

Re: Implications for the future of Obstetrics and Gynaecology following the COVID-19 pandemic: A commentary. (First comment on BJOG-20-1161.R1)

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Sir,

We read with interests the article by Lorraine S Kasaven and colleagues, entitled “Implications for the future of Obstetrics and Gynaecology following the COVID-19 pandemic: A commentary”. They discussed the impact of COVID-19 on practice of Obstetrics and Gynaecology, and summarized detailed suggestions. We would like to emphasize the importance of prevention in pregnancy.

Though the management guidelines during pregnancy are evolving continuously, pregnant women suffered with COVID-19 mean worse pregnancy outcomes, both physically and mentally, especially during the first or second trimester, both the patient and doctor may stuck in the middle. What is worse, no drug or vaccine has been proved to be effective and safe enough to prevent COVID-19 until now.

Physical distancing, face masks, and eye protection have been proved to be effective in preventing person-to-person transmission of SARS-CoV-2 and COVID-19. As confirmed that public health interventions could temporally improve control of the COVID-19 outbreak.

“Don’t wait to lose to know how to cherish”, so as to health. After all, it could not be regarded as common flu, COVID-19 has a strong contagion effect and could cause significant morbidity and mortality. In the 1902 paper, Ballantyne said, “as with the premature, the ideal plan of procedure is prevention”, so with the COVID-19. With strong awareness of prevention and effective measures to be taken among the non-infected population, the current situation will gradually get better, and people will definitely defeat the epidemic at the end.

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