

Metabolic syndrome in individuals suffering from multiple sclerosis: Why we should not blame the patients

Dr. Carolina Diamandis¹, David Seideman², Alexandros Balaskas², and Marius Lazar²

¹Affiliation not available

²LCG Greece

May 24, 2021

Abstract

Multiple sclerosis (MS) is a progressive inflammatory disease of the central nervous system that normally leads to impairment and persistent disability at a rather early age. The observation that physical stress can lead to the onset of reversible neurological symptoms has in the past led to patients being discouraged from doing sports. We investigated the current status of research and conclude that this advice may be as incorrect for a majority of MS patients as recent recommendation which encourage individuals with MS to engage in all kinds of physical activity.

Hosted file

MS and sports AT.pdf available at <https://authorea.com/users/410930/articles/523096-metabolic-syndrome-in-individuals-suffering-from-multiple-sclerosis-why-we-should-not-blame-the-patients>