Current update of Coriandrum sativum L. (Coriander): potential use on Inflammatory bowel disease.

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## Abstract

Coriander (Coriandrum sativum L.) is a member of the Apiaceae family is valued for both its cooking and therapeutic use. Various studies shows that it possesses Anxiolytic, antidepressant, sedative-hypnotic, anticonvulsant, memory-improving, or facial dyskinesia-improvement, Neuroprotective, antibacterial, antifungal, anthelmintic, insecticidal, antioxidant, cardiovascular, Hypolipidemic, anti-inflammatory (IBD), analgesic, ant diabetic, mutagenic, ant mutagenic, anticancer, gastrointestinal, deodorizing, dermatological, diuretic, reproductive, hepatoprotective, detoxification and other various pharmacological effects. All components of this plant are used as flavouring agents or as conventional treatments for a variety of diseases mainly Inflammatory Bowel Disease. The parts of this plant help to treat collitus by changing the levels of MPO, colon samples, ulcer index. The Coriandrum sativum phytochemical analysis revealed that it included tannins, terpenoids, reducing sugars, alkaloids, phenolic, flavonoids, fatty acids, sterols and glycosides in addition to its essential oil. Linalool is the main essential oil treating collitus and ulcer. Additionally, it had a wide variety of minerals, trace elements, vitamins, proteins, lipids, carbs and fibers with significant nutritional qualities. Coriander propagate worldwide easily, but mostly grown in India, Netherlands, Myanmar, Romania, France, Spain, Italy and all other countries. This review is designed to give an overview on chemical constituents, cultivation, pharmacological actions traditional uses, side effects of Coriandrum sativum Linn.

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