PubMed= 128	Embase=31	Scopus=2801	Web of Science=208

Total=3168

Records after duplicates removed= 264

Titles and abstracts screened for relevance=2904

Records excluded= 2683

No M-Health

Not in GD

Full-text articles assessed for eligibility= 221

Full-text articles excluded, with reasons= 194

Systematic review

Studies included= 27

CRT

M-Health

GDM

Figure 1. PRISMA Flow diagram of search strategy.