, the mid-basin and the total Rockall Trough transport time-series.  
471 The seasonal cycles have two maxima found during fall (Sep.-Dec.) and spring  
472 (Mar.-May) and two minima found in winter (Jan.-Feb.) and in summer (Jun.-Aug)  
473 (Figure 6, Table 2).

474 The standard error of the monthly seasonal mean is maximum at the end of the  
475 summer (August-September); it varies from 0.1 Sv (March) to 0.5 Sv (September) for  
476 the total transport time-series, 0.1 Sv (July) to 0.6 Sv (September) for the western  
477 wedge, 0.1 Sv (October) to 0.4 Sv (August) for the mid-basin, and 0.0 Sv (November) to  
478 0.3 Sv (August) for the eastern wedge.

479

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481

482 Table 2: Trend and seasonal cycle extrema for the observed transport time-series  
 483 (90-day low-pass filtered) calculated for the total transport time-series (TOT), the  
 484 western wedge (WW), the mid-basin (MB) and the Eastern Wedge (EW). The standard  
 485 error (SE) is calculated for each month as the monthly standard deviation divided by the  
 486 square root of the degree of freedom.

487

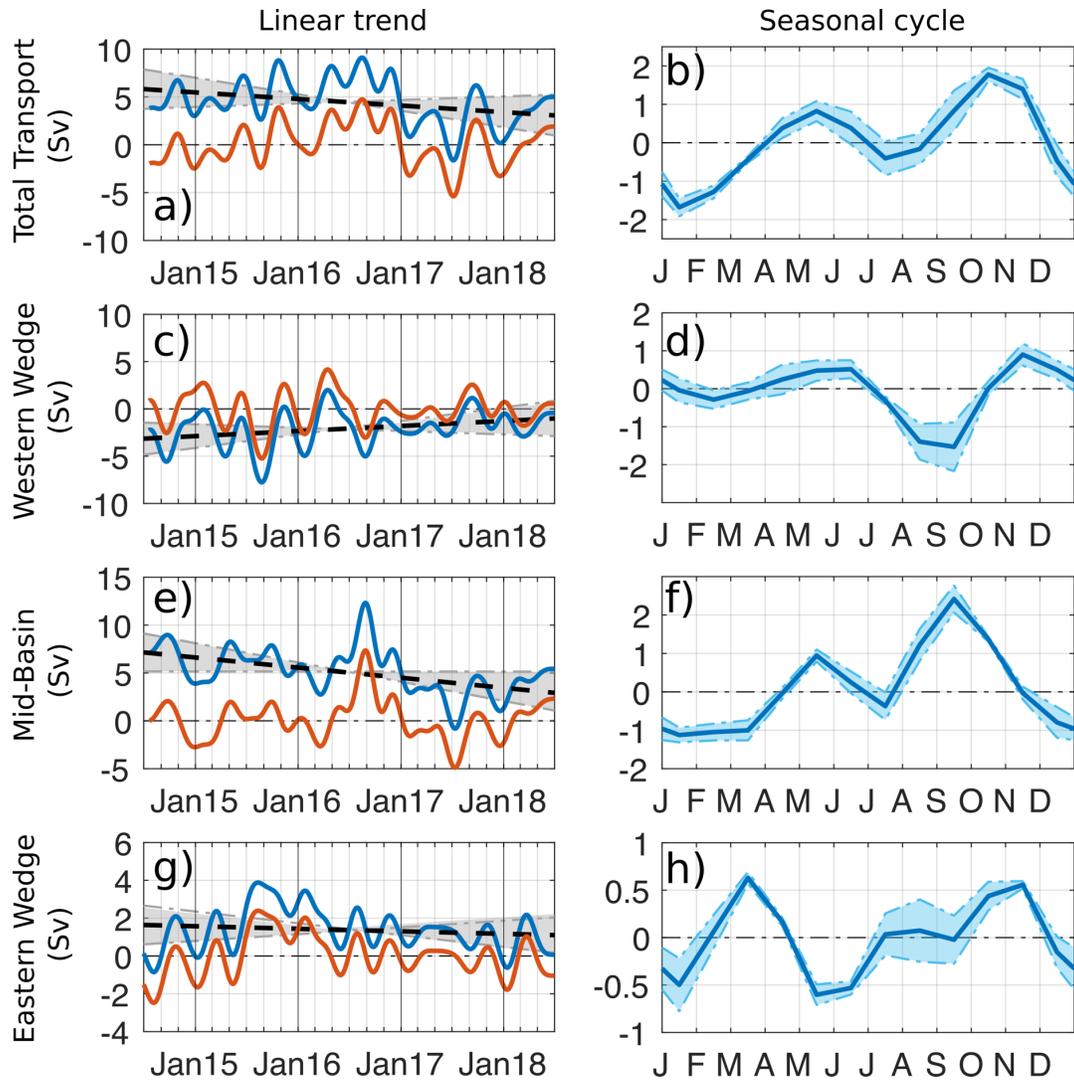
	Trend			Seasonal cycle												
				Range	Primary maximum			Primary minimum			Secondary maximum			Secondary minimum		
	Trend	R <sup>2</sup>	95% CI		[Sv]	Max	SE	Month	Min	SE	Month	Max	SE	Month	Min	SE
	[Sv/yr]		[Sv/yr]		[Sv]	[Sv]		[Sv]	[Sv]		[Sv]	[Sv]		[Sv]	[Sv]	
TOT	-0.7	0.11	[-1.7 0.4]	3.4	1.8	0.2	Oct	-1.7	0.2	Jan	0.8	0.3	May	-0.4	0.4	Jul
WW	0.5	0.11	[-0.3 1.41]	2.4	0.9	0.3	Nov	-1.5	0.6	Sep	0.5	0.2	Jun	0.1	0.3	Dec
MB	-1.0	0.23	[-2.0 0.0]	3.5	2.4	0.4	Sep	-1.1	0.2	Jan	0.9	0.2	May	-0.4	0.4	Jul
EW	-0.1	0.02	[-0.7 0.4]	1.2	0.6	0.1	Mar	-0.6	0.1	May	0.5	0.1	Nov	-0.0	0.2	Sep

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493 Figure 6: Linear trend (a, c, e, g) and seasonal cycle (b, d, f, h) for the total, western  
 494 wedge, mid-basin and eastern wedge transports. In the left subpanels, trends (black dashed lines) are calculated by fitting a 1st degree polynomial to the transport  
 495 time-series (blue lines), the grey shaded area represents the 95% confidence intervals  
 496 for the linear trend. Detrended time-series are plotted in orange. Trends and confidence  
 497 intervals are indicated in Table 2. Seasonal cycles calculated as the monthly average of  
 498 the detrended data are shown in the right subpanels. The light blue shaded area shows  
 499 the monthly mean  $\pm$  one standard error (standard deviation divided by the square root of  
 500 the degree of freedom).  
 501

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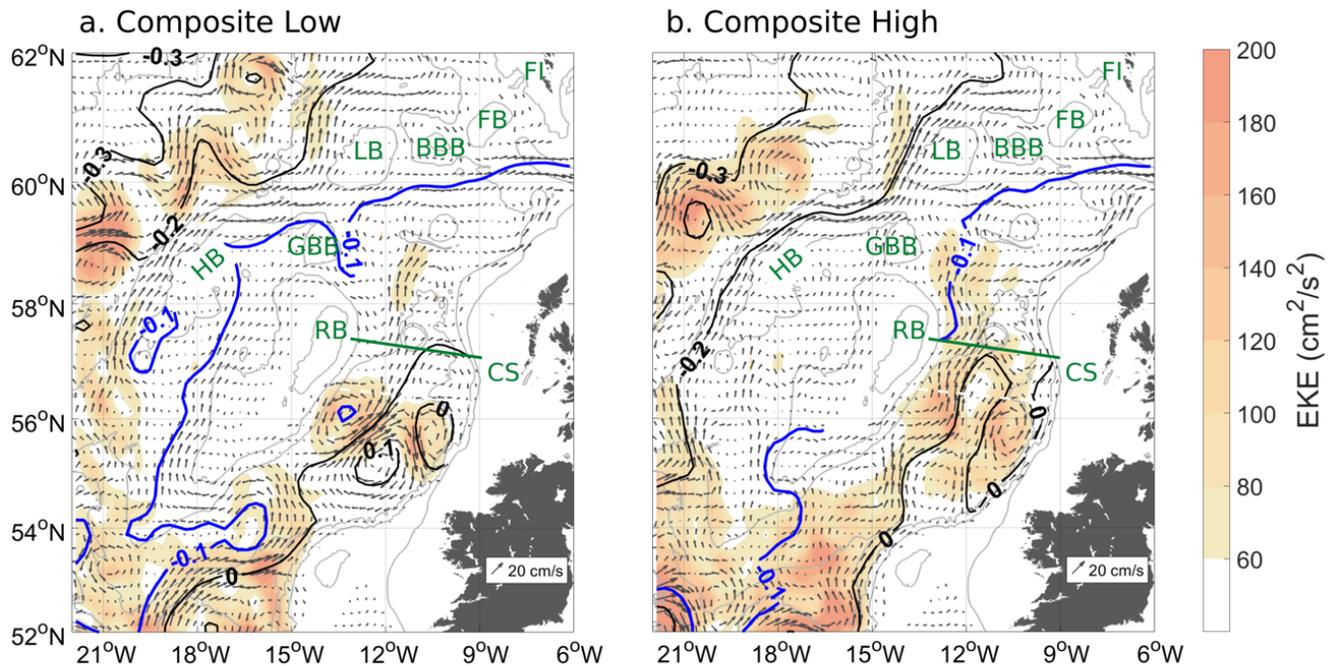
## 505           **5.2 Large-scale circulation changes associated with high and low transport** 506           **regimes**

507           The mesoscale variability in the subpolar North Atlantic and the intensity of the  
508 eddy activity represented by the Eddy Kinetic Energy (EKE) has been documented in  
509 several studies. At midlatitudes away from topography, and particularly in the North  
510 Atlantic, areas of high EKE are associated with energetic currents. Therefore, changes  
511 in the patterns of EKE can be indicative of changes in the strong current systems  
512 (Chafik et al., 2014; Heywood et al., 1994; Reverdin et al., 2003; Volkov, 2005). Using  
513 surface EKE computed from satellite altimetry between 2014 and 2018, we consider  
514 whether there are characteristic spatial patterns of EKE associated with the high and  
515 low transport states defined by the mooring data.

516           The 90-day low-pass filtered EKE fields, absolute surface geostrophic currents  
517 and Absolute Dynamic Topography (ADT) are shown in Figure 7 for periods of low and  
518 high transport (snapshots at transport minimum and maximum in July 2017 and August  
519 2016 respectively are shown on Figure S4). EKE reaches  $200 \text{ cm}^2/\text{s}^2$  in the Rockall  
520 Trough in both composite-states (Figure 7). During the low-transport period, EKE is  
521 organized around eddy-like structures centred on  $12^\circ\text{W}$ ,  $56^\circ\text{N}$ . During the high-transport  
522 period a strong NAC jet, characterised by an elevated EKE-band, stretches from the  
523 entrance of the Rockall Trough to north of the array ( $\sim 59^\circ\text{N}$ ).

524           During periods of low transport, there is a westward shift of the  $-0.1\text{m}$  ADT  
525 contour (Figure 7a). In contrast, during the high-transport period and the 2014-2018  
526 period, the mean  $-0.1\text{m}$  contour is located east of Rockall Bank in the Rockall Trough  
527 (Figure 7b). We note that when considering the 2014-2018 mean, the  $-0.1 \text{ m}$  contour is  
528 similarly located (Figure S1). However, the location of the  $0 \text{ m}$  ADT contour is similar  
529 during both the high and low transport times, meaning that the zonal gradient of ADT in  
530 the Rockall Trough is reduced during the period of low transport and increased for  
531 periods of high transport. This agrees well with the reduction of the mid-basin  
532 geostrophic transport observed during the low-transport period (Figure 4b). The  
533 westward shift of the  $-0.1\text{m}$  contour is even larger at the time of the Rockall Trough  
534 transport minimum (Jul. 2017, Figure S4), when it reached  $20^\circ\text{W}$  in the Iceland Basin.

535           Other regional circulation changes occur during the low transport periods, such  
536 as the retroflexion of the NAC at the entrance of the Trough (Figure 7a and Figure S4a),  
537 and the presence of an eastward flow between George Bligh Bank and Lousy Bank  
538 (60 °N, 13.5 °W). In contrast, during the high transport period, the NAC can be  
539 distinguished as a continuous flow into the Rockall Trough along 12 °W-13 °W. During  
540 the period of high-transport (Figure 7b, Figure S4b) and on the 4-year mean map  
541 (Figure S1), the NAC appears to separate into several eastward-propagating  
542 sub-branches. These eastward flows can be seen south and north of the Anton Dohrn  
543 seamount (57 °N and 58.5 °N) and south of Bill Bailey Bank (60 °N). During the  
544 high-transport period, an additional NAC sub-branch can be seen flowing northward  
545 between Lousy Bank and Bill Bailey Bank (Figure 7b).  
546



547

548 Figure 7: 90-day low-pass filtered EKE (color scale) and surface absolute geostrophic  
 549 currents (black arrows) for the composite-periods of: (a) low and (b) high transports.  
 550 Data are plotted for water depths greater than 400 m and velocities exceeding 2.5 cm/s.  
 551 The green line near 57.5°N indicates the Rockall Trough mooring array. Mean absolute  
 552 dynamic topography contours are plotted as thick black lines with a contour interval of  
 553 0.1 m, with the -0.1 m contour in blue. Bathymetry from ETOPO are shown in grey for  
 554 the 200, 1000, 2000, and 3000-m contours. Acronyms: eddy kinetic energy (EKE); Earth  
 555 TOPOgraphic database (ETOPO); other acronyms defined in Figure 1. EKE and  
 556 surface absolute geostrophic current at the time of the minimum and maximum  
 557 transport are shown in supplementary material (Figure S4).

558

559 **6 Discussion**

560 From four years of UK-OSNAP mooring data we have quantified and described  
561 the variability of the Rockall Trough transport, giving the first continuous multi-year  
562 measurements. The west and east boundary currents are measured directly using  
563 current meters, while the CTDs on moorings WB1/2 and EB1 are used to compute  
564 dynamic height profiles in order to calculate the mid-basin geostrophic transport. We  
565 show that the design of the mooring array is fit for purpose; methodological and  
566 instrumental errors give a mean bias error of 0.03 Sv and a root mean square error of  
567 0.93 Sv on a mean total transport of 4.5 Sv.

568 There is an observing gap in the shelf edge current (east of 9.6°W); the  
569 bottom-mounted ADCP within a trawl-resistant frame suffered heavy fishing-related  
570 damage on multiple deployments. Due to repeated instrument losses, we used  
571 GLORYS12v1 (1/12° global ocean reanalysis) to recreate velocity time-series at the  
572 location of the ADCP mooring. The reanalysis was able to reproduce the correct vertical  
573 structure of the 4-year mean current profiles at the mooring sites but had a bias  
574 of -7.6 cm/s compared to the mean velocity of a successful 8-month ADCP deployment  
575 which we accounted for. The error of the model-based reconstruction of the shelf edge  
576 current transport was assessed by applying the same methodology on repeated EEL  
577 LADCP sections and comparing it to the actual LADCP velocity field. We note that the  
578 uncertainty associated with our method for estimating the shelf edge current (mean bias  
579 error of 0.2 Sv and RMS error of 0.6 Sv, Table S1) is small compared to the transport  
580 and variability in the mid-basin and in the western Rockall Trough. A new observing  
581 strategy has been adopted from 2020 onwards, replacing the ADCP mooring with a  
582 repeated glider survey.

583 Our new transport estimates agree with previously published work. Although we  
584 used a slightly different methodology, the mean for the first 21 months (5.1 Sv) closely  
585 matches the NAC transport in the Rockall Trough calculated by Lozier et al. (2019):  
586 5.2 Sv flowing east of 13.0 °W for the layer  $\sigma_0 < 27.66 \text{ kg/m}^3$ . The 4-year mean total  
587 meridional transport measured in the Rockall Trough (4.5 Sv, standard error of 0.8 Sv)  
588 is in the range of previous EEL hydrographic estimates:  $3.7 \pm 2.4 \text{ Sv}$  for 1975-1998

589 (Holliday et al., 2000) and  $3.0 \pm 3.7$  Sv for 1997-2014 (Holliday et al., 2015). However,  
590 these previous estimates used a mid-depth level of no motion, and our new direct  
591 current measurements in the boundaries show significant barotropic flows, particularly  
592 east of the Rockall Bank where a 4-year mean southward flow of -2.0 Sv was observed.  
593 Similar barotropic and bathymetrically steered flows have been observed further west  
594 from repeated glider observations, on the western and eastern flanks of the Rockall  
595 Hatton Basin (Houpert et al., 2018). Work is ongoing to quantify the barotropic  
596 component of the flow between Iceland and Scotland by revisiting historical  
597 hydrographic sections and referencing the geostrophic shear to direct current  
598 measurements from ship-mounted ADCP and LADCP.

599 A new result from the Rockall Trough mooring array is the strong intra-annual  
600 and seasonal variability in the total transport. The 90-day low-pass filtered transport  
601 time-series has a range of 10.7 Sv, varying from 9.1 Sv in August 2016 to -1.6 Sv in  
602 July 2017. The continuous observations allow us to calculate the seasonal cycle of the  
603 Rockall Trough transport. With an amplitude of 3.6 Sv during the 2014-2018 period, the  
604 seasonal cycle of the Rockall Trough transport accounts for 33% of the range of  
605 variability observed in the 90-day low-pass filtered time-series. This estimate is three  
606 times higher than that found from hydrographic data by Gary et al. (2018), albeit with  
607 the same periods for the transport extrema (maximum in spring and fall; minimum in  
608 summer and winter).

609 A key finding is the occurrence of states of high and low transport in the Rockall  
610 Trough which appear to be related to changes in the large-scale subpolar circulation.  
611 During the high transport state, the total transport is  $7.8 \pm 1.0$  Sv and during the low  
612 transport state the total transport is  $0.6 \pm 0.6$  Sv, with associated changes in the  
613 mid-basin geostrophic transport. During the low-transport period, the western wedge  
614 transport (-1.8 Sv) entirely compensates the mid-basin geostrophic transport (1.8 Sv)  
615 and the net transport reflects the eastern wedge transport. During the low-transport  
616 state, EKE is organized around eddy-like structures while during the high-transport  
617 state, a strong NAC jet, characterised by an elevated EKE-band, stretches from the  
618 entrance of the basin to north of the array. We identified other regional circulation  
619 changes associated with the low-transport state, including the retroflexion of the NAC at

620 the entrance of the Trough, and the presence of an eastward flow between George  
621 Bligh Bank and Lousy Bank. A similar shift between two states of variability was found  
622 in the Iceland Basin by Zhao et al. (2018). They found that alternating eddy and front  
623 patterns in the eastern Iceland Basin contribute significantly to the total poleward heat  
624 transport variability on time scales from sub-seasonal to interannual. Chafik et al. (2014)  
625 found that sea surface height (SSH) slopes from satellite altimetry vary out of phase  
626 west and east of the Hatton Bank: a decrease in the SSH slope west of the Hatton Bank  
627 appears to be compensated by an increase of the SSH slope east of the Hatton Bank,  
628 and *vice versa*. More studies are needed to quantify the relationship between the NAC  
629 variability between the Iceland Basin and the Rockall Trough (e.g. are the high-transport  
630 states in the Rockall Trough associated with low-transport states in the Iceland Basin?),  
631 and to understand the nature of these “modes” of NAC variability  
632 (atmospherically-forced response vs chaotic).

633 A significant decrease in the mid-basin and total transport occurs between  
634 December 2016 and February 2017 (Figure 4). After January 2017 the mean Rockall  
635 Trough transport reduced from 5.7 Sv to 2.7 Sv. Holliday et al. (2020) reported a  
636 dramatic change in the properties of the upper waters of the North Atlantic in 2014–  
637 2016 due to a change of the mean wind stress curl pattern over the region. This change  
638 in water mass properties implied a large eastward shift of the subpolar front and NAC.  
639 This eastward shift of the subpolar front would be consistent with our findings of an  
640 increased northward transport in the Rockall Trough during the 2014-2016 period. The  
641 SSH gradient was reduced in the eastern subpolar North Atlantic during 2017, which  
642 could explain the decrease in transport observed in the Rockall Trough after January  
643 2017, however, further work is needed to better understand the links between the  
644 Rockall Trough transport variability and regional circulation changes.

645 The northward transport of the NAC through the Rockall Trough (6.6 Sv) is larger  
646 than previously thought and mostly takes place in the Rockall Trough interior, not via  
647 the shelf edge current. Satellite altimetry shows that the mean position of the NAC  
648 branch (2014-2018) is west of the Anton Dohrn Seamount between 13°W and 11°W  
649 (Figure S1). This is also seen on the mean EEL LADCP section (Figure 2), where a  
650 northward flow between Rockall Bank and the Anton-Dohrn seamount is superimposed

651 on an anticyclonic recirculation around the seamount. Satellite altimetry also shows that  
652 this main NAC branch is not completely independent of the branch flowing along the  
653 shelf edge. As the mid-basin NAC branch propagates northward it seems to be “leaking”  
654 water towards the east. These eastward propagating sub-branches appear to join the  
655 shelf branch before it enters the Faroe-Shetland Channel (Figure S1, Figure 1). The net  
656 transport across the Rockall Trough array is 2 Sv lower than the total northward  
657 transport because of the presence of a southward flow east of the Rockall Bank. The  
658 mechanisms driving this flow are not fully understood yet, but some evidence exists for  
659 a significant recirculation of the “Icelandic” NAC branch around the Rockall Plateau  
660 region (encompassing the Hatton Bank, Hatton-Rockall Basin and Rockall Bank). For  
661 example, Gary et al. (2018) used the time-mean barotropic streamfunction from the  
662 ocean model VIKING20 and showed that a 2 Sv anticyclonic recirculation exists around  
663 the Rockall Plateau. Howe et al. (2001) identified a zone of active seabed erosion  
664 extending from George Bligh Bank to the south of Rockall Bank, between 1000m and  
665 1500m depth, indicating vigorous bottom-current activity. Initially associated with the  
666 Wyville-Thomson Overflow Water, we think that this erosion pattern could also be the  
667 imprint of the strong barotropic currents associated with the NAC recirculating around  
668 the Rockall Plateau.

669 Our results, along with those of Lozier et al. (2019) contrast with a recent review  
670 by Bower et al. (2019) who concluded that 90% of the total northward upper limb AMOC  
671 transport was associated with the NAC in the Iceland Basin, and that the Rockall  
672 Trough was a negligible pathway. One explanation for the different results could be a  
673 time-dependent partitioning of northward transport between the Iceland Basin and  
674 Rockall Trough. A further explanation could be the existence of subsurface pathways  
675 connecting the Iceland Basin and the Rockall Trough. The presence of these pathways  
676 could explain the fate of the mean northward flow of 1.8 Sv found between 650 m and  
677 1800 m in the mid-basin. North of the mooring array, the only exit pathways deeper than  
678 650 m are the 1100 m deep channel found between Rockall Bank and George Bligh  
679 Bank, and the 1200 m deep channels located between George Bligh Bank, Lousy Bank  
680 and Bill Bailey Bank (Figure 1). Pollard et al. (2004) showed from a survey in 1996 that  
681 2 Sv of saline water exited the Rockall Trough between Rockall Bank and Lousy Bank.

682 Sarafanov et al. (2012) combined multiple annual hydrographic measurements  
683 (2002-2008) with satellite altimetry and found that 10.4 Sv is transported by the NAC  
684 across 59.5 °N between 17 °W and 4 °W, in the upper-layer ( $\sigma_0 < 27.55 \text{ kg/m}^3$ ). They  
685 found a maximum in the NAC transport centred north of the Rockall Trough at  
686 59.5 °N/14 °W, between George Bligh Bank and Lousy Bank. Further work is needed to  
687 characterize and quantify the NAC pathways connecting the Rockall Trough, the Iceland  
688 Basin and the Nordic Seas.

689

## 690 **7 Conclusions**

691 The first multi-year continuous measurements of the Rockall Trough transport  
692 reveal a 4-year mean net flow of 4.5 Sv. A NAC branch in the mid-basin transports  
693 5.2 Sv northward and 1.4 Sv is transported northward in the Scottish shelf edge current.  
694 These pathways represent around half the net northward transport of warm water of the  
695 upper-limb of the AMOC measured through the OSNAP array (Lozier et al., 2019). A  
696 4-year mean southward flow of -2.0 Sv was observed in the western part of the Rockall  
697 Trough, part of a wider anticyclonic recirculation around the Rockall Bank.

698 For the first time we have characterized the seasonal variability in the Rockall  
699 Trough transport using 4-years of continuous measurements. The 90-day low-pass  
700 filtered transport time-series has a range of 10.7 Sv, varying from 9.1 Sv in August 2016  
701 to -1.6 Sv in July 2017. With an amplitude of 3.6 Sv during the 2014-2018 period, the  
702 seasonal cycle of the Rockall Trough transport accounts for 32% of the range of  
703 variability observed in the 90-day low-pass filtered time-series. The greatest transport is  
704 found in fall (October) while the smallest is found in winter (January).

705 There is a detectable seasonal signal for the western wedge, the mid-basin and  
706 the total Rockall Trough transport time-series. The seasonal cycles have two maxima  
707 found during fall (Sep.-Dec.) and spring (Mar.-May) and two minima found in winter  
708 (Jan.-Feb.) and in summer (Jun.-Aug) (Figure 6, Table 2).

709 A new finding is the description of two states of high and low transport in the  
710 Rockall Trough which appear to be related to changes in the large-scale subpolar

711 circulation. During the low-transport state, EKE is organized around eddy-like structures  
712 while during the high-transport state, a strong NAC jet, characterised by an elevated  
713 EKE-band, stretches from the entrance of the basin to north of the array. We also  
714 identified other regional circulation changes associated with the low-transport state,  
715 including the retroflexion of the NAC at the entry of the Trough, and the presence of an  
716 eastward flow between George Blight Bank and Lousy Bank.

717 **8 Appendix**718 **Appendix A: Referencing the mid-basin geostrophic shear to altimetry**

719 One possible method to estimate transport in the mid-basin is to reference the  
720 geostrophic velocities to Absolute Dynamic Topography (ADT) from satellite altimetry.  
721 To assess the suitability of this approach, we compared the ADT anomalies at the  
722 location of moorings WB1 and EB1 to Steric Height (SH) anomalies calculated from  
723 those moorings (Figure A1 a,b).

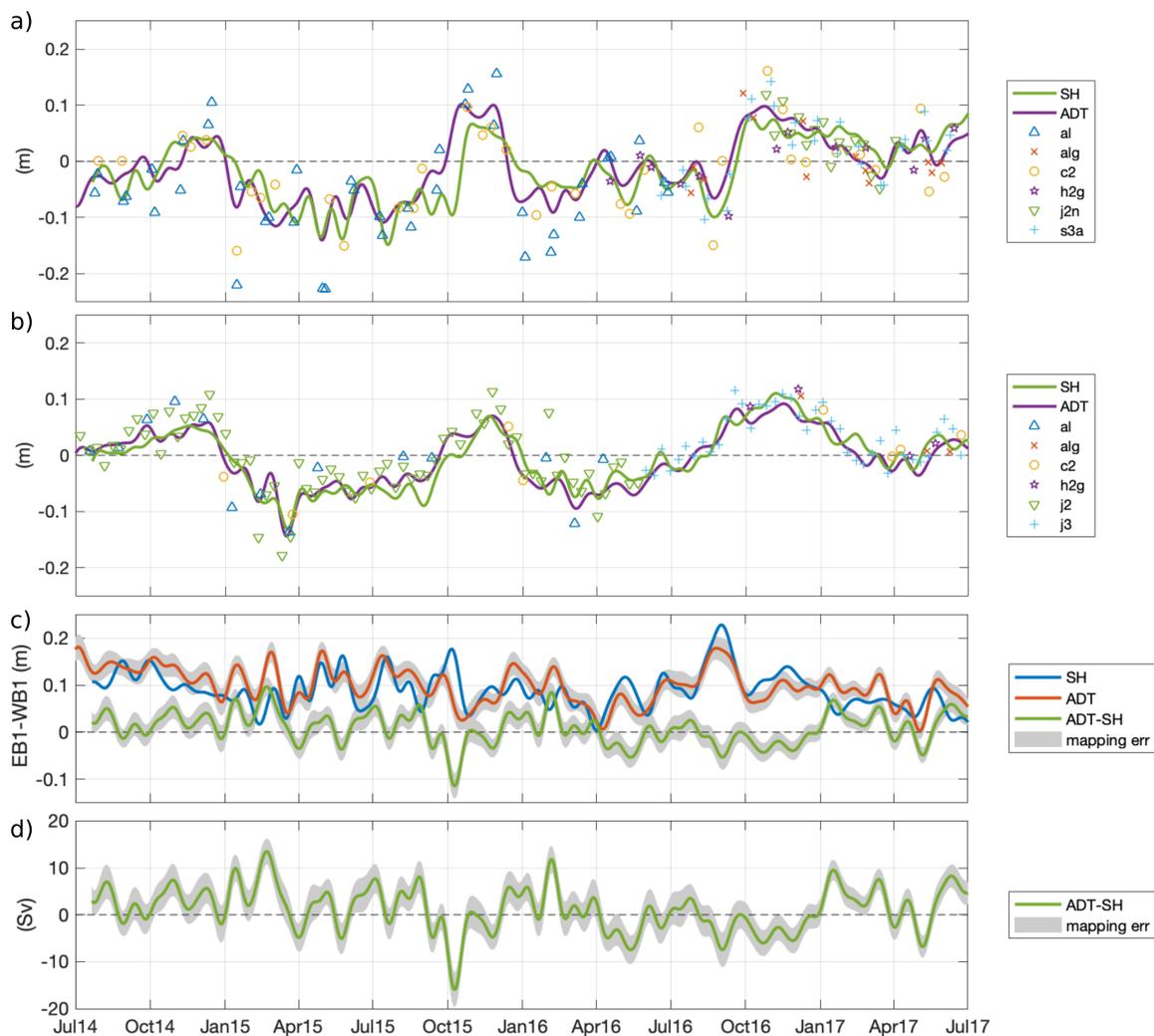
724 Although the overall agreement between the time-series of SH and gridded ADT  
725 anomalies is reasonable at both locations, the mean difference is higher at WB1  
726 (mean  $\pm$  standard deviation,  $0.18 \pm 3.56$  cm) compared to EB1 ( $-0.02 \pm 1.88$  cm).  
727 Additionally, several mismatches between the two time-series exist, particularly at WB1  
728 (e.g. October 2015). These non-negligible differences between ADT and SH induce  
729 strong transport anomalies of up to 10 Sv when the ADT is used to reference the  
730 mid-basin geostrophic velocity (Figure A1 c,d).

731 To investigate possible reasons for this discrepancy, we compared the gridded ADT  
732 product to the data from individual satellite tracks (Figure A1). At WB1, periods of ADT  
733 and SH mismatches correspond to periods when only a few satellite tracks are close to  
734 the mooring site (only Altika and Cryosat missions with a periodicity of 35 and 29 days).  
735 In contrast, at EB1, which is located on the Jason track 113 (periodicity of 10 days), the  
736 differences are smaller. Over the period 2014-2017, the mean  $\pm$  standard deviation of the  
737 difference between the along-track and gridded ADT at the mooring locations are  
738  $0.6 \pm 2.7$  cm at EB1 and  $-2.3 \pm 3.9$  cm at WB1. This raises doubt on the quality of the  
739 gridded ADT time-series at the WB1 location.

740 By defining the uncertainty of the gridded ADT as the standard deviation of the difference  
741 between the along-track and gridded ADT data, we find a mean slope error of 5.0 cm  
742 ( $\sqrt{2.7^2 + 3.9^2}$ ), equivalent to a transport error of 6.8 Sv.

743 The introduction of this large mean error, and the lack of a regular satellite track close to  
744 WB1 before 2017, meant that we chose not to reference our mid-basin geostrophic  
745 velocities to satellite altimetry.

746



747

748

749 *Figure A1: Anomaly (mean removed) of 25 day low-pass filtered Steric Height,*  
 750 *calculated from 1760 m to the surface, and anomalies of Absolute Dynamic Topography*  
 751 *from gridded and along-track data at (a) WB1 and (b) EB1. For each individual satellite*  
 752 *track, the closest along-track data point in a radius of 15km from the mooring location is*  
 753 *kept. Acronyms for satellite missions: al: Altika; alg: Altika Drifting phase; c2: Cryosat-2;*  
 754 *h2g: Haiyang-2A Geodetic Phase; j2: Jason-2; j2n: Jason-2 Interleaved; j3: Jason-3;*  
 755 *s3a: Sentinel-3A. ; (c) Surface slope between EB1 and WB1 due to SH, ADT and the*  
 756 *difference between the two; (d) Transport between EB1 and WB1 due to the difference in*  
 757 *the SH and ADT slopes.*

758

759

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769 BODC curates the UK-OSNAP mooring data (<http://dx.doi.org/10/c7qv>) and the  
770 Extended Ellet Line dataset  
771 (<https://www.bodc.ac.uk/resources/inventories/edmed/report/644/>). Please see text and  
772 references for other data sources.

773

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