## Evaluation of important human CYP450 isoforms and P-glycoprotein phenotype changes and genotype in type 2 diabetic patients, before and after treatment, by using Geneva cocktail

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## Abstract

The present study evaluates the influence of type 2 diabetes (T2D) on important CYP450 isoforms and P-glycoprotein (P-gp) transporter activities before and 3 months after intensifying treatment regimen of 40 patients. Results have been compared with 21 non-T2D healthy participants (control group). CYPs and P-gp activities were assessed after administration of Geneva cocktail. Mean metabolic ratios (MR) for CYP2B6 ( $1.81\pm0.93$  vs.  $2.68\pm0.87$ ), CYP2C19 ( $0.420\pm0.360$  vs.  $0.687\pm0.558$ ), and CYP3A4/5 ( $0.487\pm0.226$  vs.  $0.633\pm0.254$ ) significantly decreased in T2D subjects compared to control group (p<0.05). CYP2C9 ( $0.089\pm0.037$  vs.  $0.069\pm0.017$ ) activities slightly increased in diabetic subjects and no difference was observed for CYP1A2 ( $0.154\pm0.085$  vs.  $0.136\pm0.065$ ), CYP2D6 ( $1.17\pm0.56$  vs.  $1.24\pm0.83$ ) and P-gp activities in comparison with control group. Three months after intensifying treatment regimen, MRs of CYP2C9 ( $0.080\pm0.030$ ) and CYP3A4/5 ( $0.592\pm0.268$ ) have shown a significant improvement and were not statistically different compared to control group (P>0.05). Several covariables such as inflammatory markers (IL-1 $\beta$  and IL-6), genotypes, diabetes- and demographic-related factors were considered in our analyses. Our results indicate that low chronic inflammatory status associated with T2D modulates CYP450 activities in an isoform specific manner.

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