

1 **FRIS revisited in 2018: On the circulation and water masses at the Filchner and**  
2 **Ronne Ice Shelves in the southern Weddell Sea**

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16 **Key Points:**

- 17 • Hydrographic status update with the first comprehensive CTD survey along the entire  
18 FRIS front since 1995
- 19 • Strong and stable presence of High Salinity Shelf Water in Ronne Depression over  
20 decades
- 21 • Dominance of Ronne-sourced Ice Shelf Water in Filchner Trough in 2018 points to  
22 intensified sub-FRIS circulation

23

24

**25 Abstract**

26 The Filchner-Ronne Ice Shelf (FRIS) is characterized by moderate basal melt rates due to the  
27 near-freezing waters that dominate the wide southern Weddell Sea continental shelf. We  
28 revisited the region in austral summer 2018 with detailed hydrographic and noble gas surveys  
29 along FRIS. The FRIS front was characterized by High Salinity Shelf Water (HSSW) in Ronne  
30 Depression, Ice Shelf Water (ISW) on its eastern flank and an inflow of modified Warm Deep  
31 Water (mWDW) entering through Central Trough. Filchner Trough was dominated by Ronne  
32 HSSW-sourced ISW, likely forced by a recently intensified circulation beneath FRIS due to  
33 enhanced sea ice production in the Ronne polynya since 2015. Glacial meltwater fractions and  
34 tracer-based water mass dating indicate two separate ISW outflow cores, one hugging the  
35 Berkner slope after a two-year travel time, and the other located in the central Filchner Trough  
36 following a ~six year-long transit through the FRIS cavity. Historical measurements indicate the  
37 presence of two distinct modes, in which water masses in Filchner Trough were dominated by  
38 either Ronne HSSW-derived ISW (Ronne-mode) or more locally-derived Berkner-HSSW  
39 (Berkner-mode). While the dominance of these modes has alternated on interannual time scales,  
40 ocean densities in Filchner Trough have remained remarkably stable since the first surveys in  
41 1980. Indeed, geostrophic velocities indicated outflowing ISW-cores along the trough's western  
42 flank and onto Berkner Bank, which suggests that Ronne-ISW preconditions Berkner-HSSW  
43 production. The negligible density difference between Berkner- and Ronne-mode waters  
44 indicates that each contribute cold dense shelf waters to protect FRIS against inflowing mWDW.  
45

**46 Plain Language Summary**

47 We visited the largest floating Antarctic ice shelf in the southern Weddell Sea in 2018 with an  
48 icebreaker expedition, and measured ocean temperature, salinity, meltwater content and other  
49 parameters in front of the Filchner-Ronne Ice Shelf. We found that the ocean conditions were  
50 still dominated by the very cold and dense waters needed to protect the ice shelf from inflowing  
51 warm waters from the deep ocean. We compared the 2018 conditions with earlier surveys since  
52 the 1980s and concluded that, in spite of climate change and in contrast to other Antarctic  
53 regions, the water masses on the southern Weddell Sea shelf remained relatively stable overall.  
54 We found that most of the stations we visited near the Filchner Ice Shelf edge were dominated  
55 by cold Ice Shelf Water, which forms when water masses interact with the underside of the shelf  
56 ice. Our measurements helped improve our understanding regarding the currents and water  
57 masses on the southern Weddell Sea continental shelf.

58

## 59 **1) Introduction**

60 The Antarctic continent stores the largest amount of freshwater on earth. However, the  
61 Antarctic ice sheets and glaciers are losing mass, leading to a cumulative sea level rise of 14 mm  
62 since 1979 (Rignot et al., 2019). Some ice mass loss could be linked to changes in the  
63 atmosphere, such as the warming of the Antarctic Peninsula (Vaughan et al., 2003), which  
64 triggered the decay of the Larsen ice shelves (Rott et al., 1996; Broeke v.d., 2005). However, the  
65 majority of ice mass was lost from glaciers and ice sheets that were exposed to the influence of  
66 warm ocean waters (Rignot et al., 2019). Thompson et al. (2018) classify the Antarctic marginal  
67 seas into “warm”, “fresh”, and “dense” shelves based on their hydrographic properties impacted  
68 by the dynamics of the Antarctic Slope Current system and associated frontal dynamics. On  
69 “warm” continental shelves such as along the West Antarctic Peninsula or in the Amundsen and  
70 Bellingshausen Seas, warm waters of open ocean origin intrude inshore by following the seafloor  
71 since there is no strong front separating the shelf from the warm Circumpolar Deep Water  
72 (CDW) as is found on the “fresh” shelves surrounding the Antarctic continent. The “dense”  
73 continental shelves of the Ross and Weddell Seas are wide and dominated by near-freezing  
74 conditions (Nicholls et al., 2009) and characterized by moderate ice shelf basal melt rates (Paolo  
75 et al., 2015; Rignot et al., 2019). The Filchner-Ronne Ice Shelf (FRIS), Antarctica’s largest ice  
76 shelf by volume, is located south of such a “dense” wide continental shelf in the Weddell Sea.  
77 The circulation and oceanographic conditions on this southern Weddell Sea shelf are dominated  
78 by a saline water mass named High Salinity Shelf Water (HSSW). HSSW is at surface-freezing  
79 temperature ( $\sim -1.9$  °C) and forms as a result of sea ice production on the continental shelf and  
80 in coastal polynyas, in particular in the southwestern Weddell Sea off Ronne Ice Shelf (RIS,  
81 Haid and Timmermann, 2013). HSSW has salinities of 34.60-34.85 and contributes to the dense  
82 shelf waters or directly flows off the shelf across the continental slope and contributes to the  
83 formation of Weddell Sea Deep and Bottom Waters (Gordon et al., 1993; Orsi et al., 1999),  
84 which are precursors of Antarctic Bottom Water (AABW). Data from moorings at the ice shelf  
85 front (Nicholls et al., 2004), sub-ice shelf moorings (Nicholls et al., 2001), and model studies  
86 (Timmermann et al., 2012) indicate that HSSW enters the cavity below FRIS following the  
87 bathymetry in Ronne Depression and drives an ice shelf-wide thermohaline circulation (Figure  
88 1). En route through the cavity, HSSW may encounter greater water pressures that lower the in  
89 situ freezing point to match its own surface-freezing temperature, thereby causing melting at the

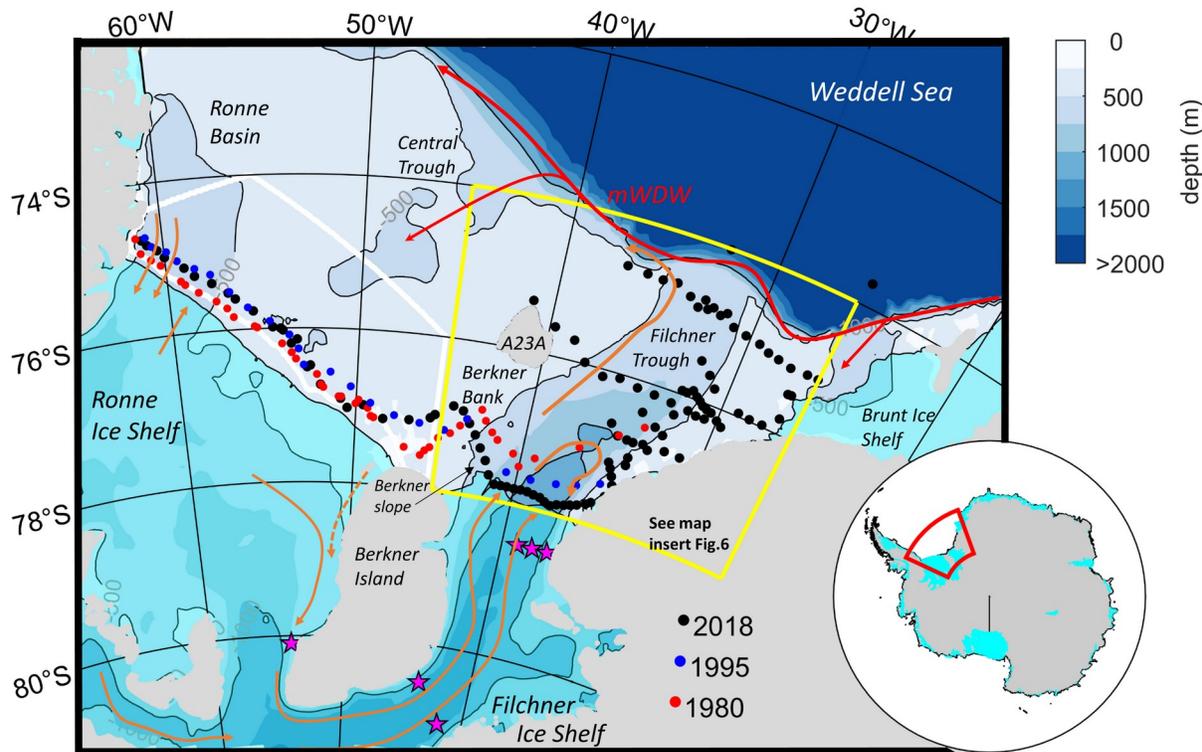
90 base of the ice shelf (model-derived average of  $0.34 \text{ m year}^{-1}$  at FRIS; Timmermann et al., 2012).  
91 The resulting modified water mass is colder and fresher and hence more buoyant and is referred  
92 to as Ice Shelf Water (ISW). ISW is characterized by below-surface freezing temperatures ( $< -$   
93  $1.9^\circ\text{C}$ ), and leaves the FRIS cavity via the Filchner Trough (Nicholls et al. 2009).

94 These cold and dense waters prevent a large-scale inflow of Warm Deep Water (WDW), the  
95 Weddell Sea's derivative of CDW, which occupies the intermediate layer (200-1200 m) of the  
96 Weddell Sea (Daae et al., 2020). This is not the case along the narrow continental shelf off  
97 Dronning Maud Land, where WDW mixes with the colder and fresher Eastern Shelf Water to  
98 result in modified (m)WDW, which seasonally penetrates the southern Weddell Sea through  
99 troughs intersecting the continental shelf (Ryan et al., 2017). The seasonal flow of mWDW onto  
100 the shallower shelf is regulated by the Antarctic Slope Front, which responds to changes in the  
101 wind field and stratification (Hattermann, 2018) and controls cross-frontal exchange through  
102 mesoscale eddies and instabilities (Nøst et al., 2011; Stewart and Thompson, 2015; Stewart et al.,  
103 2018). On FRIS, however, the impact of mWDW is presently limited by the cold, dense waters  
104 that occupy the Filchner Trough, though model studies suggest that a freshening of the shelf  
105 water masses under warmer atmospheric conditions may lead to enhanced warm water inflow  
106 and dramatic ice shelf melting by the end of this century (Hellmer et al., 2012; Hellmer et al.,  
107 2017; Daae et al., 2020). MWDW is a persistently observed water mass at the RIS front, west of  
108 Berkner Bank (Foldvik et al., 2001; Gammelsrød et al., 1994), and also has been observed at the  
109 FIS front (Darelius et al. 2016). Recent moored temperature records indicate considerable  
110 interannual variability of mWDW-presence in Filchner Trough (Ryan et al., 2020). At present,  
111 this does not appear to significantly contribute to FRIS mass loss, as mWDW resides above the  
112 depth of the ice shelf front atop denser waters that occupy the Filchner Trough. However, future  
113 melt rates will crucially depend on the evolution of the dense water masses and circulation on the  
114 southern Weddell Sea continental shelf.

115 Prior to 2017, the hydrography at Filchner Ice Shelf (FIS) front was dominated by water  
116 masses that were formed on Berkner Bank (Figure 1), referred to as Berkner-HSSW (Akhoudas  
117 et al. 2020), and seasonal outflows of ISW along the western flank of the trough (Darelius and  
118 Sallée, 2018). However, temperature and salinity records from moorings underneath FRIS have  
119 shown an intensification of the Ronne-HSSW driven cavity circulation in response to increased  
120 sea ice formation in the Ronne Polynya since 2015. This resulted in a decline in Berkner-HSSW

121 and an increase in Ronne HSSW-derived ISW in the Filchner Trough in mid-2017 (Hattermann  
 122 et al., 2021, from here on referred to as H2021). Shortly thereafter, in austral summer 2018, an  
 123 *RV Polarstern*-expedition (PS111) was able to access both FIS and RIS fronts during extended  
 124 polynya events and undertake a detailed hydrographic survey.

125 In this paper, we present a 2018 hydrographic status update of the FRIS front and  
 126 Filchner Trough, and contrast our findings with those from earlier expeditions. Further, we  
 127 investigate the variability of circulation regimes underneath FRIS as inferred from observed  
 128 ocean conditions in Filchner Trough. Specifically, we discuss two contrasting circulation modes  
 129 that are immediately connected to HSSW production north of RIS and on Berkner Bank, referred  
 130 to as Ronne- and Berkner-modes. We examine these modes in a historical context and finally  
 131 discuss the impact of changes in forcing parameters on the regional and large-scale ocean  
 132 circulation.



133  
 134 **Figure 1: Map of the southern Weddell Sea including CTD stations from 2018 (black), 1995 (blue) and 1980**  
 135 **(red). Magenta stars indicate drillhole moorings mentioned in the text for reference (H2021). Ice Shelves are**  
 136 **marked with cyan shading, bathymetry (Schaffer et al., 2016) is shown in blue color contours. The 500 m and**  
 137 **1000 m-isobaths are marked with black contours. Bathymetric and geographic features referred to in the text**  
 138 **are indicated in the map. The area north of RIS inside the white line marks the region used to quantify sea ice**  
 139 **production (Figure 12). The Filchner Trough framed by the yellow lines marks the inset used in Figure 6. The**

140 arrows indicate the inflow branches of modified Warm Deep Water (red) and the under-FRIS circulation  
141 fueled by the inflow of High Salinity Shelf Water (orange).

142

## 143 2) Materials and Methods

### 144 2.1 Hydrographic data

145 Hydrographic measurements were carried out onboard the German research icebreaker *RV*  
146 *Polarstern* (Alfred-Wegener-Institut Helmholtz-Zentrum für Polar- und Meeresforschung, 2017)  
147 during the PS111-expedition to the southern Weddell Sea (Figure 1) from 12 January to 14  
148 March 2018 from Cape Town, South Africa, to Punta Arenas, Chile. Temperature and salinity  
149 profiles during PS111 (Janout et al., 2019) were collected with a Seabird 911+ CTD  
150 (Conductivity-Temperature-Depth) recorder attached to a water sampling carousel. The raw data  
151 were processed with the Seabird processing software and quality controlled thereafter. Pre- and  
152 post-cruise calibrations of the conductivity and temperature sensors were performed by the  
153 manufacturer. Finally, the salinity values were corrected with salinity measurements from water  
154 samples, which were measured with an Optimare Precision Salinometer. The final accuracies of  
155 the CTD data are estimated as 0.0005°C and 0.002 for temperature and salinity, respectively.  
156 Dissolved oxygen measurements were collected with an oxygen sensor attached to the CTD. The  
157 sensor was carefully calibrated throughout the expedition by measuring the oxygen content of  
158 water samples using the Winkler titration method. Along-track oceanographic and  
159 meteorological parameters were measured with *RV Polarstern*'s fixed installed underway  
160 measurement system. Temperature and conductivity at 11 m (Figure 2a-b) were measured with a  
161 thermosalinograph SBE21 (Schröder and Rohardt, 2018) with accuracies of 0.001°C and 0.001  
162 S/m. Air temperature, wind speed and direction, and atmospheric pressure (Figure 2c-f) were  
163 measured with *Polarstern*'s weather system (Schmitthüsen, 2020).

164 Geostrophic velocities were computed from the density structure measured via CTD stations  
165 along FRIS assuming a level-of-no-motion at 200 m as this is the minimum thickness of the edge  
166 along FRIS (Schaffer et al., 2016). In order to distinguish between ISW sourced from either  
167 Ronne- or Berkner-HSSW, we defined the respective source water salinities by finding the  
168 crossing point of the ISW Gade line (Gade, 1979) with the surface freezing temperature line.  
169 This method assumes water mass transformation along characteristic lines in temperature-

170 salinity-space in the absence of other mixing end members. We neglected the effect of heat  
171 conduction at the ice shelf-ocean interface and used a slope of 2.4 K/psu of the Gade line,  
172 resulting from  $\Delta T/\Delta S=L/(S_0c_p)$ , where the latent heat of ice is  $L=3.34 \times 10^5 \text{ J kg}^{-1}$ , the specific  
173 heat capacity of seawater  $c_p=4186 \text{ J kg}^{-1} \text{ K}^{-1}$ , and  $S_0$  is the seawater salinity.

174 We revisited earlier hydrographic stations to view the 2018-observations in a decadal context  
175 and to understand the variability in hydrographic properties and tracers along the FRIS front.  
176 Prior to 2018, the most comprehensive surveys along FRIS took place in 1980 (early January to  
177 mid-February) aboard the *RV Polarsirkel* (Gammelsrød and Slotsvik, 1981) and in 1995 (late  
178 January to early March) aboard *RV Polarstern* (Schröder, 2010). We use CTD stations from both  
179 earlier surveys and in addition tracer data from 1995. Similar to PS111, both historic surveys  
180 entered the Ronne ice front region through polynyas, and CTD stations were approximately  
181 sampled at the same relative distance from the shelf ice. For an interannual comparison of source  
182 water salinities in Filchner Trough, we further investigated historical CTD stations collected  
183 between 1973 and 2018 (see Carmack and Foster, 1975; Foldvik et al., 1985; Driemel et al.,  
184 2017 for historic data details).

185

## 186 2.2 Glacial basal melt water (GBMW) from oceanic noble gas measurements

187 Water samples from the CTD-rosette-system were collected in gas tight copper tubes and  
188 subsequently analyzed for noble gas content with the IUP Bremen mass spectrometer (Sültenfuß  
189 et al, 2009). Oceanic measurements of the low-solubility and stable noble gases helium (He) and  
190 neon (Ne) provide a useful tool to identify and quantify GBMW (e.g. Schlosser et al. 1986;  
191 Hohmann et al., 2002; Huhn et al., 2008; Huhn et al., 2018; Rhein et al, 2018). Atmospheric air  
192 with a constant composition of these noble gases is trapped in the ice matrix during formation of  
193 the meteoric ice. Due to the enhanced hydrostatic pressure at the ice shelf base, these gases are  
194 completely dissolved in the water when the ice melts. This leads to a He concentration of 25.7  
195 nmol/kg and a Ne concentration of 90.1 nmol/kg in pure GBMW (Loose and Jenkins, 2014).  
196 GBMW is detectable at fractions of <0.05% based on an accuracy of <0.5% for He  
197 measurements performed at the IUP Bremen. Some GBMW may be enriched with crustal He  
198 (i.e., the isotope  $^4\text{He}$ ) from  $\alpha$ -decay of uranium, thorium, and their daughter products in the  
199 bedrock beneath an ice sheet. On geological timescales, the crustal He accumulates in the  
200 overlying ice up to 300 m above the bedrock (Beaird et al., 2015; Suess and Wänke, 1963). A He

201 surplus of  $4.5 \pm 0.5$  times that of GBMW has been observed in deep ice near to bedrock. Some  
202 He (mainly primordial  $^3\text{He}$ ) is released by mid-ocean ridges to the ocean's interior by  
203 hydrothermal activity (Clarke et al., 1969; Well et al., 2003), increasing the  $^3\text{He}/^4\text{He}$  ratio  
204 (expressed as  $\delta^3\text{He}$  in %) in the water versus the equilibrium ratio. We used the He and Ne  
205 concentrations and the method from Rhein et al. (2018) to calculate the fractions of GBMW.  
206 First, we estimated the mean mixed layer supersaturation from noble gas stations at a distance  
207 from the ice shelf front (to avoid bias from upwelled GBMW into the mixed layer) and  
208 subtracted this value from the measured values. Then, we subtracted the equilibrium value  
209  $\text{He}_{\text{EQ}}(\theta, S)$  and  $\text{Ne}_{\text{EQ}}(\theta, S)$  (for each data point as a function of the local potential temperature  $\theta$   
210 and salinity  $S$  using the solubility function from Weiss (1971)) from the observed values and  
211 attributed the remainder to pure GBMW. In this paper, we show GBMW calculated from Ne to  
212 exclude any bias from additional crustal He.

213 Additionally, we analyzed 335 seawater samples for the transient tracers chlorofluorocarbon  
214 CFC-12 and sulphur hexafluoride  $\text{SF}_6$ . These anthropogenic trace gases have increased in the  
215 atmosphere due to rising human production and enter the ocean via gas exchange at the ocean  
216 surface. Hence, they allow us to determine transit time scales of oceanic transport (Smethie et al.,  
217 2001; Waugh et al., 2003; Huhn et al., 2013). Samples were filled from the CTD-rosette-system  
218 into glass ampoules avoiding atmospheric contact. The ampoules were flame-sealed after a tracer-  
219 free headspace of purified nitrogen was applied. Later, at IUP Bremen, the samples were  
220 analyzed by purge and trap pre-treatment followed by gas chromatographic (GC) separation on a  
221 capillary column and electron capture detection (ECD) (Bulsiewicz et al., 1998). The total error  
222 of the measurement was  $\pm 2\%$  for CFC-12 and  $\pm 5\%$  for  $\text{SF}_6$ . Here, we show the partial pressure  
223 of these trace gases in the samples instead of concentration to account for the solubility of these  
224 gases under different temperatures and salinities (Warner and Weiss, 1985; Bullister et al.,  
225 2002).

226 Water mass ages (i.e. the time lag between the last contact with the atmosphere and time of  
227 observation) were determined from the ratio of  $\text{SF}_6/\text{CFC-12}$ . The ratio excludes the effect of  
228 mixing with old (tracer-free) water and possible saturation dis-equilibria during formation  
229 (assuming identical equilibration fractions for both tracers). First, we calculated the partial  
230 pressure of these gases in each sample from the concentrations, temperature and salinity using  
231 the solubility functions from Warner and Weiss (1985) and Bullister et al. (2002). Second, we

232 compared the partial pressure ratio in each sample with the known atmospheric ratio time history  
233 (Bullister, 2017), and determined the year of equilibration with the atmosphere and finally the  
234 age as the time lag between year of observation and formation.

### 235 2.3 Ronne sea ice production estimates

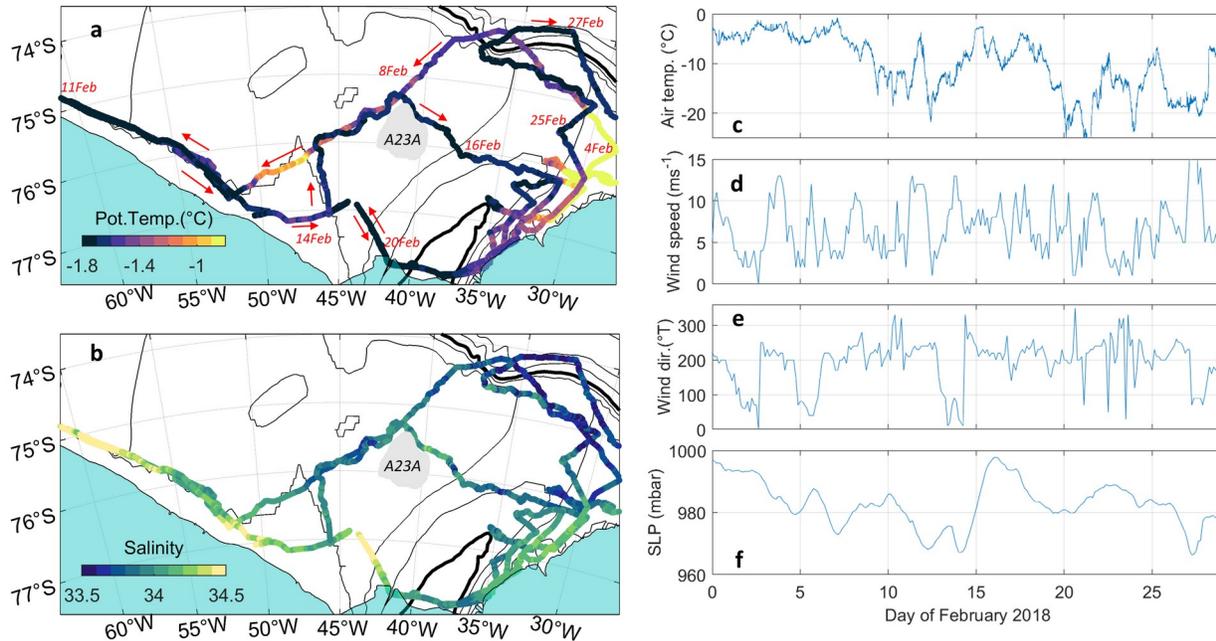
236 The highest sea ice production rates in the southern Weddell Sea are found in coastal  
237 polynyas, areas characterized by open water, thin ice, and low sea ice concentration (Paul et al.,  
238 2015). Coastal polynyas form all along FRIS, driven by offshore winds and tides. We used  
239 results from a simulation with the global Finite Element Sea ice–ice shelf–Ocean Model  
240 (FESOM, Timmermann et al. (2012), Wang et al., 2014) to derive sea ice production estimates in  
241 polynyas associated to the Ronne sector (white framed area in Figure 1) in the southern Weddell  
242 Sea (1985-2017). The model was run on a grid with horizontal resolution that varied between 3  
243 km under the ice shelves, 6-7 km along Ronne Ice Front, and up to 25 km north of the Weddell  
244 Sea continental shelf. We used a hybrid vertical coordinate system with 36 layers. Ice shelf draft,  
245 cavity geometry, and global ocean bathymetry were prepared from the 1-minute version of  
246 RTopo-2 (Schaffer et al., 2016). This model was initialized in 1979 from temperature and  
247 salinity derived from the World Ocean Atlas 2009 (Levitus et al., 2010), and run until the end of  
248 2017 using atmospheric forcing from the ERA-Interim reanalysis (Dee et al., 2011) on a 75 km  
249 horizontal grid, with 6-hourly air and dew point temperatures (both at 2 m altitude), 10 m-wind  
250 fields, as well as 12-hourly average shortwave and longwave radiation, precipitation and  
251 evaporation values. We calculated cumulative annual ice production within polynyas in the  
252 Ronne sector (Figure 1) from the daily data. Only positive sea ice production rates were taken  
253 into account, and nodes with sea ice concentration <70% or thickness <20 cm were considered to  
254 be polynyas.

## 255 **3) Results**

### 256 3.1 Surface hydrography on the southern Weddell Sea shelf in February 2018

257 In February 2018 the near-surface (11 m) southern Weddell Sea shelf water was  
258 characterized by predominantly cold and saline conditions, with average along-track temperature  
259 and salinity of -1.6°C and 33.9, respectively (Figure 2). During the sampling period, heavy sea

260 ice conditions in the southern Weddell Sea inhibited access to the slope region west of  $\sim 36^\circ\text{W}$ .  
261 However, extensive open water regions were found in a large polynya along the eastern Filchner  
262 Trough and near the shelf break in the northeast, where maximum temperatures of  $-0.8^\circ\text{C}$  were  
263 measured in early February. The warm temperatures then vanished during the second visit to the  
264 region in late February, with the sea ice cover rapidly closing under freezing air temperatures  
265 (Figure 2c) during the transition to winter conditions. Southwest of the grounded iceberg *A23A*  
266 (Figure 2), an extended region with decreased sea ice concentration, which had been apparent  
267 since November 2017 (not shown), developed into open water by February 2018. This region  
268 ( $45\text{-}50^\circ\text{W}$ ) is within the mWDW-inflow region along Central Trough that will be discussed in  
269 more detail later, and showed above-freezing surface waters of  $-1.3^\circ\text{C}$  during our transit on 10  
270 February 2018 (Figure 2a). Tides are considerable on the southwest Weddell Sea shelf  
271 (Makinson, 2002) and likely cause upward heat fluxes of the mWDW to the surface, which may  
272 contribute to the local reduction in sea ice concentration there. All other regions along the cruise-  
273 track featured near-freezing surface waters. In particular, the westernmost track along RIS was  
274 carried out along a narrow ( $\sim 5\text{-}10$  km) polynya caused by southerly winds before and during our  
275 visit in early-to-mid February 2018 (Figure 2d-e), which led to active sea ice formation with  
276 minimum air temperatures reaching below  $-20^\circ\text{C}$  (Figure 2c) during the time of our observations.  
277 Surface salinities showed considerable gradients from the northeast to the southwest (Figure 2b).  
278 The northeast is influenced by local and advected meltwater with minimum salinities of 33.5 and  
279 slightly higher values of up to 34.0 toward the FIS edge. Maximum surface salinities of 34.5 were  
280 found in front of RIS.



281  
 282 **Figure 2: Along-track a) temperature (°C) and b) salinity measured by the ship's thermosalinograph at 11 m**  
 283 **water depth, c) air temperature (°C), d) wind speed (m s<sup>-1</sup>) and e) direction (°T); f) sea level pressure (mbar)**  
 284 **measured locally by RV Polarstern's weather system displayed against the day of February. Arrows**  
 285 **indicating travel direction and occupation dates in panel a) are provided for better orientation. Cyan shading**  
 286 **in a) and b) indicate ice sheets and ice shelves. Bathymetry contours in black mark every 500 m; the 1000 m-**  
 287 **isobath is marked by the bold line.**

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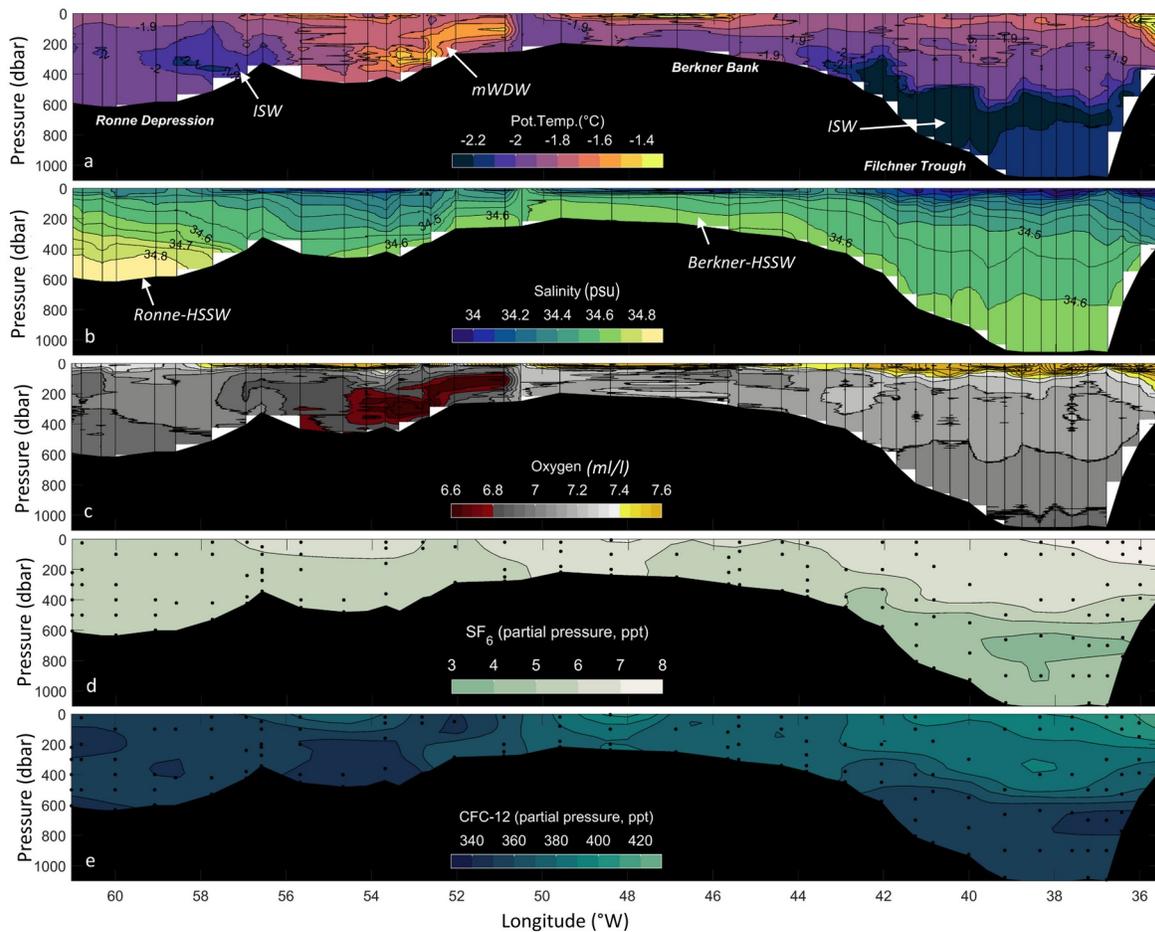
### 290 3.2 Hydrographic conditions along the Filchner-Ronne Ice Shelf edge and in Filchner

#### 291 Trough in 2018

292 The hydrography along the RIS front in austral summer 2018 was dominated by HSSW with  
 293 salinities of up to 34.84 in the deepest part of Ronne Depression (Figure 3a-b). The overlying  
 294 water column was salinity-stratified with temperatures near the freezing point from surface to  
 295 bottom. Thermohaline measurements indicated the presence of an ISW core located on the  
 296 eastern flank of Ronne Depression carrying temperatures of -2.1°C. Furthermore, the ISW  
 297 sampled was found to possess high levels of  $\Delta\text{He}$  and  $\Delta\text{Ne}$  (not shown) and was thus enriched in  
 298 GBMW (0.8 %, Figure 4a). Geostrophic velocities suggested a 1-5 cm s<sup>-1</sup> northward flow (Figure  
 299 5). Another previously identified outflow branch (Nicholls et al., 2004) appeared on the western  
 300 edge of this transect at 60°W, although without super-cooled waters and only slightly enriched in  
 301 GBMW (0.5%, Figure 4a). The hydrography further east near Berkner Bank around 52°W was  
 302 characterized by the inflow of -1.5°C-mWDW that was guided from the shelf break toward the

303 ice shelf front along Central Trough (Figure 1). The mWDW present at the continental slope was  
 304 significantly warmer than the  $-1.5^{\circ}\text{C}$ -waters observed at the ice shelf edge (i.e. the maximum  
 305 temperature in transect number 4 in Figure 6 was  $-0.2^{\circ}\text{C}$ ), which suggests that a substantial  
 306 amount of mWDW-heat was lost during the  $\sim 500$  km-long route across the southern Weddell  
 307 Sea shelf. The inflow had a geostrophic velocity core of  $\sim 5$   $\text{cm s}^{-1}$  and was characterized by the  
 308 highest  $\delta^3\text{He}$  -rates observed in the transect (not shown).  $\delta^3\text{He}$  quantifies the contribution of  
 309 mantle Helium from mid-ocean ridges in a water mass such as CDW and its derivatives (Well et  
 310 al., 2003; Ryan et al., 2016), thus underlining the deep-water source of the mWDW.

311



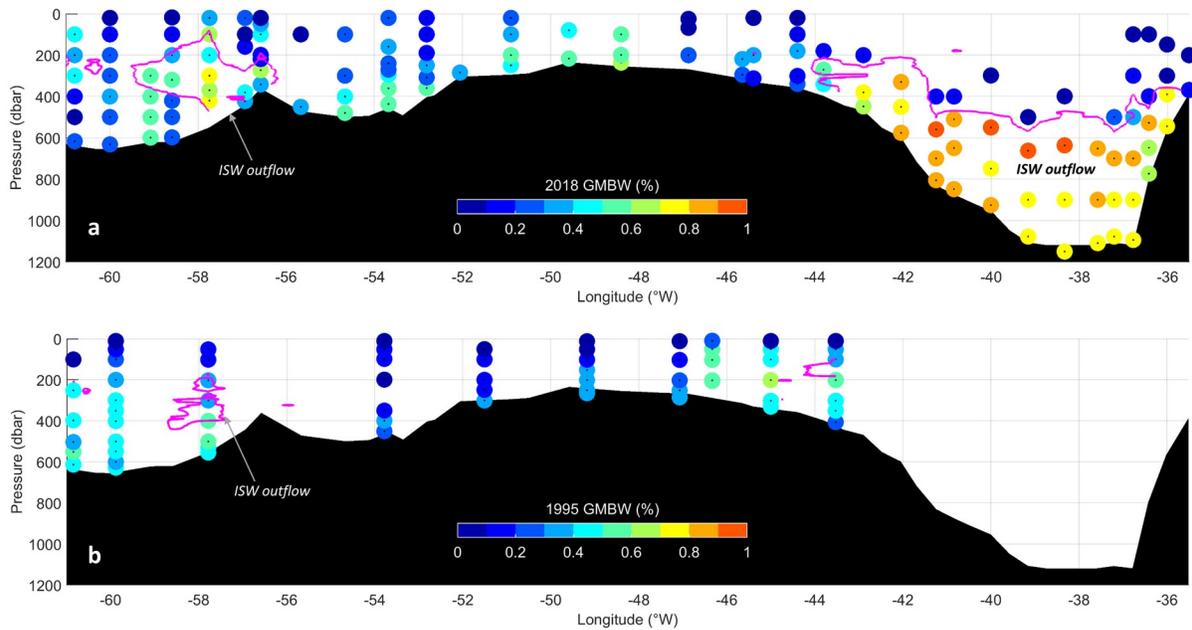
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313 **Figure 3: Properties along the FRIS front in austral summer 2018: a) potential temperature ( $^{\circ}\text{C}$ ), b) salinity;**  
 314 **c) oxygen ( $\text{ml/l}$ ); d)  $\text{SF}_6$  (ppt), and e) CFC-12 (ppt). Station locations can be found in Figure 1 and are**  
 315 **indicated by vertical black lines in panels a-c and by black dots in panels d-e. Objective mapping was used to**  
 316 **interpolate between stations in panels d and e.**

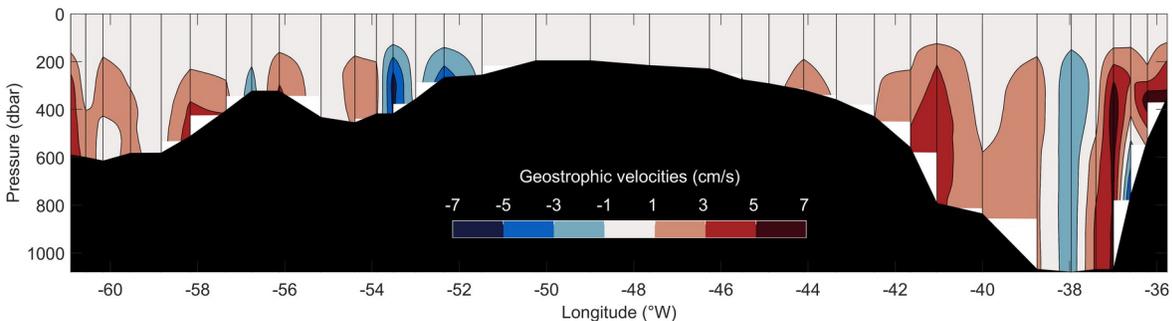
317

318 Filchner Trough was strongly dominated by ISW extending across its entire width, with a  
319 minimum temperature of  $<-2.2^{\circ}\text{C}$  (Figure 3a) leaning against and encroaching up the western  
320 flank between depths of 300-900 m. The ISW core contained salinities of 34.55-34.60 and  
321 agreed with a well-defined outflow core of  $1-5\text{ cm s}^{-1}$  (Figure 5). Noble gas tracers were highly  
322 enriched in the western flank's ISW-outflow, presenting the highest  $\Delta\text{He}$  and  $\Delta\text{Ne}$  values (not  
323 shown) found along the FRIS front, containing as much as 1% GMBW (Figure 4a). Another  
324 outflow is seen against the eastern flank (Darelius et al., 2014a), which has been hypothesized to  
325 be associated with eastward propagation of the ISW plume parallel to the FIS front due to the  
326 step induced by the ice shelf edge and related vorticity constraints (Darelius and Sallée, 2018).  
327 However, drillhole moorings roughly 60 km south of the FIS edge show the existence of a  
328 northward flowing branch of this water mass along the eastern flank of the cavity (H2021). The  
329 upward-sloping isohalines against the eastern flank (Figure 3b) and resulting geostrophic  
330 velocities (Figure 5) suggest an inflowing undercurrent below the outflow at around 600 m,  
331 which is consistent with recirculating ISW and Berkner-HSSW in Filchner Trough (Carmack and  
332 Foster, 1975). The surface layer showed warmer ( $\sim -1.3^{\circ}\text{C}$ ) waters extending from the eastern  
333 corner of the transect, along with lower salinities ( $<34.0$ ). These waters result from summertime  
334 warming and sea ice melt, possibly fed by the coastal current that enters the area from Brunt Ice  
335 Shelf (Nicholls et al., 2009). In this region, the oxygen content was the highest ( $7.6\text{ ml l}^{-1}$ ) along  
336 the FRIS front (Figure 3c), and indicates a recent interaction of these waters with the  
337 atmosphere. This is further supported by the highest CFC-12 and  $\text{SF}_6$ -values found throughout  
338 the transect (Figure 3d,e). The lowest oxygen content of  $6.6\text{ ml l}^{-1}$  was found in the mWDW-  
339 inflow (Figure 3c,  $50-55^{\circ}\text{W}$ ), which reflects the greater age of these deep and poorly-ventilated  
340 waters (Hoppema et al., 1997). HSSW-oxygen content was slightly (by  $\sim 0.1\text{ ml l}^{-1}$ ) lower than  
341 that of ISW, which is explained by the oxygen enrichment of the ISW during ice shelf melting  
342 due to air trapped inside the ice. Since, however, the air trapped in the shelf ice was of a pre-  
343 industrial age, it did not include any anthropogenic tracers, thus explaining the low trace gas  
344 levels in the ISW (Figure 3d,e). Overall, the hydrography, along with oxygen and noble gas  
345 tracers, confirmed the previously established circulation scheme at the FRIS front (Nicholls and  
346 Østerhus, 2004). The dominant characteristics included the HSSW inflow at  $59-60^{\circ}\text{W}$  (although  
347 the density structure did not suggest such inflow at the time of survey) and the ISW outflow

348 centered at 58°W at RIS, and the more significant ISW presence with well-defined outflow cores  
 349 at FIS including the highest GBMW fractions of 1.0%.



350  
 351 **Figure 4: Glacial basal melt water fractions (%) along FRIS shown by colored dots at the sample location and**  
 352 **depth in a) 2018 and b) 1995. Magenta contours in either panel marks the  $-2.0^{\circ}\text{C}$ -isotherm as an indicator for**  
 353 **ISW outflow based on the CTD transects in these years.**

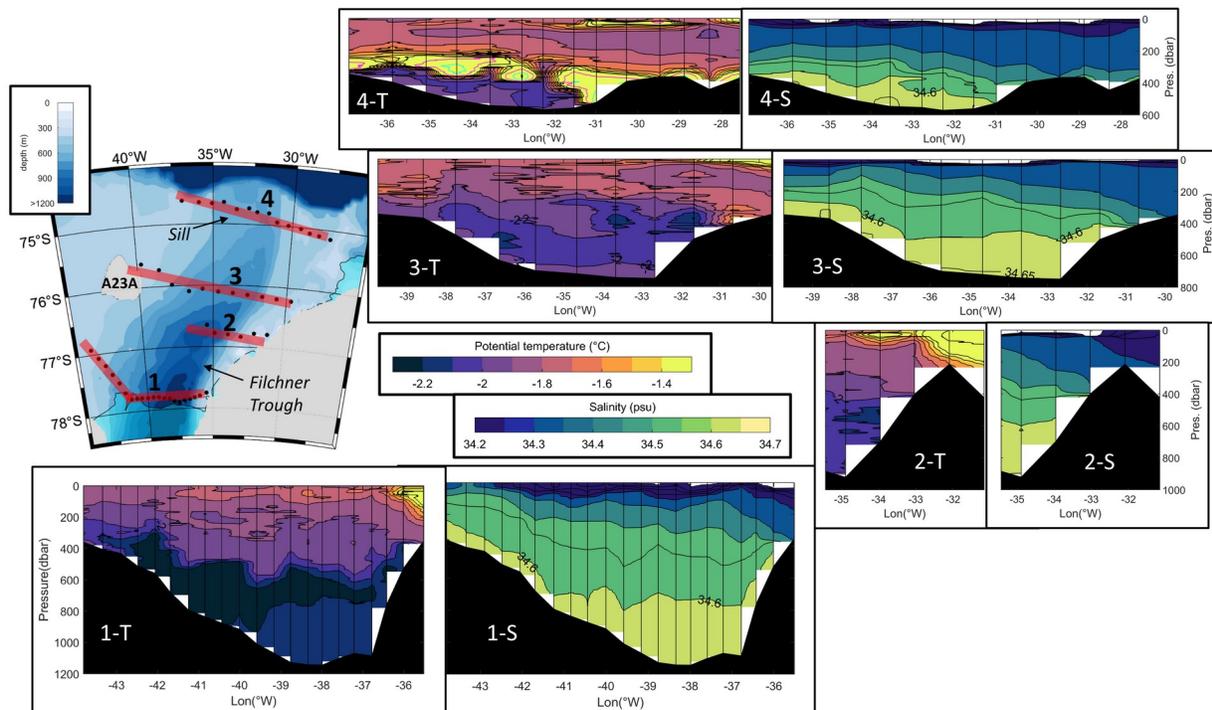


354  
 355 **Figure 5: Geostrophic velocities referenced to 200 m (in  $\text{cm s}^{-1}$ ) along FRIS. Positive values indicate northward**  
 356 **flow, i.e. into the page.**

357

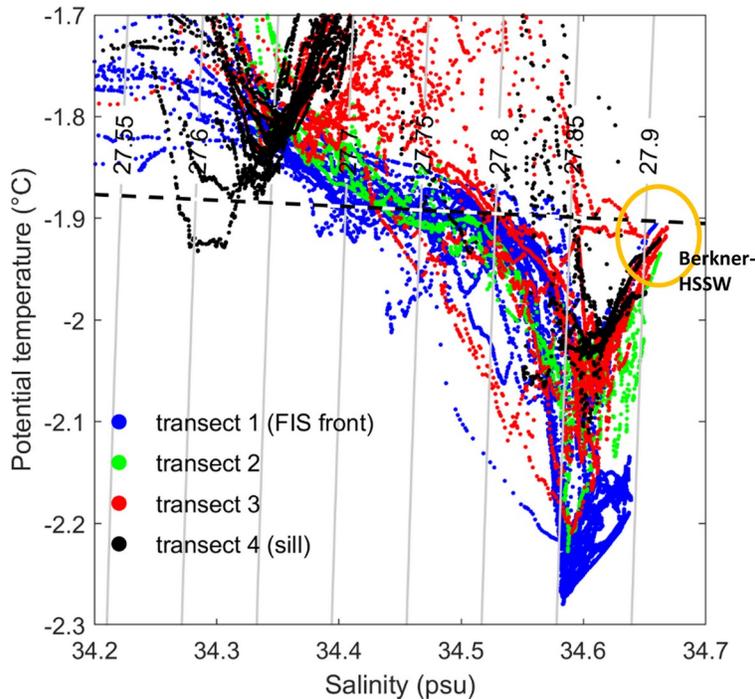
358 Additional temperature and salinity transects across the northern parts of Filchner Trough  
 359 and sill indicated the northward extent of the ISW upon exiting from beneath the ice shelf  
 360 (Figure 6). While the coldest ISW of  $<-2.2^{\circ}\text{C}$  dominated at the FIS front (transect 1), the eastern  
 361 and western slopes of the northern Filchner Trough (transect 2 and 3) showed only traces of -  
 362  $2.1^{\circ}\text{C}$ -waters, indicating that the northward branch of the ISW circulation cell may be found  
 363 there (Figure 1). Overall, at depths below 400 m, Filchner Trough was entirely occupied by ISW

364 with temperatures of  $-2.0^{\circ}\text{C}$  and salinities of  $>34.55$ , except for a more saline ( $34.60\text{-}34.65$ ) near-  
 365 bottom layer (10s of meters thick) that was just below the freezing point (Figure 7). These  
 366 densest bottom waters circulate in Filchner Trough and result from a mixture of HSSW formed  
 367 on Berkner Bank with the ISW outflow from underneath FIS. Most of these waters are too dense  
 368 to spill northward over the  $\sim 500$  m-deep sill separating Filchner Trough from the deep Weddell  
 369 Sea and will thus remain confined to Filchner Trough. The overflowing waters observed north of  
 370 the sill (Figure 6, transect 4) are characterized by slightly lower density of  $\sim 0.05$   $\text{kg m}^{-3}$  (Figure  
 371 7) and thus originate from the ISW layer of  $-2.1$  to  $-2.0^{\circ}\text{C}$  that occupy the 400-700 m depth  
 372 layers (transect 3). The cold overflow in transect 4 was overlain by mWDW with maximum  
 373 temperatures of almost  $0^{\circ}\text{C}$  and salinities of  $34.5\text{-}34.6$ . The upward-sloping isohalines indicate  
 374 enhanced northward transport at the western side of the transect, while the stations east of  $31^{\circ}\text{W}$   
 375 featured mWDW all the way to the bottom. The 2018 water mass distribution in the northern  
 376 trough resembled conditions similar to those observed during earlier expeditions, as for example  
 377 in 2003 (e.g. Darelius et al., 2014b). The easternmost station in transect 4 showed ISW with a  
 378 lower salinity of  $34.3$  (Figure 7), which points to a shallower source from underneath Brunt Ice  
 379 Shelf.



380  
 381 **Figure 6: Filchner Trough CTD transects.** The map is a zoom into the Filchner Trough region framed by the  
 382 yellow box in the overview map in Figure 1 and shows the location of four transects. Stations are indicated by  
 383 black dots on the map, highlighted by red lines. Bathymetry is displayed in color with 100 m-increments as

384 shown by the colorbar. Potential temperature (left) and salinity (right) are shown for each transect. Station  
 385 locations are indicated by vertical black lines. The number on each panel refers to the numbered transects in  
 386 the map. Note that the panels are scaled according to degrees longitude for a better comparison. The seafloor  
 387 bathymetry was drawn based on the depth of each CTD profile, which generally was sampled down to 5-10 m  
 388 above the seafloor. Separate colormaps for temperature and salinity are displayed by the colorbars in the  
 389 center of the Figure. Color ranges are identical for all 4 transects. Please note that maximum temperatures in  
 390 transect 4 exceed the color-limit capped at -1.3 °C. For better readability, the small cross-areas featuring -  
 391 1.0°C and -0.5°C waters are displayed in magenta and green contours, respectively.  
 392



393  
 394 **Figure 7: Temperature-salinity-diagram from CTD stations in Filchner Trough, representing water masses at**  
 395 **and below surface freezing. Colors code the individual transects, shown in Figure 6. The yellow circle**  
 396 **highlights the near-bottom properties related to Berkner-HSSW.  $\sigma_0$ -contours from 27.55 to 27.9 kg m<sup>-3</sup> are**  
 397 **marked by gray contours, the surface freezing temperature relative to salinity is shown by the black dashed**  
 398 **line.**  
 399

400

401

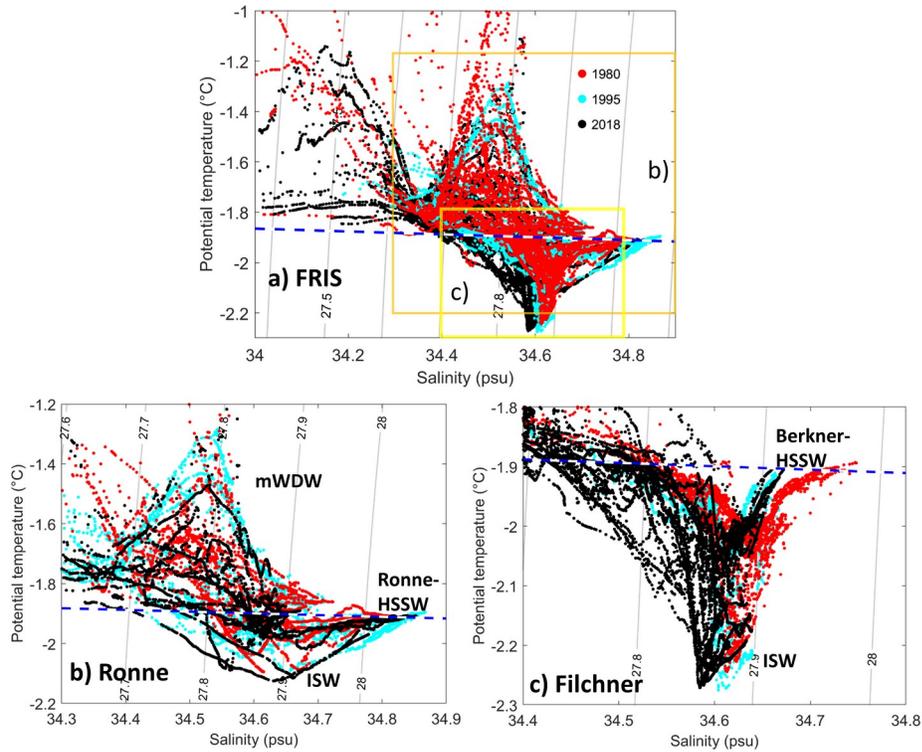
#### 402 4) Discussion

403

##### 404 4.1 Decadal variability in front of Ronne Ice Shelf

405 Sea ice conditions during early 2018 allowed us to survey the water masses of a ~750 km-  
 406 long stretch along the FRIS front with unprecedented spatial resolution. Only a few expeditions  
 407 have been able to access both FIS and RIS, though not with the high spatial resolution sampling

408 grid that was accomplished during PS111. Two such similar expeditions were carried out in  
409 austral summers of 1980 and 1995 and allow for a comparison across a four-decade time period.  
410 Similar temperature and salinity features to those shown in Figure 3 are evident in all three  
411 surveys, although the station coverage was not as spatially dense in the historic surveys. The  
412 minor thermohaline differences are therefore best displayed and compared using temperature-  
413 salinity-diagrams (Figure 8). Minimum temperatures of  $-2.25^{\circ}\text{C}$  recorded in 2018 were as low as  
414 in 1980, and only marginally warmer in 1995 (Figure 8a). Salinities at the ISW temperature  
415 minimum were slightly ( $\sim 0.02$  psu) lower in 2018 compared with the other two periods in  
416 Filchner Trough (Figure 8c). In Ronne Depression, HSSW prominently appeared in all three  
417 surveys, with maximum salinities in 1995 and 2018 of  $>34.80$ , and slightly lower maximum  
418 salinities in 1980 of  $34.78$  (Figure 8b). The minimum temperature in the ISW outflow at  $58^{\circ}\text{W}$  in  
419 2018 was  $-2.1^{\circ}\text{C}$  and thus slightly lower than the other two years. This is consistent with slightly  
420 higher GBMW fractions of  $0.7\%$  in 2018 compared with  $0.5\%$  observed in 1995 inside the ISW  
421 outflow (Figure 4). The inflow of mWDW along Central Trough existed in all surveys with  
422 minor temperature differences between these years. However, the mWDW inflow is remotely  
423 controlled by slope front dynamics (Daae et al., 2017). This is further underlined by moored  
424 temperature records near the ice shelf front at  $53^{\circ}\text{W}$ , which showed considerable seasonal and  
425 interannual variability in the water mass properties (Foldvik et al., 2001), similar to the  
426 variability reported for the Filchner Trough mWDW inflow (Ryan et al., 2020). Therefore,  
427 observed differences between CTD snapshots can arise from the surveying point in time and  
428 should not be overemphasized.

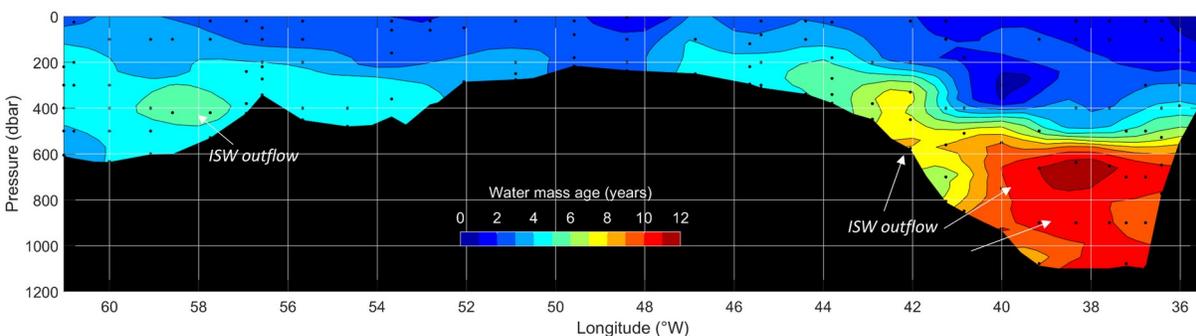


429  
 430 **Figure 8: a) Temperature-salinity-diagram from all CTD stations along FRIS, b) from Ronne (west of 50°W),**  
 431 **and c) Filchner (east of 43°W) CTD stations from 1980 (red), 1995 (cyan) and 2018 (black). Station locations**  
 432 **are shown in Figure 1.  $\sigma_t$ -contours are shown in black lines in 0.1 kg m<sup>-3</sup>-increments. The dashed line**  
 433 **indicates the surface freezing temperature. Yellow boxes in panel a) indicate the temperature-salinity-**  
 434 **properties of panels b) and c).**

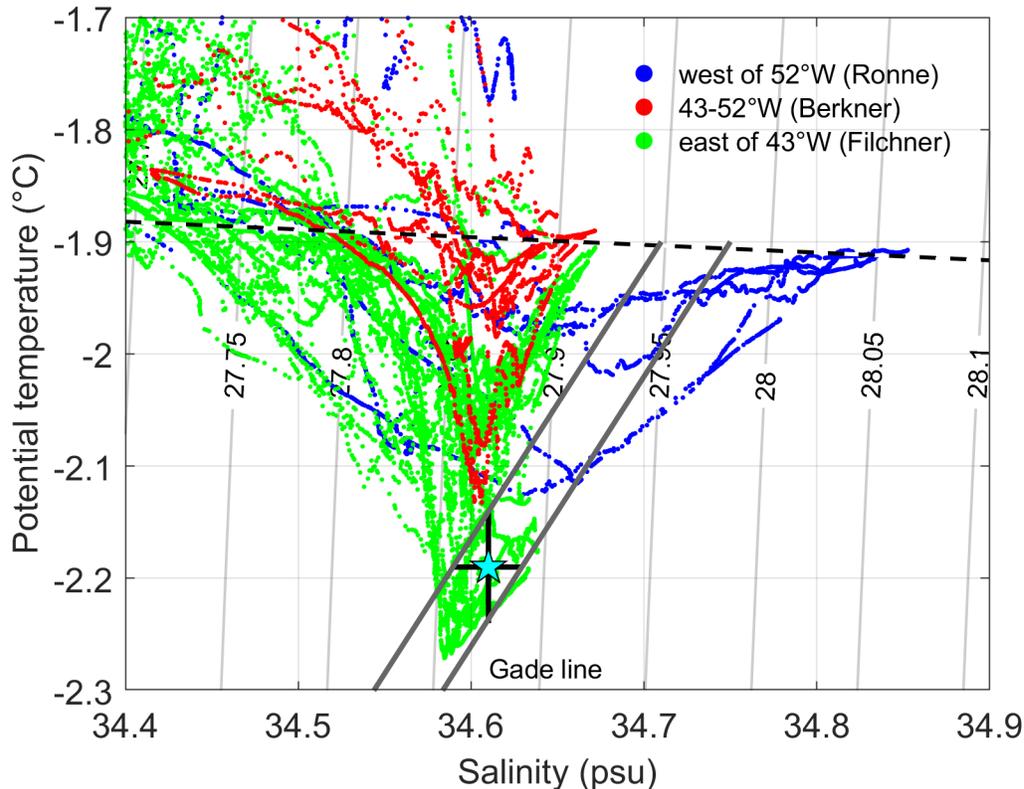
435

436 The conditions in front of RIS remained remarkably constant over time, despite the effect of  
 437 the grounded icebergs after 1987 (Nøst and Østerhus, 1998; Grosfeld et al., 2001). Flow features  
 438 likely stayed in the same locations due to topographic steering of the currents. One explanation  
 439 for the relatively stable hydrography there may be that sharp salinity gradients developed during  
 440 strong polynya events can lead to baroclinic instabilities (Chapman and Gawarkiewicz, 2003;  
 441 Jenkins et al., 2004), which mix excess HSSW salt patches either into the cavity or northward.  
 442 The ISW-outflow on the eastern flank of Ronne Depression is the northward extension of the  
 443 sub-ice shelf circulation observed by Nicholls et al. (2004) and a comparatively small but  
 444 constant feature, with most of its core at -2.0°C. The “warm” ISW temperature indicates that the  
 445 HSSW-modification took place at a shallow ice shelf base (i.e. not far inside the cavity) with  
 446 only a slightly lowered freezing point relative to the surface. The GMBW fractions are only  
 447 slightly elevated in both 1995 and 2018 (0.5-0.7%) (Figure 4), and the tracer-based water mass  
 448 dating indicates that the ISW is only 1-2 years older than its Ronne-HSSW source water (Figure

449 9). The ISW mixes with the adjacent waters soon after exiting RIS and is no longer observed as a  
 450 distinct water mass on the southwestern Weddell Sea shelf (Nicholls et al., 2004). Earlier  
 451 mooring records from the RIS front show flow parallel to the ice front, which was explained by  
 452 blocking due to denser HSSW and northwestward diversion of the ISW outflow parallel to the  
 453 RIS edge (Foldvik et al., 2001; Nicholls et al., 2004). Ronne Depression is the deepest part of the  
 454 not-ice shelf-covered southwestern Weddell Sea shelf (Figure 1) and thus collects all dense  
 455 waters formed in front of RIS. Therefore, each late summer hydrographic CTD snapshot along  
 456 RIS samples the accessible remains of a reservoir with flushing time scales of roughly 10 years  
 457 (Huhn et al., 2018). These long time scales explain the remarkably stable hydrography along RIS  
 458 and hence provide only limited information regarding the processes taking place underneath  
 459 FRIS. The anthropogenic tracer-based dating in front of RIS at 58-60°W determined the HSSW  
 460 water mass age to be 4-6 years old (Figure 9), which may be partly due to older recirculating  
 461 ISW on the eastern flank of Ronne Depression (Figure 3a). The old water mass age supports the  
 462 concept that these winter-formed waters pool and contribute to a stable long-term reservoir  
 463 without swiftly changing conditions. Apart from difficult sea ice conditions in the southwestern  
 464 Weddell Sea that often inhibit ship-based access, our conclusions suggest that frequent surveys  
 465 of the RIS edge region may not be needed due to the long time scales. However, since HSSW-  
 466 production varies interannually and the associated volume transports into the cavity drive the  
 467 circulation underneath FRIS, as will be discussed in the following, it would be desirable to  
 468 obtain time series measurements of volume transports across the RIS front.



469 **Figure 9: Water mass age based on the SF6/CFC12-ratio (see data and methods section) along the FRIS front.**  
 470 **The bathymetry is based on station depth inferred from CTD profiles. Data are interpolated between the data**  
 471 **points (black dots) and displayed in 1 year-color contours. ISW outflows are marked with white arrows.**  
 472  
 473



474  
 475 **Figure 10: Temperature-salinity-diagram from CTD stations along FRIS. Colors differentiate between Ronne**  
 476 **(blue), Berkner (red) and Filchner (green) stations. The blue star marks the mean temperature and salinity of**  
 477 **ISW colder than  $-2.1^{\circ}\text{C}$  including the standard deviations indicated by the vertical and horizontal lines. The**  
 478 **Gade lines bound possible source water salinities (without considering mixing) at the intersection with the**  
 479 **line of surface freezing points (black dashed line). The Gade lines neglect the effect of heat conduction into**  
 480 **the ice and use a slope of  $2.4\text{ K/psu}$ .**  
 481

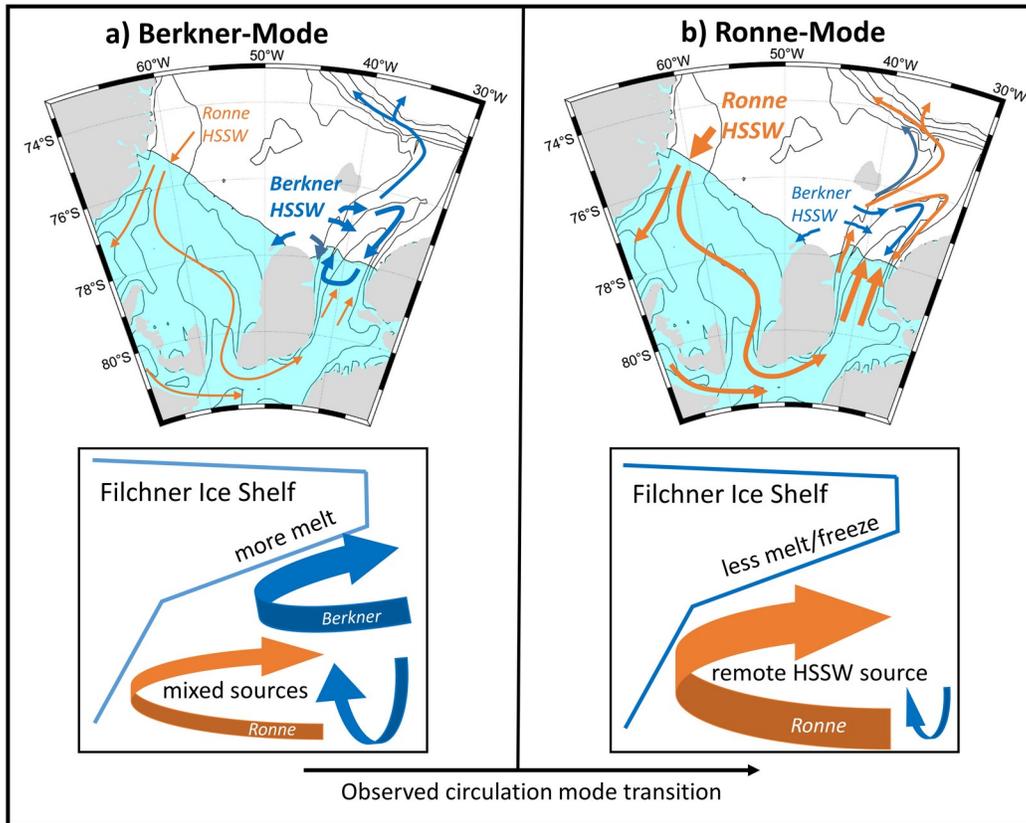
#### 482 4.2 On the hydrographic transition between 2017 and 2018 at the Filchner Ice Shelf front

483 The most striking feature during our 2018-survey in Filchner Trough was the large ISW-  
 484 covered cross-area with temperatures of  $<-2.2^{\circ}\text{C}$  (Figure 3a, Figure 6 transect 1). Well-defined  
 485 ISW cores at similar temperatures were seen in earlier surveys, such as in 1973 (Carmack and  
 486 Foster, 1975), 1980 (Foldvik et al., 1985) or 2017 (Darelius and Sallée, 2018). However, these  
 487 ISW cores were limited to the western flank, while in 2018 the ISW below  $-2.2^{\circ}\text{C}$  was found  
 488 across the entire width of Filchner Trough. The source of the ISW observed in the trough can be  
 489 inferred by applying Gade lines (Gade, 1979) in a temperature-salinity diagram. Following  
 490 Hutchinson et al. (2020), we applied the Gade lines based on the mean temperature and salinity  
 491 of the waters below  $-2.1^{\circ}\text{C}$  and their standard deviations (Figure 10). The Gade line with a slope  
 492 of  $2.4\text{ K/psu}$  traces the observed ISW temperatures to the surface freezing temperature and

493 identifies a range of resulting source salinities of 34.7-34.75. This is lower than the observed  
494 maximum Ronne-HSSW salinities of 34.84 but more saline than any other water mass sampled  
495 along FRIS. Considering that HSSW flowing underneath RIS enters a tidally-energetic  
496 environment (Makinson, 2002; Makinson and Nicholls, 1999) and mixes with local water masses  
497 of likely lower salinities, we conclude that the observed ISW in Filchner Trough could only have  
498 been sourced by Ronne-HSSW.

499 The 2018-conditions contrast with those observed one year earlier in 2017, when a CTD and  
500 stable isotope tracer survey found that Berkner HSSW-sourced ISW dominated in Filchner  
501 Trough (Akhoudas et al., 2020). These two different hydrographic conditions are referred to as  
502 Berkner- and Ronne-modes, and are mainly manifested by contrasting hydrographic conditions  
503 underneath the northern FIS and in Filchner Trough, as schematically illustrated in Figure 11.  
504 The two modes can also be understood as a measure of sub-FRIS circulation, forced by the  
505 production of Ronne-HSSW. When Ronne HSSW-production is weak, the local Berkner-HSSW  
506 dominates in the Filchner region, as observed in 2017 (Akhoudas et al., 2020), and is also able to  
507 enter the northern parts of FIS (Figure 11a). In contrast, an enhanced FRIS-circulation fueled by  
508 stronger inflow of Ronne-HSSW leads to enhanced ISW outflow from underneath FIS, which  
509 results in the dominance of Ronne-sourced ISW along the FIS front and in Filchner Trough, as  
510 observed in 2018 (Figure 11b).

511 Besides the Filchner Trough snapshot observations made in 2017 (Akhoudas et al., 2020)  
512 and 2018, a transition from Berkner- to Ronne-sourced waters was observed by drillhole  
513 moorings, which recorded CTD time series throughout this period at different locations  
514 underneath FIS (H2021, see Figure 1 in this paper for drillhole mooring locations). As illustrated  
515 in Figure 11 and shown by Figure 2 in H2021, the mooring locations deep inside the cavity only  
516 feature Ronne HSSW-sourced water masses. The northern FIS drillhole moorings, however, can  
517 be affected by circulation changes in Filchner Trough and thus were able to show the gradual  
518 transition from Berkner-sourced ISW in early 2017 to the Ronne-sourced waters in early 2018  
519 (H2021) that we observed in Filchner Trough during PS111.



520

521 **Figure 11: Schematic representation of the regional circulation and its impact on the northern FIS edge**  
 522 **during a) Berkner- and b) Ronne-modes. The top panels indicate a map view of the circulation, while the**  
 523 **bottom panels represent a meridional cross-section of the FIS edge. The Berkner-mode is dominated by**  
 524 **Berkner-HSSW in Filchner Trough, associated with enhanced melt rates at the northern base of FIS. The**  
 525 **Ronne-mode features an enhanced circulation in the cavity with an enhanced outflow of ISW from**  
 526 **underneath FIS. Basal melting is reduced at northern FIS, but is enhanced inside the cavity. Circulation**  
 527 **arrows are based on insights gained from the 2018 CTD survey and drillhole moorings (H2021) as well as**  
 528 **from earlier literature-based findings.**

529

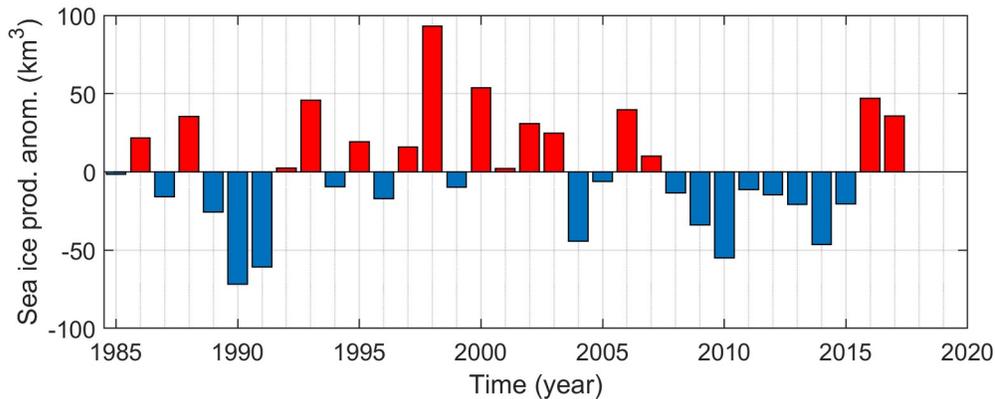
530 The transition to a greater dominance of sub-FRIS waters in Filchner Trough is also  
 531 reflected in GBMW fractions. Based on measurements from the same drillholes as discussed  
 532 above (Figure 1), Huhn et al. (2018) report neon-based GBMW baseline fractions of 1.0-3.6%  
 533 directly at the FIS base, and lower fractions of <0.4% near the bottom of the northern FIS and in  
 534 Filchner Trough in 2016. These values are consistent with the (stable oxygen isotopes-based)  
 535 fractions of 0.4% in Filchner Trough in 2017 reported by Akhoudas et al. (2020). In 2018, the  
 536 FIS front was dominated by ISW, coincident with the highest water mass age (Figure 9) and  
 537 elevated GBMW fractions of 0.8-1.0% below a depth of 600 m. These fractions directly agree  
 538 with the fractions measured by Huhn et al. (2018, see their Figure 3) at the northern FIS drillhole  
 539 sites. Our observations overall indicate an intensified sub-ice shelf circulation, which led to a

540 flushing of older water masses from the FRIS cavity into Filchner Trough, characterized by  
 541 higher melt water fractions and low temperatures. This flushing was likely forced by a recent  
 542 intensification of sea ice formation and HSSW-production north of RIS (Figure 12), as will be  
 543 discussed in the following section.

544 The impact of varying circulation modes is most notable beneath the northern FIS and in  
 545 Filchner Trough. Stronger inflow of HSSW via Ronne Depression leads to enhanced input of  
 546 heat into the ice shelf cavity, which will be available for ice shelf melting and ISW production  
 547 underneath RIS. Furthermore, stronger inflow results in intensified outflow of ISW at the FIS  
 548 front, which limits melting at the northern FIS edge. Instead, freezing underneath the ice shelf  
 549 increases due to a combination of ascending ISW and a rise of the local freezing temperature  
 550 (Figure 11b). In contrast, in the absence of a significant northward flow out of FIS, Berkner-  
 551 HSSW circulation is strong enough to impact the FIS front and locally enhance ice shelf melting  
 552 (Figure 11a). This concept is supported by time series from two ApRES (autonomous phase-  
 553 sensitive Radio Echo Sounders), deployed at and near a drillhole on the northeastern FIS. Basal  
 554 melt rates there decreased from 1.3 m per year in 2017 to 0.8 m per year in 2018 (H2021).

555

556



557

558 **Figure 12: Sea ice production anomalies in the Ronne sector (white area in Figure 1) from 1985-2017 based**  
 559 **on a simulation with the Finite Element Sea ice Ocean Model (FESOM; Timmermann et al., 2012) forced**  
 560 **with data from the ERA-Interim reanalysis. The anomalies are shown relative to the mean sea ice production**  
 561 **of 116 km<sup>3</sup> year<sup>-1</sup>.**

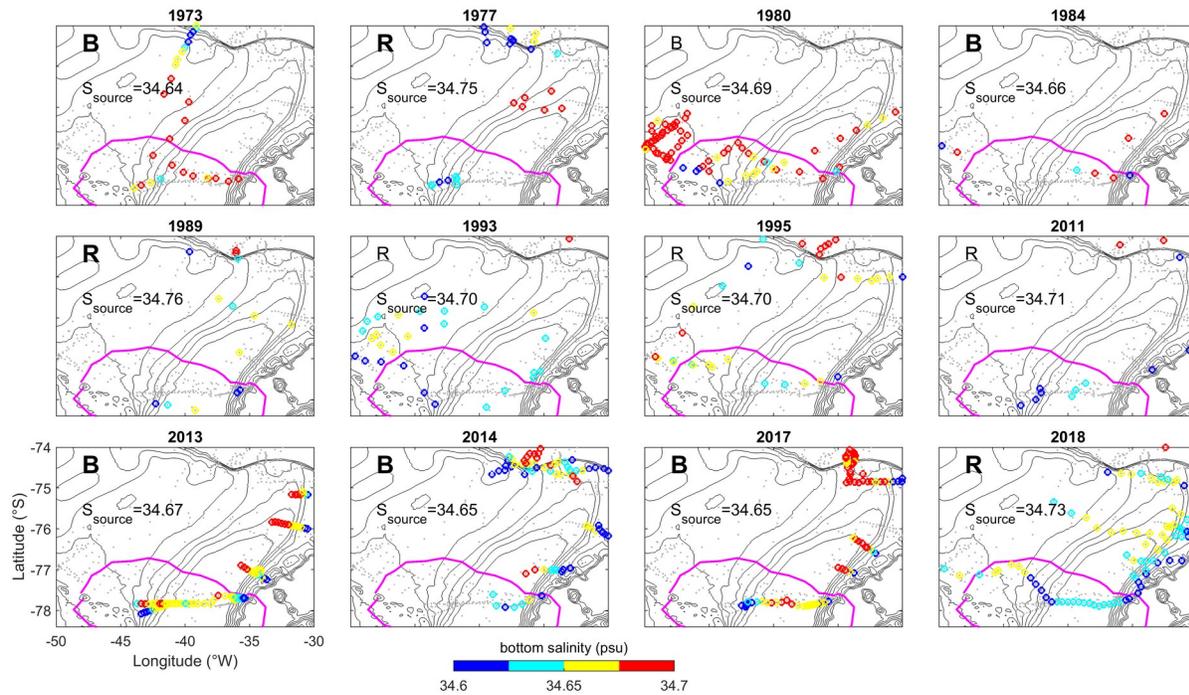
562

563            4.3 Decadal variability of Ronne- and Berkner-sourced Ice Shelf Water in Filchner  
564            Trough

565            In contrast to the low interannual variability of the hydrographic structure along RIS, the  
566 conditions off FIS are subject to greater variability impacted by local HSSW-production as well  
567 as the strength of the sub-FRIS circulation and outflow. Historical data derived from expeditions  
568 over more than four decades on the southern Weddell Sea continental shelf underline the  
569 variability and shift between Ronne- and Berkner HSSW-sourced ISW in Filchner Trough, as  
570 represented by near-bottom salinity in front of FIS (Figure 13). First, the ~0.5 psu higher initial  
571 sea surface salinities in the southwest (Figure 2b) explain the more saline Ronne-HSSW  
572 compared with Berkner-HSSW. Further, the bathymetry underneath FRIS guides Ronne-HSSW  
573 far into the cavity and toward greater pressure, which increases the basal melt potential, resulting  
574 in colder and fresher ISW. Berkner-HSSW, however, enters the shallower cavity west of Berkner  
575 Island or flows directly into Filchner Trough, and therefore interacts with the ice base at  
576 significantly shallower depths (Figure 11). This results in warmer and more saline ISW  
577 compared with Ronne HSSW-sourced ISW (see H2021). The two modes are therefore  
578 categorized by near-bottom salinities as measured in front of FIS of <34.65 (Ronne-mode, source  
579 salinity >34.7) or >34.65 (Berkner-mode, source salinity <34.7) (Figure 13). The near-bottom  
580 salinities in Filchner Trough from surveys across a 45-year time period indicate a considerable  
581 spatial and interannual variability in near-bottom water properties, suggesting that water mass  
582 characteristics alternated regularly between Ronne HSSW-derived ISW and Berkner-HSSW.  
583 However, despite relatively clear differences in the source salinities characterizing Ronne- and  
584 Berkner-modes, the densities vary only little and not consistently (not shown). For the stations  
585 considered in the source salinity computations (encircled in Figure 13), the mean potential  
586 density at depths below 600 m is  $27.88 \pm 0.13 \text{ kg m}^{-3}$ , and varies less than  $0.05 \text{ kg m}^{-3}$  between  
587 the different surveys. This small range of FIS front densities, independent of the prevailing  
588 circulation mode, is still above the potential density of mWDW ( $\sim 27.8 \text{ kg m}^{-3}$ , Figure 8), which  
589 suggests that alternating modes do not directly impact the mWDW inflow dynamics. However,  
590 the bias in the available station distribution in the southern Filchner Trough limits the statistical  
591 significance of this analysis.

592

593



594  
 595 **Figure 13: Maps of the Filchner region showing near-bottom salinity observed from CTD surveys since 1973.**  
 596 **The magenta line encircles those profiles used for averaging the source water salinity of the ISW in front of**  
 597 **Filchner Ice Shelf in order to identify the dominant circulation mode. Source salinities  $>34.70$  and  $<34.70$**   
 598 **indicate Ronne and Berkner-modes, respectively. Berkner (“B”)- or Ronne(“R”)-mode conditions are**  
 599 **marked by the respective letter in the upper left, the mean source salinity is provided below in each panel. A**  
 600 **bold letter indicates that the mode is statistically significant within one standard deviation. A non-bold letter**  
 601 **indicates statistical insignificance, i.e. too few data points or mean source salinities close to 34.70. Bathymetry**  
 602 **(Schaffer et al., 2016) is displayed by black contours in 100 m-isobaths.**

603

604

605 A strong Ronne-dominance as observed in 2018 leads to outflowing ISW on the western  
 606 Filchner Trough slope, flushing the shelf in the Berkner-HSSW formation regions (Figure 3a and  
 607 11b). The formation of HSSW on Berkner Bank requires that surface waters reach the density of the  
 608 Ronne HSSW-sourced ISW to convectively mix the water column. Once denser, the  
 609 Berkner-HSSW will be able to spread and restrict the northward flow of Ronne-sourced ISW  
 610 underneath FIS. Radar-sensed basal melting near the FIS front is indeed enhanced when induced  
 611 by Berkner-HSSW (H2021), which produces ISW outflows that are less dense than the Ronne  
 612 HSSW-sourced ISW. Hence, without enhanced sea ice formation in the Ronne polynya, driving a  
 613 more vigorous cavity circulation, fresher FIS outflows would set up a feedback loop that  
 614 continuously reduces the density of the Berkner-HSSW. This would promote a transition to  
 615 fresher water masses in Filchner Trough with consequences for the processes at the continental  
 shelf break. The fact that ocean densities in the lower Filchner Trough remained remarkably

616 stable under shifting source water types in the past suggests that an oscillating dominance of the  
617 two circulation modes may indeed be part of the internal variability that interacts with the  
618 varying forcing of the system.

619 Sea ice production and the resulting salt fluxes in the southwestern Weddell Sea are the main  
620 source for Ronne-HSSW, which is the driver of the circulation underneath FRIS. Sea ice  
621 production primarily depends on air-sea heat fluxes, which are further controlled by winds, sea  
622 ice concentration and water column structure. In particular, extended periods of southerly and  
623 southwesterly winds lead to polynya events and, consequently, large sea ice formation rates. This  
624 connection between large-scale atmospheric conditions and sea ice formation in the southwestern  
625 Weddell Sea is further discussed by H2021, who found that a westward displacement of the  
626 Amundsen Sea Low leads to enhanced southerly winds over RIS associated with positive phases  
627 of the SAM (Southern Annular Mode). For instance, a positive SAM along with vast open water  
628 areas in 1998 coincided with the highest sea ice production rates within the last three decades  
629 (Figure 12; Nicholls and Østerhus, 2004; Haid and Timmermann, 2013). Sea ice production in  
630 the southwest Weddell Sea showed a decreasing trend after 2006 (Figure 12) coincident with a  
631 decreasing number of polynya days (Paul et al., 2015), which likely resulted in the lower  
632 presence of Ronne HSSW-sourced ISW in Filchner Trough before 2017. Nevertheless, sea ice  
633 production increased again thereafter with two positive anomalies in 2016 and 2017 in response  
634 to a period of synoptically enhanced southerly winds (H2021), which then set up the conditions  
635 observed in 2018.

636

## 637 **5) Summary and Conclusions**

638 This paper provides a 2018-status update on the hydrographic conditions along the entire  
639 length of FRIS in the southern Weddell Sea, based on a tightly-spaced CTD and noble gas tracer  
640 survey. The conditions found off RIS were similar to those previously described, including a  
641 strong presence of HSSW in Ronne Depression, a core of outflowing ISW and an inflow of  
642 mWDW from Central Trough (Nicholls et al., 2003). Filchner Trough, however, was strongly  
643 dominated by ISW (temperature  $<-2.0^{\circ}\text{C}$ ) along the entire ice shelf front, with a well-defined  
644 core of  $<-2.2^{\circ}\text{C}$ -Ronne HSSW-sourced ISW, and only slightly warmer ( $-2.1^{\circ}\text{C}$ ) water below  
645  $\sim 700$  m (Figure 6). The outflowing ISW core leans against the western flank of Filchner Trough  
646 and is identifiable in both geostrophic velocities (Figure 5) and noble gas tracers (Figure 3d-e,

647 Figure 4, Figure 9). Anthropogenic trace gases were used to date water masses, and the  
648 difference in water mass age between the source waters off both FIS and RIS provides insights  
649 into the circulation time scales (Figure 9). These analyses indicate a two-year travel time from  
650 Ronne Depression to the western slope of Filchner Trough at the FIS front, which agrees with  
651 earlier estimates of the direct route around Berkner Island (Nicholls and Østerhus, 2004). A less  
652 direct route through the deeper cavity must have been taken by those waters exiting via the  
653 central and eastern Filchner Trough, indicated by water masses more than 6 years older than the  
654 Ronne-HSSW source waters (Figure 9). Additional northern CTD transects (Figure 6 transects 2  
655 and 3) show waters colder than  $-1.9^{\circ}\text{C}$  in the entire Filchner Trough to the north, as well as north  
656 of the sill below 400 m (Figure 6 transect 4). These observations exemplify the export of dense  
657 FRIS-formed ISW across the sill to the Weddell Sea continental slope, widely known as a  
658 precursor for AABW and thus important for the global overturning circulation. Based on noble  
659 gas tracers, we found a maximum GBMW content of 1.0 % in the coldest ISW-core and 0.6-  
660 0.9% in the remaining ISW along the FIS front. This was close to the fractions found a few years  
661 earlier underneath FIS (Huhn et al., 2018) and not significantly different from those regions that  
662 were also measured in 1995 (Figure 4). While Filchner Trough featured Berkner-derived water  
663 mass characteristics in 2017 (Darelius and Sallée, 2018, Akhoudas et al., 2020), our 2018-survey  
664 was dominated by Ronne-sourced properties, underlining the recent shift from Berkner- to  
665 Ronne-mode (Figure 11) first identified by moorings underneath FIS in mid-2017 (H2021). This  
666 shift follows two years of strong sea ice formation in the southwestern Weddell Sea (Figure 12)  
667 and thus enhanced production of Ronne-HSSW, which fuels the circulation underneath FRIS and  
668 impacts the ice shelf-ocean interaction in two ways. First, the shift changes the spatial  
669 distribution of basal melting with lower rates near the FIS front and higher rates at greater depth  
670 inside the cavity (Figure 11). Second, dense ISW production is promoted, which is important in  
671 maintaining dense shelf waters that effectively block any larger-scale influence of mWDW. This  
672 water mass of open ocean origin is generally present at the Filchner Sill and known to penetrate  
673 southward along the eastern slope of Filchner Trough (Ryan et al., 2017).

674 The importance of HSSW and ISW as precursors for AABW broadens the importance of the  
675 sea ice production and processes taking place underneath FRIS, as  $\sim 50\%$  of the deep water  
676 formed in the southern hemisphere originates from the Weddell Sea (Meredith, 2013). The  
677 southern Weddell Sea receives fresher Eastern Shelf Water via the coastal current (Nicholls et

678 al., 2009), which contributes to the observed increasing sea surface salinity from 33.5 to 34.5  
679 toward the southwest (Figure 2b) and the overall higher salinity and density of the Ronne-HSSW  
680 compared with HSSW formed on Berkner Bank. A strong Ronne-dominance as observed in 2018  
681 leads to ISW outflow on the western Filchner Trough slope and also preconditions the ocean  
682 conditions in the Berkner-HSSW formation region (Figure 3). This recycling of ISW on the  
683 continental shelf suggests an internal feedback loop that would lead to a continuous freshening in  
684 Filchner Trough in the absence of dense water supply from Ronne Depression under a sustained  
685 Berkner-mode. Instead, the relatively stable density seen in historical data from Filchner Trough  
686 suggests that the regular alternations between Ronne HSSW-derived ISW and Berkner-HSSW  
687 may be part of the internal variability of the system. However, the sparse station coverage  
688 between the different surveys (Figure 13) limits our understanding of the relevant processes,  
689 formation mechanisms, and climatic importance of the Ronne-vs-Berkner-mode discussion.

690 Overall, the FRIS system is strongly controlled by sea ice production in the southern Weddell  
691 Sea, which depends on polynyas caused by off-shore winds advecting cold air from the Antarctic  
692 continent. The recent return to a Ronne-mode has been linked to anomalies in the synoptic  
693 circulation over and east of the Antarctic Peninsula (H2021). If these anomalies would continue  
694 to persist under climate change, a strengthening of the density barrier at the continental slope,  
695 maintaining low melt rates of FRIS, could be a possible response. However, HSSW-formation  
696 depends on surface forcing and on sea surface properties impacting stratification. For instance,  
697 local changes in sea ice formation or glacial melt distribution, as might be expected under  
698 continued warming (Timmermann and Hellmer, 2013; Hellmer et al., 2017), may negatively  
699 impact the dense water production on the southern Weddell Sea continental shelf and thus  
700 weaken the oceanic protection of FRIS. The global importance of the Antarctic Ice Sheet  
701 underlines the need for in-situ observations such as those collected during 2018 as well as from  
702 moorings on the shelf and underneath FRIS, complemented with autonomous platforms such as  
703 floats and gliders. Such detailed observations are necessary to monitor potential changes around  
704 FRIS and to advance the process understanding in order to improve numerical models and reduce  
705 their uncertainties in projecting future sea level rise.

## 706 **Acknowledgments**

707 This study used samples and data provided by the Alfred Wegener Institute Helmholtz-  
708 Center for Polar- and Marine Research in Bremerhaven (Grant No. AWI-PS111\_00). We thank

709 Captain Schwarze and the crew of *RV Polarstern* for a very successful expedition. Andreas  
710 Wisotzki carefully measured oxygen content from water samples during the expedition and  
711 processed the PS111 CTD data, downloadable under:  
712 <https://doi.org/10.1594/PANGAEA.897280>. Additional datasets used in this paper can be found  
713 at: <https://doi.org/10.1594/PANGAEA.860066> and <https://folk.uib.no/ngfso/Data/CTD/> (historic  
714 1995 and 1980 CTD data), <https://doi.pangaea.de/10.1594/PANGAEA.895579> (PS111  
715 thermosalinograph); <https://doi.pangaea.de/10.1594/PANGAEA.913625> (PS111 meteorology);  
716 <https://issues.pangaea.de/browse/PDI-26756> (tracer data publication in progress). We greatly  
717 appreciate the thorough comments and constructive criticism of Katherine Hutchinson and one  
718 anonymous reviewer and thank the editor Laurie Padman for his efforts in handling our paper.

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948 **Figure captions**

949

950 Figure 1: Map of the southern Weddell Sea including CTD stations from 2018 (black), 1995  
 951 (blue) and 1980 (red). Magenta stars indicate drillhole moorings mentioned in the text for  
 952 reference (H2021). Ice Shelves are marked with cyan shading, bathymetry (Schaffer et al., 2016)  
 953 is shown in blue color contours. The 500 m and 1000 m-isobaths are marked with black  
 954 contours. Bathymetric and geographic features referred to in the text are indicated in the map.  
 955 The area north of RIS inside the white line marks the region used to quantify sea ice production  
 956 (Figure 12). The Filchner Trough framed by the yellow lines marks the inset used in Figure 6.  
 957 The arrows indicate the inflow branches of modified Warm Deep Water (red) and the under-  
 958 FRIS circulation fueled by the inflow of High Salinity Shelf Water (orange).

959

960 Figure 2: Along-track a) temperature ( $^{\circ}\text{C}$ ) and b) salinity measured by the ship's  
 961 thermosalinograph at 11 m water depth, c) air temperature ( $^{\circ}\text{C}$ ), d) wind speed ( $\text{m s}^{-1}$ ) and e)  
 962 direction ( $^{\circ}\text{T}$ ); f) sea level pressure (mbar) measured locally by RV Polarstern's weather system  
 963 displayed against the day of February. Arrows indicating travel direction and occupation dates in  
 964 panel a) are provided for better orientation. Cyan shading in a) and b) indicate ice sheets and ice  
 965 shelves. Bathymetry contours in black mark every 500 m; the 1000 m-isobath is marked by the  
 966 bold line.

967

968 Figure 3: Properties along the FRIS front in austral summer 2018: a) potential temperature ( $^{\circ}\text{C}$ ),  
 969 b) salinity; c) oxygen (ml/l); d) SF6 (ppt), and e) CFC-12 (ppt). Station locations can be found in  
 970 Figure 1 and are indicated by vertical black lines in panels a-c and by black dots in panels d-e.  
 971 Objective mapping was used to interpolate between stations in panels d and e.

972

973 Figure 4: Glacial basal melt water fractions (%) along FRIS shown by colored dots at the sample  
 974 location and depth in a) 2018 and b) 1995. Magenta contours in either panel marks the  $-2.0^{\circ}\text{C}$ -  
 975 isotherm as an indicator for ISW outflow based on the CTD transects in these years.

976

977 Figure 5: Geostrophic velocities referenced to 200 m (in  $\text{cm s}^{-1}$ ) along FRIS. Positive values  
 978 indicate northward flow, i.e. into the page.

979

980 Figure 6: Filchner Trough CTD transects. The map is a zoom into the Filchner Trough region  
 981 framed by the yellow box in the overview map in Figure 1 and shows the location of four  
 982 transects. Stations are indicated by black dots on the map, highlighted by red lines. Bathymetry is  
 983 displayed in color with 100 m-increments as shown by the colorbar. Potential temperature (left)  
 984 and salinity (right) are shown for each transect. Station locations are indicated by vertical black  
 985 lines. The number on each panel refers to the numbered transects in the map. Note that the panels  
 986 are scaled according to degrees longitude for a better comparison. The seafloor bathymetry was  
 987 drawn based on the depth of each CTD profile, which generally was sampled down to 5-10 m  
 988 above the seafloor. Separate colormaps for temperature and salinity are displayed by the  
 989 colorbars in the center of the Figure. Color ranges are identical for all 4 transects. Please note  
 990 that maximum temperatures in transect 4 exceed the color-limit capped at  $-1.3^{\circ}\text{C}$ . For better  
 991 readability, the small cross-areas featuring  $-1.0^{\circ}\text{C}$  and  $-0.5^{\circ}\text{C}$  waters are displayed in magenta  
 992 and green contours, respectively.

993

994 Figure 7: Temperature-salinity-diagram from CTD stations in Filchner Trough, representing  
 995 water masses at and below surface freezing. Colors code the individual transects, shown in  
 996 Figure 6. The yellow circle highlights the near-bottom properties related to Berkner-HSSW.  $\sigma_0$ -  
 997 contours from 27.55 to 27.9 kg m<sup>-3</sup> are marked by gray contours, the surface freezing  
 998 temperature relative to salinity is shown by the black dashed line.  
 999

1000 Figure 8: a) Temperature-salinity-diagram from all CTD stations along FRIS, b) from Ronne  
 1001 (west of 50°W), and c) Filchner (east of 43°W) CTD stations from 1980 (red), 1995 (cyan) and  
 1002 2018 (black). Station locations are shown in Figure 1.  $\sigma_0$ -contours are shown in black lines in  
 1003 0.1 kg m<sup>-3</sup>-increments. The dashed line indicates the surface freezing temperature. Yellow boxes  
 1004 in panel a) indicate the temperature-salinity-properties of panels b) and c).  
 1005

1006 Figure 9: Water mass age based on the SF6/CFC12-ratio (see data and methods section) along  
 1007 the FRIS front. The bathymetry is based on station depth inferred from CTD profiles. Data are  
 1008 interpolated between the data points (black dots) and displayed in 1 year-color contours. ISW  
 1009 outflows are marked with white arrows.  
 1010

1011 Figure 10: Temperature-salinity-diagram from CTD stations along FRIS. Colors differentiate  
 1012 between Ronne (blue), Berkner (red) and Filchner (green) stations. The blue star marks the mean  
 1013 temperature and salinity of ISW colder than -2.0°C including the standard deviations indicated  
 1014 by the vertical and horizontal lines. The Gade lines bound possible source water salinities  
 1015 (without considering mixing) at the intersection with the line of surface freezing points (black  
 1016 dashed line). The Gade lines neglect the effect of heat conduction into the ice and use a slope of  
 1017 2.4 K/psu.  
 1018

1019 Figure 11: Schematic representation of the regional circulation and its impact on the northern FIS  
 1020 edge during a) Berkner- and b) Ronne-modes. The top panels indicate a map view of the  
 1021 circulation, while the bottom panels represent a meridional cross-section of the FIS edge. The  
 1022 Berkner-mode is dominated by Berkner-HSSW in Filchner Trough, associated with enhanced  
 1023 melt rates at the northern base of FIS. The Ronne-mode features an enhanced circulation in the  
 1024 cavity with an enhanced outflow of ISW from underneath FIS. Basal melting is reduced at  
 1025 northern FIS, but is enhanced inside the cavity. Circulation arrows are based on insights gained  
 1026 from the 2018 CTD survey and drillhole moorings (H2021) as well as from earlier literature-  
 1027 based findings.  
 1028

1029 Figure 12: Sea ice production anomalies in the Ronne sector (white area in Figure 1) from 1985-  
 1030 2017 based on a simulation with the Finite Element Sea ice Ocean Model (FESOM;  
 1031 Timmermann et al., 2012) forced with data from the ERA-Interim reanalysis. The anomalies are  
 1032 shown relative to the mean sea ice production of 116 km<sup>3</sup> year<sup>-1</sup>.  
 1033

1034 Figure 13: Maps of the Filchner region showing near-bottom salinity observed from CTD  
 1035 surveys since 1973. The magenta line encircles those profiles used for averaging the source  
 1036 water salinity of the ISW in front of Filchner Ice Shelf in order to identify the dominant  
 1037 circulation mode. Source salinities >34.70 and <34.70 indicate Ronne and Berkner-modes,  
 1038 respectively. Berkner (“B”)- or Ronne(“R”)-mode conditions are marked by the respective letter  
 1039 in the upper left, the mean source salinity is provided below in each panel. A bold letter indicates

1040 that the mode is statistically significant within one standard deviation. A non-bold letter indicates  
1041 statistical insignificance, i.e. too few data points or mean source salinities close to 34.70.  
1042 Bathymetry (Schaffer et al., 2016) is displayed by black contours in 100 m-isobaths.