

Maternal treatment of cyclic glycine-proline improves memory, astrocyte plasticity, vascularization and GluR-1 expression of adult offspring in rats

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30 **Keywords**

31 Cyclic glycine-proline; Insulin-like growth factor-1; Morris water maze; Spatial memory;
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33 **Running title**

34 cGP improves astrocytes-associated vascularization and GluR-1 expression

35 **Data availability statements**

36 The data that support the findings of this study are openly available in:

37 Fan D, Ann Clin Transl Neurol 6: 669-677. doi: 10.1002/acn3.743;

38 Fan D, Alzheimer's & dementia (Amsterdam, Netherlands) 12: e12025. doi:

39 10.1002/dad2.12025;

40 Guan J, Sci Rep 4: 4388. doi: 10.1038/srep04388; Guan J, J Biol Regul Homeost Agents 32:

41 465-478;

42 Li F, Nutr Metab Cardiovasc Dis. doi: 10.1016/j.numecd.2019.09.016;

43 Li F, Neuropeptides 76: 101935. doi: 10.1016/j.npep.2019.05.006;

44 Krishnamurthi R, British journal of pharmacology 156: 662-672;

45 Singh-Mallah G, Endocrinology 157: 3130-3139. doi: 10.1210/en.2016-1189;

46

47

48

49 **Abstract**

50 **Background and Purpose:** Cyclic glycine-proline (cGP) regulates the function of insulin-like
51 growth factor-1 (IGF-1), which is essential for post-natal brain development and adult
52 cognitive function. We evaluated the efficacy of maternally administered cGP on spatial
53 memory and the association with astrocytic plasticity, vascularization and synaptic
54 expressions in the hippocampus of their adult offspring.

55 **Experimental Approach:** Either cGP or saline was orally administered to Sprague Dawley
56 dams from post-natal days 8-22. Spatial memory was evaluated using Morris Water Maze
57 tests between post-natal days 70-75. Using immunohistochemistry and stereological analysis,
58 we evaluated capillary density, astrocytic processes and expression of synaptophysin and
59 glutamate receptor-1 (GluR-1) in the CA1 stratum-radiatum of the hippocampus.

60 **Key Results:** Compared to the saline-treated offspring, cGP-treated offspring showed higher
61 path efficiency of entry to the platform zone ($p=0.03$) and lower average heading errors to the
62 platform zone ($p=0.02$). Astrocyte processes of cGP-treated offspring were longer and larger
63 with more branches ($p=0.03-0.0001$) than saline-treated offspring. The density of capillaries
64 ($p=0.007$) and GluR-1 ($p=0.02$) were also higher in cGP-treated offspring. The average
65 heading error was negatively correlated with the length ($r=-0.69$), volume ($r=-0.72$) and
66 number of astrocytic branches ($r=-0.65$). Independent of treatment, the changes of astrocyte
67 processes were positively correlated with the density of capillaries ($r=0.73-0.78$) and
68 expression of GluR-1 ($r=0.66-0.68$).

69 **Conclusion and Implications:** The improved spatial memory of cGP-treated offspring after
70 post-natal maternal administration may be mediated via promoting astrocytic plasticity,
71 vascularization and glutamate trafficking. Therefore, cGP may have a role in regulating IGF-
72 1 function during brain development.

73 **Authors contributions**

74 G. S. M. conducted and analyzed the animal experiments, performed the
75 immunohistochemical staining and wrote the manuscript. M. A. did morphological
76 quantification and statistical analysis and manuscript preparation. K. S. and C.D.M. provided
77 funding for experimental tests and helped in sample collection and manuscript revisions. C.
78 M. provided fund to histological analysis and revised the manuscript. J. G. designed the
79 experiment, provided funding for research and helped in sample collection and co-wrote and
80 revised the manuscript.

81 **Competing interests' statement**

82 Dr Gagandeep Singh-Mallah is currently an employee of the AstraZeneca.

83 **Introduction**

84 Insulin-like growth factor-1 (IGF-1) plays a critical role in regulating post-natal brain
85 development (Torres-Aleman, 2010), which influences brain function in adulthood. Sub-
86 optimal function of IGF-1 during post-natal development, for example infants born
87 prematurely (Hellström, Ley et al., 2016) can negatively impact the ability of learning and
88 memory in their adult life (Synnes & Hicks, 2018). In addition to well-documented function
89 of IGF-1 in brain tissues (Torres-Aleman, 2010), the function of IGF-1 in circulation is
90 essential for cerebral vascular remodeling that also influences brain function (Lopez-Lopez,
91 LeRoith et al., 2004).

92 The function of circulating IGF-1 is tightly regulated. Growth hormone (GH)-IGF-1 axis
93 regulates hepatic production of IGF-1, which determines IGF-1 concentration in circulation
94 (Bianchi, Locatelli et al., 2017). The majority of circulating IGF-1 is not bioavailable due to
95 being bound to, mainly IGFBP-3 (Bianchi, Locatelli et al., 2017; Ranke, 2015). The binding
96 of IGF-1 to IGFBP-3 is reversible, which regulates the amount of bioavailable IGF-1. The N-
97 terminal tripeptide sequence of IGF-1 (Gly-Pro-Glu) is a major binding site for IGFBP-3.
98 Following enzymatic cleavage the N-terminus of IGF-1 forms cyclic-glycine-proline (cGP)
99 (Baker, Batchelor et al., 2005; Sara, Carlsson-Skwirut et al., 1993; Yamamoto & Murphy,
100 1994). The cGP retains the binding affinity and competes with IGF-1 to bind IGFBP-3
101 (Guan et al., 2014). An increase in cGP and/or a decrease in IGFBP-3 would increase the
102 amount of bioavailable IGF-1 in circulation, thus the function of IGF-1 (Fan, Krishnamurthi
103 et al., 2019; Fan, Pitcher et al., 2020; Guan, Singh-Mallah et al., 2018; Singh-Mallah, Singh
104 et al., 2016).

105 The concentration of circulating IGF-1 is low in infant rats (Singh-Mallah, Singh et al.,
106 2016). As an autocrine response to optimize IGF-1 function, the endogenous cGP increases

whereas IGFBP-3 decreases (Singh-Mallah, Singh et al., 2016). Administration of cGP to lactating dams increased concentrations of cGP in breast milk, and further elevated circulating cGP in suckling pups (Singh-Mallah, Singh et al., 2016). Such treatment improves the working memory of juvenile offspring (Singh-Mallah, Singh et al., 2016). The long-lasting effects of an cGP analogue on improving motor function has been reported in rats (Krishnamurthi, Mathai et al., 2008). Current study evaluated the long-term effects of cGP in memory of their adult offspring following maternal administration.

Astrocytes plays a critical role in vascular remodeling (Huang, Nakamura et al., 2019) and dynamics of synaptic neurotransmission (Nuriya & Hirase, 2016). For example, astrocytes regulate the homeostasis of synaptic trafficking of glutamate through glutamate-glutamine cycle in the hippocampus (Rouach, Koulakoff et al., 2008), which is critical for cognitive function (Guan, MacGibbon et al., 2015; Hatip-Al-Khatib, Iwasaki et al., 2007). The biological effects of cGP in promoting vascular remodeling (Guan et al., 2014) and synaptic expressions (Li, Liu et al., 2019b) have only been reported in separate studies. Other independent studies also show that higher expression of glutamate receptor-1 (GluR-1) and synaptophysin in the hippocampus are associated with improved learning and memory in rats (Guan, MacGibbon et al., 2015; Guillermo, Yang et al., 2015). To explore the biological changes underlying brain development we also examined the effects of cGP treatment in astrocyte plasticity, vascularization and synaptic expressions in CA1 of the hippocampus.

Methods

Animal experimental procedures

All animal experiments were approved by the Ruakura Animal Ethics Committee (Approval 12906, Hamilton, New Zealand). Aiming to evaluate the role for cGP in regulating developmental IGF-1 function, current study was the part of a longitudinal project that

131 examined the pharmacokinetics and dynamics of cGP in lactation/involution of mammary
132 glands and in the function of developing brains following maternal administration (Singh-
133 Mallah, McMahon, Guan, & Singh, 2017; Singh-Mallah et al., 2016). The part of
134 experimental procedures and maternal administration has been previous reported (Singh-
135 Mallah, Singh et al., 2016). Briefly, 32 Sprague-Dawley dams were randomly allocated to
136 two treatment groups (n = 16 dams per group). To reduce the experimental stress, the dams
137 were habituated to the experimenters with daily handling, including being held in an upright
138 position for gavage. The volume administered for gavage was less than 0.5ml and started 8
139 days after the dams gave birth. Either cGP dissolved in saline (3 mg/1.5 ml/kg body weight,
140 Bachem, Bubendorf, Switzerland; Cat# G-1720) or saline alone were administered once per
141 day to lactating dams using a gavage needle from post-natal (PN) day 8 to 22. Gavage was
142 conducted between 9 to 10 am and the dose was calculated daily based on the body weight of
143 the dams. The pups were then weaned at PN d22 and fed a standard laboratory chow (Diet
144 86; Sharps Grain and Seed, Carterton, New Zealand) with tap water being available *ad*
145 *libitum* throughout the trial. The offspring were housed in rooms maintained at 22 °C with a
146 12:12 (light:dark) photoperiod. The male offspring were randomly selected from 8 litters in
147 which the dams were treated with saline (saline-treated offspring, n = 21) and 10 litters in
148 which the dams were treated with cGP (cGP-treated offspring, n = 23). The litter effect on
149 brain function of the adult offspring has previously been shown to be minimal (Guillermo,
150 Yang et al., 2015; Li, Liu et al., 2019b). Twelve of the offspring in each group had been
151 previously used in novel object recognition tests from PN days 35 to 39, where it was found
152 that cGP-treated offspring had improved cognitive function (Singh-Mallah et al., 2016). To
153 evaluate whether this improved cognitive function would persist into adulthood, Morris water
154 maze (MWM) tests were carried out between PN days 70 to 75. Brain tissues were then
155 collected for histology analysis.

156 **Morris water maze (MWM)**

157 The apparatus and the procedure have been described previously (Guan et al., 2015a). Briefly
158 the tests were conducted in a quiet room with lights dimmed to about 20 lux. The apparatus
159 consisted of a black circular pool (0.6 meter deep \times 2.2 meters in diameter) filled with water
160 at a temperature maintained between 20 to 22 °C. Multiple distal cues were mounted on the
161 walls around the pool (e.g. a black colored triangle and a cross, a green colored shopping bag,
162 a bright yellow box).

163 ***Acquisition trials:*** The daily procedures were carried out in the morning between 9 to 11am
164 by an investigator who was blinded to the treatment groups. Rats underwent 4 trials on each
165 day of the 4-day acquisition period, with an inter-trial interval of 6 minutes. The pool was
166 virtually divided into four quadrants using the ANY-Maze software: north-east, north-west,
167 south-east and south-west quadrants. A submerged transparent plastic platform (10 cm in
168 diameter and 2 cm below the surface of water) was located in the north-east quadrant of the
169 pool (20 cm from the side wall) in all the trials. Rats were released into the pool tail-first and
170 facing the wall of a quadrant other than the north-east quadrant. The starting position for the
171 task was changed for each trial and for each testing day, but remained the same for all rats in
172 a particular trial. During each trial, rats were allowed to swim, locate and mount the platform
173 for 120 seconds. If a rat was able to locate and mount the platform within 120 seconds, it was
174 allowed to stay on the platform for an additional 15 seconds in order to reinforce spatial
175 learning with respect to the distal cues. However, if a rat was unable to locate the platform
176 within 120 seconds, it was gently guided towards the platform and allowed to remain on the
177 platform for 15 seconds. The ANY-Maze tracking system was used to record the distance
178 travelled before the first entry to the platform.

179 **Probe trials:** Two probe trials were conducted 24 and 48 hours after the last acquisition trial.
180 During the probe trials, the platform was removed and the rat was allowed to swim for 30
181 seconds looking for the absent platform. The performance was recorded using the ANY-
182 Maze tracking system.

183 **Processing of brain tissue**

184 Rats were deeply anesthetized using carbon dioxide. The brains were perfused via the
185 transcardial route using normal saline (0.9%) for approximately 5 minutes until the outflow
186 from the heart was clear. The brains were excised and separated into two hemispheres. The
187 right hemisphere was used for the current experiment. The brain hemispheres were immersed
188 in 4 % paraformaldehyde for 48 hours at 4 °C, and then transferred into 25 % sucrose solution
189 at 4 °C until the tissue sank to the bottom.

190 **Immunohistochemistry**

191 The collection of brain sections and preparation for immunohistochemical analysis has been
192 described previously (Guan et al., 2015b). Briefly, coronal sections of 25 µm thickness were
193 cut using a freezing microtome (Microm, HM450, Microm international, Walldorf,
194 Germany). Four series of sections containing the dorsal part of the hippocampus were
195 collected based on a systematic sampling principle, with every 12th section collected. For
196 each parameter of staining, one series of sections was used.

197 Primary antibodies against synaptophysin and GluR-1 were used to label synaptic vesicles
198 and the GluR-1 sub-unit of α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA)
199 receptors, respectively, in the hippocampus. These markers were used to investigate
200 expression at pre- and post-synaptic levels, respectively. Rat endothelial cell antibody
201 (RECA)-1 and GFAP were also used to visualize the capillaries and astrocytes. All sections

202 were pretreated with 1% H₂O₂ in 50% methanol for 30 min to quench endogenous peroxidase
203 activity. The sections were then incubated with 1.5% normal sheep serum diluted in
204 phosphate-buffered saline with 0.2% Triton (PBST) at room temperature to block non-
205 specific staining. The sections were incubated with the following primary antibodies: rabbit
206 anti-GluR1 (Millipore, AB1504, MA, USA; 1:5000, mouse anti-synaptophysin (Sigma,
207 S5768, NY, USA; 1:10000), mouse anti-RECA-1 (Abcam, ab9774, 1:5000) and mouse anti-
208 GFAP (Sigma C9205, 1:10000) at 4 °C for 48 hours. Sections were incubated with biotin-
209 conjugated goat anti-rabbit or goat anti-mouse secondary antibodies accordingly (Sigma;
210 1:1000) at 4 °C overnight. Sections were then incubated with ExtrAvidin peroxidase tertiary
211 antibody (Sigma; 1:1000) for 3 hours at room temperature. A brown reaction product was
212 obtained by adding 0.05% 3, 3-diaminobenzidine substrate. Sections were washed with PBS
213 (3 x 10 minutes) between each incubation. Stained sections were mounted onto gelatin-coated
214 glass slides, dehydrated through an increasing gradient of ethanol to Safsolvent (ECP Ltd.,
215 Auckland, New Zealand), and a cover slip was then placed over DPX mountant.

216 **The Hippocampal Image Acquisition and Delineation of CA1 Stratum Radiatum**

217 Six offspring from each group were selected for 3D image analysis using the systematic
218 sampling principle with an animal sampling fraction of 1 out of 4. Four sections of dorsal
219 hippocampus from each rat were used for image acquisition and analysis. We analysed
220 morphological changes of astrocytes and capillaries in the CA1 stratum radiatum (CA1 SR)
221 sub-region of the hippocampus using established stereological techniques (Anzabi, Ardalan et
222 al., 2018; Ardalan, Rafati et al., 2017). The delineation of the CA1 SR area was based on
223 differentiating the CA1 pyramidal cell layer from the CA2/CA3 pyramidal cell layer (with
224 bigger dense packed cells compared with CA1) and the subiculum (the region with lower cell
225 density and bigger cellular size than CA1) (Ardalan, Wegener et al., 2016). We focused on the

226 CA1 SR area due to the high percentage of the excitatory synapses in this area (Megías, Emri
227 et al., 2001). Image acquisition and analysis were performed in a blinded manner.

228 **Acquisition of 3D Image, Reconstruction and Analysis of Astrocytes**

229 A systematic set of Z-stacks of GFAP images were captured from CA1 SR sub-region of the
230 hippocampus using a light microscope (x 60 objective lens) modified for stereology. Each
231 reconstructed 3D image included more than one astrocytes. A total of 15 GFAP positive
232 astrocytes from 4 dorsal hippocampal sections per rat were selected for 3D reconstruction and
233 morphological analysis as previously described(Ardalan, Rafati et al., 2017). The selection
234 criteria for morphological analyses were: (1) cell bodies must be in the middle of the section and
235 have a clear border, (2) all branches are intact, (3) branches of the cell should be easily
236 distinguishable from other cells or background staining. The images were analyzed by using the
237 Filament Tracers algorithm in Imaris software (Version 8.4, Bitplane A.G., Zurich, Switzerland).
238 Morphological parameters analyzed were; (1) total number of the processes, (2) total length of
239 the processes, (3) the volume of convex hull of the longest process of each astrocyte and (4) the
240 number of branches from the centre of the astrocyte in 10 μm increments (Figure 2B).

241 **Length Density of Capillaries**

242 The length density (L_v) estimated the length of capillaries per mm^3 of tissue in the CA1 SR
243 sub-region of the hippocampus using the Global Spatial Sampling method(Larsen, Gundersen
244 et al., 1998). The area of sampling fraction was at least 10% of the entire CA1 SR sub-region.
245 The estimated length density of the capillaries was performed using a light microscope (Leica
246 DFC 295, Germany, x 60 objective lens) modified for stereology with a digital camera (Leica
247 DFC 295, Germany) and new CAST™ software (Visopharm, Hørsholm, Denmark) as
248 described previously(Anzabi, Ardalan et al., 2018). Briefly, in a three-dimensional sampling
249 box, isotropic virtual planes with a fixed-plane separation distance ($d = 20 \mu\text{m}$) were
250 systematically and randomly projected onto the area of interest. The area of the average plane
251 was $5748 \mu\text{m}^2$ and the box height was $12 \mu\text{m}$ with a top guard zone of $2 \mu\text{m}$. A capillary was
252 defined as a vessel with a diameter of or below $10 \mu\text{m}$. The length of capillaries was
253 measured by the number of intersections between the virtual planes and the capillaries
254 (Figure 3B). The length density of the capillaries was calculated using the following formula
255 and presented as the length (mm) per mm^3 of tissue.

$$256 \quad L_v = \frac{2 \cdot p(\text{box})}{\text{avg } a(\text{plane})} \cdot \frac{\sum Q}{\sum P}$$

257 *Where L_v is the length density of the RecA-1 positive capillaries; $\sum Q$ is the sum of intersections*
258 *between the test lines and the capillaries; $p(\text{box})$ is the number of box corners (4); $\text{avg } a$*
259 *(plane) is the average of the plane area; $\sum P$ is the sum of the box corners hitting the area of*
260 *interest.*

261 **Expression of GluR-1 and Synaptophysin**

262 A total of 4 images of GluR-1 or Synaptophysin were acquired from 4 dorsal hippocampal
263 sections of each rat using a light microscope (5x objective lens) modified for stereology. A

264 histogram of the mean linear intensity using a 300 bin interval was generated in an automated
265 procedure independent of the background and threshold. The average intensity that measures the
266 lightness of the image was then converted to a density for the darkness of the image (density =
267 255 – intensity) for statistical analysis and presentation of data.

268 **Statistical analyses**

269 The data from MWM tests were analyzed using either two-way repeated measure ANOVA if
270 there were no missing values or mixed-effects analysis if there were missing values with the
271 time points as the within-subjects factor and treatments as the between-subjects factor. The
272 specific differences between time points or treatment groups were analyzed using Sidak's
273 multiple comparisons or mixed-effects (GraphPad Prism version 8.2.1 (441), ©1992–2019
274 GraphPad Software, Inc.). Histological data were analyzed using independent t-test (SPSS,
275 IBM Corp. Version 25.0. Armonk, NY). The effect size of cGP was measured by calculating
276 Cohen's d and $d = 0.20$; $d = 0.50$ and $d = 0.80$ indicated small, medium and large effects
277 respectively (SPSS). A two-tailed Pearson analysis was used to test the strength of the
278 correlation (GraphPad Prism). Statistical significance was set at $p \leq 0.05$. The data are
279 presented as mean \pm SEM.

280 **Results**

281 **Morris water maze**

282 To test spatial reference learning the acquisition trials were conducted from PN day 70 to 73
283 in the adult offspring of cGP- or saline-treated dams. Mixed-effects analyses suggested a
284 significant reduction in the distance travelled to first entry to the platform ($F_{(7.6, 299)} = 13.59$, p
285 < 0.0001 , Figure 1A) over the sixteen acquisition trials. There was no difference between

286 treatment groups and no interaction between trials and treatment groups. The data suggested
287 that both groups had learnt to locate the platform.

288 To test the spatial reference memory two delayed probe trials were conducted 24 and 48
289 hours after the last acquisition trial. The mixed-effects analysis showed an overall increase in
290 path efficiency in the cGP-treated offspring to the platform zone ($F_{(1, 37)} = 4.44, p = 0.04$,
291 Figure 1B) and a decrease in path efficiency to the platform zone over time ($F_{(1,17)} = 6.0, p$
292 $=0.02$, Figure 1B). There was no interaction between the time points and treatment groups.
293 Mixed-effects tests showed a significant increase in the path-efficiency of cGP-treated
294 offspring at the 24-hour time-point compared with the saline-treated offspring ($p = 0.03$,
295 Figure 1B).

296 The two-way repeated measure ANOVA showed no change in the average heading errors to
297 the platform zone with time and treatment. However, a significant interaction was observed
298 between the treatment and time ($F_{(1, 42)} = 3.97, p = 0.05$, Figure 1C). Sidak's multiple
299 comparisons revealed a significant reduction in the average heading errors in cGP-treated
300 offspring at the 48-hour time-point compared with the saline-treated offspring ($p = 0.03$,
301 Figure 1C).

302 **3D morphological changes of astrocytes in the CA1 SR sub-region of hippocampus**

303 Figure 2A shows a representative image of GFAP positive astrocytes and the area of the CA1
304 SR sub-region of the hippocampus examined is delineated. Figure 2B shows representative
305 photomicrographs of 3D reconstructions of astrocytes. Stereological analysis showed that the
306 total length ($p = 0.0001$, Figure 2C), total numbers ($p = 0.0001$, Figure 2D) of processes of
307 GFAP positive astrocytes were significantly increased in cGP-treated offspring compared
308 with saline-treated offspring. The volume of the convex hull of astrocytes of cGP-treated
309 offspring was significantly greater ($10195.39 \pm 1264.74 \mu\text{m}^3$) compared with saline-treated

310 offspring ($6674.61 \pm 812.20 \mu\text{m}^3$, $p = 0.0001$, Figure 2E). Sholl analysis showed a greater
311 number of branching intersections from the cell soma at distances of 10 μm ($p = 0.04$), 20 μm
312 ($p = 0.038$), 30 μm ($p = 0.001$) and 40 μm ($p = 0.006$) in cGP-treated offspring compared to
313 saline-treated offspring (Figure 2F). The results of Cohen's d calculation showed that the
314 effects of cGP on the total length, number and convex hull volume of astrocytes processes
315 were large ($d = 1.84$; $d = 1.74$; $d = 1.67$ respectively).

316 **Changes in the length density of capillaries**

317 Figure 3A shows a representative image of RECA-1 positive capillaries and the delineated
318 area of the CA1 SR sub-region of hippocampus. Figure 3B shows the image of evaluating the
319 length density (mm/mm^3) of RECA-1 positive capillaries. The results indicated that the
320 length density of capillaries were significantly increased in cGP-treated offspring compared
321 with saline-treated offspring ($p = 0.007$, Figure 3C). The results of Cohen's d calculation
322 showed a large effect of cGP on the length density of capillaries ($d = 1.40$).

323 **Changes of GluR-1 and synaptophysin**

324 Figure 4A and B show representative images of GluR-1 and synaptophysin immunostaining
325 respectively in the delineated area in the CA1 SR of the hippocampus. The density of GluR-1
326 staining in the CA1 SR sub-region of hippocampus was higher in cGP-treated offspring
327 compared with saline-treated offspring ($p = 0.02$, Figure 4C). The effect size of cGP on
328 GluR-1 density was large ($d = 1.20$). The expression of synaptophysin in the CA1 SR sub-
329 region of hippocampus was similar between saline and cGP-treated offspring (Figure 4D).

330 **Correlation between average heading errors and histological changes**

331 The average heading errors 48-hours after acquisition was significantly correlated with the
332 total length ($p = 0.01$, Figure 5A), the convex hull volume ($p = 0.009$, Figure 5B) and the

length density of the capillaries ($p = 0.02$, Figure 5C). However, a correlation between GluR-1 density and average heading errors 48 hours after acquisition was not statistically significant ($p = 0.09$).

Correlation between astrocytic morphological parameters, GluR-1 density and capillary length density

The density of GluR-1 was positively correlated with the total length ($p = 0.01$, Figure 6A) and convex hull volume of astrocytic processes ($p = 0.01$, Figure 6E), but not the number of astrocytic processes ($p = 0.2$, Figure 6C). The length density of capillaries was positively correlated with the length ($p = 0.006$, Figure 6B), numbers ($p = 0.004$, Figure 6D) and convex hull volume of astrocyte branches ($p = 0.002$, Figure 6F). There was no correlation between the density of GluR-1 and the length density of capillaries.

Discussion

We have previously shown that maternal administration of cGP during lactation increases the concentration of cGP in the plasma of the pups. Such treatment improved the working memory of these offspring when they were juvenile (Singh-Mallah, Singh et al., 2016) and spatial reference memory when they were young adults. Indeed, cGP-treated offspring had improved path efficiency of first entry to the platform zone 24 hours after acquisition, and made less heading errors to the platform zone 48 hours after acquisition. The changes in heading errors and path efficiency, particularly detected in such delayed trials have been suggested to be more sensitive parameters for identifying subtle improvements in experimental settings without brain injuries (Guan, MacGibbon et al., 2015; Vorhees & Williams, 2006; Vorhees & Williams, 2014). Our data support the notion that administration of cGP during early-life has a long-lasting effect on memory until early adulthood. Similarly administration of cG-2allyl-P, a structural analogue of cGP, improves motor function up to

357 10 weeks after treatment (Krishnamurthi, Mathai et al., 2008). The modest effects of cGP on
358 memory might also be explained by the known action of normalizing, rather than stimulating
359 IGF-1 function (Li, Liu et al., 2019a; Li, Liu et al., 2019b).

360 Astrocytes play a role in vascular remodeling and forming neuronal-vascular networks
361 (Bernardinelli, Muller et al., 2014; Matute, Gutiérrez-Igarza et al., 1994). Morphological
362 analysis showed that cGP-treated offspring have more, longer, and larger astrocyte processes
363 with an increase of capillary density in the CA1 SR sub-regions of the hippocampus than
364 saline-treated offspring. Correlation analysis suggested that the rats with more, larger and
365 longer astrocyte processes also have more capillaries. The data suggested a role for astrocytic
366 plasticity in cGP-mediated vascular remodeling. The effects of cGP in improving
367 vascularization have been shown to be mediated through regulating the amount of
368 bioavailable IGF-1 in circulation (Guan, Gluckman et al., 2014), which is essential for
369 supporting cerebral vascular remodeling and brain function (Lopez-Lopez, LeRoith et al.,
370 2004). Low concentrations of circulating cGP are associated with the conditions of poor
371 cerebral and systemic vascular health and function and occurs in patients with hypertension,
372 during on-set of stroke and age-related dementia (Fan, Krishnamurthi et al., 2019; Fan,
373 Pitcher et al., 2020; Guan, Singh-Mallah et al., 2018; Li, Liu et al., 2019a). In support, the
374 administration of cGP reduces systolic blood pressure, protects against ischemic brain injury
375 and improves memory in rats (Guan, Gluckman et al., 2014; Li, Liu et al., 2019a;
376 Ostrovskaya, Gruden et al., 2007; Singh-Mallah, Singh et al., 2016).

377 Synaptic trafficking of glutamate AMPA receptors in the hippocampus play a role in spatial
378 memory (Huganir & Nicoll, 2013). The density of GluR-1 staining, a sub-unit of AMPA
379 receptors, was increased in the CA1 SR of the hippocampus of cGP-treated offspring
380 compared with saline-treated offspring. An *in vitro* study reported that cGP modulates the
381 activity of AMPA receptors (Gudasheva, Grigoriev et al., 2016). Administration of a cG-

382 2allyl-P improves spatial memory which is also associated with an increase of GluR-1
383 expression in the hippocampus of the rats with acute memory impairment (Guan, Zhang et
384 al., 2010). GluR-1 is abundant in the end-feet of astrocytes processes (Matute, Gutiérrez-
385 Igarza et al., 1994). Plasticity of astrocyte is known to play a role in regulating the dynamics
386 of glutamate neurotransmission (Bernardinelli, Muller et al., 2014; Zhou, Zuo et al., 2019).
387 For example, the glutamate-glutamine cycles (Sonnwald & Schousboe, 2016) in astrocytes
388 and synapses of the hippocampus (Rouach, Koulakoff et al., 2008).

389 Independent of treatment, the average heading errors toward the escape platform was
390 correlated to the length and volume of astrocytic processes, as well as capillary density. Thus,
391 the astrocytic plasticity as the structural changes of cell processes and its associated
392 vascularization could be the biology underlying spatial reference memory. The changes of
393 astrocyte processes were also closely associated with the density of capillaries and GluR-1
394 expression. However, there was no correlation between density of capillaries and glutamate
395 expression (data no show). The disassociation between capillary density and GluR-1
396 expression suggested a key role for astrocytic plasticity in developmental programming,
397 leading to long-lasting biological changes in vascularization and GluR-1 expression. These
398 results provided an initial evidence for cGP in regulating IGF-1 function during brain
399 development of male rats. Given the potential developmental effects, the pharmacokinetics
400 and dose response of cGP in developing rats need to be evaluated. The investigation into the
401 potential negative influence of cGP in physiological function of IGF-1 during development is
402 essential for its application in maximizing brain development of normal infants.

403 In conclusion, maternal administration of cGP during post-natal brain development improved
404 the spatial memory of young adult offspring. This long-lasting effect of cGP on memory may
405 be mediated via astrocytic plasticity and its associated vascularization and glutamate function
406 in the CA1 SR sub-region of the hippocampus.

407 **Figure legends**

408 **Figure 1** Maternal administration of cGP during lactation improved memory of adult
409 offspring. The distance travelled to first entry to platform during 16 acquisition trials were
410 similar between cGP-treated and saline-treated groups (A). Reference memory of rats was
411 tested in two probe trials conducted 24 and 48 hours after the last acquisition trial by
412 evaluating the path efficiency of entry (B) and average heading errors (C) to the platform
413 zone. Data are presented as mean \pm SEM, $n = 21$ (saline) and 23 (cGP). * shows significant
414 differences between the treatment groups, with significance set at $p \leq 0.05$.

415 **Figure 2** Maternal administration of cGP during lactation increases astrocytic processes in
416 the hippocampus of adult offspring. Microscope image represents GFAP staining and the area
417 used for analyzing the astrocytes in the CA1 SR subregion of the hippocampus (A, 1x
418 objective lens). Figure 2B shows a 3D reconstruction of GFAP positive astrocyte, the points
419 of process branching (red dots) and cell soma (blue dots). The total length of (C), total
420 number of astrocyte processes (D), convex hull volume of the longest processes of astrocytes
421 (E) and distal distances from cell soma (within 10 μ m, 20 μ m, 30 μ m and 40 μ m, F)
422 significantly increased in cGP-treated offspring compared to saline-treated offspring. * $p <$
423 0.05, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$ shows significant differences between the
424 treatment groups. Data are presented as mean \pm SEM, $n = 6$, SR = Stratum Radiatum.

425 **Figure 3** Administration of cGP during lactation increases the length density of capillaries in
426 the hippocampus of adult offspring. Microscope image represents RECA-1 positive
427 capillaries and the area used for analyzing the length density of the capillaries in the CA1 SR
428 subregion of the hippocampus (1x objective lens, A). The Figure 3B shows a high
429 magnification image of RECA-1 positive capillaries (x 63) and the methods used for
430 estimating the length density. The four points at the corner of a box are used to estimate the

reference volume. The green line represents an intersection between isotropic virtual planes (blue lines) and the focal plane. The length of a capillary was measured by counting the number of intersections (x) between the focused capillary and the virtual planes. Scale bar = 30 μ m. The length density of capillaries in the CA1 SR sub-region of hippocampus significantly increased in the cGP-treated offspring compared with the saline-treated offspring (C). $**p < 0.01$, Data are presented as mean \pm SEM, n = 6. SR = Stratum Radiatum.

Figure 4 Maternal administration of cGP during lactation increased the expression of GluR-1 of adult offspring. The photo images show the area used for analyzing the expression of GluR-1 (A) and synaptophysin (B) in the hippocampus. The treatment with cGP increased the expression of GluR-1 (C), but not synaptophysin (D) in the CA1 SR subregion of hippocampus of adult offspring. Data are presented as mean \pm SEM, n = 6, $*p < 0.05$. SR = Stratum Radiatum.

Figure 5 The spatial memory was associated with the length and volume of astrocyte processes and capillary density. The average heading errors to the platform zone 48 hours after the acquisition was significantly correlated with the length (A) and convex hull volume (B) of astrocyte processes; and the length density of the capillaries (C). n = 12, SR = Stratum Radiatum.

Figure 6 Correlation of astrocyte processes with the density of capillary and GluR-1 expression. The GluR-1 density was positively correlated with the total length (A) and convex hull volume of astrocytes processes (E). The length density of capillaries was positively correlated with the total length (B), number (D) and convex hull volume of astrocyte processes (F) in the CA1 SR sub-region of hippocampus. n = 12, SR = Stratum Radiatum.

Graphic abstract. Maternal administration of cGP during lactation increases the amount of bioavailable IGF-1 in circulation, possibly in brain of infant pups by competing with IGFBP-3 to IGF-1 binding. Such treatment improved memory of their adult offspring likely due to improving IGF-1-mediated long-lasting vascularization and GluR-1 expression through astrocyte plasticity.

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