

1 **Real-Time Control of Rainwater Harvesting Systems: The Benefits of Increasing**
2 **Rainfall Forecast Window**

3
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11 **Key Points:**

- 12 • Four contrasting Real-Time Control strategies were applied to simulated rainwater
13 harvesting systems
- 14 • Long lead-time rainfall forecast (7-day) enhanced the ability to reduce flood risk and
15 restore baseflow, with little impact on water supply efficiency
- 16 • Using long lead-time rainfall forecast has the potential to holistically restore natural
17 flow regimes.

18 **Abstract**

19 Use of Real-Time Control (RTC) technology in Rainwater Harvesting Systems (RWH) can
20 improve performance across water supply, flood protection, and environmental flow provision.
21 Such systems make the most of rainfall forecast information, to release water prior to storm
22 events and thus minimise uncontrolled overflows. To date, most advanced applications have
23 adopted 24-hr forecast information, leaving longer-term forecasts largely untested. In this
24 study, we aimed to predict the performance of four different RTC strategies, based on different
25 forecast lead-time and preferred objectives. RTC systems were predicted to yield
26 comparatively slightly less harvested rainwater than conventional passive systems, but
27 delivered superior performance in terms of flood mitigation and delivery of environmental
28 water for streamflow restoration. More importantly, using a 7-day rainfall forecast, the longest
29 commercially available prediction window, was shown to enhance the ability of RTC in
30 mitigating flood risks and delivering an outflow regime that is close to the natural (reference)
31 streamflow. Such a finding suggests that RTC combined with 7-day forecast can enhance the
32 functionality of rainwater harvesting systems to restore and even mimic the entire natural flow
33 regimes in receiving streams. This also opens up a new opportunity for practitioners to
34 implement smart technology in managing urban stormwater in a range of contexts and for a
35 range of stream health objectives.

36 **Plain Language Summary**

37 ‘Smart tanks’ based on Real-Time Control (RTC) is increasingly used in rainwater harvesting
38 systems to address water shortages, urban flooding and streams depleted of flow. Smart tanks,
39 controlled by RTC, can use a range of digital information (e.g. rainfall forecast) to make
40 optimal decisions to release some tank water before heavy rain, to reduce flood risks, while
41 still supply water to households. Globally, most uses of this technology use 1-day forecasts of
42 rainfall. To understand the effect of longer prediction window, we compared four strategies
43 using either 1-day or 7-day rainfall forecast and modelled their performance using specialized
44 computer code. We found that smart tanks using 7-day rainfall forecasts are superior in
45 reducing urban flood risks and restoring baseflows to streams. More importantly, they can
46 release the tank water in a pattern that is similar to natural streamflow, thus helping to restore
47 and sustain healthy waterway habitats. Our study is the first reported application of 7-day
48 forecast information in smart control rainwater tanks. It opens up a new opportunity in
49 managing urban water in a range of contexts and for a range of stream health objectives.

50 **1. Introduction**

51 Urbanisation poses a range of critical challenges in water management. Water scarcity
52 results from to population growth and dwindling freshwater resources (Vörösmarty et al.,
53 2010). The growth of impervious cover creates gross changes to the natural water cycle through
54 reductions in infiltration and evapotranspiration (Barron et al., 2013; Haase, 2009), resulting
55 in excessive stormwater runoff and concurrently decreased groundwater recharge (Bultot et al.,
56 1990). This increases flooding risks (Nirupama & Simonovic, 2006) and perturbs the natural
57 flow regimes, increasing peak flows and reducing baseflow (Booth & Jackson, 1997; Burns et
58 al., 2012b; Price, 2011). Accordingly, the conventional hydraulic efficient drainage network,
59 which directly connects the impervious runoff to receiving water, increases the frequency,
60 magnitude and volume of storm flow (Leopold, 1968) and reduces storm recession time (Burns
61 et al., 2005). Such a change drives channel erosion (Hammer, 1972; Russell et al., 2020) and
62 ecological degradation in urban streams and leads to a subsequent loss of ecosystem services
63 (Bunn & Arthington, 2002; King et al., 2005; Walsh et al., 2012).

64 Urban stormwater impacts can be mitigated using Stormwater Control Measures
65 (SCMs) such as Rainwater Harvesting (RWH) systems. Such systems are conventionally
66 designed to capture and store surface runoff from impervious cover (e.g. roofs) to provide a
67 source of water (Gardner & Vieritz, 2010; Mikkelsen et al., 1999). Diversion of rainwater from
68 direct runoff to end-use also helps to mitigate the excess runoff delivered to receiving waters
69 (Fletcher et al., 2007), thus reducing the risks of flooding (Schubert et al., 2017). Releasing
70 some of the retained rainwater, through a passive orifice, in a temporal pattern close to the
71 natural flow regimes can also help to restore the baseflow (Burns et al., 2012a). One limitation
72 of such a system, however, is that they often lack the constant and high demand to create
73 sufficient headroom for upcoming storm runoff (DeBusk et al., 2013; Jones & Hunt, 2010),
74 thus leading to frequent uncontrolled system overflows.

75 Real-Time Control (RTC), so called “smart” technology, is increasingly applied in
76 RWH systems to maximise simultaneous outcomes related to water supply, flooding, and
77 baseflow provision (Roman et al., 2017; Xu et al., 2018). One major advantage of RTC
78 compared to conventional (i.e. passive) systems is the ability to use the available information
79 (e.g. environmental monitoring and weather forecast) and adapt the system operation in
80 coherence with the real-time situation (Kerkez et al., 2016). RTC systems are generally
81 equipped with an active outlet and designed to release water prior to the event (termed here as
82 *pre-storm release*) to minimize the magnitude and frequency of uncontrolled overflow. The
83 released volume is determined by comparison of rainfall forecast from the local meteorological
84 authority with current available headroom. Both modelling and empirical studies have
85 demonstrated the ability of RTC in enhancing the stormwater retention and peak flow reduction
86 (Di Matteo et al., 2019; Gee & Hunt, 2016; Liang et al., 2019), with very little detriment to
87 water supply (Xu et al., 2018). Recent application also includes a new possibility to restore the
88 stream baseflow through a persistent low-rate discharge that emulates the natural flow regimes
89 (Xu et al., 2018).

90 One important concern in relation to the *pre-storm release* is that without attention to
91 the flow regime, it could simply mimic the ‘uncontrolled’ overflow, but shifted in time, thus
92 leaving the flow regime highly disturbed, with geomorphic and ecological consequences for
93 downstream receiving waters. This is because most such RTC applications for flood mitigation
94 are managed at best using a 24-hr forecast, meaning that the release needs to be rapid in order
95 to be completed before the predicted rainfall. Therefore, system outflow is likely to retain the
96 magnitude and flashiness of peak flows which are a feature of impervious runoff, potentially a
97 posing risk of erosion and degradation to downstream receiving waters. The main questions
98 addressed in this article are related to the optimal use of available forecast with different lead-
99 time and its impact for the overall performance of an RTC rainwater harvesting system.

100 Globally, Numeric Weather Prediction (NWP) can anticipate rainfall events more than
101 24-hours ahead of their arrival, with forecasts of up to 7-days readily available (Clark & Hay,
102 2004; Damrath et al., 2000; Davies et al., 2005). While the accuracy of forecast remains a
103 fruitful area of research, such an advance drives new improvement in water industry, such as
104 hydrological forecasting (Georgakakos & Hudlow, 1984; Rossa et al., 2011). In theory, this
105 would also allow RTC systems to perform pre-storm release long before the actual event, at a
106 lower rate that is much closer to the natural hydrology. However, the use of 7-day forecast and
107 the associated effect on pre-storm release remain largely untested.

108 In this study, we aim to design a RTC strategy to operate rainwater harvesting system
109 and assess its effects using different forecast lead-time. We have developed and modelled four
110 RTC strategies with different preferences in terms of maximizing the benefits for water supply,
111 flood protection or streamflow preservation. These strategies are also based on contrasted

112 forecast lead-times and are compared to a conventional (passive release only) system during a
113 5.5-year simulation period. In a more detailed analysis, the impact of different RTC strategies
114 on system outflow regimes is characterized and compared to the natural streamflow.

115 We hypothesis that systems using longer lead-time forecast could improve the ability
116 of RTC in flood protection, with little detriment to the supply of end-use. Our results confirmed
117 this hypothesis and found that, by using the 7-day forecast, the benefits of RTC are not limited
118 in reducing the peak flow and enhancing the baseflow. Importantly, it can deliver an outflow
119 regime that is close to the reference streamflow, revealing a promising potential of RTC to
120 restore and even mimic the entire natural flow regime. Our work brings valuable insights on
121 both the advantage and trade-off of this technology and different forecast information. It
122 highlights the substantial opportunity in equipping rainwater harvesting systems with RTC for
123 a wide range of simultaneous water supply, flood mitigation and streamflow restoration
124 objectives.

125 **2. Methodology**

126 2.1 Proposed RTC strategy

127 We developed four RTC strategies which utilised the rainfall forecast in different ways
128 (Table 1). Strategy S1 (*Flood Protection*) is designed to minimise tank overflows through a
129 24-hr uniform release (termed here as ‘pre-storm release’) of any overflows that are forecast to
130 occur within the next 7-days. Strategy S2 (*Supply Maximisation*) is similar to S1, but features
131 a much shorter forecast lead-time (1-day) in order to maximise the amount of tank water
132 available for supply (i.e. the pre-storm release is not done until the day of predicted overflow,
133 to reduce the probability of any discharges that turn out not to have been required to prevent
134 overflows). In contrast, the pre-storm release in strategy S3 (*Longest Discharge*) and S4
135 (*Streamflow Preservation*) were designed to minimize the flashiness and magnitude of pre-
136 storm release using the 7-day forecast to extend the discharge period, thus more closely
137 reflecting natural streamflow. This is achieved by designing the release in S3 with the longest
138 possible discharge duration for each predicted overflow volume. In S4, the lowest possible
139 discharge rate is used, to minimise changes to the flow regime.

140 Consider the following as an example. If overflow was predicted on both day 3 and 6
141 over the next 7 days, *Flood Protection* would release all of the predicted overflow volume on
142 day 1 to minimise the risk of overflow, while *Supply Maximisation* would release on the day(s)
143 of predicted overflow (i.e. day 3 and 6). Under the *Longest Discharge* strategy, these overflows
144 would be uniformly released over 2 and 5 days respectively to maximize the duration of pre-
145 storm release associated to each event. Such a decision is then recalculated under the
146 *Streamflow Preservation* strategy to minimize the peak release rate during the 7-day, while still
147 preventing each predicted overflow (Table 1).

148 While the above all aim to reduce uncontrolled overflow, all RTC strategies were also
149 designed to simultaneously restore some stream baseflow. This is achieved by a persistent (i.e.
150 every time-step) controlled discharge (termed here as ‘baseflow release’) which attempts to
151 counteract the lost baseflows common in urban streams (Price, 2011; Smakhtin, 2001). Such
152 an operation is ceased when pre-storm release is required, or if the storage is empty. The
153 baseflow release target was determined by the median flow (i.e. daily Q50) from a reference
154 natural stream (forested catchment); the median flow provides a reasonable estimate of a
155 stream’s baseflow (Smakhtin et al., 1997).

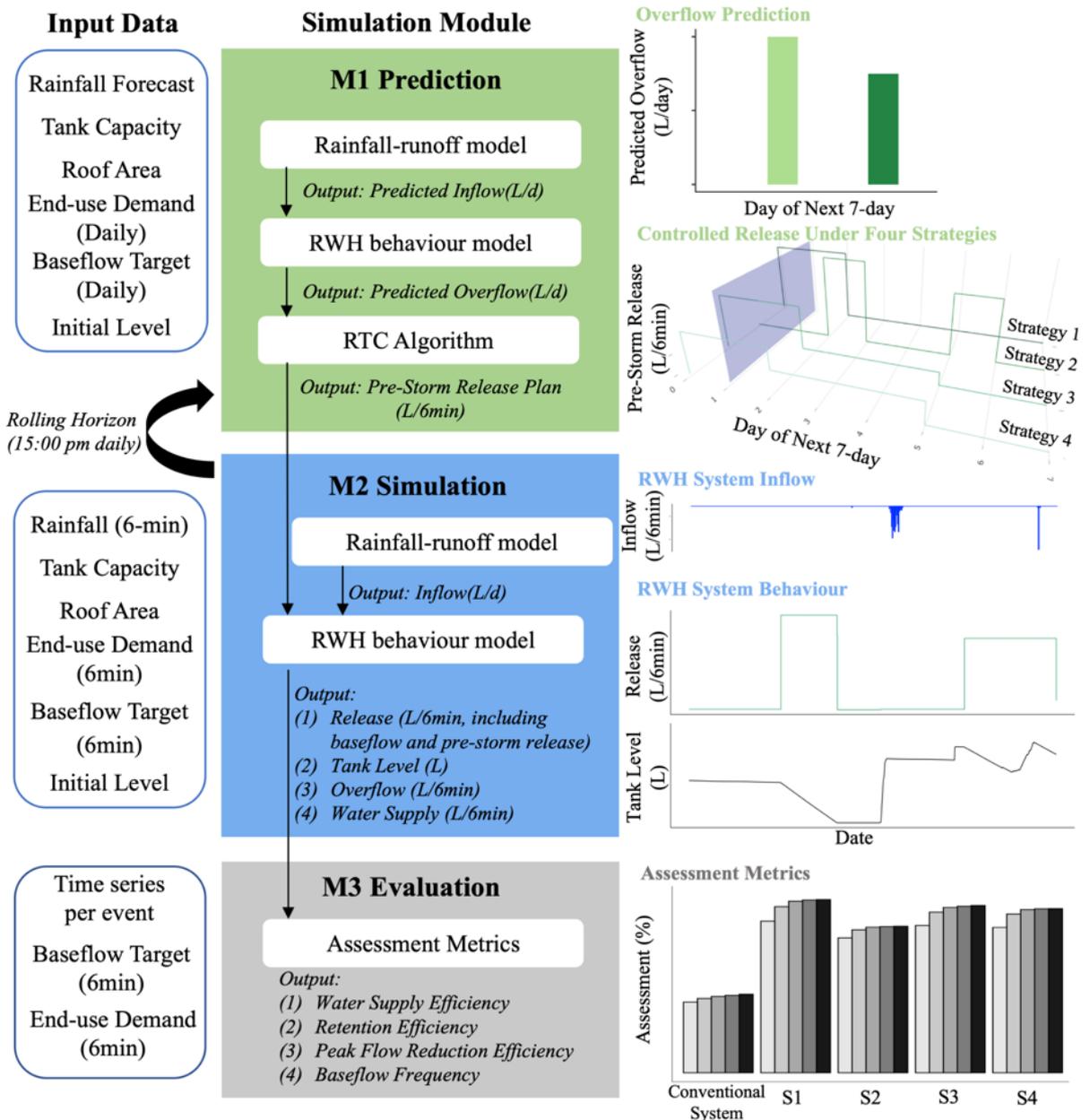
Table 1
Four Proposed Real-Time Control Strategies.

Strategy	Flood Protection (S1)	Supply Maximisation (S2)	Longest Discharge (S3)	Streamflow Preservation (S4)
Principle	Prioritise minimising overflow risk over everything else	Prioritise water supply over all else, by preserving water in storage	Maximise discharge period to emulate natural flow behaviour	Minimise disturbances to the flow regime by minimising peaks
Lead-time (day)	7	1	7	7
Discharge volume	Sum of predicted overflows in next 7-day	Sum of predicted overflows in next 1-day	Predicted overflow on each day	(1) Sum of predicted overflows in next 7-day (2) Predicted overflow on each day
Discharge period	24-hr	24-hr	Until each predicted overflow (<i>may be multiple days</i>)	(1) Until last predicted overflow (2) OR each predicted overflow (<i>both may be multiple days</i>)
Rules	Discharge next 7-day predicted overflow volume in one day as soon as possible	Discharge predicted overflow volume on the day of prediction	(1) Discharge each predicted overflow uniformly during the period (2) Daily discharge is the sum of above	Optimize the individual discharge period of the <i>Longest Discharge</i> strategy to minimize the peak release rate.
Example				

158 2.2 Modelling Framework

159 A modelling framework, written using R (version 3.6.1), was developed to simulate the
 160 performance of the proposed RTC system under the four proposed strategies. This framework
 161 includes three different modules: prediction (M1), simulation (M2), and assessment metrics
 162 (M3) (Figure 1). The prediction module (M1) is run at a daily timestep (at 3pm), the simulation
 163 (M2) is run every 6 minutes and the assessment (M3) is the integration of all the 6-minutes
 164 step for the whole time series.

165



166 **Figure 1.** Conceptual representation of modelling framework to simulate and evaluate real-time controlled
 167 rainwater harvesting systems. Conventional system is simulated only by M2 and evaluated by M3.
 168

169 2.2.1 M1 Prediction

170 The prediction module is the central component to decide control actions for different
171 RTC strategies. It consists of three steps which are operated daily. Firstly, it predicts system
172 inflow as a function of rainfall forecast data (Equation 1, Rainfall-runoff model):

$$173 Q_{in} = (R_t - R_{loss}) \times A \quad (1)$$

174 Where Q_{in} is the system inflow (L), R_t is the forecast rainfall depth (mm) at time t , R_{loss} is the initial loss (i.e.
175 depression storage on the roof surface that delay the runoff) which is set as 0.2mm/day. A is the roof size which
176 is selected as 150m² to reflect a residential house.

177 Tank level is then sampled to predict future system overflow using Yield-After-Spillage
178 rules which provides a more accurate estimation of yield (Mitchell, 2007) (Equations 2-5,
179 Rainwater Harvesting Behaviour Model). Overflows in any systems are unregulated — i.e.
180 they occurred whenever inflows exceeded system capacity.

$$181 Q_{ot} = \max \left\{ \begin{array}{l} V_{t-1} + Q_{in} - S \\ 0 \end{array} \right. \quad (2)$$

$$182 Q_{bt} = \min \left\{ \begin{array}{l} Q_{target} \\ V_{t-1} \end{array} \right. \quad (3)$$

$$183 Y_t = \min \left\{ \begin{array}{l} D_t \\ V_{t-1} - Q_{bt} \end{array} \right. \quad (4)$$

$$184 V_t = \min \left\{ \begin{array}{l} V_{t-1} + Q_{in} - Y_t - Q_{bt} \\ S - Y_t - Q_{bt} \end{array} \right. \quad (5)$$

185 Where V_t and V_{t-1} are the volume in store (L) at the end of time step t (current) and $t-1$ (previous) respectively,
186 Y_t is the rainwater yield at t (L/timestep), Q_{bt} is the controlled release (i.e. baseflow release in prediction
187 module) at t (L/timestep), Q_{ot} is tank overflow at t (L/timestep), S is tank size (L), D_t is rainwater demand at t
188 (L/timestep), Q_{target} is the baseflow target at t (L/timestep), Q_{in} is the tank inflow (L/timestep)

189 Finally, four pre-storm release plans are developed based on strategies (previously
190 explained in 2.1) and fed into the M2 simulation.

191 2.2.2 M2 Simulation

192 This module simulates the performance of the defined controls. The modelling process
193 is similar to the prediction module in simulating system inflow and system behaviour.
194 However, this module uses the actual observed rainfall, applying an initial loss of 0.2 mm
195 (Laing et al., 1988), with an antecedent drying period of 2 hours (i.e. initial loss is only applied
196 when there is a minimum of 2-hour dry period). As noted above, the simulation module is run
197 on a 6-min timestep to capture system dynamics.

198 The prediction (forecast) and simulation (observed) modules are run on a rolling
199 horizon. The prediction module decides the controlled release for the next 7-day based on the
200 rainfall forecast (i.e. 15:00 pm daily). However, only the control actions in the next 24-hour
201 are implemented in the simulation modules. This is then renewed, on a daily basis, when
202 forecast information is updated. Finally, the outputs from the simulation module are stored and
203 evaluated by assessment metrics at the end of simulation period.

204 2.3 Assessment Metrics

205 Four metrics were selected to quantify the long-term performance on supply and flow
 206 regimes (Table 2). The baseflow frequency, retention and supply efficiency are based on total
 207 timesteps or volume, while the peak flow mitigation is evaluated in each event. An individual
 208 storm event was defined as having more than 0.2mm of rainfall and 1.2mm/hr rainfall intensity
 209 with an antecedent dry period of at least 2h, which is consistent with initial loss. Finally, four
 210 of the largest events (i.e. max intensity (mm/hr) while duration is no less than 30min) were
 211 selected as examples to demonstrate peak flow mitigation.

212 The system outflow is also characterized using a flow duration curve. System outflow
 213 is defined as the sum of any uncontrolled overflow and any controlled release (i.e. pre-storm
 214 release and baseflow release). The outflow regime of four RTC strategies is then compared to
 215 conventional system (i.e. overflow) and the reference streamflow.

216 **Table 2.**
 217 *Assessment Metrics for Triple Objectives of Rainwater Harvesting*

Assessment Metrics	Equation	Description
Water Supply Efficiency (%)	$E_{ws} = \frac{\sum Y_t}{\sum D_t} \times 100\%$	Y_t is the rainwater yield on supply at time t (L/6 minutes), D_t is household demand at time t (L/6minutes)
Retention Efficiency (%)	$E_R = \left[1 - \frac{\sum Q_{ot}}{\sum A \times R_t} \right]$	Q_{ot} is overflow at time t (L/6minutes), A is roof size (i.e. 150 m ²), R_t is roof runoff at time t (mm/6minutes)
Peak Flow Mitigation (%)	$\rho = \frac{Q_{out,maxconvention\ system} - Q_{out,maxRTC\ system}}{Q_{out,maxconvention\ system}}$	Peak flow reduction efficiency of RTC strategies compared to the conventional system. Q_{out} refers to overflow in conventional system and sum of overflow and release in RTC systems
Baseflow Frequency (%)	$N_t = \begin{cases} 1, & 2 * Q_{target} \geq Q_{bt} \geq Q_{target} \\ 0, & else \end{cases}$ $F_b = \frac{\sum N_t}{n}$	N_t is count if baseflow target is satisfied at time t and n is the total number of timesteps.

219 2.4 Input data and Scenarios

220 Numeric Weather Prediction was obtained from the local meteorological authority
221 (Bureau of Meteorology, 2020) to predict uncontrolled overflow, which is based on the
222 Australian Community Climate Earth-System Simulator (ACCESS) (Bureau of Meteorology,
223 2010). In total, 66 months (i.e. 2014-03-01 – 2019-08-31) of 7-day lead precipitation forecast
224 were extracted for Eastern Melbourne (i.e. Lat:-37.92, Long:145.32). We utilized mean daily
225 predicted rainfall (in mm) which is updated daily at 15:00 pm and has a relative error of -9.5%
226 compared to rainfall observation (i.e. forecast rainfall generally underestimates the actual
227 rainfall).

228 Rainfall and streamflow observations were obtained at the same location during the
229 same period, to compute system inflow (M2) and the baseflow release target (M1&M2)
230 respectively. We extracted 550 rainfall events with an annual rainfall of 972 mm. Four
231 baseflow targets were derived from median flow across the four seasons (to account for
232 seasonal various), with mean of 0.26 mm/day.

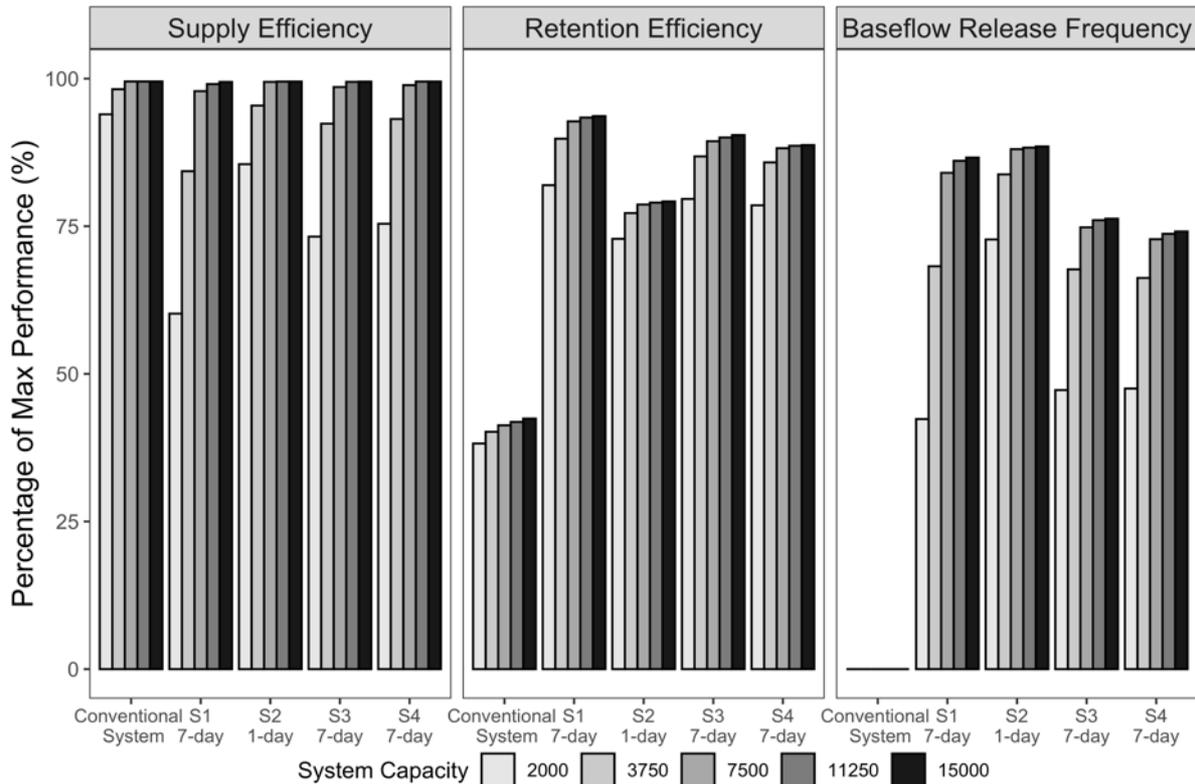
233 We also simulated five scenarios to represent a range of household settings in terms of
234 tank size and roof size. We considered a roof of 150 m², drained by five different sized storage
235 tank (2, 3.75, 7.5, 11.25, 15 m³), are connected to a range of domestic water demands,
236 including toilet flushing, dishwasher and cloth washing. The demand profile was adopted from
237 Xu et al. (2018) which has a daily consumption of approximately 132 L/d with the peak use at
238 7 pm of 10.3 L/hr (consistent with a typical indoor diurnal pattern of usage).

239 3. Results

240 We predicted and compared system performance in terms of water supply, flood risk
241 mitigation and baseflow restoration. Modelling of the RTC systems predicted them to yield
242 comparatively less water supply than conventional (passive-release) systems, but to be much
243 more effective in reducing flood risks and restoring baseflow. More importantly, using 7-day
244 lead-time rainfall forecast, which offers longer prediction window, was shown to further
245 enhance the ability of RTC in mitigating flood risks and delivering an outflow regime that is
246 close to the reference streamflow.

247 3.1 Supply

248 According to the results of the simulation (Figure 2), RTC systems using a 1-day
249 rainfall forecast could supply more water for end-use than those which utilise a 7-day
250 prediction window. The Supply Maximisation strategy (S2) demonstrated an average of 7.7%
251 higher supply efficiency compared to the Flood Protection strategy (S1), which is equivalent
252 to approximately 20 kL over the 5.5 years. Comparatively smaller reductions in supply
253 efficiency were predicted for the flow regime focused strategies — 3.2% for Longest discharge
254 strategy (S3) and 2.6% for Streamflow preservation strategy (S4). Not surprisingly, a
255 conventional system was predicted to yield most water, although differences between all the
256 systems diminished with increasing tank capacity.



257
 258 **Figure 2.** Performance evaluation of conventional system and four RTC systems with different system capacities.
 259 Three metrics are used from Table 2 to quantify the performance during the entire simulation period, which are
 260 supply efficiency, retention efficiency, and baseflow frequency. The strategies are *Flood protection* (S1), *Supply*
 261 *maximisation* (S2), *Longest discharge* (S3) and *Streamflow preservation* (S4).

262 3.2 Flow Regime

263 3.2.1 Flood risk mitigation

264 All RTC systems were predicted to reduce uncontrolled system overflows compared to
 265 the conventional system. The Supply Maximisation strategy, using 1-day forecast, nearly
 266 doubles the retention efficiency compared to conventional passive systems, with an increase
 267 ranging between 72% - 79% (Figure 2). Such an improvement is further elevated by use of the
 268 7-day forecast information (i.e. Flood protection, Longest discharge and Streamflow
 269 preservation strategies), indicating an average further improvement of 10%, meaning an
 270 overflow reduction of 65.7 kL during the 5.5 years simulation period. More importantly, the
 271 results show that increasing the lead-time from 1 day to 7 days provide a much better flood
 272 protection than simply increasing the tank capacity.

273 RTC using 7-day forecast was also predicted to mitigate flow peaks in both small and
 274 large rainfall events (Table 3). For small events (i.e. with rainfall magnitudes less than the
 275 design rainfall 5-yr, 1-hr storm), Supply maximisation strategy (S2) with capacity of 7500 L
 276 showed more than 30% reduction in peak flow compared to conventional systems. However,
 277 this benefit can be generally increased to 100% using 7-day rainfall forecast. For large rainfall
 278 events, while 1-day RTC has no difference to conventional system, RTC using 7-day forecast
 279 provides better performance in reducing the flow peaks, especially for events no more than 20-
 280 year ARI.

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Table 3.
Peak Flow Mitigation of 7500 L Systems in Four Large Events.

Date	Depth (mm)	Max 30-min intensity (mm/hr)	Duration (hr)	ARI approx. ^b	Forecast error (%) ^a	Peak Reduction (%)			
						S1 (7-d)	S2 (1-d)	S3 (7-d)	S4 (7-d)
29 th March 2016	65.09	96.4	2.3	>100	-73	33.8	0	0	0
27 th January 2016	34.2	36.4	1.8	20	-49.3	100	0	100	99.8
21 st March 2017	22.8	22.8	1	5	-42.4	100	30	100	95
25 th January 2018	13.2	26.4	0.5	2	-59.7	100	54.2	100	100

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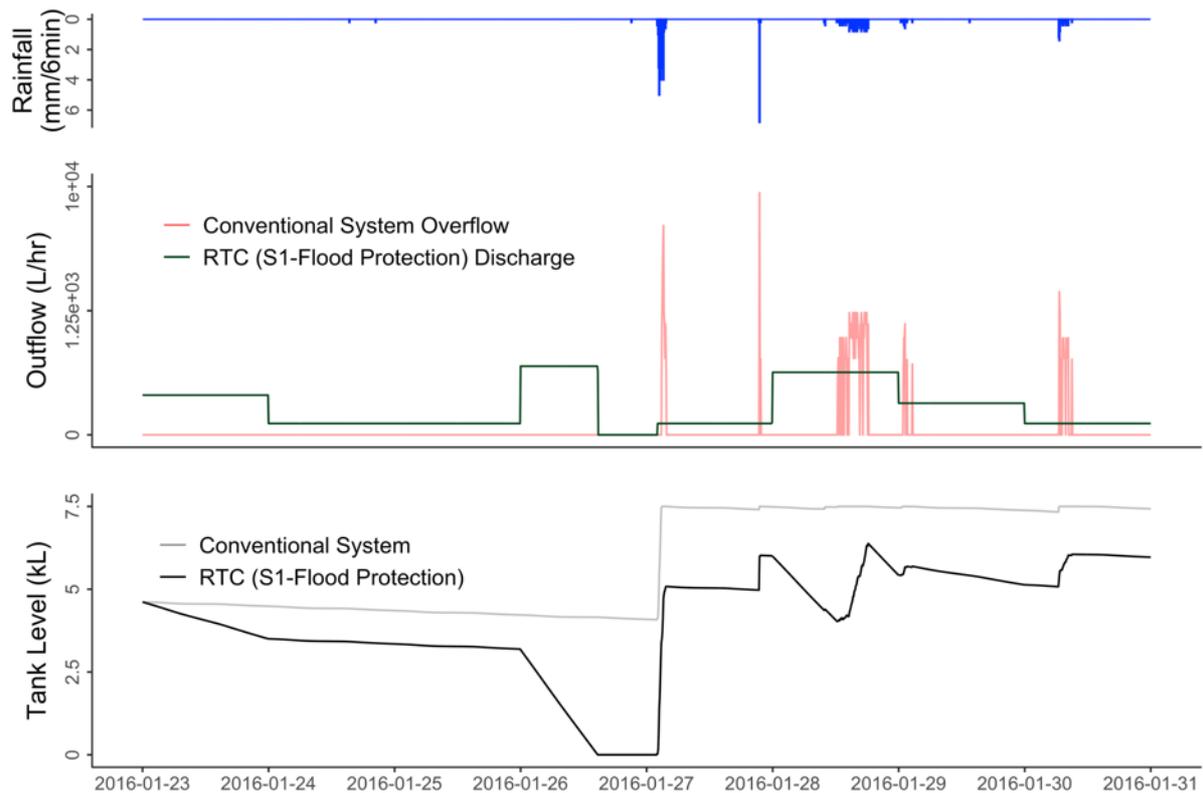
Note: ^aARI is approximated by the Intensity-Frequency-Duration design rainfalls from the local meteorological authorities (Bureau of Meteorology, 2016), using depth and duration in each event. ^bForecast error is the mean relative error of daily rainfall observation and prediction, which is comparable with other study (Shrestha et al., 2013).

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To illustrate (Figure 3), the Flood protection strategy mitigated all uncontrolled overflow during the period of 23rd – 31st January 2016, achieving a 100% peak flow reduction in a 20 year, 2hr-storm on 27th January. Two overflow events were firstly predicted by 7-day rainfall forecast on 23rd Jan, which occurred on 27th and 28th January. Thus, the pre-storm release was performed in the next 24-hr accordingly at a steady rate of 40L/hr. As the system capacity was adequate to accommodate all predicted inflow, Flood Protection was then returned to routine baseflow release (i.e. 1 L/hr) on 24th and 25th January. However, this decision was reassessed when forecast information was updated at 15:00 pm 26th January due to five consecutive overflow predicted. Therefore, the pre-storm release overrode the baseflow release and discharged the storage at 210 L/hr until the tank was emptied, leading to 100% peak flow reduction during a 20 year, 2hr-storm. For the conventional system, the tank spilled most of the inflow through uncontrolled overflow (Figure 3).

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Moreover, the peak flow in a long duration rainfall could also be reduced by discharging the storage during the event. Three subsequent events were predicted on 28th January in the next 7-day forecast period, with the largest rainfall happening in the next 24-hr. Thus, the Flood protection strategy determined a pre-storm release of 160 L/hr to avoid any overflow on the day, while simultaneously making room for future inflow on 29th and 30th January. This is performed during a 6-hr 1 in 1-year event (i.e. 28th January), achieving a peak flow reduction of 87% compared to conventional systems. Such a control was then decreased to 20 L/hr on 29th January due to an over-prediction in the previous forecast. Therefore, RTC using Flood protection strategy successfully mitigated all uncontrolled overflow during the 29th and 30th January event, achieving 98% and 100% peak reduction compared to conventional systems respectively.



310
 311 **Figure 3.** Illustration of a 7,500L system performance for the *Flood protection* strategy and conventional systems
 312 during 23rd – 31st Jan 2016, including hyetograph (top), outflow hydrograph (middle) and water level (bottom).
 313 The conventional systems performance was modelled separately using the same initial condition as the *Flood*
 314 *protection* strategy on 23rd Jan.

315 **3.2.2 Baseflow Restoration**

316 The 1-day forecast control was generally able to deliver more frequent baseflow release
 317 compared to strategies using 7-day information. The Supply maximisation strategy shows an
 318 average of 14.7% higher baseflow release frequency than system using 7-day forecast (Figure
 319 2). Such an advantage is comparatively larger in small sized systems (e.g. 2000 L), diminishing
 320 in large systems, demonstrating a similar trend to the observations for water supply efficiency.

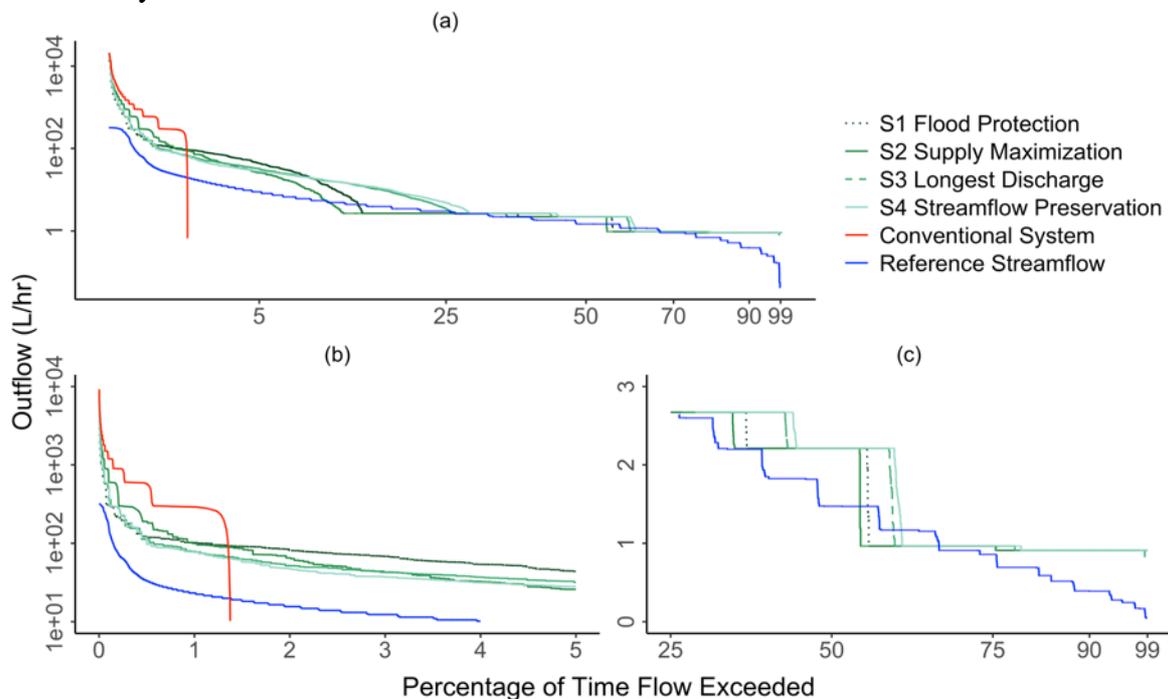
321 For systems using 7-day forecast, baseflow release frequency depended on system
 322 capacity. The Flood protection strategy was predicted to deliver more frequent baseflow release
 323 than the Longest discharge and the Streamflow protection strategies in large systems (i.e.
 324 capacity \geq 7500 L), but was the opposite in small sized system. This demonstrates that
 325 discharging the pre-storm release early, which potentially lead to less water-in-storage
 326 available in the next 7-day, could affect the volume available for the baseflow release,
 327 especially in small systems.

328 3.2.3 Outflow Characterization

329 In addition to the baseflow release frequency, the outflows of all RTC systems were
 330 characterized by a flow duration curve, with a comparison to the reference streamflow (Figure
 331 4). All RTC systems were predicted to successfully restore the low-flow aspects of the flow
 332 regimes (Figure 4C). They generally produce higher low flows across the different seasons (i.e.
 333 four stages), especially for Q75 – Q99 flows. In contrast, the stream gauge at the reference
 334 stream frequently experiences cease-to-flow conditions.

335 The RTC systems were also shown to reduce the magnitude and flashiness of high
 336 flows, especially for systems using 7-day forecast. RTC systems demonstrated lower high
 337 flows compared to conventional systems, especially for <Q1 flows (Figure 4B). System using
 338 7-day information further lower the magnitude and rate of change compared to the Supply
 339 maximisation strategy, which are vital in restoring the natural flow regime (Poff et al., 1997).
 340 More importantly, in the 1-day forecast, the high flow regime of the Supply maximisation
 341 strategy almost duplicates the behaviour of the conventional system, while the 7-day forecast
 342 period allows the RTC systems to enhance mitigation of peak flows, thus reducing flooding
 343 risks. For system using 1-day forecast, despite the lower magnitude, it may overflow almost
 344 the same way as conventional systems during large events, which is consistent with the finding
 345 in peak reduction (Table 3).

346 Moreover, designing the pre-storm release to operate over a longer duration at a lower
 347 rate could better attenuate the flows, especially during Q5 - Q25 (Figure 4A). The outflow
 348 duration curve of Flood Protection and Supply Maximisation shows higher peak flow during
 349 Q0.5 - Q3, with a sudden ‘drop-off’ towards baseflow levels (Figure 4B). In contrast, the
 350 outflow regime of the Longest discharge and the Streamflow protection strategies generally
 351 produces more muted high flows, decreasing more gradually until the turning point occurred
 352 later at Q25. This gives a more constant overall flow regime. Most importantly, these designs
 353 more closely resemble the flow duration curve of the reference streamflow.



354 **Figure 4.** Outflow Duration Curve of a 7500L system in conventional setting and four RTC strategies compared
 355 to the reference streamflow on a pro-rata base (i.e. considering catchment area of 150 m²). System outflow is
 356 determined by the sum of overflow and release.
 357

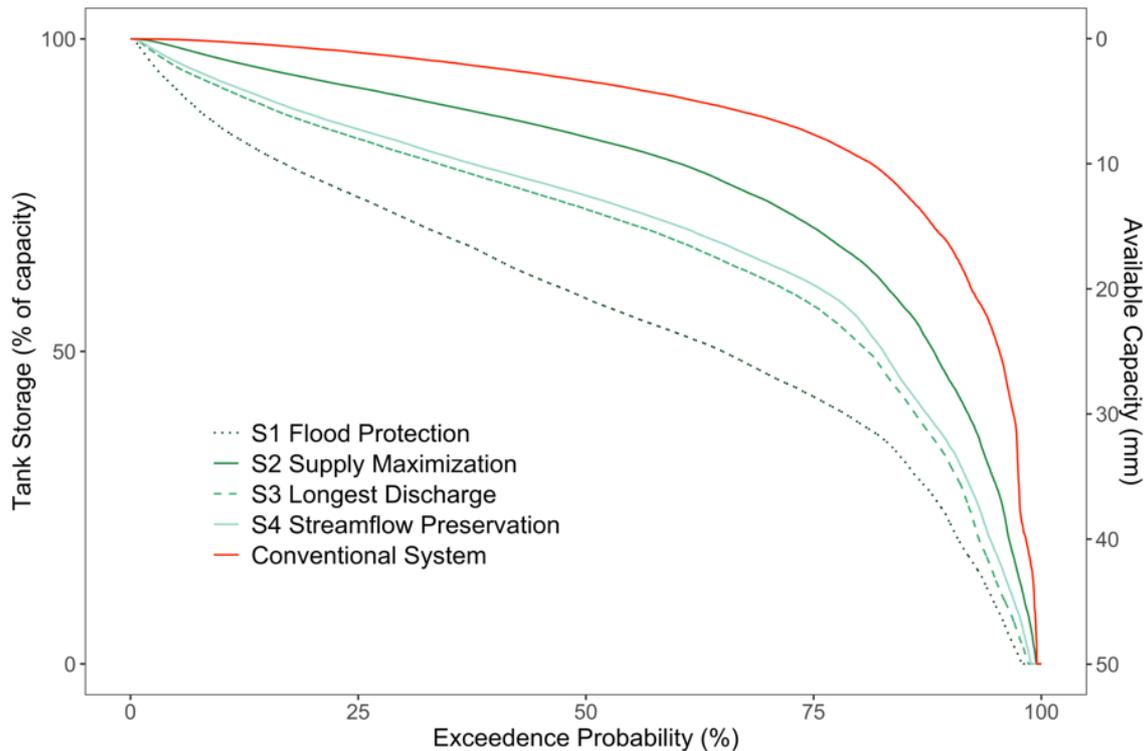
358 4. Discussion

359 4.1 The impact of forecast lead-time

360 Applying long lead-time forecast (e.g. 7-day) in RTC may result in small reductions in
361 water supply, but dramatically enhances the performance in reducing flood risk. This is because
362 a longer prediction window, which extends the ability to predict future overflow, results in
363 higher tank volume dedicated to pre-storm release (Figure 5).

364 The impact of long lead-time forecast on water supply also leads to the same impact on
365 baseflow release. The baseflow release operates a persistent discharge, which is equivalent to
366 a low-but-steady ‘demand’ (albeit for the environment, rather than human water consumers)
367 on water from the rainwater harvesting system. Systems controlled with long lead-time forecast
368 will release more water for flood mitigation, and thus hold less water to supply baseflow
369 release, consistent with the effect observed for (human) water supply. The impact of the
370 strategy on the storage available is confirmed when representing the storage duration curve for
371 the four RTC strategies and the conventional tanks, for the 5-year simulation period (Figure 5).

372 As shown in Figure 2, the system capacity impacts the performance of the system. A
373 RTC system using 1-day forecast may supply more end-use and baseflow release in small
374 systems (where limitations on available water are amplified), but such a difference is
375 diminished with increased tank capacity. However, while the difference in peak flow retention
376 efficiency followed the same trend, systems using short forecast lead-time could not deliver
377 the same level of service compared to those using longer lead-time (Figure 2), even in
378 unusually large systems (e.g. 15,000L) (Figure 2). Such a finding highlights the importance of
379 forecast information to the operation of RTC in mitigating flooding risks. Longer forecast
380 period availability can be used to avoid the need for what would otherwise be larger storages
381 to achieve the same level of flood mitigation performance. This can provide substantial benefits
382 in highly dense urban environments, where flood protection is often prioritised (Nirupama &
383 Simonovic, 2006), but where space for flood storage may be limited. In addition, the smaller
384 performance increase in large sized systems (Figure 2) also implies a diminishing-marginal-
385 returns relationship with system capacity when using different forecast information and
386 strategies to achieve optimal outcome across the multiple objectives. Considering the capital
387 and space-take involved in building large storage, there is likely a benefit of using RTC to
388 avoid requiring large storages, although large storages may still be required where overall water
389 supply security is important.



390
391
392
393

Figure 5. Tank storage duration curve of four RTC strategies compared with conventional systems. The available capacity (right Y axis expressed in mm of runoff from catchment) is the tank storage (L) standardised linearly by roof size of 150 m².

394

4.2 The impact of outflow control

395

Releasing the predicted overflow early over the forecast window can better reduce the flooding risks. Daily rainfall forecast generally does not provide the specific timing of the predicted storm events. This then makes the decision on the period of pre-storm release less certain, thus hindering the ability of RTC to create sufficient freeboard in time. Controlling the release early, such as occurs in S1 Flood Protection, can prepare empty space well before the actual storm events. But conversely, this leaves less water available for supply and baseflow release, albeit with benefits for retention performance of both the total runoff and flow peaks, which is vital for flood protection, especially in highly dense urban areas.

403

By definition, the period over which pre-storm releases occur will affect the proportion of time that the target baseflow is being achieved. Operation of the RTC in such a way to quickly release the pre-storm release (primarily to minimise flood risk) will have the impact of minimising time when above-baseflow flow rates are delivered. However, releasing flow early also increases the chance that there will be inadequate water available to meet the baseflow ‘demand’, meaning that the pre-storm release operation’s effect on baseflow is a two-edged sword. Careful optimisation of these potentially conflicting objectives is necessary, to ensure that appropriate flow regimes and wetted habitats are available, particularly during dry periods (Leopold, 1968; Price, 2011).

412

However, reducing peak flow and maximising the period of base-flows may not necessarily achieve a full restoration of the flow regime. The ecological integrity of an aquatic ecosystem requires a flow regime as close as possible to its natural (pre-urbanisation) level (Poff et al., 1997). This includes, not only the magnitude and frequency of peak- and baseflow, but also the duration, timing and flashiness of flow events. Therefore, releasing the predicted overflow over a longer period at a lower rate, such as occurs in S3 Longest Discharge and S4 Streamflow Preservation (Figure 4), arguably better imitates the reference flow regime. Doing

418

419 so also has the benefit of minimising the hydraulic disturbance and subsequent geomorphic
420 degradation of the channels of receiving streams (Russell et al., 2020). In coupling with real-
421 time flow monitoring (Kawanisi et al., 2018), RTC offers the potential to adapt the controlled
422 release to real-time flow conditions, thus mimicking the natural streamflow, and delivering the
423 flow regime determined appropriate for the ecological objectives of the receiving water.

424 A further consideration is the extent to which the pre-development or reference flow
425 regime serves as a desirable ecological outcome. In this study, the reference stream showed
426 significant periods of cease-to-flow conditions. In reality, many such natural streams will still
427 experience flow during such periods, but it may be entirely hyporheic and not measured by
428 standard flow gauges (Tonina, 2012). Regardless, there are broader ecological management
429 questions about whether cease-to-flow conditions should be preserved (thus potentially
430 contributing to regional biodiversity; (Poff et al., 2010)), or whether baseflow should be
431 provided to increase local habitat and thus local biodiversity (Chiu et al., 2017). The RTC
432 strategies we tested sought to maximise the period over which baseflow was sustained, but this
433 could be easily adapted to mimic reference cease-to-flow conditions, if desired.

434 4.3 Forecast Error

435 The performance of RTC can be lost from forecast error. Precipitation forecast are
436 subject to three types of error: localisation, timing and intensity of events (Habets et al., 2004).
437 Location errors may lead to a prediction of rain that doesn't occur in reality (thus leading to
438 unnecessary release and reduction in water supply reliability) or vice versa (leading to
439 uncontrolled overflows). Timing errors for system using short lead-time forecast may result in
440 the pre-storm release being too late to reduce overflow, but this will have much lower impact
441 for long forecast lead-time strategies, such as S1 Flood Protection. More importantly, error in
442 rainfall intensity is the main source of forecast uncertainty, especially on the daily time scale
443 (Shahrban et al., 2016). Over-prediction causes unnecessary release leading detriment to
444 reductions in yield, while underpredicting rainfall events may reduce flood mitigation
445 performance, especially in large events (e.g. 29th December 2016 event in Table 3). RTC using
446 long-lead time forecast can potentially minimise the effect of such errors, given that the longer
447 prediction window, as demonstrated above, allows RTC to prepare empty space for future
448 events earlier (e.g. S1 Flood Protection). Future work could investigate the benefits and costs
449 of RTC systems that use rainfall forecasts with lower probability (e.g. 10% chance) to
450 maximize the flood protection in large rainfall events.

451 It is of course likely that forecast accuracy will be improved in the future, thus
452 informing a better control. Forecast accuracy can be improved by postprocessing the received
453 Numeric Weather Prediction (NWP) (Shrestha et al., 2013), such as using Seasonality Coherent
454 Calibration (Wang et al., 2019). Recent advances in downscaling NWP also offer RTC systems
455 with finer spatial and temporal resolution 'nowcast' of upcoming storm events, such as Short
456 Term Ensemble Prediction System (Bowler et al., 2006), which could better inform the pre-
457 storm release in mitigating the flooding risks, especially in large events.

458 Our results showed that current forecast accuracy can affect the performance of RTC,
459 but even so, the performance remains better than conventional systems. With growing advances
460 in meteorology forecasting and better understanding on how to utilize the forecast information,
461 the impact of forecast error on system performance could be minimized and even eliminated.
462 Importantly, the impacts of forecast error on flood mitigation performance can be limited by
463 use of long forecast lead-times, albeit with some cost in terms of water supply performance.

464 4.4 Implementation

465 Implementing RTC in rainwater harvesting systems is feasible. Such an application can
466 be widely found in other urban water systems, such as water distribution networks (Leirens et
467 al., 2010; Martínez et al., 2007) and combined sewers (Campisano et al., 2016; Mollerup et al.,
468 2017). Current sensor technology enables the monitoring of present system states (e.g. pump
469 flow, water level and valve status) and environmental condition (e.g. rainfall and streamflow)
470 in real-time, which provides essential knowledge for RTC decision making (Schütze et al.,
471 2004). Recent advances in low-cost sensors also provide an affordable and highly customized
472 solution to tackle the technological and economical challenge during large scale
473 implementation (Cherqui et al., 2019; Montserrat et al., 2013). The collected data and control
474 decisions can be stored and transmitted through wireless communication and online platforms
475 (Lefkowitz et al., 2016; Pellerin et al., 2016; Yang, 2006). Future broader adoption of RTC in
476 stormwater management will, however, need to address the regulatory environment and
477 governance. The operational jurisdiction and obscure ownership which characterise these
478 systems, when applied at household scale, might slow down the development of the investment
479 model for their ongoing effort for maintenance and deployment, which is likely to create
480 inertia, impeding or delaying adoption (Brown & Farrelly, 2009; Brown, 2005).

481 4.5 Future Study

482 Future research is required to investigate the spatio-temporal behaviour of networks of
483 RTC-based systems. This includes the hydraulic modelling of the propagation released tank
484 water through a catchment and its associated impact to the downstream receiving water.
485 Algorithms, such as flood routing, could be incorporated to further understand the benefits of
486 RTC on flood mitigation and flow regime restoration. More stochastic simulation of end-use
487 behaviour is also essential to reveal the yield performance of RTC, and the human-behaviour
488 and other factors that may affect it. All of these research questions will lead to a better overall
489 understanding of the combined impacts of RTC systems.

490 Another very promising area of research is indeed the question of how multiple RTC
491 systems can work collectively toward identified catchment-scale benefits. Application of RTC
492 at different geographical locations could, for example, strategically adopt different release
493 strategies to collectively meet the catchment-scale hydrological objective, both for the overall
494 catchment and for various locations (sub-catchments) within the catchment. The investigation
495 of such a distributed control strategy and assessment of its impact at catchment scales is a
496 logical next step.

497 5. Conclusion

498 In this study, we aimed to design possible Real-Time Control (RTC) strategies to
499 operate Rainwater Harvesting Systems and assess their effects using different forecast lead-
500 times. We modelled four strategies with different preferences in maximizing the benefits for
501 water supply, flood protection or streamflow preservation. These strategies are based on
502 different forecast lead-times (i.e. 1-day and 7-day rainfall forecasts) and are compared to a
503 conventional system during a 5.5-year simulation period. We concluded that RTC systems
504 yield comparatively less water supply yield than conventional systems only in small systems,
505 but had much greater performance in reducing flood risks and restoring baseflow, for all test
506 strategies. More importantly, using 7-day lead-time rainfall forecast, which offers longer
507 prediction window, enhances the ability of RTC in mitigating flood risks, releasing water over
508 a longer period and at a lower rate, thus delivering an outflow regime that is close to the
509 reference streamflow. Such a finding indicates the promising potential of RTC to holistically
510 restore natural flow regimes. This work provides valuable insights on both the advantages and

511 trade-off of RTC applied to rainwater harvesting, and highlights the benefits and costs of using
512 long lead-time forecast in control strategies. There are substantial opportunities for future
513 adoption of RTC Rainwater Harvesting System in a range of contexts to achieve “smart”
514 management of urban stormwater.

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530 [services/about/forecasts/australian-digital-forecast-database.shtml](http://www.bom.gov.au/weather-services/about/forecasts/australian-digital-forecast-database.shtml)).

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