

Table 3. Skin temperature alterations over time

Stemp	Heat-band, n = 51	Placebo, n = 52	P value
Stemp at 0th min, median (IQR)	36.3 (35.5-36.3)	36.1 (35.5-36.3)	0.39*
Stemp at 15th min, median (IQR)	36.5 (35.9-36.6)	36.0 (35.6-36.5)	0.10*
Stemp at 30th min, median (IQR)	36.8 (36.5-36.9)	36.1 (35.8-36.5)	p < 0.001*
Stemp at 45th min, median (IQR)	37.1 (36.8-37.3)	36.1 (35.9-36.5)	p < 0.001*
Stemp at 60th min, median (IQR)	37.5 (37.0-37.8)	36.2 (35.9-36.6)	p < 0.001*

* Mann–Whitney U test